



# Trampas Topics

## FEBRUARY, 2009

### SIR Branch 116

Next Meeting: 11:30 am,  
Monday, February 16, 2009  
Elks Lodge—1475 Creekside Dr,  
Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

## Sayings of 2009 Big Sir Frank Crua

The Executive Committee met in the "cellar" and approved all of the 2009 activities, including the Carson City Golf outing to be held from September 9<sup>th</sup> thru 12<sup>th</sup>. The Spring Fling will be held in the afternoon at the Shadeland Art Center on May 13<sup>th</sup>. The Christmas Party will be held in the evening at the same location on December 9<sup>th</sup>. Chairman Robbie Robinson will begin taking reservations for the Spring Party at the February meeting. Please mark your calendar and save the dates.

The Executive Committee also approved a new membership incentive program.



For each new member a sponsor brings in, he will receive a free lunch. So if you bring in 10 new members, you get to eat free for the year – something to think about!!!

The newest Honorary Life Member Ben Smith, with the help of the new Activity Chairman Dick Socolich, is working on a new monthly Dine Out activity at various restaurants in the area. Anyone interested should contact them. Dick will also be looking into new activities for the Branch. If any of you would like to suggest an activity, please contact him. He is listed with the other Committee Chairmen elsewhere in the Trampas Topics.

Two annual Branch 116 publications were issued at the January meeting. The *Membership Roster* prepared by Dick Thomson and the *Golf Handbook*. If you didn't get yours at the meeting check with Dick and the Golf committee at the February meeting.

I have made arrangements with the Creekside Company to use the parking lot next to the Elk's parking lot for all the meetings this year. Just remember to be careful getting over or under the chain fence.

I thought every once in a while I would provide some history about the SIR organization. I have often wondered why the founders selected the Rooster as our logo. The reason given was:

"Of all the creatures on earth, none express more independence and dignity with sureness and aplomb than the rooster. The majesty of his presence is felt in every barnyard, and when he crows he can be heard for miles, not in a fainthearted crow, but with a noise that calls attention to his being."

Our founders chose the rooster as the official logo to represent the freedom he displays around the barnyard. We have paid our dues to the business world and now is the time for us to strut and crow a little. We share the dignity of retirement with one another as members of SIR.

One final thought: Don't forget to recognize that special someone on Valentine's Day. A Happy Valentine's Day to all of our Ladies.

*Frank R. Crua*

### HAPPY VALENTINES DAY!



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**PLEASE CALL 806-8874**  
**by the Thursday prior to**  
**the meeting to**  
**cancel your standing**  
**reservation or**  
**to bring a guest.**

## 2009 SIR 116 Officers & Directors



**Big SIR**  
Frank Crua  
932-0975



**Little SIR**  
Jed Daniel  
551-7734



**Secretary**  
Conrad  
Robertson  
376-6355



**Assistant  
Secretary**  
Matt Arena  
946-0404



**Treasurer**  
Ron Armijo  
945-0637



**Assistant  
Treasurer**  
Bob Shader  
939-8421

### DIRECTORS



Phil Goff  
831-3692



Bob Wolf  
935-5439



Bill  
Hemmelsbach  
458-2511



Ben Smith  
820-5403



Bill McCord  
376-5280



Art Donaldson  
934-8391

## 2008 SIR 116 Committee Chairmen

Activities Coordinator	Dick Socolich	376-3090	Membership Roster	Dick Thomson	785-7600
Attendance	Jim Nachtweih	838-7417	Newsletter Editor	Floyd Skelton	838-2515
Audit	Dick Thomson	785-7600	Asst. Editor (Interim)	Phil Goff	831-3692
Book Club	Rich Black	283-8376	Nominating	Art Donaldson	934-8391
Bridge	Milt Greenstein	376-5589	Photographers	Ken Miller	256-9343
Candy Sales	Dirk Meyer	820-6878		John Peterson	946-0335
Chaplain	Rotating	#1 See Below	Piano	Bob Lake	837-4054
Christmas Party	Robbie Robinson	798-4276		Miles Maynard	933-8549
Computer & Technology Group	Phil Goff	831-3692	Poker Group #1	Bill Harrington	935-1625
Computer Support	Dick Thomson	785-7600	Poker Group #2	Bob Nilssen	837-4446
Duplicate Bridge	Bob Daily	837-7080	Spring Party	Robbie Robinson	798-7276
Fishing	Terry Miller	686-9298	Storytellers	Rotating	#2 See Below
Golf	Ron Domer	838-8320	Sums In Retirement	Ben Smith	946-0404
	Carlos Xavier	947-6756	Sunshine	Matt Arena	947-6756
Greeters	Tim Hubbard	944-0742	Travel	Tom Eller	939-5897
E-mail Contact	Conrad Robertson	376-6355	Volunteers	Bob Kinser	837-8886
Hiking and Walking	Joel White	964-0994	Webmaster	Floyd Skelton	838-2515
Historian	Matt Arena	946-0404	Welcoming	Dick Socolich	376-3090
Host	Frank Crua	932-0975			
Interviewer	Max Foust	827-9323	#1. Doug Aalders, Ron Domer, Marty Ratterree, Lou Sandor and Ben Smith		
Membership	Lytton DeSilva	254-5289	#2. Ron Domer, Milt Greenstein, Marty Ratterree Ben Smith		

