



# Trampas Topics

APRIL, 2009

## SIR Branch 116

Next Meeting: 11:30 am,  
Monday, April 20, 2009  
Elks Lodge—1475 Creekside Dr,  
Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

### Sayings of 2009 Big Sir Frank Crua

We will not have a meeting next month so I hope to see you at the Ladies Day Spring Fling Luncheon Dance Party on Wednesday, May 13. This popular event has been moved to a new time and place. It is now from 11:30 am to 3:00 pm in the Shadelands Art Center at 111 Wiget Lane at Ygnacio Valley Road with dance music by The Diplomats. This is a great way to show your special lady a fun afternoon.



The Dine-O-SIRs had their first dinner outing on Thursday, March 26<sup>th</sup>. It was a smashing success. There were 50 people at the Forli Restaurant in Alamo. I would be remiss if I didn't thank Ben Smith and Phil Goff for the great job they did. I'm looking forward to the next outing. If you happen to see Ben, ask him why he named the group after the dinosaur.

Wives and guests are also invited to join our golf club at Boulder Creek for two rounds of golf on May 6<sup>th</sup> through the 8<sup>th</sup>. **Andy Benz, Tom Eller, and Tom Robinson** have details on this annual event.

The Executive Committee voted at the March meeting to order membership recruitment cards for the Branch. We will have enough to provide all the members with cards. I encourage you to get some and keep them in your wallet. They are great to use for friends and neighbors if they are interested in joining the SIR's.

HLM SIR Ben Smith had graciously agreed to look into our insurance coverage to see if we need to obtain insurance or are covered by the SIR State Policy. He reported at the March BEC meeting that the Officers, Directors, and Branch 116 activities are covered by the SIR State Insurance policies.

This is a friendly reminder to all the members. Remember to call the SIR hot line shown on the cover of your Membership Roster by the Thursday before meeting to cancel your lunch. We pay the caterer based on the estimated number of members and guests we have at the meeting. Each member is assumed to be attending each meeting unless we receive a call to cancel their standing luncheon reservation.

*Frank R. Crua*



### Topics Index

9-Hole Info .....	12
18-Hole Info .....	12
18-Hole Results .....	13
18-Hole Leaders .....	14
Activity Chairman .....	2
Area 2 Chairmen .....	2
Birthdays .....	6
Book Club .....	11
Branch Officers .....	2
Bridge (Duplicate) .....	7
Bridge (Luncheon) .....	5
Computer & Technology Group .....	3
Couples Dinner Group .....	3
Domer on Golf .....	12
Event Calendar .....	9
Fishing .....	9
Free Lunch .....	7
Golf Pay In Advance .....	14
Luncheon Speaker .....	4
Luncheon Menu .....	4
Membership .....	6
Nominating Committee .....	4
Poker Group #2 .....	5
SIR Giants Game .....	15
SIR Web Addresses .....	11
State SIR Happenings .....	3
Spring Fling Event .....	8
Šums in Retirement .....	11
Sunshine Report .....	5
Travel .....	10
Treasurer's Report .....	4
Walking Group .....	7

**PLEASE CALL 806-8874  
by the Thursday prior to  
the meeting to  
cancel your standing  
reservation or  
to bring a guest.**

## 2009 SIR 116 Officers & Directors



**Big SIR**  
Frank Crua  
932-0975



**Little SIR**  
Jed Daniel  
551-7734



**Secretary**  
Conrad  
Robertson  
376-6355



**Assistant Secretary**  
Matt Arena  
946-0404



**Treasurer**  
Ron Armijo  
945-0637



**Assistant Treasurer**  
Bob Shader  
939-8421

### DIRECTORS



Phil Goff  
831-3692



Bob Wolf  
935-5439



Bill  
Hemmelsbach  
458-2511



Ben Smith  
820-5403



Bill McCord  
376-5280



Art Donaldson  
934-8391

## 2008 SIR 116 Committee Chairmen

Activities Coordinator	Dick Socolich	376-3090	Membership Roster	Dick Thomson	785-7600
Attendance	Jim Nachtweih	838-7417	Newsletter Editor	Floyd Skelton	838-2515
Audit	Dick Thomson	785-7600	Asst. Editor (Interim)	Phil Goff	831-3692
Book Club	Rich Black	283-8376	Nominating	Art Donaldson	934-8391
Bridge	Milt Greenstein	376-5589	Photographers	Ken Miller	256-9343
Candy Sales	Dirk Meyer	820-6878		John Peterson	946-0335
Chaplain	Rotating	#1 See Below	Piano	Bob Lake	837-4054
Christmas Party	Robbie Robinson	798-4276		Miles Maynard	933-8549
Computer & Technology Group	Phil Goff	831-3692	Poker Group #1	Bill Harrington	935-1625
Computer Support	Dick Thomson	785-7600	Poker Group #2	Bob Nilssen	837-4446
Duplicate Bridge	Bob Daily	837-7080	Spring Party	Robbie Robinson	798-7276
Fishing	Terry Miller	686-9298	Storytellers	Rotating	#2 See Below
Golf	Ron Domer	838-8320	Sums In Retirement	Ben Smith	946-0404
	Carlos Xavier	947-6756	Sunshine	Matt Arena	947-6756
Greeters	Tim Hubbard	944-0742	Travel	Tom Eller	939-5897
E-mail Contact	Conrad Robertson	376-6355	Volunteers	Bob Kinser	837-8886
Hiking and Walking	Joel White	964-0994	Webmaster	Floyd Skelton	838-2515
Historian	Matt Arena	946-0404	Welcoming	Dick Socolich	376-3090
Host	Frank Crua	932-0975			
Interviewer	Max Foust	827-9323	#1. Doug Aalders, Ron Domer, Marty Ratterree, Lou Sandor and Ben Smith		
Membership	Lytton DeSilva	254-5289	#2. Ron Domer, Milt Greenstein, Marty Ratterree Ben Smith		

