



Trampas Topics

August, 2009

SIR Branch 116

Next Meeting: 11:30 am,
Monday, August 17, 2009
Elks Lodge—1475 Creekside Dr,
Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

Sayings of 2009 Big Sir Frank Crua



The election of the 2010 officers and directors will be held at the August 17th luncheon meeting. Many thanks to the Nominating Committee (Chairman Art Donaldson, and members Tom Eller and Al Hutchko) for the great job they did of selecting a slate of talented leaders. Everyone should attend the meeting to vote for next year's officers.

I will be attending the Annual Corporation meeting of the Big SIRs on August 3rd to elect the 2010 State corps of officers as well as conduct state business. This meeting also provides the opportunity to connect with State Committee Chairmen. I will give a report at the August meeting.

I hope all of you golfers and non-golfers consider going to the SIR Branch 116 2009 Carson City Getaway on September 9th thru 11th. It includes an open bar and buffet dinners all 3 nights, Food, Gaming, and bar coupons and raffle prizes. We will have SIR Branch 8 members joining us. Please contact Tim Hubbard by August 20th. Details are shown on the entry sheet in this Newsletter.

This is something that was originally written by Alexander Fraser Tytler (1742-1813): *"A democracy is always temporary in nature; it simply cannot exist as a permanent form of government. A democracy will continue to exist up until the time voters discover that they can vote THEMSELVES numerous gifts from the public treasury. From that moment on, the majority always votes for the candidates who promise them the most benefits, with the result that every democracy will finally collapse due to loose fiscal policy, which is followed by a dictatorship. The average age of the world's greatest civilizations from the beginning of history has been about 200 years. During these 200 years, these nations always progressed through the following sequence:*

From bondage to spiritual faith;

From spiritual faith to great courage;

From courage to liberty;

From liberty to abundance;

From abundance to complacency;

From complacency to apathy;

From apathy to dependence;

From dependence back to bondage." Boy, does it look like we're getting close!!

A reminder - the August Luncheon mtg. will start at 11:30 AM. not 11:45 AM.

National Golf Month



Topics Index

Activities Calendar	----- 3
Area 2 Chairmen	----- 2
Birthdays	----- 8
Book Club	----- 6
Branch Officers	----- 2
Bridge	----- 4
Carson City Event	----- 9
Carson City Form	-----10
Committee Chairman	----- 2
Computer & Tech.	-----12
Dine-O-Sirs Dinner	----- 6
Fishing	----- 7
Free Lunch	----- 8
Golf	----- 13-15
Hiking and Walking	----- 5
Lunch Attendance	-----12
Lunch Menu (August)	----- 8
Lunch Topic (August)	----- 9
Membership	----- 8
Nominating	----- 4
Poker Group #2	-----12
SIR Web Addresses	----- 4
State SIR Happenings	----- 5
Σms in Retirement	----- 6
Sunshine Report	----- 5
Treasurer's Report	----- 4
Travel	-----11
Wine Appreciation	-----11

PLEASE CALL 806-8874 by the Thursday prior to the meeting to cancel your standing reservation or to bring a guest.

2009 SIR 116 Officers & Directors



Big SIR
Frank Crua
932-0975



Little SIR
Jed Daniel
551-7734



Secretary
Conrad Robertson
376-6355



Assist. Secretary
Matt Arena
946-0404



Treasurer
Ron Armijo
945-0637



Assist. Treasurer
Bob Shader
939-8421

DIRECTORS



Phil Goff
831-3692



Bob Wolf
935-5439



Bill Hemmelsbach
458-2511



Ben Smith
820-5403



Bill McCord
376-5280



Art Donaldson
934-8391

2009 SIR 116 Committee Chairmen

Activities Coordinator	Dick Socolich	376-3090	Membership Roster	Dick Thomson	785-7600
Attendance	Jim Nachtweih	838-7417	Newsletter Editor	Neil Schmidt	939-5342
Audit	Dick Thomson	785-7600	Asst. Editor (Interim)	Phil Goff	831-3692
Book Club	Rich Black	283-8376	Nominating	Art Donaldson	934-8391
Bridge	Milt Greenstein	376-5589	Photographers	Ken Miller	256-9343
Candy Sales	Dirk Meyer	820-6878		John Peterson	946-0335
Chaplain	Rotating	#1 See Below	Piano	Bob Lake	837-4054
Christmas Party	Robbie Robinson	798-4276		Miles Maynard	933-8549
Computer & Technology Group	Phil Goff	831-3692	Poker Group #1	Bill Harrington	935-1625
Computer Support	Dick Thomson	785-7600	Poker Group #2	Bob Nilssen	837-4446
Duplicate Bridge	Bob Daily	837-7080	Spring Party	Robbie Robinson	798-7276
Fishing	Terry Miller	686-9298	Storytellers	Rotating	#2 See Below
Golf	Ron Domer	838-8320	Sums In Retirement	Ben Smith	946-0404
	Carlos Xavier	947-6756	Sunshine	Matt Arena	947-6756
Greeters	Tim Hubbard	944-0742	Travel	Tom Eller	939-5897
E-mail Contact	Conrad Robertson	376-6355	Volunteers	Bob Kinser	837-8886
Hiking and Walking	Joel White	964-0994	Webmaster	Floyd Skelton	838-2515
Historian	Matt Arena	946-0404	Welcoming	Dick Socolich	376-3090
Host	Frank Crua	932-0975			
Interviewer	Max Foust	827-9323	#1. Doug Aalders, Ron Domer, Marty Ratterree, Lou Sandor, Ben Smith		
Membership	Lytton DeSilva	254-5289	#2. Ron Domer, Milt Greenstein, Marty Ratterree, Ben Smith		

