



Trampas Topics

July, 2009

SIR Branch 116

Next Meeting: 11:30 am,
Monday, July 20, 2009
Elks Lodge—1475 Creekside Dr,
Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

Sayings of 2009 Big Sir Frank Crua



I hope all of you had an enjoyable Father's Day with your family. In today's society, the role of the family has been diminished. This is a shame. I remember my childhood in the 50's with fond memories. I didn't have all the fancy gadgets like TV, Computers, video games, etc. Life was simple and fun. I either played sports or indoor or outdoor games with my friends. My wish is our children and grandchildren can return to the days when they don't have to worry about global warming, terrorism, recessions, and the troubled world we live in. All they should be doing is figuring out how to have fun.

Well, half the year is over and I would be remiss if I didn't thank all of the officers and committee chairmen and members for the work they have done. Nothing just happens – there has to be someone doing the work necessary to make this organization run. I'm fortunate to have people willing to do the work so we can enjoy the fruits of their labor. Thanks to all of you.

The Executive Committee approved, at the June meeting, a one-time 2009 voluntary assessment of \$15 per member to pay for the monthly newsletter, membership roster, the State SIR assessment, and miscellaneous expenses. The monthly luncheon fee only covers the cost of the caterer and the rental of the Elks hall. We will begin collecting the voluntary assessment at the July meeting.

We have 2 birthdays this month. The first is the Fourth of July, Independence Day, commemorating the adoption of the Declaration of Independence declaring independence from the Kingdom of Great Britain.

The second is the birthday of the Sons In Retirement. The late Damian L. Reynolds and three friends, all retired, met for a friendly luncheon in the Spring of 1958 to discuss an idea. A kick-off luncheon was held in San Mateo on July 23rd. A second meeting was held on August 20th, and the eighteen men present adopted the name of SONS IN RETIREMENT. The basic guidelines of SONS IN RETIREMENT were set forth in Rules and Procedures drawn up at the time of incorporation in 1959.

Happy Birthday America and Sons In Retirement.

Frank R. Crua



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**PLEASE CALL 806-8874
by the Thursday prior to
the meeting to
cancel your standing
reservation or
to bring a guest.**

2009 SIR 116 Officers & Directors



Big SIR
Frank Crua
932-0975



Little SIR
Jed Daniel
551-7734



Secretary
Conrad Robertson
376-6355



Assist. Secretary
Matt Arena
946-0404



Treasurer
Ron Armijo
945-0637



Assist. Treasurer
Bob Shader
939-8421

DIRECTORS



Phil Goff
831-3692



Bob Wolf
935-5439



Bill
Hemmelsbach
458-2511



Ben Smith
820-5403



Bill McCord
376-5280



Art Donaldson
934-8391

2009 SIR 116 Committee Chairmen

Activities Coordinator	Dick Socolich	376-3090	Membership Roster	Dick Thomson	785-7600
Attendance	Jim Nachtweih	838-7417	Newsletter Editor	Neil Schmidt	939-5342
Audit	Dick Thomson	785-7600	Asst. Editor (Interim)	Phil Goff	831-3692
Book Club	Rich Black	283-8376	Nominating	Art Donaldson	934-8391
Bridge	Milt Greenstein	376-5589	Photographers	Ken Miller	256-9343
Candy Sales	Dirk Meyer	820-6878		John Peterson	946-0335
Chaplain	Rotating	#1 See Below	Piano	Bob Lake	837-4054
Christmas Party	Robbie Robinson	798-4276		Miles Maynard	933-8549
Computer & Technology Group	Phil Goff	831-3692	Poker Group #1	Bill Harrington	935-1625
Computer Support	Dick Thomson	785-7600	Poker Group #2	Bob Nilssen	837-4446
Duplicate Bridge	Bob Daily	837-7080	Spring Party	Robbie Robinson	798-7276
Fishing	Terry Miller	686-9298	Storytellers	Rotating	#2 See Below
Golf	Ron Domer	838-8320	Sums In Retirement	Ben Smith	946-0404
	Carlos Xavier	947-6756	Sunshine	Matt Arena	947-6756
Greeters	Tim Hubbard	944-0742	Travel	Tom Eller	939-5897
E-mail Contact	Conrad Robertson	376-6355	Volunteers	Bob Kinser	837-8886
Hiking and Walking	Joel White	964-0994	Webmaster	Floyd Skelton	838-2515
Historian	Matt Arena	946-0404	Welcoming	Dick Socolich	376-3090
Host	Frank Crua	932-0975			
Interviewer	Max Foust	827-9323	#1. Doug Aalders, Ron Domer, Marty Ratterree, Lou Sandor and Ben Smith		
Membership	Lytton DeSilva	254-5289	#2. Ron Domer, Milt Greenstein, Marty Ratterree Ben Smith		