## 2008 SIR Area 2 (Interbranch) Committee Chairmen

Bowling	Lloyd West (Branch 19)	228-9037	Publicity	Walt Schick (Branch 8)	934-0656
Computer and Technology	Co-Derek Southern (Br. 8)	253-1646	Table Pool	Bill Weinberg (Branch 146)	682-0962
Fishing	Co-Phil Goff (Branch 116)	820-3573	Rubber Bridge	Fred Bolton (Branch 146)	932-1580
Golf	Craig Walton (Branch 8)	937-4876	Speakers Bureau	John Roebuck (Branch 19)	685-8764
	Jim Willey (Branch 19)	689-3199	\$ums Retirement	Dave Munson (Branch 171)	377-5851



## Computer & Technology Group

Derek Southern and Phil Goff



Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the **Walnut Creek Elks Lodge**, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone, including coffee & pastries! All SIR members and their guests are welcome.

At our April 16 meeting Mr. Ken Mintz, Area Manager, External Affairs, A.T.& T. will provide us with a presentation on U-verse - a suite of Internet-Protocol-based products and services that provides all digital television programming and services, a high speed Internet connection, and voice communication with fiber optics technology. He will also provide insight on AT&T's plans and schedule for bringing this technology to your neighborhood and address questions you may have relating to A.T.&T.'s present and planned DSL service.

Dick Curry will also discuss utility programs he uses as well as other techniques you might find interesting to make your computer perform better.

Following the general presentation, Dick will also lead an informative Computer Q&A session. For more information and copies of our prior presentations visit our web site at <http://www.sir-web.org/computer/>.

### “Dine-O-Sirs” Dinner Group

Ben Smith



Our Branch first Dine Out night was a lively success and a fun time was had by all. The name of our dine out group will be "**The Dine-O-Sirs**", reminiscent of the large Meat and Vegetable eaters who used to roam the earth, always looking for the next good meal.

Some 50 SIRs, their Wives and Friends attended the get-together and filled "Forli Ristorante", located in Alamo, to an overflow capacity.

As people arrived we had a social hour which included platters of Antipasto, and lots of conversation.

A leisurely dinner started about 6:30 PM and included Italian Green salad, Pasta Capellini, (just like Mama used make), and a selection of entree's, Veal Piccata, Chicken Campagnola, Eggplant Parmigiana or Filet of sole in Lemon butter sauce. Dessert consisted of Bread Pudding or Italian Gelato.

Our very gracious Host/proprietor (Mr. Russ Belleci) provided each table with a bottle of Port wine and good coffee to finish up this outstanding meal.

The consensus was that a good time was had by all and everybody indicated that they look forward to our next "**Dine-O-Sirs**" night out. It should be noted that most of the restaurants that your Dine out committee will be selecting will have some maximum seating limit and SIRs wishing to attend will be taken on a first come basis.

### NEW SIR 116 DINNER GROUP SELLS OUT FIRST COUPLES DINNER



The “Dine-O-Sirs” Dinner Group enjoying fine food at Forlis’ with excellent company. Phil Goff Photo

# This Month's Luncheon Speaker

By Little Sir Jed Daniel



## "Public Relations - New Challenges, Proven Strategies"

Bob Ireland began his career as a journalist and then spent more than 30 years in corporate public relations.

He served as vice president, public relations, for Kaiser Aluminum & Chemical Corporation for 12 years -- from 1985 to 1997. He also served as vice president, public relations, for MAXXAM Inc. and its subsidiaries from 1990 to 1999. (MAXXAM acquired Kaiser in 1988 and also owned companies involved in forest products, real estate, resort development, and horse racing.)

During his Kaiser tenure, Bob served for nine years (1970-79) as executive assistant to Edgar Kaiser, who was chairman of the various Kaiser industrial companies and the Kaiser Foundation Health Plan.

Since retiring, he has stayed active in the public relations profession by teaching and consulting. For the past five years, Bob taught an "Essentials of Public Relations" course at the University of California, Davis, Extension. Prior to that, for two years, he taught a "Writing for Public Relations" course at University of the Pacific.