2009 SIR Area 2 (Inter-branch) Committee Chairmen

Bowling	Lloyd West (Br.19)	228-9037	Publicity	Walt Schick (Br.8)	934-0656
Computer & Technology	Co-Derek Southern (Br.8)	253-1646	Table Pool	Bill Weinberg (Br.146)	682-0962
Fishing	Co-Phil Goff (Br.116)	831-3692	Rubber Bridge	Fred Bolton (Br.146)	932-1580
Golf	Craig Walton (Br.8)	937-4876	Speakers Bureau	John Roebuck (Br.19)	685-8764
	Jim Willey (Br.19)	689-3199	Sums Retirement	Dave Munson (Br.171)	377-5851

SIR Branch 116 Activity Calendar

August 2009

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
						1
2	3 18-Hole Golf (9:30@ Boundary Oak)	4 Duplicate Bridge (9:30@ P.Hill Bridge Ctr)	5 9-Hole Golf (10:00@ Buchanan Fields)	6 SIR Day A's	7	8
9	10 18-Hole Golf (7:00@ Boundary Oak)	11 Luncheon Bridge (11:30@ Round Hill CC)	12 9-Hole Golf (10:00@ Pine Meadow)	13	14 Hiking & Walking (8:15@ Arbolado Park)	15
16	17 SIR Br 116 Mtg. (11:30@ Elks Club)	18 Poker Group 2 (1:00@ Diablo CC) 18-Hole Golf (9:30@ Vintners)	19 9-Hole Golf (10:00@ Buchanan Fields)	20 Computer & Tech (9:00@ Elks Club)	21	22
23	24 18-Hole Golf (9:30@ Franklin Cyn) Pre-Book Grp. Walk (8:15@ Laf. Reservoir) Book Group Mtg. (10:15@ Orinda Books)	25 Luncheon Bridge (11:30@ Diablo CC)	26 Dine-O-Sirs (6:00@ Taheri Mediterrean) \$ums in Retirement (8:00@ Diablo Creek GC) 9-Hole Golf (10:00@ Diablo Hills)	27 Fishing Group Mtg (8:30@ Diablo Creek GC)	28 Hiking & Walking (8:15@ Laf. Com. Ctr.)	29
30	31 18-Hole Golf (9:00@ Rancho Solano)	<u>Notes:</u> * 1st Tee Time for 18-Hole Group at Boundary Oak GC on August 10th is changed to <u>7:00 AM</u> * SIR Branch 116 Luncheon (Aug. 17) will start at <u>11:30 AM</u> and not 11:45 AM				



Nominating

Art Donaldson

2010 Officer Nominees

Branch 116 elections for 2010 officers will be held at the August meeting. The nominees are:

Big Sir	Jed Daniel
Little Sir	Ron Armijo
Treasurer	Bob Nilssen
Asst. Treasurer	Bob Shader
Secretary	Conrad Robertson
Asst. Secretary	Joel White
Directors:	Frank Crua
	Bob Donahue
	Phil Goff
	Bill McCord
	Ben Smith
	Bob Wolf



Bridge

Milt Greenstein

Duplicate Bridge Group

The Branch 116 SIR duplicate bridge group met on July 7th at the Pleasant Hill Bridge Center with 18 men playing. Top scorers today were Bill Sullivan / Marv DeHeus with 59.7% (43 out of a possible 72 points). In second place was the team of Krikorian / Seaman (58.3%), followed by Wolf / Robertson and Kahl / Schoenfeld. All four teams earned club master points. Our next session will be on August 4th.

Luncheon Bridge Group

On July 14th, the lunch / bridge group met at Round Hill C.C. with 23 men attending. After a very nice lunch, we sat down to some exceptional bridge, with one grand slam and four small slams bid and made, the most the group has ever had in one session. Our top scorer was Gene Gould with 8,110 points, (a high for the year), followed by Ali Aghaiepour (6,270), Jack Butler (6,130), Oscar Krikorian (5,700) and Bob Daily (4,690). What a high scoring day ! The grand slam was made by Jack Butler / Oscar Krikorian, and small slams were made by Norm Schoenfeld / Ali Aghaiepour, Bob Daily / Norm Schoenfeld, Gene /Gould / Ali Aghaiepour and Gene Gould / Monte Hall. Norm, Gene and Ali each had two small slams !