2009 SIR Area 2 (Interbranch) Committee Chairmen

Bowling	Lloyd West (Branch 19)	228-9037	Publicity	Walt Schick (Branch 8)	934-0656
Computer and Technology	Co-Derek Southern (Br. 8)	253-1646	Table Pool	Bill Weinberg (Branch 146)	682-0962
Fishing	Co-Phil Goff (Branch 116)	831-3692	Rubber Bridge	Fred Bolton (Branch 146)	932-1580
Golf	Craig Walton (Branch 8)	937-4876	Speakers Bureau	John Roebuck (Branch 19)	685-8764
	Jim Willey (Branch 19)	689-3199	\$ums Retirement	Dave Munson (Branch 171)	377-5851



Nominating

Art Donaldson

2010 Officer Nominees

The SIR Branch 116 Nominating Committee consisting of Art Donaldson, Tom Eller, and Al Hutchko announced their nominees for 2010 officers at the June luncheon. The candidates are:

Big Sir	Jed Daniel
Little Sir	Ron Armijo
Treasurer	Bob Nilssen
Asst. Treasurer	Bob Shader
Secretary	Conrad Robertson
Asst. Secretary	Joel White
Directors:	Frank Crua
	Bob Donahue
	Phil Goff
	Bill McCord
	Ben Smith
	Bob Wolf

NOTE: The election of 2010 Officers will be held at the August luncheon.

SIR Website Addresses

SIR 116 Web Site

<http://www.sir-web.org/116-web/>

Branch 116 Golf

<http://www.sir-web.org/116-golf/>

Trampas Topics

<http://www.sir-web.org/trampas/>

Computer and Technology

<http://www.sir-web.org/computer/>

SIR Happenings State Newsletter

www.sirinc.org/sirhappenings

State SIR Web Site

<http://www.sirinc.org/>



Computer & Technology

Derek Southern & Phil Goff



Greetings

The Area 2 CAT group is back from its one month vacation and will meet at 9am Thursday, July 16 with two presentations on Genealogy plus the ever popular Q&A lead by Dick Curry and supported by other gurus.

- Bill Root (Branch 146) will be talking about Ancestry.com
- Bob Wolf (Branch 116) will discuss roots-web.com and other genealogical sites of interest
- Dick Curry will be available for a Q&A session after the two presentations, if time permits!

Looking ahead to Thursday, August 20, we are planning for Lary Muth to talk about video editing, and for Phil Goff to introduce us to photo-shop.com. As always, Dick Curry will have a Q&A session to conclude the session.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone (including coffee & pastries). All SIR members and their guests are welcome.

Thank you for supporting your Area 2 Computer and Technology Group.

Want a Free Lunch ? Sponsor a New Member !

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and, get another free lunch. No limit on this deal!

All SIR Day at AT&T Park

Wednesday, July 29th • 12:45pm

Bring family & friends to join SIR from Northern California

\$15 Left field Bleacher Seats

\$15 View Reserved

\$22 View Box

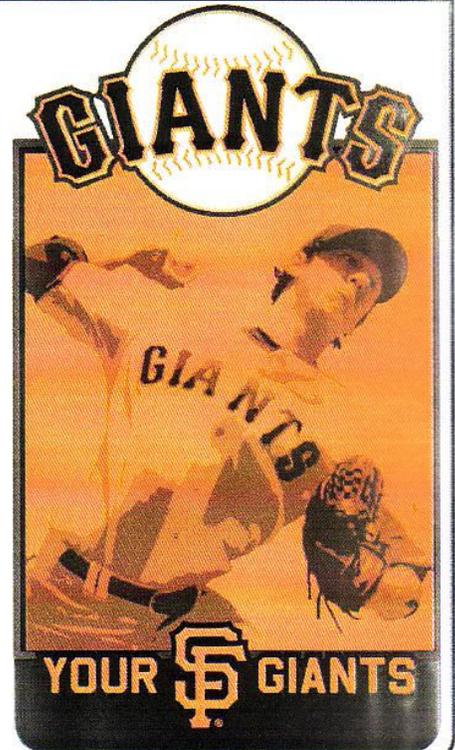
\$29 Lower Box

Watch as the San Francisco Giants battle the National League Central Pittsburgh Pirates. Join us in celebrating the SIR 32nd Anniversary at AT&T Park!

All participating branches will be recognized on the scoreboard and in a special home plate ceremony for Northern California SIR.



VS



All Sir Day @ AT&T Park

Wednesday, July 29th • 12:45pm vs. Pittsburgh Pirates

Save \$3 - \$6 off of the regular price!