Before joining the Kaiser organization in 1968, Bob

was a journalist in Washington, DC, for 10 years -- two with the Washington Post, six with The Wall Street Journal, and two with Nation's Business Magazine.

Bob is the co-author/co-editor of a book, "Lessons of Leadership." He is a graduate of the University of Maryland (B.S., Journalism, 1960), and is a member of the Public Relations Society of America (PRSA) and the Sacramento Public Relations Association.

In 2005, he received the Sacramento Public Relations Association's Lifetime Achievement Award.

Bob's beloved wife, Barbara, passed away unexpectedly last September after nearly 50 years of marriage. Son Bob, Jr. is a chef in Las Vegas; Jon is a sales operations manager with AT&T, based in Sacramento; and Jack is an auditor with the California State Controller's Office. He's a grandpa of four, with a fifth on the way. Bob lives in Rancho Murieta, California.

## April Luncheon Menu



Italian Sausage & Peppers Penne Pasta served w/ Italian Vegetable Saute Garden Salad w/ Balsamic Vinaigrette Dressing, and Dessert

## "What Are You Doing Today?"

My wife asked: "What are you doing today?"  
I said: "Nothing"  
She said: "That's what you said yesterday"  
I said: "I'm not finished yet."

## SIR Branch 116 Treasurer's Report Ron Armijo, Treasurer

	March 2009	2009 YTD
Contributions . . . . .	\$4,462.90	\$11,273.66-
Disbursements . . . . .	<u>-(4,491.19)</u>	<u>(11,589.80)</u>
*Net (gain/loss) . . . . .	\$151.71	\$(585.40)
<b>February Cash Balance . . . . .</b>	<b>\$7,007.64</b>	



## Sunshine Report

Matt Arena

**Tim Hubbard** is recovering very nicely following his bypass and heart valve surgery. He has seen his doctors and they are pleased with his progress. Now Tim starts his therapy which he promises to follow to assure a complete recovery.

**Dan Pope** has seen one of his doctors and has gotten a good report. He has another appointment in a week to see another specialist and looks forward to another good report. His spirits are good and he would enjoy your visit at StoneBrook at 4367 Concord Blvd. Concord, Ca.

**Otto Rinkert** has done very well following his knee surgery and looks forward to having lunch with us next month.

**Gene Power** looks forward to your visits at 1860 Eagle Peak Ave. Clayton,CA. Call 672-6761.

**Ed Regalia** continues to progress with his therapy. He certainly has been a trooper following his stroke.

**Frank Schofield** had a fall recently and his dear wife Alice advises that he was not doing to well. This fall followed previous health issues. He is seeing visitors.

## Poker Group #2

Bob Nilssen



Poker Group #2 plays on the 3<sup>rd</sup> Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members the primary purpose.

If you would like to join us call Bob Nilssen at 837-4446 or send an e-mail to Bob at: [nilssen@aol.com](mailto:nilssen@aol.com) to become a member of the group.



## Luncheon Bridge

Milt Greenstein, Chairman

The lunch / bridge group met at Round Hill C.C. on March 10th with 22 men enjoying an excellent lunch and 3 hours of good companionship and bridge. Our top scorer today was Dennis Perry with 5,570 points followed by Bob Cramer with 4,870, Bill Sullivan ( 4,680 ), Lytton DeSilva (4,470 ) and Joe Ostler (4,380 ). Small Slams were made by 4 teams: Joel White / Dennis Perry, Bill Sullivan / Bob Wolf, Dennis Perry / Bob Cramer and Bob Wolf / Jack Butler.

The group met again on March 24th with 27 men attending. Today we had 1 grand slam by Bob Wolf / Ernie Sherne, but no small slams, an unusual situation. Our top scorer today was Bob Wolf with 5,760 points, then Ernie Sherne with 5,590, followed by Bob Singleton (5,570 ), Art Donaldson (5,190 ) and Dick Chaffee ( 4,500 ). After the top 5 men, the scoring really dropped off, giving us the lowest average scoring day of the year to date.

Last notice for signing up for our SIR's Ladies Day event: April 23rd, Thursday, at Diablo C.C. A special day for your " significant " other. Call me: 925.376.5589.



## Lunch Attendance

Jim Nachtweih

The attendance at the March 16th meeting totaled 207 persons. This includes 185 members 1 visitors, 1 speaker, and 20 guests,,There were 48 excused members and10 un-excused members..The un-excused members will be asked to pay for their missed lunch..A grand lunch of "CORN BEEF AND CABBAGE" was enjoyed by all.