Ladies Day Event

A little advance notice. Our next Ladies Day event will be held on October 20th. Mark your calendars for this fun day of lunch and bridge, and make points with your significant other !

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor Neil Schmidt at:

trampastopics@gmail.com

SIR Website Addresses

SIR 116 Web Site

<http://www.sir-web.org/116-web/>

Branch 116 Golf

<http://www.sir-web.org/116-golf/>

Trampas Topics

<http://www.sir-web.org/trampas/>

Computer and Technology

<http://www.sir-web.org/computer/>

SIR Happenings State Newsletter

www.sirinc.org/sirhappenings

State SIR Web Site

<http://www.sirinc.org/>

Br. 116 Treasurer's Report

Ron Armijo, Treasurer



	July 2009	2009 YTD
Contributions	\$ 8,128.90	\$ 29,543.56
Disbursements	\$ (6,700.04)	\$(29,908.99)
Net (gain/(loss))	\$ (1,428.86)	\$ (365.43)
June Cash Balance		\$ 7,379.32



Sunshine Report

Matt Arena

Thank you for keeping me inform about the health of our members. Without your help we would not be able to lend support from the Branch. Remember you can always call the hotline if you get word that some one is hospitalized or is ill.

Don Booth is recovering from a triple bypass and an aortic valve replacement. His surgery was at Summit hospital in Oakland. Don's wife Alice assures me he is following doctor's orders and will probably remain in the hospital for several more days. Don said he preferred the surgery over the alternative.

Gene Power is expecting to be seen at UCSF since the doctors have learned that he also has Paget's disease. Combining the necessary medicines for both his conditions will not be easy since they don't have the best compatibility. Let us hope that the experts in San Francisco find the solution. Ann tells me he appreciates the visits from his friends.

Dan Pope is doing his daily exercises at Stone Brook with the aid of a cane. He wished he had more energy but he continues to work at his rehabilitation. It has been 10 long months since he entered Stone Brook so cards, calls and visits are appreciated

Ed Regalia had a fall several weeks ago. Gwen says it did set Ed back somewhat but he continues with his therapy and is trying so very hard to beat the aftermath of his stroke.

Past Big Sir Art Miller is being treated for the wound following the amputation of his large toe. To date it has not healed and the doctors are in discussions with Art and Mary about the next step. He needs a walker or wheelchair to navigate. His biggest disappointment is not getting out of the house. He does have a driver that takes him to the doctor. As usual his sprits are high but you can imagine how confining this super active man is without 'WHEELS'.

Harry Honstein past Sunshine Chairman has been

dealing with a chronic urinary infection which has taken a toll on his usual energetic personality. He is receiving a special pacemaker to help correct the problem. He needs to get a good nights sleep and it is hoped that this will begin the cure.

Al Bruner has had hip surgery followed by a slight stroke. He is recovering nicely and will back with us next month.

Enjoy the rest of your summer & stay healthy!!!!!!!

Hiking & Walking

Joel White



All walks start at 8:15 am, promptly.

The Amiable Amblers are pleased to announce the addition of two new member families: Dan and Andrea Green, and Bill and Florence Harrington.

The Walk for Friday, August 14 will be led by Joel E White and start from Arbolado Park.

Directions: Ygnacio Valley road (Walnut Creek) to Oak Grove. Turn right to Arbolado and then left to the first Arbolado Park parking lot.

The walk for Friday, August 28 will be led by David Geary and depart from Lafayette Community Center, on St. Mary's Road, by the outdoor hockey arena. Directions: Mt Diablo Rd to Moraga Rd to St Mary's Rd.

The usual pre-book club walk will occur on Monday, August 24th at Lafayette Reservoir.

State 'SIR Happenings'

Sir Happenings (our State Web Newsletter) is now in its fifth year of publishing

Enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are gong on throughout our organization. You can easily find Happenings on the SIR State Website:

www.sirinc.org/sirhappenings

"Dine-O-Sirs" Dinner Group

Ben Smith



Greeting to all

Dine-O-Sirs & their Lady Dine-O's:

Our July Dine out evening at MARCELLO'S in Danville was a wonderful evening and was attended by an overflow crowd of some 78 people. No surprise, but it looks like the Dino crowd likes to eat, socialize and have a good time....some of the joys of life.