## 2008 SIR Area 2 (Interbranch) Committee Chairmen

Bowling	Lloyd West (Branch 19)	228-9037	Publicity	Walt Schick (Branch 8)	934-0656
Computer and Technology	Co-Derek Southern (Br. 8)	253-1646	Table Pool	Bill Weinberg (Branch 146)	682-0962
Fishing	Co-Phil Goff (Branch 116)	820-3573	Rubber Bridge	Fred Bolton (Branch 146)	932-1580
Golf	Craig Walton (Branch 8)	937-4876	Speakers Bureau	John Roebuck (Branch 19)	685-8764
	Jim Willey (Branch 19)	689-3199	\$ums Retirement	Dave Munson (Branch 171)	377-5851



## Computer & Technology Group

Derek Southern and Phil Goff



### Thursday, February 19, the Computers and Technology group will focus on genealogy.

Bob Wolf will review the Ellis Island website and show how to retrieve data about your ancestors. There is an amazing amount of information available from the website and it's a lot of fun to search for your ancestor's history. He will also show some special search engines that help you find the information you are seeking.

Bob Testa has researched his ancestry and written a book showing his family history. He will review how he conducted the research and show the book he has had bound.

Vic Moore has done a similar thing for his family history and will show how he has captured the in-

formation. and assembled it into binders. Following the presentations, Dick Curry will lead an informative Computer Q&A session.

Whether you are a beginner or a seasoned user, we try to offer something for everyone. We serve coffee and pastries and all SIR members and their guests are welcome.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the **Walnut Creek Elks Lodge**, 1475 Creekside Drive (just off South Main.) Check out our website at <http://sir-web.org/computer> for copies of previous presentations and details of upcoming meetings..

### Volunteering

By Bob Kinser



January 19, 2009, Martin Luther King's birthday, was proclaimed "National Day of Service" by Barack Obama. It is proposed that annually this holiday be used for service to improve your community. Thousands of volunteers across the nation answered his call. The day before his inauguration as President, Barack and Michelle Obama spent the day doing volunteer jobs in Washington D.C.

Many SIR members are volunteering their time in hospitals, schools or other activities. For those wishing to participate, there are many service opportunities in Kaiser Permanente and John Muir Hospitals, Mt. Diablo Alzheimer's Day Care and Resource Center, schools, the City of Walnut Creek and many other organizations. If you are interested in volunteering, contact Bob Kinser, Chairman of the Volunteer Committee at (925) 837-8886. He can provide the name, phone number and email address of the contact for many of the organizations that use volunteer help.

### Poker Group #2

Bob Nilssen



Poker Group #2 plays on the 3<sup>rd</sup> Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members the primary purpose.



If you would like to join us call Bob Nilssen at 837-4446 or send an e-mail to Bob at: [nilssen@aol.com](mailto:nilssen@aol.com) to become a member of the group.

### Trampas Topics Contributors Please Note e-mail Address

Please send articles to: [trampastopics@gmail.com](mailto:trampastopics@gmail.com)  
The reason this is important is to establish that all of your contributions arrive at a single e-mail address. This will ease the collection of items, help insure we don't miss important information, and allow assistant editors access to the data when needed.

# This Month's Luncheon Speaker

By Little Sir Jed Daniel



Our speaker for the February luncheon is SIR Branch 116 member, past 116 Big Sir, and current Golf Chairman Ron Domer. Ron's talk will be on the very interesting subject "A Southern perspective of the Civil War"

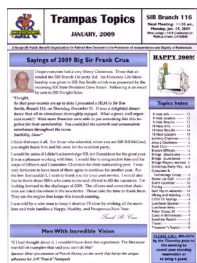


Ron has had a lifelong interest in American military history and since retiring has written and published articles in military history magazines on colonial Indian wars, the Revolution and Civil War. He is a member of the San Francisco Civil War Roundtable and the Civil War Preservation Trust. He has been a frequent speaker on the Civil War to roundtables and other groups. Ron served in the U.S. Air Force in Germany. He and his wife, Angela, live in Danville eight months and Knoxville four months each year. They have five children and six grandchildren scattered from CA to Alabama, Michigan and Tennessee. Ron was born in Logan, WV and raised in Oak

Ridge, TN. He received his BS, MS and PhD in engineering from The University of Tennessee. Ron worked for the Tennessee Valley Authority for 28 years where he served in various capacities including Chief Civil Engineer and Manager of Project Engineering. He relocated to California to become Chief Civil Engineer for PG&E. While at PG&E Ron also served as Manager of Hydro Engineering and Construction and retired as Vice President for Engineering and Construction. After leaving PG&E he served as a private consultant. During his career Ron worked on 10 nuclear power plants and numerous dams and other heavy construction projects. He had assignments in Europe, Japan, China, Pakistan and Sudan.