---

“Age is a question of mind over matter. If you don't mind, it doesn't matter.” (Satchel Paige)

## Membership

Lytton DeSilva



### SIR I I 6 Membership Status

Total Current Members — 244  
This Month's Inductees — 2  
Those in Interview Stage — 7  
Total in Process — 12  
On Inactive Status — 36  
Left the Branch — 2  
Waiting to be Installed — 0

### SIR I I 6 Member Updates

Will Cabral #340 to Inactive  
Daniel Ghelfi Passed Away  
J.W. Kuehner Passed Away

### April Birthdays

**When you see these members, wish them a Happy Birthday!**

Bryant, Frank R.	McDowell, Ralph L.
Canane, John T.	Mowris, William C.
Chaffee, Richard	Ostler, Joseph
Clizbe, Robert J.	Peters, Pat
Hemmelsbach, William	Shader, Robert J.
Honstein, Harry C.	Smith, Ben J.
Knowles, John A.	Yeraka, Benjamin M.
Madden, Richard A.	Yniguez, Anthony J.

### State 'SIR Happenings'

Sir Happenings (our State Web Newsletter) is now in its fifth year of publishing. Enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website:

[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)

Don MacGregor [donmac95@comcast.net](mailto:donmac95@comcast.net)

Sir Happenings Editor

### February/March New Members

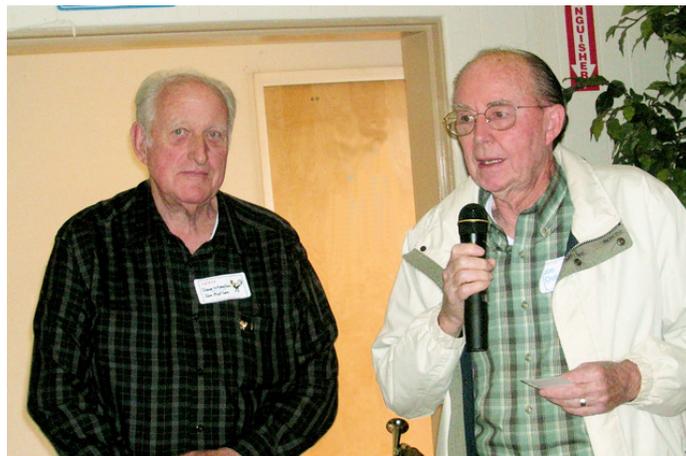
David Wheeler, Pat  
1703 Orleans Ct.  
Walnut Creek, CA 94598  
No. Calif. Marine Assn.

Bruce G. Herold, Janine  
1556 Homestead Ave.  
Walnut Creek CA  
94598-1336  
925-932-0142  
Aiken, Kramer & Cummings, Inc.  
[bgherold@pacbell.net](mailto:bgherold@pacbell.net)

William G. Best  
2206 Holbrook Dr.  
Concord CA 94519  
P.O. Box 6078, Concord  
CA 94524  
925-676-4925  
Investigator  
[Wk.3zybest@astound.net](mailto:Wk.3zybest@astound.net)

Patrick J. Bermingham,  
Margaret  
1734 Orleans Ct.  
Walnut Creek CA  
94598  
925-930-9477  
McNallys Inc.  
[margepat@yahoo.com](mailto:margepat@yahoo.com)

Bernard B Wrblewski,  
Maureen  
625 Thornhill Rd.  
Danville, CA 94526  
PG&E, Port of Oakland  
[bbwroblewski@comcast.net](mailto:bbwroblewski@comcast.net)



New Member David Wheeler is introduced at luncheon meeting by his sponsor Joe Ostler. Ken Miller Photo



**MARCH LUNCHEON SPEAKER** — Matook "Mat" Nissim was born in Shanghai, China in 1924. His subject at the SIR 116 luncheon was "100 years in Shanghai, 1850-1950", and he gave an informative and entertaining talk on the subject.

John Peterson Photo



## Duplicate Bridge

By Bob Daily

The Branch 116 SIR duplicate bridge group met on March 4th at the Pleasant Hill Bridge Center with 16 men attending. The team of Jim Nachtweih / Dan Greenberg came in on top with 51.50 points ( 61.31 % ) to earn 0.80 black master points. Jack Butler / Conrad Robertson came in second with 50.50 points, and Bob Wolf / Oscar Krikorian came in 3rd with 45.50 points. Our next game will be April 7th.

For detailed board by board information log onto:  
<http://tbc.bridgeforyou.com/tue-mrn-sir/index.htm>

Our Duplicate Bridge is on the first Tuesday of each month played at the Bridge Center At 9:30 am in Pleasant Hill. Our next game is on February 3rd. It is a game that is sanctioned by the ACBL with Master Points awarded to the winners.

We welcome new players (we'll provide a partner) and we have an excellent instructor to help both new and old players.

If you are interested in playing please call Bob Daily (837-7080).

## Hiking & Walking

Joel White



### Amiable Amblers April Announcements

The Amiable amblers Friday walks continue to be popular. On Friday, March 27, 2009 Rich Black and Donna Arganbright , Art Donaldson, David and Colleen Geary, Darrell and Violet McClaughry, and Joel and Susan White enjoyed a beautiful section of Iron Horse trail in Danville, under a sunny blue sky, followed by breakfast at Pascal's Patisserie.