Our next upcoming dine out evening will take place Wednesday **August 26, at TAHERI MEDITERRANEAN RESTAURANT**, located at 2999-A Oak Road, Walnut Creek, across from the Pleasant Hill Bart Station. We are looking forward to a great summer evening with all the SIR Dino pack. The Meeting/greeting will start at 6:00 PM. Dinner will be around 6:30 PM. The restaurant will be providing an outside tented area for our group and the menu looks great. To start we will have home made Focaccia Bread, **House salad** tossed in Balsamic Vinaigrette w/Feta Cheese and entree's will consist of a selection of **Grilled Salmon**, or **Chicken Valencia** (stuffed chicken breast w/prosciutto, cheese with red potatoes and Veggies), or **Farfalle pasta** w/prosciutto, tomatoes and light cream, or **Beef tenderloin Kabob** w/Saffron Basmati rice and grilled tomatoes. Dessert will be a selection of **Tiramisu or Cheese cake with Berry sauce**. Tea and coffee is also be included. All in price including tax and tip \$30.00. Alcoholic beverages are NO HOST.(Wine and Beer only) Wine specials at \$20 per bottle.

Because of seating limitation, our reservations are capped at **40 people** and at this time it looks like we will be sold out within the next few days. Reservations are taken on a first come basis and are confirmed on receipt of your check. Send your Check to SIR Ben Smith at his home address. Checks should be made out to-**SIR-Branch 116 - Dining... and you will have to select your main Entree**. If you have questions contact Ben at bjsssmith@aol.com or Tel: 925-8205403. A nice summer evening with good people and food in a Mediterranean setting should prove to provide a

wonderful social outing.

Our next Dine-O-Sir outing is being planned for October 21 and we are looking forward to another great evening with many of our good Dine-O-Sirs.

\$ums in Retirement

David Munson



\$ums In Retirement, Area 2 Investment Group meets on the 4th Wednesday of each month at the Diablo Creek Golf Course in Concord starting at 8am. Early risers can come for breakfast at the restaurant starting at 7am.

Our speaker for the July 22 meeting was Mr. Jack Bowers of Bowers Wealth Management. He is also Founder and Editor of the Fidelity Monitor newsletter.

At our 26 August meeting we will have Mr. Gerald Sudderth speak to \$ums In Retirement. Gerald is a financial planner in Danville.

For the 23 September meeting we will have Mr. Pat Vitucci, President of Vitucci and Associates of Walnut Creek. Pat is a well known local financial planner and investment advisor who also hosts a one hour local radio show. You can learn more at the company web site www.dontinvestandforget.com.



Br. 116 Book Club

Rich Black

Two Short, but Pithy, Books for August

The Book Group will meet at 10:15 AM on Monday, August 24 at Orinda Books to discuss *Envy* by Joseph Epstein and *The True Patriot* by Liu and Hanaver.

It last met on Monday, July 27 to discuss *American Lion*, Andrew Jackson in the White House. Brief comments on that book and acknowledgement of SIRs in attendance will appear in the September Trampas Topics.



SIR Fishing Group Terry Miller

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, July 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30. Barry Canavero will be our guest speaker. Barry will share his vast experience about bait fishing for sturgeon in the bay and delta.

Halibut in the bay continue to bite, but wind and lack of live bait had limited our success. However, Gene Schulting and his brother tried a party boat trip on the New Captain Pete, and caught 4 nice stripers and a halibut. Terry Miller and Carl Moyer trolled Berkeley in Carl's boat for only one striper. The wind has kept us off the Delta and Suisun Bay for our usual sturgeon and striper outings, but Sal Costanza did give it a go, to only catch catfish. Lake Davis was very good to Tom Boltz and Pete Gates who caught solid limits of hefty trout, releasing many more. Don Mittlestaedt and Jim Andrews had harsher weather on their visit to Davis, and caught smaller fish with their flies. Shadow Cliffs Reservoir was a bonanza for Harry Sherinian, Terry Miller and his wife, and Carl Moyer. Catching early limits of trout, although most were small. On a later trip Carl and Paul Dubow caught only one small trout. Hmmmmmm??? Tom Boltz, Jim Andrews, and Pete Gates fished the Feather River for rainbow trout with minimal success. Paul Dubow made his annual trip to Wisconsin to catch many walleye pike and bass with old friends. Joe Karg and his son trolled Miner Slough for stripers with no success, but it was Joe's first fishing trip since November 2nd of last year. Good to have you back, Joe! Members of the fishing club very much enjoyed a fish fry with the SIR's in the Kitchen. What a feast, and what a great group. It went so well we are planning a repeat in September. June 3rd 18 fishermen and their wives enjoyed a BBQ Dinner

out at the Back 40 Restaurant. This was one of several Family Dinner out that we have each year. All the fishermen enjoyed a gag gift with a riddle attached presented by Terry/Georgene Miller.

We will be very busy in the future with trout fishing in the Eastern Sierras, delta fishing for striped bass and sturgeon, trout fishing in our local lakes, Lake Tahoe for Lake Trout, and several party boat trips for halibut and rockfish to also include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure, come on down to our next meeting..

Next meeting will be Thursday, July 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Craig Walton (Big Fish) (925-937-4876;) Terry Miller, Branch 116 Coordinator) (925-686-9298;) or Joe Peterson (Treasurer/Secretary)(916-777-5363.)