To order: Call Jeff Stern at (415) 972-2253 or email jsstern@sfgiants.com

_____ No. of Lower Box Seats (\$29.00)	\$ _____
_____ No. of View Box Seats (\$22.00)	\$ _____
_____ No. of View Reserved Seats (\$15.00)	\$ _____
_____ No. of Leftfield Bleacher Seats (\$15.00)	\$ _____
Postage Handling per Order	\$ 3.00
Full Payment Enclosed	\$ _____

Contact Name _____

Address _____

City/State/Zip _____

Day Phone _____

E-mail Address _____

Enclosed is our check(s) or money order payable to **San Francisco Giants**

Send checks to: **SF Giants, 24 Willie Mays Plaza, SF, CA 94107 Attn: Jeff Stern**

Please charge my **VISA** **GIANTS** Mastercard Check

Card # _____ Exp. Date _____

Billing Zip Code _____

Signature _____



Sunshine Report

Matt Arena

At our June Luncheon I mentioned that we have had a number of members who have resigned because they have become caregivers to a spouse or loved one. Others have resigned due to physical problems and a need for transportation. Now some of these members do not always have a chance to get out for a little camaraderie. Whatever the reason, if you feel so inclined, why not give a call to a past member and see if they might like to join us for lunch

Listed below are the men who resigned during 2007-2008. If you know these men and would like to extend an invitation to join you for lunch, why not contact them and call the Hot Line @ 806-8874 to let our Attendance Chairmen Jim Nachtweih know you are bringing a guest. This could be your good deed to let a SIR know that they are missed and give them a chance to catch up with old friends.

- | | |
|---------------|-------------------|
| Hiroji Aochi | Lee Egbert |
| Bob Hike | Roy Bradreth |
| Herm Dost | Siegfried Kalteis |
| Dale La Croix | James Pick |
| Ross Thomas | Werner Sandelmann |
| Walt Thede | Art Turrin |

The following members remain on our list of men who are not able to attend meetings due to their health: Past Big Sir Art Miller, Ed Regalia, Dan Pope, and Gene Power.

Give them a call or send a card. If you need help with phone numbers email me at ma-rena@astound.net or call 946-0404

Stay healthy and enjoy your summer!

July Luncheon Menu

Chicken Piccata served over Rice or Pasta, Lemon Caper Sauce served w/ Salad & Seasoned Vegetables, Dinner Rolls, Butter, Desert

Wine Appreciation

Al Reynolds

Wine Appreciation Group This newly formed activity group is slated to have its initial wine tasting in late July. Headed up by Al Reynolds (925/254-1576 or reynolds4596@sbcglobal.net) this group will meet regularly to taste a variety of local and international wines within a social framework. Light finger foods will be provided. The initial sign up for this group has exceeded expectations. To be included or for more information call or email Al Reynolds.

State 'SIR Happenings'

Sir Happenings (our State Web Newsletter) is now in its fifth year of publishing

Enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: www.sirinc.org/sirhappenings

July Birthdays

When you see these members, wish them a Happy Birthday!

- | | |
|--------------------|------------------------|
| Altomare, James | Miller, Don C. |
| Bentley, Robert B. | Nichols, Robert E. |
| Bernard, David M. | Reynolds, Allen G. |
| Bird, Francis H. | Schoen, Gary R. |
| Carson, Ernie J. | Streich, Joe R. |
| Casey, Michael L. | Takacs, John C. |
| Cherepy, Stephen | Tinnes, Tim |
| Clark, William S. | Vetro, Robert |
| Greenstein, Milton | Videle, James A. |
| Gusey, Richard | Vollmer, John M. |
| Harriss, Donald R. | Walsh, Fran |
| Hess, George A. | Westrup, Warren E. |
| Hutchko, Alvan | Willis, George H. |
| King, A. Paul | Wroblewski, Bernard B. |

SIR DAY

**WITH THE OAKLAND A'S
THURSDAY AUGUST 6TH
12:35PM VS. TEXAS RANGERS**



All orders must be
mailed or faxed or mailed
by Thurs. July 23rd
FAX # 510.563.2398