The Friday Amiable Amblers walk for **April 10<sup>th</sup>** will be led by **Darrell McClaughry** and will depart from **Arbolado Park** in Walnut Creek at **8:15 am**. **Directions:** The simplest route to the meeting place is to take Ygnacio Valley Road from 680 to Oak Grove Rd, Rt on Oak Grove and left on Arbolado. The park is about 3 blocks up and there is a trail-head near the entrance to the first parking lot.

The walk on **Friday the 24<sup>th</sup>** will be led by Art Donaldson and will depart at **8:15 AM** from the **Heather Farms swim club parking lot**. **Directions:** From 680 take Ygnacio Valley Road just past John Muir hospital and turn left at San Carlos (the first left past the hospital) and the first left (just past the tennis courts) to the lot.

The **fourth Monday** walk at **Lafayette reservoir** will be on **April 27<sup>th</sup>** and led by Rich Black at **8:15am**.

I will be away for the month of April, so I wish all happy walking.

Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or [zpz2mrz@yahoo.com](mailto:zpz2mrz@yahoo.com).

## Want a Free Lunch ? Sponsor a New Member !

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and , get another free lunch. No limit on this deal!



# *SIR 116 SPRING FLING*

Wednesday, MAY 13<sup>TH</sup>, 11:30

SHADELANDS ART CENTER

(Corner of Wiget and Ygnacio Valley)

LUNCHEON WITH DANCING TO  
THE *DIPLOMATS*

***CHICKEN CORDON BLUE***

***VEGETABLE LASAGNA***

Bud and Lite, Heineken and Light, \$2.00

Wine and Mixed Drinks \$2.00

Water, Coke and Diet, 7up and Diet \$1.00

Price \$40.00 per Person

Checks Only Please, Made Out to SIR 116

Robbie Robinson, Spring Fling Chairman (925) 798-4276



# SIR Fishing Group

Terry Miller

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, April 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30. Guest speaker will be Don Mittlestaedt, sharing his fly fishing experience and knowledge.

Once again, winter kept us away from the fish. However, Dick Thomson did manage to bring a 5



Carl Moyer, Branch #8., shows off 5 foot Sturgeon caught at Sherman Island

foot sturgeon to his boat on a SIR's expedition to the Mothball Fleet. Dick fished with Joe Miscione, Pete Gates, Tom Boltz, Carl Moyer and Sal Costanza. Carl was less fortunate in other attempts with Dick and Terry Miller. But, on an adventure to Sherman Island in the company of Tom Boltz, Carl did catch a 70 pound sturgeon that made several acrobatic leaps completely out of the water. George Schultz and Carl Moyer caught 3 trout at Shadow Cliffs Reservoir; but Harry Sherinian and Carl caught 3 less on an earlier trip. Karl Droese and Joe Miscione, joined Howard Berkman on his boat at Lake Berryessa in a futile attempt to troll up some trout.

We will be very busy in the future with trout fishing in the Eastern Sierras; tuna and bill fish in Mexico, a long range ocean foray from San Diego, delta fishing for striped bass and sturgeon, trout fishing in our local lakes, and several party boat trips for halibut and rockfish to also include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure, come on down to our next meeting, or call Carl Moyer.

Next meeting will be Thursday, April 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Craig Walton (Big Fish) (925-937-4876;) Terry Miller (Branch 116 Coordinator) (925-686-9298;) or Joe Peterson (Treasurer/Secretary)(916-777-5363.)



## Special SIR Events for Your Calendar

**April 23 — Spring Ladies Day Bridge**  
Diablo Country Club, Diablo, CA  
Contact: Milt Greenstein, 376-5589

**May 13 — Spring Fling Luncheon Dance**  
The Shadelands, 11:30 am-3 pm, Walnut Creek  
Contact: Robbie Robinson, 798-4276

**September 9, 10, 11, 12 — Carson City Golf Outing**  
Carson City, Nevada  
Contact: Tim Hubbard. 944-0742

**October 20 — Fall Ladies Day Bridge**  
Diablo Country Club, Diablo, CA  
Contact: Milt Greenstein, 376-5589

**December 9 — Christmas Dinner Dance**  
The Shadelands, 4:30 pm—10:30 pm, Walnut Creek  
Contact: Robbie Robinson, 798-4276

# SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are



still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated.

## Local Trips

**May 12, 2009 A Day At The California Academy of Sciences.** Visit the Academy of Sciences- the only place on the planet with an aquarium, a planetarium, a natural history museum, and a 4 story rainforest all under on roof. Whatever your interests, the new Academy is designed to engage and inspire like no other museum on the planet. Cost \$56.00 per person. Contact Bob Hagler, Branch 8, 925-934-7620

## **May 22-25, 2009 Sacramento Jazz Jubilee**

A special invitation to Sons In Retirement to celebrate with friends the music of their era! To find out more go to: [www.sacjazz.com](http://www.sacjazz.com)

Contact **Jim Fusaro** for tickets or information:

Group and Tour Sales Coordinator

449 Cedar River Way, Sacramento CA 95831-2462

Phone: 916-428-5719 E-mail: [jim4jazz@comcast.net](mailto:jim4jazz@comcast.net)