Kent Cremolini holding his \$ winning Albacore Tuna from San Diego Long Range (5 day) Fishing Trip

Membership

Lytton DeSilva



SIR 116 Membership Status

Total Current Members — 253
 Last Month's Inductees — 0
 Those in Interview Stage — 8
 Total in Process — 8
 On Inactive Status — 36
 Left the Branch — 0
 Waiting to be Installed — 0

August Birthdays

When you see these members, wish them a Happy Birthday!

Beria, Mario	Berthold, Erich
Breitwieser, Richard	Brunner, Alfred
Cochran, Donald G.	Contestable, Pasquale
Cremolini, Kent A.	Crua, Frank R.
Donohue, Robert E.	Dorr, Timothy
Hood, Leonard E.	Johnson, Raymond L.
McQueen, Arthur D.	McVean, Kirk
Pope, Daniel C.	Rinkert, Otto
Smith, Roger	Turnquist, William H.
Walden, Herman	White, Joel E.

August Luncheon Menu

Marinated Tri-Tip w/ Santa Marie Ranch Beans, Sweet Corn, Caesar Salad, Corn Bread, Coffee & Desert

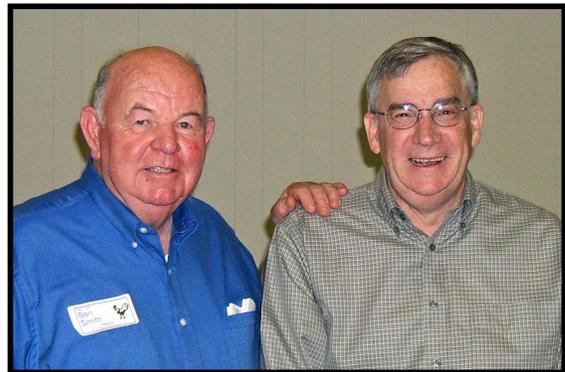
Want a Free Lunch ? Sponsor a New Member !

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and, get another free lunch. No limit on this deal!

New SIR Branch 116 Members



Victor Johnson with sponsor Dick Thomson



Ben Smith sponsored Robert Boenig



Leonard Komar with sponsor Cliff Egan



Bob Donohue sponsored Marty Katz

Luncheon Speaker

By Little Sir Jed Daniel



Contra Costa Water District- Update on Water Supply Conditions

Our speaker for July is Joe Campbell. Joe was elected to the Contra Costa Water District's Board of Directors in 1991, representing eastern Concord, Clayton, and part of Walnut Creek. He is the current Board President and has served in that capacity for more than 13 years.

Joe operated a professional engineering construction firm for 23 years until it was sold in 1989. He is currently an independent businessman. In 1988 he served as co-chairman and key fund-raiser for the successful campaign to approve bonds for the District's \$450 million Los Vaqueros Reservoir Project. He also was a member of the steering committee for the statewide campaign against the Peripheral Canal in 1982.

Until his election to the Contra Costa Water District Board, Joe served as Chairman of the County Airport Land Use Commission, which regulates development that could affect air traffic safety at the County airports in Concord and Byron. He is a former Vice President of the Concord Chamber of Commerce, and served as a member of the Concord General Plan Committee and the Founder Advisory Board of Concord Commercial Bank. He is on the Board of Directors of the Contra Costa Council and a member of the Concord Rotary. He is a former member of the Walnut Creek Child Care Task Force, former parade chairman for the Walnut Festival Association, former board member of the Northgate High School Boosters, and a former board member for the American Red Cross. Joe is past president and a founder of the Concord Economic Development Corporation which is a partnership of the Concord Chamber of Commerce and the City of Concord.



2009 Carson City Golf Event News

Tim Hubbard



September 9, 10 & 11

Attention golfers, you don't want to miss this opportunity to have a great time with your wife or lady friend. Our annual CARSON CITY GOLF GETAWAY is only a month away !!!

The fun begins with a hosted cocktail party and banquet on Wednesday Sept. 9, followed by two days of golf and 2 more hosted cocktail parties and banquets on the 10th & 11th. You'll check out on the 12th, relaxed, happy and maybe a bit tired, but we guarantee you will have had a very enjoyable time.

The entry form for the event is found in this issue of the Topics. The entry fee is all inclusive, 3 nights lodging, 2 rounds of golf with cart, golf balls, tee prizes, coupon books for food, gaming and drinks at the Nugget, and raffle prizes for the last night. Almost \$1,000 in prizes will be raffled off at Friday's banquet.

There will be several flights for both men & women, several places will be paid, along with closest to the hole & most improved for both gals & guys. Women who do not have an 18 hole index will be given a 40 so they'll get plenty of strokes to level the playing field.

A ladies bridge event will be held each day depending on the sign up. Gals can play golf one day and golf the next if they choose. As you know, there are a lot of fun things to do in the Carson City, Reno and Lake Tahoe area. We've had several past participants come away from the casino with some nice winnings too.