## Assistant Editor Opening for Trampas Topics

We are looking for an Assistant Trampas Topics Editor to assist in the production of our monthly newsletter. Duties would include proofreading, building pages, and creating photo page layouts.



This opportunity offers a chance to learn more about publishing newsletters, as well as getting better acquainted and involved with Branch 116 members.

Previous newsletter production experience, including familiarity with Microsoft Publisher, Microsoft

Word, Microsoft Excel and Photoshop Elements, will be valuable assets for this position.

If you have an interest, and would like to learn more, please contact Floyd Skelton, Trampas Topics Editor at (925) 838-2515.



JANUARY SPEAKER — Frank Salarno (a.k.a. several aliases) shared his experiences as a professional black jack player and captain of a 21 player team that left big winners from several casinos around the world.

Phil Goff Photo



## Sunshine Report

Matt Arena

**Bill Sullivan** after having heart valve surgery in December has returned home and played with the Bridge group this month.

**Mel Gee** has been hospitalized at Mt Diablo campus of John Muir Medical Center in Concord.

Mel's wife Laura advises that they are awaiting test results. He is improving since his admission to the hospital.

**John Story** is recovering from surgery and is at home but will have to wait a bit before he returns to the golf course. He tells me he will skip Siverado Country Club but will be ready after this match.

**Dan Pope** remains under the care of the good people at Stone Brook. He is gaining his strength and keeping up his spirits for a total recovery. He enjoys receiving company.

**Ed Regalia** is recovering his speech following his stroke. In addition he has been fitted with a leg brace and with the help of a walker he has improved his facility to move about the house. After having a chat with Ed he is on his way to a great recovery.

**Gene Power** has had a vertebrae fused to allow him to sit up more comfortably. His wife Ann says Gene would enjoy company.

*In Memoriam  
Bill Kuehner  
1994 Big Six*

**Want a Free Lunch ?  
Sponsor a New Member !**

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and , get another free lunch. No limit on this deal!



## Luncheon Bridge

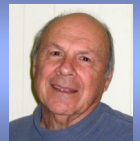
Milt Greenstein, Chairman

The lunch / bridge group met on January 13th at Roundhill C.C. with 26 men enjoying an excellent lunch and a good afternoon of bridge. Lew Sandor was our big winner today with 5,940 points, followed by Ken Harold ( 5,820 ), Bob Cramer ( 5650 ), Joe Ostler ( 4,880 ) and Jim Nachtweih ( 4,740 ). We had 3 small slams made today by the teams of Ben yeraka / Lytton DeSilva, Ken Harold / Joe Ostler and Lou Sandor / Bob Cramer.

The group met again on January 27th at Diablo C.C. with 25 men in attendance. Today was a high scoring day with 5 small slams made. High scorer today was Milt Greenstein with 7,910 points, followed by Dennis Perry ( 6,250 ), Dennis Ross ( 5,740 ), Jack Butler ( 5,250 ) and Lytton DeSilva ( 5,230 ). The small slams today were by the teams of Milt Greenstein / Bob Wolf, Jack Butler / Ron Wohlberg, Joe Ostler / Dennis Ross, Oscar Krikorian / Gene Gould and Lytton DeSilva / Oscar Krikorian.

## New Activity News

By Dick Socolich



Members who may be interested in joining a Dine Around Town Group should contact Ben Smith 925-820-5403, or Dick Socolich. 925-376-3090 This group intends to meet regularly, with wives, significant others or singles, at a restaurant of the groups choice to enjoy their camaraderie and other things. Please come and enjoy a fine night out.

Members interested in participating in a casual Skiing, RV'ing or Music group (especially string instruments) should contact Paul King 925/938-3035 for information. Note that Paul has an established band and would welcome more participants or casual playing musicians of any sort.

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If the world were a logical place, men would be the ones who ride side saddle.



## 116 Book Club

Rich Black

### Book Group Delves into Einstein's Life and Theories

On Monday, January 26, Richard Black, Jack Butler, Bob Daily, Tim Tinnes, Art Donaldson, Joel White, Al Reynolds and Lytton De Silva met at Moraga Books to discuss Walter Isaacson's *Einstein, His Life and Universe*. SIR Tim Tinnes, Al Reynolds and Joel White actually understood Einstein's theories of relativity and special relativity, and after an hour's discussion, the rest of the group was a lot closer to understanding them as well. The story of Einstein the man and the citizen of the first half of the 20<sup>th</sup> century was as complex and intriguing as the theories of physics he propounded.