## Overnight and Longer Travel

**Jun 30, 2009 Patti Page at the Grand Sierra Resort.** Best selling female artist of the 1950s and one of the first female artists to cross over from country music to pop, brings her silky smooth voice to the Grand Sierra. The trip includes deluxe Motorcoach, overnight accommodations at the Grand Sierra Resort, Casino stop with bonus \$6 food credit, \$5 cash Tickets to Patti Page in the Grand Sierra Showroom, Baggage handling and driver tip. Cost \$142.00 per person. Contact Bob Spellman, @934-8428

## **Aug 8-23, 2009 Romantic Rhine & Moselle Rivers.**

Explore Holland's colorful capital as you cruise through Amsterdam's enchanting canals. Sail past

Rhine Gorge on this 14-night cruise from Amsterdam to Basel on board Avalon Waterway's brand new ship, the MS Affinity. Trip includes all meals on board, round trip airfare and airport transfers. Port charges, air taxes, driver tips are also included. Cost runs from \$6270 to \$8669 depending on state-room. Contact Ken Richter @ 925-689-6217.

**Sep 13-25, 2009 The Essence of Ireland.** What separates Ireland from its neighbors is the arresting beauty of the land, the turbulent history and the broad smile that welcomes your arrival. This 13 day trip covers Belfast, Londonderry, Westport, Galway, Killarney, and Dublin. The trip cost is \$3780 per person and includes: daily breakfast, nightly hosted dinner, coach driver, guides, baggage handling airfare and transfers, Plus gratuities. Contact Bob Hagler Branch 8 @ 925-934-8428.

**Sep 24, 2009 Highlights of South Africa.** On this comprehensive 19 day trip you'll discover the cultural and natural wonders of South Africa. The trip will take you to Johannesburg, Kruger National Park, Swaziland, Zululand, Wilderness, and Cape Town with optional trips to Pilanesberg National Park for a big five bush safari and Victoria Falls. Cost of the trip is \$4795 per person which includes all airfares, 17 night hotel stay, 32 meals, and 13 sightseeing tours. Space is limited so contact Bob Spellman to make reservations @ 925-934-9428

## **Additional SIR Travel Opportunities on State Web**

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options. The current edition (February) travel page is on Page 11. Take a look, you just may find the trip your dreaming of, and the web site is pretty cool too.

# \$ums in Retirement

David Munson



The regular \$ums In Retirement meeting will be held at the Diablo Creek Golf Course commencing at 8am on 22 April. Our speaker will be Mr. Steve Butler, President of Pension Dynamics of Pleasant Hill. Many of you know Steve from his Monday column in the Contra Costa Times business section. He is a very engaging speaker and will be commenting on the current economic and financial conditions. The last time he spoke to the \$ums group there was an overflow crowd so I suggest getting to the meeting a little earlier than usual.

Also be sure and visit the \$ums in Retirement website at: <http://sir-web.org/sums/>

For those who are early risers breakfast is available at the gold course restaurant starting at 7am.

Cheers,

Dave Munson, Area 2 Chairman,



At the Wednesday, March 25, meeting of \$ums in Retirement Axel Merk of Merk Investments spoke to the group about US and Foreign economic policy and its effect on the markets. Axel is an incredibly knowledgeable person on the subject, and everyone really enjoyed the talk. David Munson (left) and Axel Merk.

Phil Goff Photo



## 116 Book Club

Rich Black

### Teddy Roosevelt's Last Campaign

On Monday, March 23, Richard Black, Jack Butler, Bob Daily, Jim Scott, Art Donaldson, Joel White, Al Reynolds and Lytton De Silva met at Moraga Books to discuss Candice Millard's *River Of Doubt*. President Teddy Roosevelt led an adventuresome life before he was America's 26<sup>th</sup> president. His achievements as President included championing the Panama Canal, founding America's National Park System and winning a Nobel Peace Prize for negotiating the end of the Russo-Japanese War. As an ex-president he led the poorly planned expedition to map an Amazon tributary described by Millard. The enterprise taxed both his physical capability and his leadership skills but earned him the lasting respect and affection of those who labored with him.

The group will next meet on Monday February April 27 at Moraga Books at 10:15 to read *Don't Sweat The Small Stuff* by Richard Carlson and *The Limits of Power* by Andrew Bacevich.

The May read will be *Physics for Future Presidents* by Richard Muller on May 25. The June book will be *Ponzi's Scheme* by Mitchell Zuckoff.

## SIR Website Addresses

### SIR 116 Web Site

<http://www.sir-web.org/116-web/>

### Branch 116 Golf

– <http://www.sir-web.org/116-golf/>

### Trampas Topics

<http://www.sir-web.org/trampas/>

### Computer and Technology

<http://www.sir-web.org/computer/>

### SIR Happenings State Newsletter

[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)

### State SIR Web Site

<http://www.sirinc.org/>

# SIR Branch 116 Golf

By Ron Domer, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group. The 18-hole group plays once a week in a tourna-

## Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.