Mail: Oakland A's
Attn: Kati Wescott
PO BOX 2220
Oakland CA 94621

**For more information contact
Kati Wescott 510.563.2288 or
kwescott@oaklandathletics.com**

Name _____

Tickets to be left at Will Call? YES NO

Address _____

Name for Will Call _____

City State Zip _____

Credit Card Type VISA MC AMEX DISC

Phone _____

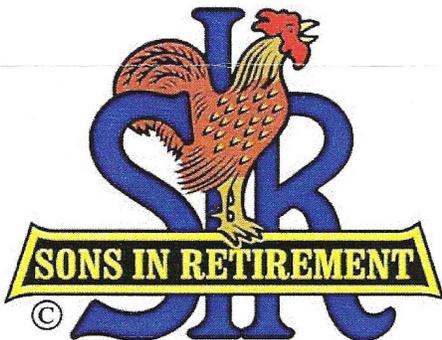
Credit Card # _____

E-mail _____

Expiration Date _____ Card ID# _____

PLACE YOUR ORDER

*Discounted tickets for SIR Members, Friends
and Families!*



of Tickets

Field Level @ \$18 (reg \$26) = \$ _____

Handling Fee \$5.00

TOTAL \$ _____

Offer not good day of game. Tickets will be mailed to the address provided. Orders will be filled on a first come first serve basis. Tickets subject to availability. If first choice is unavailable, A's will assign next best seats and charge accordingly.

SIR



SIR Fishing Group

Terry Miller

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, July 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30. Barry Canavero will be our guest speaker. Barry will share his vast experience about bait fishing for sturgeon in the bay and delta.

Halibut in the bay continue to bite, but wind and lack of live bait had limited our success. However, Gene Schulting and his brother tried a party boat trip on the New Captain Pete, and caught 4 nice stripers and a halibut. Terry Miller and Carl Moyer trolled Berkeley in Carl's boat for only one striper. The wind has kept us off the Delta and Suisun Bay for our usual sturgeon and striper outings, but Sal Costanza did give it a go, to only catch catfish. Lake Davis was very good to Tom Boltz and Pete Gates who caught solid limits of hefty trout, releasing many more. Don Mittlestaedt and Jim Andrews had harsher weather on their visit to Davis, and caught smaller fish with their flies. Shadow Cliffs Reservoir was a bonanza for Harry Sherinian, Terry Miller and his wife, and Carl Moyer. Catching early limits of trout, although most were small. On a later trip Carl and Paul Dubow caught only one small trout. Hmmm??? Tom Boltz, Jim Andrews, and Pete Gates fished the Feather River for rainbow trout with minimal success. Paul Dubow made his annual trip to Wisconsin to catch many walleye pike and bass with old friends. Joe Karg and his son trolled Miner Slough for stripers with no success, but it was Joe's first fishing trip since November 2nd of last year. Good to have you back, Joe! Members of the fishing club very much enjoyed a fish fry with the SIR's in the Kitchen. What a feast, and what a great group. It went so well we are planning a repeat in September. June 3rd 18 fishermen and their wives enjoyed a BBQ Dinner

out at the Back 40 Restaurant. This was one of several Family Dinner out that we have each year. All the fishermen enjoyed a gag gift with a riddle attached presented by Terry/Georgene Miller.

We will be very busy in the future with trout fishing in the Eastern Sierras, delta fishing for striped bass and sturgeon, trout fishing in our local lakes, Lake Tahoe for Lake Trout, and several party boat trips for halibut and rockfish to also include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure, come on down to our next meeting..

Next meeting will be Thursday, July 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Craig Walton (Big Fish) (925-937-4876;) Terry Miller, Branch 116 Coordinator) (925-686-9298;) or Joe Peterson (Treasurer/Secretary)(916-777-5363.)

"Dine-O-Sirs" Dinner Group

Ben Smith



Branch #116 Dine out group will have its next outing in the later part of August. We will NOT have a dine out session in July. In August, the Committee is considering the "TAHERIS" Mediterranean Restaurant in Walnut Creek. Stay tuned to the details relating to this August outing. Our forward plan is to have events every other month, avoiding conflicts with our Ladies Day functions.

Our June outing at "Marcello's" Restaurant, in Danville, took place on Wednesday June 24 and it was a sell-out with 76 SIR's and their spouses/friends attending. It was a great evening with good food and good company. We want to encourage all our SIR members to join in these outings and have an enjoyable time with their fellow DINE-O-SIRS. We will have limited space in most restaurants, so be sure and get your reservations in early. They will be booked on a first come basis..... Contact any one on the committee if you have questions.

BON APPE'TIT

\$ums in Retirement

David Munson



\$ums In Retirement, Area 2 Investment Group will meet on the 4th Wednesday of each month at the Diablo Creek Golf Course in Concord starting at 8am. Early risers can come for breakfast at the restaurant starting at 7am.

Our speaker for the June 24 meeting was Mr. Mike Rekasis. He spoke to us on financial derivatives; what are they and how do they work. Derivatives have been in the financial news quite often these past several months as many consider them to be at the heart of our current financial crisis. Mike has many years of experience in the financial services sector so he has an excellent insight to much of what is happening in today's financial markets.