The group will next meet on Friday February 23 at Orinda Books at 10:15 to read *The Geography of Bliss* by Eric Weiner.

The March read will be *The River of Doubt* by Candice Millard. That will be on March 23, same time, same place.

## Over 60 Exercise Routine

Begin by standing on a comfortable surface, where you have plenty of room at each side. With a 5-lb potato sack in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax. Each day you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10-lb potato sacks.

Then try 50-lb potato sacks and then eventually try to get to where you can lift a 100-lb potato sack in each hand and hold your arms straight for more than a full minute. (I'm at this level.)

After you feel confident at that level, put a potato in each sack.

## Bridge Players Wanted

Duplicate and Luncheon Group Play

SIR Branch 116 offers friendly duplicate play, as well as social luncheon bridge games, for SIR members and their guests. Partners are provided in both formats and the opportunity to meet and make new friends is one of the primary reasons to participate.

The duplicate game is the first Tuesday of each month (\$6 donation) from 9:30 to 1:30 at the Bridge Center in Pleasant Hill. To reserve a spot contact Bob Daily at 837-7080, and we'll provide a partner for the day.

The luncheon game (\$25 including lunch) is held the second Tuesday of the month at Round Hill Country Club and the fourth Tuesday of the month at Diablo Country Club from 11:30—3:30 in both cases. Partners are provided and rotate during the bridge session. Contact Milt Greenstein at 376-5589 to sign up for a great lunch and a fun afternoon of bridge.



## State 'SIR Happenings'

Sir Happenings (our State Web Newsletter) is now in its fifth year of publishing. Enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website:

[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)

Don MacGregor [donmac95@comcast.net](mailto:donmac95@comcast.net)

Sir Happenings Editor

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### The Good Old Days

In 1955: "I'll tell you one thing, if things keep going the way they are, it's going to be impossible to buy a week's groceries for \$20.00."



# SIR Fishing Group

Terry Miller

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, February 26th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30, Clark Hanson, PhD, will be our speaker. Dr. Hanson is an environmental consultant, who will share his knowledge of the Delta fishery.

Kent Cremolini sailed out of San Diego Harbor twice in the last few weeks, catching tuna to 231 lbs, a 140 lb marlin, and lots and lots of smaller tuna. Kent is leading us on a trip there in June, and will be sharing his experience and tackle. Sal Costanza fished the mothball fleet for a striper. Craig Walton joined a black bass tournament on Lake Berryessa, and managed to catch a bass on a very slow winter bite. Carl Moyer led a group of ten Sirs on a striper fishing excursion to the power lines on the Sacramento. Terry Miller, Tom Boltz, Pete Gates, Howard Berkman, Paul Dubow, Bob Olson, Gene Schulting, and Craig Walton managed to catch only 4 keeper sized stripers, a few smaller stripers, and some starry flounders. Carl fished the same spot the week before for 4 keeper sized stripers, and was very disappointed in the slow fishing with the group. Carl also fished with Harry Sherinian at the mothball fleet for many kingfish, more flounders, and 3 shaker sturgeon. Carl fished the same area twice more with the same results, and failed to get a

sturgeon below the Dumbarton Bridge on another occasion. Don Mittelstaedt fly fished for steelhead on the Mokulumne and Yuba rivers for one steelhead. We will be very busy in the future with trout fishing in the Eastern Sierras; tuna and bill fish in Mexico, a long range ocean foray from San Diego, delta fishing for striped bass and sturgeon, trout fishing in our local lakes, and several party boat trips for halibut and rockfish to also include those who

rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure, come on down to our next meeting, or call Carl Moyer.

Next meeting will be Thursday, February 26th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Craig Walton (Big Fish) (925-937-4876;) Terry Miller (Br 116 Coordinator, 925-686-9298;) or Joe Peterson (Treasurer/Secretary) (916-777-5363.)

## February Luncheon Menu



Marinated Chicken ,Sautéed Spinach w/Rice Pilaf  
Served w/ Small Dinner Salad



## Special SIR Events for Your Calendar

**April 23 — Spring Ladies Day Bridge**

**October 20 — Fall Ladies Day Bridge**

Diablo Country Club, Diablo, CA

Contact: Milt Greenstein, 376-5589

**May 13 — Ladies Day Spring Luncheon**

The Shadelands, 11:30 am-3 pm, Walnut Creek

Contact: Robbie Robinson, 798-4276

**September 9, 10, 11, 12 — Carson**

**City Golf Outing**

Carson City, Nevada

Contact: Tim Hubbard. 944-0742

**December 9 — Christmas Dinner Dance**

The Shadelands, 4:30 pm—10:30 pm, Walnut Creek

Contact: Robbie Robinson, 798-4276

# Think You Know How to Forward e-mails? 50% of Us DO NOT! Please Check This Out!

By Chris Satterthwaite, SIR Branch 146

Do you really know how to forward e-mails? 50% of us do; 50% DO NOT.