The entry deadline is fast approaching so if you plan to come, and we hope you do, please send your check and form to Tim Hubbard. If you have questions call Tim at 944-0742 or e-mail at tthubbs@astound.net in Carson City.

SIR BRANCH 116 2009 CARSON CITY GOLF GETAWAY SEPTEMBER 9-10-11, 2009



Sept. 10 at Eagle Valley West 8:00 Shotgun
Sept. 11 at Empire Ranch 9:00 Shotgun

36 holes of golf, including cart



Staying at Hardman House

Includes continental breakfast
Golfer...\$337.00 Double Occupancy
Non-Golfer...\$242.00 Dbl Occupancy
Single ...\$436.00

Staying at the City Center Motel

Golfer...\$295.00 Double Occupancy
Non-Golfer...\$200.00 Dbl Occupancy
Single ... \$331.00

ALSO INCLUDES:

Open bar and buffet dinner all 3 nights
Golf balls, tee prizes and raffle prizes
Food, gaming, and bar coupons
Prospector's Club Membership

Prize money of \$15.00 per player collected upon arrival

Entry deadline is August 20



Mail to: **Tim Hubbard**
1744 Carriage Drive
Walnut Creek, CA 94598-1120



Non-Golfers!!
A Ladies Bridge Event is being planned—
Please indicate your interest below**



Please complete the form and circle your selections
Hardman House or City Center Motel

1. Name: _____ Golfer Non-Golfer **

2. Name: _____ Golfer Non-Golfer **

Golfer's NCGA GHIN # 1. _____ 2. _____

Room preference: **Single Double**

Enclosed is my check for \$ _____ to cover my reservation

Please make checks payable to *TT Hubbard*

Your email address: _____

** I'm Interested in Playing Bridge – One Day or Both Days (circle choice)

For Questions: Email Tim at tthubbs@astound.net or call (925) 944-0742

SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated.



Overnight and Longer Travel

Sep 13-25, 2009 The Essence of Ireland. What separates Ireland from its neighbors is the arresting beauty of the land, the turbulent history and the broad smile that welcomes your arrival. This 13 day trip covers Belfast, Londonderry, Westport, Galway, Killarney, and Dublin. The trip cost is \$3780 per person and includes: daily breakfast, nightly hosted dinner, coach driver, guides, baggage handling airfare and transfers, Plus gratuities. Contact Bob Hagler Branch 8 @ 925-934-8428.

Sep 24, 2009 Highlights of South Africa. On this comprehensive 19 day trip you'll discover the cultural and natural wonders of South Africa. The trip will take you to Johannesburg, Kruger National Park, Swaziland, Zululand, Wilderness, and Cape Town with optional trips to Pilanesberg National Park for a big five bush safari and Victoria Falls. Cost of the trip is \$4795 per person which includes all airfares, 17 night hotel stay, 32 meals, and 13 sightseeing tours. Space is limited so contact Bob Spellman to make reservations @ 925-934-9428.

Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options. Travel opportunities include (see their web site for more details and cost):

Sept. 1-11, 2009: Cruise Alaska & Canada
This cruise is round trip from San Francisco on

board the Sea Princess. Ports of call include Ketchikan, Juneau, Skagway, and Victoria BC, plus a visit to the Tracy Arm Fjord.

Oct. 23–Nov. 3, 200: Mexican Riviera Cruise
Experience a 12 day cruise on board Norwegian Cruise Line's Norwegian Sun.

Oct. 23–Nov. 7, 2009: Fall Foliage Cruise
Fall foliage cruise aboard the Crown Princess from Quebec City to Ft. Lauderdale

Oct. 22–Nov. 8, 2009: Boston to New Orleans
A 16 day luxury cruise aboard Norwegian Cruise Line's Spirit.

Nov. 4–13, 2009: Costa Rica, Eruptions of Beauty
Explore the natural beauty of volcanoes, lush rain forests, and gorgeous beaches.

Nov. 7–19, 2009: Mexico's Colonial Jewels
During this 12 day trip we will visit 7 UNESCO World Heritage sights including: Our Lady of Guadalupe, Pyramids of Teotihuacan, National Folkloric ballet performance, San Miguel de Allende Granaditas Museum, Rafael Coronel Museum, National Museum of Anthropology, Patzcuaro Morelia, and many more sights.

Sept. 11–26, 2009: Castles Along the Rhine & Danube

This is a 16 day cruise from Budapest to Amsterdam. Travel through Hungary, Austria, Germany, and the Netherlands, with 12 shore excursions.

Wine Appreciation Group

Al Reynolds

Wine Appreciation Group This newly formed activity group had it's initial wine tasting in late July. Headed up by Al Reynolds (925/254-1576 or reynolds4596@sbcglobal.net) this group will meet regularly to taste a variety of local and international wines within a social framework. Light finger foods will be provided. The initial sign up for this group has far exceeded expectations. To be included or for more information call or email Al Reynolds. Future meeting schedule will be in next month's newsletter



Lunch Attendance

Jim Nachtweih

Attendance at the July 20th meeting totaled 207 persons. This includes 195 members, 2 speakers, and 10 guests..There were 42 excused members and 8 un-excused members. The un-excused members will be asked to pay for their missed lunch.