Our speaker for the July 22 meeting will be Mr. Jack Bowers of Bowers Wealth Management. He is also Founder and Editor of the Fidelity Monitor newsletter.



116 Book Club

Rich Black

The Ponzi Prelude

The SIR 116 Book group discussed "Ponzi's Scheme" at 10:15 AM Monday, June 22, 2009 at Orinda Books. Prior to Charles Ponzi there was a practice known as "robbing Peter to pay Paul" in which supposed earnings payouts were in fact merely the receipts of new depositors. Charles Ponzi, an Italian immigrant in Boston in 1920, created such a storm of interest in his scheme that these practices have born his name ever since.

Art Donaldson recommended the book and Rich Black, Joel White, Lytton DeSilva, Al Reynolds, Tim Tinnes, Jack Butler, Monte Hall and Bob Daily engaged in a thoughtful discussion of it with particular reference to current news about Madoff and Stanford.

The group will next discuss American Lion, Andrew Jackson in the White House by Jon Meacham on Monday July 27 at 10:15 AM at Orinda Book.

Luncheon Speaker

By Little Sir Jed Daniel



Retirement Accounts- Avoiding Costly Mistakes"

Our speakers for July are Ed Rusnak and Jon Elfin from Sagemark Consulting in San Ramon which is a member of the Lincoln Financial Group.

Ed graduated from the Rochester Institute of Technology with a BS degree in Industrial Engineering and an MBA in Finance. He has been a Corporate Executive for over 20 years. He has been with Sagemark for 5 years and for the last 3 years has also been President of Portmark Capital. He lives in Danville with his wife Denise and their daughter Emma.

Jon received his BA degree from Washington State University and his MBA from St. Mary's College. He has been an executive in the Financial Services and Insurance businesses since 1982. He has been with Sagemark for 7 years. He is the volunteer Head Coach for the Tri-Valley Special Olympics basketball team, is a Board member for the Valley Care Foundation, and is a member of the Tri-Valley Estate Planning Council. He lives in Livermore with his wife Lynn and two children, Jacob and Jessica.

Poker Group #2

Bob Nilssen



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members the primary purpose.

If you would like to join us call Bob Nilssen at 837-4446 or send an e-mail to Bob at: nilssen@aol.com to become a member of the group.



Hiking & Walking

Joel White



The **Amiable Amblers** walk for Friday Jul 10th will be led by Art Donaldson at 8:15AM. Meet in the parking lot at the end of Olympic Boulevard in Lafayette where it intersects Reliz Station Road and walk west on the Regional Parks trail. Directions: Exit Highway 24 at Pleasant Hill Road and go south about 1/2 mile until it ends at Olympic Boulevard. Turn right on Olympic for one long block until it ends at Reliz Station Road. Park in the lot on the right.

The walk on Friday Jul 24th will be led by Rich Black and will depart at 8:15 AM from the Moraga Common parking lot intersection of St. Mary's Road and Moraga Road.

The book club is meeting on Monday Jul27. We will therefore have a corresponding walk at 8:15 am on that date at Lafayette reservoir. See you there.

The Friday walks are "out and back" on mostly flat ground. Anyone can participate, with or without a significant other, with or without the ability to walk a long distance. This is a good opportunity, in a healthy environment, to enjoy and make friends in fresh air. Although the Monday walk is a circle, those who are not able to walk the full 2.75 mile circumference of the reservoir may still find pleasure in doing a shorter out and back walk at this beautiful site. I encourage all to consider it.

Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or zp2mrz@yahoo.com.



Amiable Amblers
Art & Mary Alice Donaldson, Bill & Margaret Knopf, Darrel & Violet McClaughry, and Susan & Joel White at Heather Farms

2009 Carson City Golf Event News

Tim Hubbard



September 9, 10 & 11

Don't forget to sign up for the Carson City Golf Getaway (Sept. 9-12). This is a great outing where everyone has always had lots of fun. Hosted cocktail parties, dinner banquets, 2 rounds of golf including cart, ladies bridge, lots of prizes to be given away and all the socializing one could ask for. — — all of this for the cost of the entry fee which also includes 3 nights lodging.

Refer to the "Entry Sheet" in this issue of the Trampas Topics for the selection of hotels and the price. If you have questions contact Tim Hubbard at 944-0742 or by e-mail tthubbs@astound.net.

The sooner you sign up the better we can determine how many spaces we will have for friends.

Hope to see you in Carson City. It's guaranteed you will have great time ! If you have any questions please call Tim Hubbard at 944-0742 or e-mail tthubbs@astound.net. See you in Carson City.