Do you wonder why you get viruses or junk mail? Do you hate it? Every time you forward an e-mail there is information left over from the people who got the message before you, namely their e-mail addresses & names. As the messages get forwarded along, the list of addresses builds, and builds, and builds, and all it takes is for some poor sap to get a virus, and his or her computer can send that virus to every E-mail address that has come across his computer. Or, someone can take all of those addresses and sell them or send junk mail to them in the hopes that you will go to the site and he will make five cents for each hit. That's right, all of that inconvenience over a nickel! How do you stop it? Well, there are two easy steps:

1. When you forward an e-mail, DELETE all of the other addresses that appear in the body of the message (at the top). That's right, DELETE them. High light them and delete them, backspace them, cut them, whatever it is you know how to do. It only takes a second. You MUST click the "Forward" button first and then you will have full editing capabilities against the body and headers of the message. If you don't click on "Forward" first, you won't be able to edit the message at all.
2. Whenever you send an e-mail to more than one person, do NOT use the To: Cc: columns for adding e-mail address. Always use the BCC:(blind carbon copy) column for listing the e-mail addresses. This is the way that people you send to only see their

address and choose BCC: and that's it, it's that easy.

3. Remove any "FW:" in the subject line. You can re-name the subject if you wish or even fix spelling.
4. ALWAYS hit your Forward button from the actual e-mail your reading. Ever get those e-mails that you have to open 10 pages to read the one page with the information on it? By Forwarding from the actual page you wish someone to view, you stop them from having to open many e-mails just to see what you sent.

Have you ever gotten an email that is a petition? It states a position and asks you to add your name and address and to forward it to 10 or 15 people or your entire address book. The email can be forwarded on and on and can collect thousands of names and email addresses. A FACT: The completed petition is actually worth a couple of bucks to a professional spammer because of the wealth of valid names and email addresses contained therein. If you want to support the petition, send it as your own personal letter to the intended recipient. Your position may carry more weight as a personal letter than a laundry list of names and email address on a petition.

So please, in the future, let's stop the junk mail and the viruses.



## Lunch Attendance

Jim Nachtweih

Attendance at the January 19 meeting totaled 195 persons. This includes 187 members, 3 visitors, 1 speaker, and 7 guests.. There were 37 excused members and 14 un-excused members. The un-excused members will be asked to pay for their missed lunch..



## Membership

Lytton DeSilva



## SIR 116 Member Updates

- Roland Scrivner passed away in December
  - Bill Hogan #155 transferring to Rossmoor Chapter

## SIR 116 Membership Status

Total Current Members — 245  
This Month's Inductees — 0  
Those in Interview Stage — 1  
Total in Process — 2  
On Inactive Status — 37  
Left the Branch — 1  
Waiting to be Installed — 1

## February Birthdays

**When you see these members, wish them a Happy Birthday!**

Armijo, Ronald	Kim, Paul H
Cassettari, Jack	King, Thomas C
Chaney, Rodney H.	Lind, Wilton H.
Egan, Clifford A.	Marks, Phillip
Farmer, Robert	McCullough, Gene
Foust, James M	Mills, Roger
Gagliardi, Ronald J	Regalia, Edmund L.
Green, Daniel	Roberts, Donald
Harris, Paul R	Schofield, Frank
Hill, Stanley R.	Schommer, Edward J
Hull, Cordell C.	Schwarz, Ralph H
Kallas, Pete	Suwa, Toshiro

## Want a Free Lunch ? Sponsor a New Member !

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and , get another free lunch. No limit on this deal!



PAST BIG SIR PRESENTATION — Area 2 Governor Dean Steichen presents 2008 Big Sir Art Donaldson with a plaque recognizing his service to Branch 116.

Phil Goff Photo

## SIR Website Addresses

### SIR 116 Web Site

<http://www.sir-web.org/116-web/>

### Branch 116 Golf

— <http://www.sir-web.org/116-golf/>

### Trampas Topics

<http://www.sir-web.org/trampas/>

### Computer and Technology

<http://www.sir-web.org/computer/>

### SIR Happenings State Newsletter

[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)

### State SIR Web Site

<http://www.sirinc.org/>

## Men With Vision

"I think there is a world market for maybe five computers ."

-- *Thomas Watson, chairman of IBM, 1943*

## Hiking & Walking

Joel White



### Amiable Amblers February Schedule

The Friday Amiable Amblers walk for February will be at 8:15 am on the 27<sup>th</sup>. There was consensus that most people would either stay home or be out of town on Friday the 13<sup>th</sup>.