Please indicate if you want a cart.

ment format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be

## Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2<sup>nd</sup> place 2 and 3<sup>rd</sup> place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.



"SIRs contemplate a long drive at Lone Tree #5."  
(l to r Jerry Hunter, Al Zavattero, Davy Harris)

John Peterson Photo

members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club. The 9-hole group also plays once a week and alternates play between local courses. Foursomes club. The 9-hole group also plays once a week and alternates play between local courses. Foursomes are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch. All our events are listed in our annual golf book, the Trampas Topics and on our web site at <http://www.sir-web.org/116-golf>. Join up with us and enjoy outings with a great bunch of guys at some great courses with reason-

## April 9-Hole Schedule

Wed 1	10:00	Buchanan Fields	Dick Chaffee
Wed 8	10:00	Pine Meadow	Joe Ostler
Wed 15	10:00	Buchanan Fields	Dick Chaffee
Wed 22	10:15	Diablo Hills	Doug Alders
Wed 29	10:00	Boundary Oak	Joe Stralovich



# 18 Hole Results

By David Harris

## Paradise Valley—March 30, 2009

<u>Flight 1</u>		<u>Flight 2</u>		<u>Flight 3</u>		<u>Flight 4</u>	
Jerry Hicks	65 3	Bob Nichols	65 3	John Story	64 3	Chuck Gilliam	72 3
Bill McCord	71 2	Robbie Robinson	66 2	Conrad Robertson	66 2	Max Foust	73 2
Bill Clark	72 1	Paul Kim	72 1	Dick Chaffee	68 3	Matt Arena	76 1
Dirk Meyer	72 1	Carlos Xavier	72 1			Bill Hemmelsbach	76 1
<b>Low Gross</b>		<b>Low Gross</b>		<b>Low Gross</b>		<b>Low Gross</b>	
Jerry Hicks	78	Bob Nichols	84	John Story	88	Max Foust	103

## Lone Tree - March 23, 2009

<u>Flight 1</u>		<u>Flight 2</u>		<u>Flight 3</u>		<u>Flight 4</u>	
Frank Crua	74 3	Carlos Xavier	70 3	Conrad Robertson	68 3	Chuck Gilliam	69 3
Jim Clizbe	76 2	Robbie Robinson	71 2	Bob Donohue	72 2	Max Foust	72 2
Bill McCord	76 2	Tom Eller	74 1	Phil Jenkins	77 1	Bill Hemmelsbach	72 2
Dirk Meyer	76 2	<b>Low Gross</b>		<b>Low Gross</b>		<b>Low Gross</b>	
<b>Low Gross</b>		Carlos Xavier	88	Conrad Robertson	96	Max Foust	101
Clizbe, Hicks, McCord	91						

## Delta View—March 17, 2009

<u>Flight 1</u>		<u>Flight 2</u>		<u>Flight 3</u>		<u>Flight 4</u>	
Frank Crua	72 3	Phil Goff	66 3	Conrad Robertson	61 3	Max Foust	70 3
Neil Schmidt	73 2	Paul Kim	67 2	John Story	65 2	Frank Lockwood	70 3
Bill McCord	75 1	Robbie Robinson	70 1	Dick Chaffee	69 1	Art Vogl	72 1
				Phil Jenkins	69 1		
<b>Low Gross</b>		<b>Low Gross</b>		<b>Low Gross</b>		<b>Low Gross</b>	
Neil Schmidt	87	Paul Kim	85	John Story	89	Max Foust	100

Closest to: Hole #3 - Lonny Randall, Conrad Robertson --- Hole #13 - Al Hutchko, Troy Powell

## Boundary Oak - March 9, 2009

<u>Flight 1</u>		<u>Flight 2</u>		<u>Flight 3</u>		<u>Flight 4</u>	
Phillip Marks	70 3	Phil Goff	74 3	Conrad Robertson	78 3	Matt Arena	73 3
Frank Crua	72 2	Jerry Hunter	75 2	Bob Donohue	81 2	Paul Eckels	79 2
Stan Lowenberg	75 1	Robbie Robinson	75 2	Troy Powell	81 2	Max Foust	79 2
<b>Low Gross</b>		<b>Low Gross</b>		<b>Low Gross</b>		<b>Low Gross</b>	
Phillip Marks	85	Tom Eller	96	Troy Powell	106	Max Foust	108
		Paul Kim	96	Conrad Robertson	106		

Closest to: Hole #2 - Phil Goff, Matt Arena --- Hole #12 - Dirk Meyer, Bernie Wroblewski

(NOTE: March 2, Boundary Oak 18-Hole Golf Was Cancelled Due to Bad Weather)