SIR Branch 116 Treasurer's Report Ron Armijo, Treasurer

	June 2009	2009 YTD
Contributions	\$ 3,580.00	\$ 21,414.66
Disbursements	\$ (4,719.85)	\$ (22,588.95)
Net (gain/(loss))	\$ (1,139.85)	\$ (1,174.29)
June Cash Balance		\$ 6,570.46

SIR BRANCH 116

2009 CARSON CITY GOLF GETAWAY

SEPTEMBER 9-10-11, 2009



Sept. 10 at Eagle Valley West 8:00 Shotgun
 Sept. 11 at Empire Ranch 9:00 Shotgun

36 holes of golf, including cart



Staying at Hardman House

Includes continental breakfast
 Golfer...\$337.00 Double Occupancy
 Non-Golfer..\$242.00 Dbl Occupancy
 Single ...\$436.00

Staying at the City Center Motel

Golfer...\$295.00 Double Occupancy
 Non-Golfer...\$200.00 Dbl Occupancy
 Single ... \$331.00

ALSO INCLUDES:

Open bar and buffet dinner all 3 nights
 Golf balls, tee prizes and raffle prizes
 Food, gaming, and bar coupons
 Prospector's Club Membership

Prize money of \$15.00 per player collected upon arrival

Entry deadline is August 20



Mail to: **Tim Hubbard**
1744 Carriage Drive
Walnut Creek, CA 94598-1120



Non-Golfers!!
*A Ladies Bridge Event is being planned—
 Please indicate your interest below***



Please complete the form and circle your selections
Hardman House or City Center Motel

1. Name: _____ Golfer Non-Golfer **

2. Name: _____ Golfer Non-Golfer **

Golfer's NCGA GHIN # 1. _____ 2. _____

Room preference: Single Double

Enclosed is my check for \$ _____ to cover my reservation

Please make checks payable to *T T Hubbard*

Your email address: _____

** I'm Interested in Playing Bridge – One Day or Both Days (circle choice)

For Questions: Email Tim at tthubbs@astound.net or call (925) 944-0742

SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated.



Local Trips

July 29, 2009 SIR Day @ AT&T Park - SF Giants vs. Pittsburgh Pirates (See attached brochure for more details).

Aug 6, 2009 SIR Day With The Oakland A's—Oakland A's vs. Texas Rangers (See attached brochure for more details). Seats will be in a designated SIR section.

Overnight and Longer Travel

Aug 8-23, 2009 Romantic Rhine & Moselle Rivers. Explore Holland's colorful capital as you cruise through Amsterdam's enchanting canals. Sail past out Laorelei rock and through the dramatic Rhine Gorge on this 14-night cruise from Amsterdam to Basel on board Avalon Waterway's brand new ship, the MS Affinity. Trip includes all meals on board, round trip airfare and airport transfers. Port charges, air taxes, driver tips are also included. Cost runs from \$6270 to \$8669 depending on state-room. Contact Ken Richter @ 925-689-6217.

Sep 13-25, 2009 The Essence of Ireland. What separates Ireland from its neighbors is the arresting beauty of the land, the turbulent history and the broad smile that welcomes your arrival. This 13 day trip covers Belfast, Londonderry, Westport,

Galway, Killarney, and Dublin. The trip cost is \$3780 per person and includes: daily breakfast, nightly hosted dinner, coach driver, guides, baggage handling airfare and transfers, Plus gratuities. Contact Bob Hagler Branch 8 @ 925-934-8428.

Sep 24, 2009 Highlights of South Africa. On this comprehensive 19 day trip you'll discover the cultural and natural wonders of South Africa. The trip will take you to Johannesburg, Kruger National Park, Swaziland, Zululand, Wilderness, and Cape Town with optional trips to Pilanesberg National Park for a big five bush safari and Victoria Falls. Cost of the trip is \$4795 per person which includes all airfares, 17 night hotel stay, 32 meals, and 13 sightseeing tours. Space is limited so contact Bob Spellman to make reservations @ 925-934-9428.

Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options. The current May edition travel page is on Page 11. Take a look, you just may find one of your dream trips out of the twelve listed.



Pete and Tom at Lake Davis, June 2009



Bridge Milt Greenstein

Duplicate Bridge Group

The SIR Branch 116 Duplicate Bridge Group met on June 2nd with 20 men attending. Our top scoring team with 66.67% (72 points out of a possible 108 points) was Art Donaldson / Milt Greenstein. In second place was Jim Nachtweih / Marv Ellenberg with 56.48%, followed by Bob Wolf / Tony Pimentel (55.09%) and Bill Sullivan / Joel White (52.78%). All four teams earned black master points. The next Duplicate Bridge Group meeting will be at 9:30 AM on Tuesday, July 7 at the Pleasant Hill Bridge Center.