The walk on **Friday the 27<sup>th</sup>** will be led by Rich Black and will depart at **8:15 AM** from the **Moraga Safeway parking lot**, near the corner of Moraga Road and Moraga Way .

The **fourth Monday** walk at **Lafayette reservoir** will be on the **23<sup>rd</sup>** and also led by Rich Black at **8:15am.**

Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or [zpz2mrz@yahoo.com](mailto:zpz2mrz@yahoo.com)



## Duplicate Bridge

By Bob Daily

The Branch 116 SIRS Duplicate Bridge group met on January 6th with 9 teams playing ( 18 players ). The winning team was Art Donaldson / Conrad Robertson with 41 points ( 57 % ), Bill Sullivan / Gene Gould and Bob Kahl / Dick Long tied for 2nd at 40 points ( 55 % ), and Bob Daily / Jim Nachtweih 4th with 39 points ( 54 % ).

For detailed board by board information log onto: <http://tbc.bridgeforyou.com/tue-mrn-sir/index.htm>.

Our Duplicate Bridge is on the first Tuesday of each month played at the Bridge Center 9:30 AM. in Pleasant Hill. Our next game is on February 3rd. It is a game that is sanctioned by the ACBL with Master Points awarded to the winners.

We'll provide a partner if you would like to join us. To reserve a spot contact Bob Daily at 837-7080.

## \$ums in Retirement

David Munson



Happy New Year to one and all and here is wishing each and everyone of you good health and better results from our portfolios this year. 2008 was certainly tumultuous to say the least and, economically speaking, ranks among the worst years for investing ever seen. We will let the historians sort that out for us.

For the February meeting we will have 2 portfolio managers from Matthews International Capital Management of San Francisco. Their presentation will be on investing in Asia with a focus on technology and small companies. Matthews is the investment advisor to the Matthews Asia Funds. They are the largest dedicated Asia only investment specialist in the U.S. As of the end of 2008 they had \$4.7 billion in assets under management. For more information go to [www.matthewsfunds.com](http://www.matthewsfunds.com).

For those of you who like to plan ahead our meeting dates for 2009 are below. We meet on the 4th Wednesday of each month at the Diablo Creek golf course starting at 8:00 am. The only exceptions are November when we meet on the 3rd Wednesday and December when we do not hold a meeting.

January 28, February 25, March 25, April 22, May 27, June 24, July 22, August 26, September 23, October 28 and November 18.

For more \$ums in Retirement info be sure and visit our website at: ( <http://sir-web.org/sums/> )

## SIR Branch 116 Treasurer's Report Ron Armijo, Treasurer

	January 2009	2009 YTD
Contributions . . . . .	\$3,865.76	\$3,865.76
Disbursements . . . . .	<u>-3,300.77</u>	<u>-3,300.77</u>
Net (gain/loss) . . . . .	\$564.99	\$564.99
<b>January Cash Balance . . . . .</b>		<b>\$8,300.74</b>

# SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are



still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated.

## Local Trips

**Mar 6, 2009 SIR Day at the Races.** It's another chance to visit you money at Golden Gate Fields. The Turf Club SIR package includes: Valet parking, admission and reserve seating, daily racing program, prime rib buffet, tax/tip for the food servers and a race named in honor of our group. This is a fun day well worth the \$25.00 cost. Contact Ken Richter @ 925-689-6217

**May 12, 2009 A Day At The California Academy of Sciences.** Visit the Academy of Sciences- the only place on the planet with an aquarium, a planetarium, a natural history museum, and a 4 story rain-forest all under on roof. Whatever your interests, the new Academy is designed to engage and inspire like no other museum on the planet. Cost \$56.00 per person. Contact Bob Hagler, Branch 8, 925-934-7620

## Overnight and Longer Travel

**Jun 30, 2009 Patti Page at the Grand Sierra Resort.** Best selling female artist of the 1950s and one of the first female artists to cross over from country music to pop, brings her silky smooth voice to the Grand Sierra. The trip includes deluxe Motorcoach, overnight accommodations at the Grand Sierra Resort, Casino stop with bonus \$6 food credit, \$5 cash Tickets to Patti Page in the Grand Sierra Showroom, Baggage handling and driver tip. Cost \$142.00 per person. Contact Bob Spellman, @934-8428

**Aug 8-23, 2009 Romantic Rhine & Moselle Rivers.** Explore Holland's colorful capital as you cruise through Amsterdam's enchanting canals. Sail past the famous Laorelei rock and through the dramatic

Rhine Gorge on this 14-night cruise from Amsterdam to Basel on board Avalon Waterway's brand new ship, the MS Affinity. Trip includes all meals on board, round trip airfare and airport transfers. Port charges, air taxes, driver tips are also included. Cost runs from \$6270 to \$8669 depending on state-room. Contact Ken Richter @ 925-689-6217.

