**SIR Orientation for New Members**

1. **Purpose of SIR**
   1. Strictly Fraternal
   2. No Community Service, Fund Raisers, Political, or Religious agenda
   3. All activities are self-funding and low cost
   4. Meant to enhance Physical and Mental health for retired men
2. **Structure of SIR Organization**
   1. Northern California, multiple Branches
   2. No paid members, only volunteers for State Offices
   3. State Officers and their roles
   4. Regions and Areas
   5. We are Area 16 with 7 Branches – 3 Walnut Creek, 1 Concord, 1 Clayton, 2 Moraga
   6. Our Branch Website is **Branch116.org**. Please bookmark it for all types of information.
3. **Enjoyment of SIR** 
   1. Luncheons are social events and Speakers are interesting
      1. We have a 50/50 raffle which is completely optional. Proceeds go to the Branch.
   2. Activities are the core of SIR. Join Golf, Bridge, Fishing, whatever.
   3. Some activities are Area wide: Computers, SUMS, Fishing, etc. They may have their own websites.
   4. Couples activities are very popular
      1. Spring Party and Christmas Party
      2. Bridge Tournaments
      3. Away Golf – Carmel and Reno
      4. Walking and Walking Tours
      5. Travel
   5. The Monthly Newsletter is posted on the web, is free and keeps all activity groups connected. You will enjoy the information.
4. **Requirements of SIR**
   1. We may ask for a small amount for annual dues - $10 or so
      1. Branch costs are printing rosters, Badge labels, etc
      2. Send money to State for liability insurance
   2. Standing Reservation for Lunch Meetings, Every 3rd Monday except May and December
   3. We ask that you attend at least 5 Lunch Meetings each year
   4. When you cannot attend, Telephone the Hotline: 806-8874 or email [luncheon116@gmail.com](mailto:luncheon116@gmail.com) *Both are printed on the back cover of your roster.*
   5. You don’t have to join activities but you will be missing out on the value of being a SIR member.
5. **Volunteering**
   1. Requires a lot of work to organize activities
   2. Welcome to sit in on a Board Meeting – 9:30 before the lunch meetings
   3. You may be asked to help with some activity but all jobs are relatively simple
6. **What is Next?**
   1. You have a “roster” or telephone book of members in your envelope. Please protect it.
   2. I will send you a letter welcoming you to our Branch with a reminder about cancelling lunch if you cannot attend
   3. You will be contacted by Activity Chairmen of the activities you selected
   4. We will put you on the email list for Newsletters, special announcements, etc.
   5. We will put your picture on our website of members

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