# 2009 18 Hole Leaders

As of Paradise Valley -- March 30, 2009

By David Harris

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
McCord, Bill	12	Goff, Phil	16	Robertson, Conrad	17	Foust, Max	17
Randall, Lonny	12	Hunter, Jerry	9	Donohue, Bob	16	Gilliam, Chuck	14
Crua, Frank	11	Robinson, Robbie	9	Jenkins, Phil	6	Vogl, Art	9
Clizbe, Jim	8	Carlson, David	6	Serafino, Al	5	Arena, Matt	7
Harris, David	7	Kim, Paul	6	Story, John	5	Hemmelsbach, Bill	6
Marks, Phillip	6	Xavier, Carlos	4	Conlon, Bob	3	Eckels, Paul	5
Meyer, Dirk	5	Hutchko, Al	3	Powell, Troy	3	Lockwood, Frank	3
Cherepy, Steve	3	Nichols, Bob	3	Chaffee, Dick	2	Armijo, Ron	2
Hicks, Jerry	3	Tinguely, Pat	3	Daniel, Jed	2	Wroblewski, Bernie	2
Schmidt, Neil	3	Canane, John	2	Langhorst, Carl	2		
Domer, Ron	2	Socolich, Dick	2	Videle, Jim	2		
Clark, Bill	1	Eller, Tom	1	Peterson, John	1		
Lowenberg, Stan	1						

## 18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Wednesday April 15	Silverado North	15-Mar	\$49 / 44
( Silverado North: \$49 for members, \$44 for guests )			
Tuesday April 21	Blue Rock - East	Tuesday, April 7	\$35
Monday April 27	Rancho Solano	Friday, April 17	\$44
Monday May 11	Dublin Ranch	Friday, May 1	\$38
Monday May 18	Lone Tree	Friday, May 8	\$35
Tuesday May 26	Mare Island	Friday, May 8	\$34

Send checks made out to SIR Branch 116, Golf  
to PO Box 3246, Walnut Creek, CA 94598-9991

## Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is: <http://www.sir-web.org/116-golf>

Please bookmark it in your "Favorites" list of web-sites to access information on the following:

2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.
- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.

# All SIR Day at AT&T Park

Wednesday, July 29<sup>th</sup> • 12:45pm

Bring family & friends to join SIR from Northern California

\$15 Left field Bleacher Seats

\$15 View Reserved

\$22 View Box

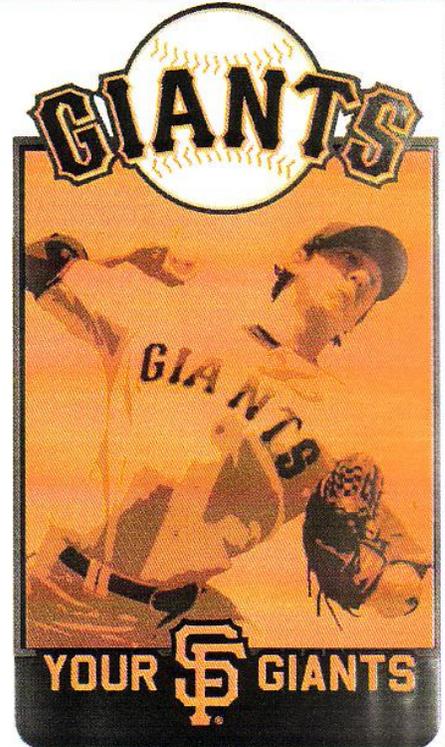
\$29 Lower Box

Watch as the San Francisco Giants battle the National League Central Pittsburgh Pirates. Join us in celebrating the SIR 32<sup>nd</sup> Anniversary at AT&T Park!

All participating branches will be recognized on the scoreboard and in a special home plate ceremony for Northern California SIR.



VS



## All Sir Day @ AT&T Park

Wednesday, July 29th • 12:45pm vs. Pittsburgh Pirates

Save \$3 - \$6 off of the regular price!

To order: Call Jeff Stern at (415) 972-2253 or email [jsstern@sfgiants.com](mailto:jsstern@sfgiants.com)

_____ No. of Lower Box Seats (\$29.00)	\$ _____
_____ No. of View Box Seats (\$22.00)	\$ _____
_____ No. of View Reserved Seats (\$15.00)	\$ _____
_____ No. of Leftfield Bleacher Seats (\$15.00)	\$ _____
<b>Postage Handling per Order</b>	<b>\$ 3.00</b>
<b>Full Payment Enclosed</b>	\$ _____

Contact Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

Enclosed is our check(s) or money order payable to **San Francisco Giants**

Send checks to: **SF Giants, 24 Willie Mays Plaza, SF, CA 94107 Attn: Jeff Stern**

Please charge my  **VISA** **GIANTS**  Mastercard  Check

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Billing Zip Code \_\_\_\_\_

Signature \_\_\_\_\_



RETURN TO: Lytton DeSilva  
60 Muth Drive  
Orinda, CA  
94563-2819

**Sons In Retirement: A non profit Organization for Retired Men devoted to  
the Promotion of Independence and Dignity of Retirement**

### **Rules of Attendance and Membership for SIR Branch 116**

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

---

### **Non Responsibility Declaration**

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

---

### **Checks for Trips**

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.