**Sep 13-25, 2009 The Essence of Ireland.** What separates Ireland from its neighbors is the arresting beauty of the land, the turbulent history and the broad smile that welcomes your arrival. This 13 day trip covers Belfast, Londonderry, Westport, Galway, Killarney, and Dublin. The trip cost is \$3780 per person and includes: daily breakfast, nightly hosted dinner, coach driver, guides, baggage handling airfare and transfers, Plus gratuities. Contact Bob Hagler Branch 8 @ 925-934-8428.

**Sep 24, 2009 Highlights of South Africa.** On this comprehensive 19 day trip you'll discover the cultural and natural wonders of South Africa. The trip will take you to Johannesburg, Kruger National Park, Swaziland, Zululand, Wilderness, and Cape Town with optional trips to Pilanesberg National Park for a big five bush safari and Victoria Falls. Cost of the trip is \$4795 per person which includes all airfares, 17 night hotel stay, 32 meals, and 13 sightseeing tours. Space is limited so contact Bob Spellman to make reservations @ 925-934-9428

## Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options. The current edition (November) travel page is on Page 11. Take a look, you just may find the trip your dreaming of, and the web site is pretty cool too.

# SIR Branch 116 Golf

By Ron Domer, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be

members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club. The 9-hole group also plays once a week and alternates play between local courses. Foursomes club. The 9-hole group also plays once a week and alternates play between local courses. Foursomes are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch. All our events are listed in our annual golf book, the Trampas Topics and on our web site at <http://www.sir-web.org/116-golf>. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

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## Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before  
and 9-Hole, the Sunday before.

Please indicate if you want a cart.

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## SIR Members Set to Battle Monster at Roddy Ranch



Frank Crua, Bill McCord, Lonny Randall, John Peterson

## Nine-Hole Golf Results

### Diablo Hills, January 28

Name	Net	Pts.
Ed Cole	30	3
Darrell McClaughry	31	2
George Kohut	35	1
Closest to: Hole:George Kohut		

### Buchanan Fields, January 21

Name	Net	Pts.
John Canane	26	3
Jim Nachtweih	27	2
Jai Yee	28	1
Closest to: Hole 1st John Canane, 2nd Darrell McClaughry, 3rd Chuck Gilliam		

### Pine Meadow, January 14

Name	Net	Pts.
Ralph Schwarz	26	3
John Canane	27	2
Jai Yee	29	1
Darrell McClaughry	29	1
Closest to: Hole 1st Darrell McClaughry, 2nd Jim Nachtweih, 3rd Bob Kinser		

## 9-Hole Leaders

As of Diablo Hills, January 28  
(Does not include Buchanan January 7)

Name	Pts.	Name	Pts.
Canane	5	Nachtweih	2
Schwarz	3	Yee	2
Cole	3	Kohut	1
McCloughry	3		

## February 9-Hole Schedule

Date	Time	Location	Organizer
Wed 4	10:00	Buchanan Fields	Dick Chaffee
Wed 11	10:00	Pine Meadow	Joe Ostler
Wed 18	10:00	Buchanan Fields	Dick Chaffee
Wed 25	10:15	Diablo Hills	Doug Alders

## Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2<sup>nd</sup> place 2 and 3<sup>rd</sup> place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

## Arizona Golf Sign

Actual sign posted at course in Scottsdale

1. Back straight, knees bent, shoulder width apart
2. Form a loose grip
3. Keep your head down
4. Avoid a quick back swing
5. Try no to hit anyone.
6. Stay out of the water.
7. If you're taking too long, let others go ahead of you.
8. Don't stand directly in front of others
9. Quiet please, others are preparing
10. Don't take extra strokes.

WELL DONE. NOW, FLUSH THE URINAL,  
GO OUTSIDE, & TEE OFF.



# 18 Hole Results

By David Harris

## Roddy Ranch - January 26, 2009

<u>Flight 1</u>			<u>Flight 2</u>			<u>Flight 3</u>			<u>Flight 4</u>		
Lonny Randall	77	3	Jerry Hunter	71	3	Bob Donohue	60	3	Matt Arena	66	3
Jim Clizbe	78	2	Phil Goff	74	2	Conrad Robertson	69	2	Art Vogl	73	2
Bill McCord	78	2	Robbie Robinson	75	1	John Peterson	70	1	Max Foust	75	1
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Jim Clizbe	94		Jerry Hunter	94		Bob Donohue	90		Matt Arena	104	
Bill McCord	94										
Lonny Randall	94										

Closest to: Hole #3 - Frank Crua, Conrad Robertson --- Hole #17 - Larry Cannon, Ron Armijo