We inducted "5" new members at today's meeting, for a total of "21 NEW MEMBERS" so far this year. Lets keep up the good work, and don't forget you get a free lunch for every new member you bring in.

LUNCHEON ATTENDANCE UP-DATE

We have had many new members join us over the last six months and we thought it might be good to review our luncheon procedure.

All members have a standing reservation for lunch on the third Monday of each month, except May, "(Spring Dance) and December (Christmas Party) There are no meetings in these two months.

If you are unable to attend, you must call the "Hot Line" (806-8874), leaving your name and badge number by the 9:00 A.M. the Friday morning before the Monday's meeting, asking to be excused...We contract for a set number of lunches and we have to pay for those members who fail to call in and cancel.

With regard to "Guests", you call the same "Hot Line", leaving your name and badge number and your guests name, spelling out your guest name clearly, to allow us to make up a proper name tag. You will find these name tags at the far end of the luncheon tables.

When you bring a guest, stop by the "membership table" and pick-up a application. If he shows interest, have him fill it out and mail to our "Membership Chairman, Lytton De Siliva". Lytton in turn we set up an interview and arrange his induction into our branch.

We have been doing great so far this year and we know "new blood" is the life line of any organization. If you have any questions please give me a call and I will try to answer them.



Poker Group #2

Bob Nilssen

Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members the primary purpose.



If you would like to join us call Bob Nilssen at 837-4446 or send an e-mail to Bob at:: nilssen@aol.com to become a member of the group.



Computer & Technology

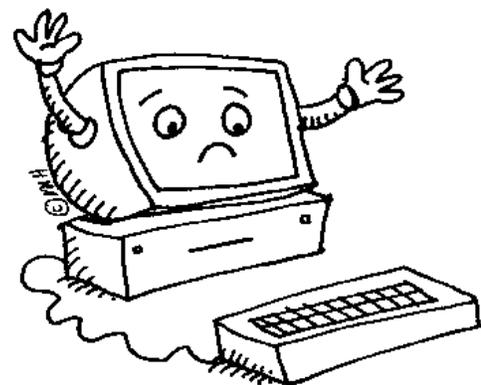
Derek Southern & Phil Goff



Area 2 CAT announces the following topics for the meeting on Thursday, August 20th:

Lary Muth will continue his discussion of video editing, Phil Goff will talk about the benefits of Photoshop.com, and we expect to learn from the ever popular Q&A lead by Dick Curry and supported by other gurus. Bring your questions, and your suggestions for future presentations are always welcome.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone.



SIR Branch 116 Golf

By Ron Domer, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

The 9-hole group also plays once a week and alternates play between local courses. Foursomes in both groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in our annual golf book, the Trampas Topics and on our web site at <http://www.sir-web.org/116-golf>. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.
Please indicate if you want a cart.

August 9-Hole Schedule

Date	Time	Location	Organizer
Wed 05	10:00	Buchanan Fields	Dick Chaffee
Wed 12	10:00	Pine Meadow	Joe Ostler
Wed 19	10:00	Buchanan Fields	Dick Chaffee
Wed 26	10:00	Diablo Hills	Doug Alders

Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

"SIRS Enjoy Refreshment on a Hot Day at Deer Creek." (Tom Eller and Jerry Hunter, with Refresher.)



August 18-Hole Schedule

Date	Time	Location	Organizer
Mon 03	9:30	Boundary Oak	Bill McCord
Mon 10	7:00	Boundary Oak	Bill McCord
Tue 18	9:30	Vintners	McCord/Vetro
Mon 24	9:30	Franklin Cyn	Bill McCord
Mon 31	9:00	Rancho Solano	Bill McCord



18 Hole Results

By David Harris

Tilden Park -- July 27, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Mel Williams	64	3	Bob Testa	61	3	Dick Chaffee	66	3	Max Foust	65	3
Frank Crua	65	2	Phil Goff	62	2	Conrad Robertson	68	2	Art Vogl	68	2
Bill Clark	69	1	Robbie Robinson	64	1	Al Serafino	68	2	Frank Lockwood	70	1
Low Gross			Low Gross			Low Gross			Low Gross		
Mel Williams	79		Bob Testa	86		Dick Chaffee	90		Max Foust	98	

Closest to: Hole #7 -- Frank Crua, Dick Chaffee --- Hole #11 -- Neil Schmidt, Bob Donohue