Luncheon Bridge Group

On June 9th, 24 men gathered at the Round Hill C.C. for lunch and bridge. After an excellent lunch, we sat down to 3 hours of fun Bridge. Top man today was Art Donaldson with 6,600 points, followed by Ali Aghaiepour (6,590), Jack Butler (5,440), Bob Cramer (4,970), Darrell Feay (4,960) and Gene Gould (4,690). Notice the 10 point differential between 1 and 2, and 4 and 5. If either Ali and Darrell could have made just one more trick on any of the 24 hands they played, they could have changed places with the man in front of them. Only 2 small slams were made today by the teams of Lee Travis / Gene Gould, and Jack Butler / Milt Greenstein.

Our group gathered again on June 23rd with 23 men enjoying a great lunch of sea bass, Cajun style, at the Diablo C.C. High man today was Bud Grisanti with 6,340 points, followed by Oscar Krikorian (6,300),Jai Yee (6,270), Joel White (6,080), Bob Kahl (5,070) and Lytton DeSilva (5,000). Today was a big scoring day with 5 small slams made. The teams making slams were Jai Yee / Lee Travis, Lytton DeSilva/Bud Grisanti, Warren Westrup / Oscar Krikorian, Oscar Krikorian / Bill Sullivan and Joel White / Ron Wolberg. A couple of very low total scores brought our averages for the day down, but we still ended with the second highest average day for this year.

The next Luncheon Bridge Group meetings will be

at 11:30 AM on Tuesday, July 14th at the Round Hill Country Club and at 11:30 AM on Tuesday, July 28th at the Diablo Hills Country Club.



Dino-O-Sirs at Marcello's in Danville



Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com

Membership

Lytton DeSilva



SIR 116 Membership Status

Total Current Members	— 252
Last Month's Inductees	— 0
Those in Interview Stage	— 6
Total in Process	— 6
On Inactive Status	— 36
Left the Branch	— 0
Waiting to be Installed	— 0

SIR Branch 116 Golf

By Ron Domer, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

The 9-hole group also plays once a week and alternates play between local courses. Foursomes in both groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in our annual golf book, the Trampas Topics and on our web site at <http://www.sir-web.org/116-golf>. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.
Please indicate if you want a cart.

July 9-Hole Schedule

Date	Time	Location	Organizer
Wed 05	10:00	Buchanan Fields	Dick Chaffee
Wed 12	10:00	Pine Meadow	Joe Ostler
Wed 19	10:00	Buchanan Fields	Dick Chaffee
Wed 26	10:00	Diablo Hills	Doug Alders

Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.



Bernie Wroblewski, Matt Arena, and Frank Lockwood at Diablo Creek (All three "looking good" but of course they are only on the 1st Tee)

July 18-Hole Schedule

Date	Time	Location	Organizer
Mon 06	9:30	Boundary Oak	Alex Lutkus
Mon 13	9:30	Boundary Oak	Alex Lutkus
Tue 21	9:00	Deer Ridge	Alex Lutkus
Tue 27	9:30	Tilden Park	Alex Lutkus



18 Hole Results

By David Harris

Poppy Ridge / Zinfandel and Merlot -- June 29, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
David Harris	62	3	David Carlson	68	3	Alex Lutkus	67	3	Max Foust	63	3
Al Zavattero	68	2	Jerry Hunter	69	2	Dick Chaffee	71	2	Bill Hemmelsbach	75	2
Neil Schmidt	71	1	Phil Goff	73	1	John Peterson	76	1	Chuck Gilliam	80	1
			Robbie Robinson	73	1						
Low Gross			Low Gross			Low Gross			Low Gross		
David Harris	80		Jerry Hunter	92		Alex Lutkus	95		Max Foust	91	

Closest to: Hole #2 Zinfandel -- David Harris, Chuck Gilliam --- Hole #8 Merlot -- Neil Schmidt, Alex Lutkus

Diablo Creek -- June 23, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Frank Crua	67	3	Pat Tinguely	70	3	Bob Conlon	65	3	Bernie Wroblewski	72	
Bill McCord	70	2	David Carlson	71	2	Dick Chaffee	68	2	Chuck Gilliam	73	
David Harris	71	1	Jerry Hunter	71	2	Conrad Robertson	73	1	Art Vogl	76	
Low Gross			Low Gross			Low Gross			Low Gross		
Bill McCord	85		Pat Tinguely	89		Bob Conlon	92		Bernie Wroblewski	100	

Closest to: Hole #7 - Carlos Xavier, Frank Lockwood -- Hole #17 - Will Schnieder, Conrad Robertson