## Bethel Island - January 20, 2009

<u>Flight 1</u>			<u>Flight 2</u>			<u>Flight 3</u>			<u>Flight 4</u>		
Lonny Randall	66	3	Jerry Hunter	63	3	Conrad Robertson	73	3	Chuck Gilliam	67	3
Ron Domer	70	2	Phil Goff	67	2	Phil Jenkins	79	2	Bill Hemmelsbach	68	2
Bill McCord	70	2	Dick Socolich	68	1				Max Foust	68	2
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Lonny Randall	82		Jerry Hunter	84		Conrad Robertson	98		Max Foust	96	

Closest to: Hole #3 - Phil Goff, Bill Hemmelsbach --- Hole #16 - Phil Goff, Ron Armijo

## Boundary Oak - January 12, 2009

<u>Flight 1</u>			<u>Flight 2</u>			<u>Flight 3</u>			<u>Flight 4</u>		
Phillip Marks	70	3	David Carlson	68	3	Bob Donohue	73	3	Art Vogl	71	3
Frank Crua	78	2	Phil Goff	71	2	Jed Daniel	75	2	Dan Ghelfi	72	2
Jim Clizbe	79	1	Paul Kim	76	1	Al Serafino	76	1	Chuck Gilliam	75	1
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Phillip Marks	86		David Carlson	90		Jed Daniel	100		Dan Ghelfi	102	

Closest to: Hole #2 - Al Hutchko, Bob Donohue --- Hole #12 - Frank Crua, Jai Yee

## Boundary Oak - January 5, 2009

<u>Flight 1</u>			<u>Flight 2</u>			<u>Flight 3</u>			<u>Flight 4</u>		
Steve Cherepy	71	3	David Carlson	70	3	Al Serafino	73	3	Max Foust	75	3
Dirk Meyer	75	2	Paul Kim	71	2	Phil Jenkins	75	2	Dan Ghelfi	76	2
Jim Clizbe	80	1	Phil Goff	79	1	Troy Powell	80	1	Bill Hemmelsbach	78	1
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Steve Cherepy	82		Paul Kim	89		Phil Jenkins	100		Max Foust	104	

Closest to: Hole #2 - Phil Goff, Bob Vetro --- Hole #12 - David Carlson, Troy Powell

# 2009 18 Hole Leaders

As of Roddy Ranch -- January 26, 2009

By David Harris

<u>FLIGHT 1</u>		<u>FLIGHT 2</u>		<u>FLIGHT 3</u>		<u>FLIGHT 4</u>	
<u>NAME</u>	<u>POINTS</u>	<u>NAME</u>	<u>POINTS</u>	<u>NAME</u>	<u>POINTS</u>	<u>NAME</u>	<u>POINTS</u>
Randall, Lonny	6	Goff, Phil	7	Donohue, Bob	6	Foust, Max	6
Clizbe, Jim	4	Carlson, David	6	Robertson, Conrad	5	Vogl, Art	5
McCord, Bill	4	Hunter, Jerry	6	Jenkins, Phil	4	Ghelfi, Dan	4
Cherepy, Steve	3	Kim, Paul	3	Serafino, Al	4	Gilliam, Chuck	4
Marks, Phillip	3	Robinson, Robbie	1	Daniel, Jed	2	Arena, Matt	3
Crua, Frank	2	Socolich, Dick	1	Peterson, John	1	Hemmelsbach, Bill	3
Domer, Ron	2			Powell, Troy	1		
Meyer, Dirk	2						

## Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is: <http://www.sir-web.org/116-golf>

Please bookmark it in your "Favorites" list of web-sites to access information on the following:

2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.
- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.

- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.

All SIR 116 members are encouraged and invited to offer comments, additions, suggestions, and corrections to the site. Please send your e-mail to: [116golf@sbcglobal.net](mailto:116golf@sbcglobal.net)

## 18-Hole Pay In Advance Deadlines

<b>Event Date</b>	<b>Location</b>	<b>Deadline</b>	<b>Amount</b>
Monday February 9	Silverado South	9-Jan	\$44
Tuesday February 17	Brentwood	4-Feb	\$37
Monday February 23	Dublin Ranch	11-Feb	\$38
Tuesday March 17	Delta View	6-Mar	\$29
Monday March 23	Lone Tree	10-Mar	\$35
Monday March 30	Paradise Valley	20-Mar	\$44
Wednesday April 15	Silverado North	15-Mar	\$49 / 44

Send checks made out to SIR Branch 116 Golf to PO Box 3246, Walnut Creek, CA 94598-9991



RETURN TO: Lytton DeSilva  
60 Muth Drive  
Orinda, CA  
94563-2819

**Sons In Retirement: A non profit Organization for Retired Men devoted to  
the Promotion of Independence and Dignity of Retirement**

### **Rules of Attendance and Membership for SIR Branch 116**

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

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### **Non Responsibility Declaration**

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

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### **Checks for Trips**

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.