Deer Ridge -- July 21, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Frank Crua	62	3	David Carlson	66	3	Bob Donohue	63	3	Max Foust	65	3
Mel Williams	63	2	Tom Eller	68	2	Conrad Robertson	67	2	Art Vogl	68	2
David Harris	64	1	Robbie Robinson	68	2	Bob Conlon	72	1	Chuck Gilliam	70	1
									Bill Hemmelsbach	70	1
Low Gross			Low Gross			Low Gross			Low Gross		
Mel Williams	78		David Carlson	86		Bob Donohue	89		Max Foust	92	

Closest to: Hole #7 -- Neil Schmidt, Don Roberts --- Hole #13 -- David Harris, Bill Hemmelsbach

Boundary Oak -- July 13, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Neil Schmidt	70	3	Phil Goff	71	3	Jed Daniel	69	3	Doug Brown	70	3
Bill McCord	71	2	Bob Testa	73	2	Bob Conlon	71	2	Bill Hemmelsbach	73	2
Frank Crua	74	1	Darrell McClaughry	74	1	Carl Langhorst	72	1	Art Vogl	73	2
Low Gross			Low Gross			Low Gross			Low Gross		
Neil Schmidt	86		Phil Goff	93		Jed Daniel	96		Bernie Wroblewski	102	
Bill McCord	86		Paul Kim	93							

Closest to: Hole #2 - Jim Clizbe, Bob Conlon --- Hole #12 - Robbie Robinson, John Story

Boundary Oak -- July 6, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Steve Cherepy	70	3	Bob Nichols	70	3	Dick Chaffee	71	3	Art Vogl	69	3
Neil Schmidt	70	3	Pat Tinguely	71	2	Bob Conlon	74	2	Matt Arena	72	2
Bill McCord	73	1	Bob Testa	72	1	Jed Daniel	74	2	Doug Brown	74	1
						Conrad Robertson	74	2			
Low Gross			Low Gross			Low Gross			Low Gross		
Steve Cherepy	82		Bob Nichols	88		Dick Chaffee	96		Matt Arena	106	

Closest to: Hole #2 - Mel Williams, Art Vogl --- Hole #12 - Mel Williams, Phil Jenkins

The Perfect Shot

A guy stood over his tee shot for what seemed an eternity, looking up, looking down, measuring the distance, figuring the wind direction and speed... driving his partner nuts.

Finally his exasperated partner says, "What the hell is taking so long? Hit the damned ball!"

The guy answers, "My wife is up there watching me from the clubhouse. I want to make this a perfect shot."

"Give me a break! You don't stand a snowball's chance in hell of hitting her from here."

2009 18 Hole Leaders

By David Harris

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
NAME	POINTS	NAME	POINTS	NAME	POINTS	NAME	POINTS
Crua, Frank	28	Goff, Phil	33	Robertson, Conrad	37	Gilliam, Chuck	38
Harris, David	23	Carlson, David	28	Donohue, Bob	25	Foust, Max	34
McCord, Bill	22	Hunter, Jerry	21	Story, John	21	Vogl, Art	22
Meyer, Dirk	20	Robinson, Robbie	15	Conlon, Bob	16	Hemmelsbach, Bill	20
Randall, Lonny	18	Tinguely, Pat	14	Jenkins, Phil	14	Wroblewski, Bernie	18
Schmidt, Neil	15	Testa, Bob	13	Chaffee, Dick	12	Eckels, Paul	15
Marks, Phillip	12	Eller, Tom	9	Daniel, Jed	11	Arena, Matt	14
Williams, Mel	12	Kim, Paul	9	Peterson, John	11	Lockwood, Frank	9
Clizbe, Jim	8	Nichols, Bob	6	Powell, Troy	9	Brown, Doug	4
Clark, Bill	7	Ross, Dennis	6	Serafino, Al	9	Armijo, Ron	2
Zavattero, Al	7	Hutchko, Al	5	Lutkus, Alex	5	Kohut, George	2
Cherepy, Steve	6	Socolich, Dick	4	Langhorst, Carl	3		
Hicks, Jerry	6	Xavier, Carlos	4	Videle, Jim	2		
Domer, Ron	2	Smith, Wayne	3	King, Paul	1		
Benz, Andy	1	Canane, John	2				
Lowenberg, Stan	1	McClaghry, Darrell	1				

18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Tuesday, August 18	Vintners	7-Aug	\$45
***** Vintners is a special event. Guests pay \$40 and can not win *****			
Monday, August 24	Franklin Canyon	11-Aug	\$34
Monday, August 31	Rancho Solano	18-Aug	\$44
Monday, September 14	Tilden Park	1-Sept	\$37
Tuesday, September 22	Lone Tree	8-Sept	\$35

Send checks made out to SIR Branch 116, Golf to PO Box 3246, Walnut Creek, CA 94598-9991

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

<http://www.sir-web.org/116-golf>

Please bookmark it in your "Favorites" list of web-sites to access information on the following:

2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.
- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.



RETURN TO: Lytton DeSilva
60 Muth Drive
Orinda, CA
94563-2819

**Sons In Retirement: A non profit Organization for Retired Men devoted to
the Promotion of Independence and Dignity of Retirement**

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.