Paradise Valley -- June 16, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Frank Crua	66	3	Jerry Hunter	62	3	Conrad Robertson	67	3	Bill Hemmelsbach	72	3
Neil Schmidt	68	2	David Carlson	62	3	Phil Jenkins	71	2	Chuck Gilliam	75	2
David Harris	71	1	Bob Testa	68	1	John Peterson	73	1	Frank Lockwood	75	2
Mel Williams	71	1							Bernie Wroblewski	75	2
Low Gross			Low Gross			Low Gross			Low Gross		
Neil Schmidt	84		Jerry Hunter	84		Conrad Robertson	94		Max Foust	103	

Closest to: Hole #3 - Frank Crua, Phil Jenkins -- Hole #12 - Jerry Hunter, John Story

Franklin Canyon -- June 8, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Phillip Marks	67	3	David Carlson	63	3	John Story	66	3	Chuck Gilliam	69	3
Lonny Randall	71	2	Phil Goff	68	2	John Peterson	69	2	Bernie Wroblewski	71	2
Bill McCord	72	1	Dick Socolich	68	2	Bob Conlon	69	2	Bill Hemmelsbach	71	2
Low Gross			Low Gross			Low Gross			Low Gross		
Phillip Marks	83		David Carlson	88		John Story	89		Max Foust	100	

Closest to: Hole #5 - Jerry Hunter -- Hole #17 - Lonny Randall, Bob Conlon

Boundary Oak -- June 1, 2009

Flight 1			Flight 2			Flight 3			Flight 4		
Phillip Marks	66	3	Dennis Ross	73	3	Bob Conlon	73	3	Bernie Wroblewski	69	3
Lonny Randall	69	2	Tom Eller	74	2	Bob Donohue	74	2	Paul Eckels	70	2
David Harris	72	1	David Carlson	75	1	Al Serafino	74	2	Chuck Gilliam	72	1
Mel Williams	72	1									
Low Gross			Low Gross			Low Gross			Low Gross		
Phillip Marks	82		Dennis Ross	90		John Story	98		Max Foust	99	

Closest to: Hole #2 - Ron Domer, Troy Powell --- Hole #12 - David Carlson, Phil Jenkins

2009 18 Hole Leaders

By David Harris

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
NAME	POINTS	NAME	POINTS	NAME	POINTS	NAME	POINTS
Crua, Frank	22	Goff, Phil	28	Robertson, Conrad	31	Gilliam, Chuck	37
Harris, David	22	Carlson, David	25	Donohue, Bob	22	Foust, Max	28
Meyer, Dirk	20	Hunter, Jerry	21	Story, John	21	Wroblewski, Bernie	18
McCord, Bill	19	Robinson, Robbie	12	Jenkins, Phil	14	Hemmelsbach, Bill	17
Randall, Lonny	18	Tinguely, Pat	12	Conlon, Bob	11	Eckels, Paul	15
Marks, Phillip	12	Kim, Paul	9	Peterson, John	11	Vogl, Art	13
Schmidt, Neil	9	Eller, Tom	7	Powell, Troy	9	Arena, Matt	12
Clizbe, Jim	8	Testa, Bob	7	Serafino, Al	7	Lockwood, Frank	8
Williams, Mel	7	Ross, Dennis	6	Chaffee, Dick	6	Armijo, Ron	2
Zavattero, Al	7	Hutchko, Al	5	Daniel, Jed	6	Kohut, George	2
Clark, Bill	6	Socolich, Dick	4	Lutkus, Alex	5		
Hicks, Jerry	6	Xavier, Carlos	4	Langhorst, Carl	2		
Cherepy, Steve	3	Nichols, Bob	3	Videle, Jim	2		
Domer, Ron	2	Smith, Wayne	3	King, Paul	1		
Benz, Andy	1	Canane, John	2				
Lowenberg, Stan	1						

18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Tuesday, July 21	Deer Ridge	10-Jul	\$40
Monday, July 27	Tilden Park	14-Jul	\$37
Tuesday, August 18	Vintners	7-Aug	\$45
***** Vintners is a special event. Guests pay \$40 and can not win *****			
Monday, August 24	Franklin Canyon	11-Aug	\$34
Monday, August 31	Rancho Solano	18-Aug	\$44

Send checks made out to SIR Branch 116, Golf to PO Box 3246, Walnut Creek, CA 94598-9991

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

<http://www.sir-web.org/116-golf>

Please bookmark it in your "Favorites" list of websites to access information on the following:

2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.
- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.
- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.



RETURN TO: Lytton DeSilva
60 Muth Drive
Orinda, CA
94563-2819

**Sons In Retirement: A non profit Organization for Retired Men devoted to
the Promotion of Independence and Dignity of Retirement**

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.