



# Trampas Topics

April, 2010

SIR Branch 116

Next Meeting: 11:30 am,  
Monday, April 19, 2010  
Elks Lodge—1475 Creekside Dr,  
Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

## Sayings of 2010 Big Sir Jed Daniel



Please welcome our newest member, Larry Heaton, who was inducted at our Executive Committee meeting and introduced to the membership by his sponsor, Bob Conlon, at our March meeting. Encourage him to participate in whatever activities that he finds interesting to him.

Our sincere thanks go to Chuck Gilliam who has agreed to take over the Treasurer's responsibilities for 2010. Chuck is replacing Bob Nillssen who unfortunately passed away in late January.

Gerg Okerman, a member of the Elks Club Board of Trustees, attended our Executive Committee meeting in March. He indicated that a new Exalted Ruler of the Elks would take office on April 1st. This coincides with the start of the Elks Club's fiscal year. I will try to meet with the new Exalted Ruler prior to our April meeting.

Don't forget to make your reservations for the May Ladies Day luncheon. Jerry Hicks and his committee have planned a fine affair which I am sure that you and your favorite lady will thoroughly enjoy.

At our April luncheon we will collect the annual voluntary contribution which this year is \$30. You can pay this at the same time that you pay for your lunch.

My sincere thanks go to Ron Armijo who filled in for me at the March meeting. Ron was doing triple duty because not only was he the Little SIR and the acting Big SIR but he was also busy transitioning the Treasurer duties over to Chuck Gilliam. Not surprisingly, he did a great job in all three areas.

Take a step back in time, go on an Easter Egg hunt, eat a few chocolate bunnies, and have a very Happy Easter.

I look forward to seeing you all at our next luncheon on April 19th.

*Jed Daniel- Big SIR*



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**PLEASE CALL 806-8874 by the Thursday prior to the meeting to cancel your standing reservation or to bring a guest.**

## 2009 SIR 116 Officers & Directors



**Big SIR**  
Jed Daniel  
551-7734



**Little SIR**  
Ron Armijo  
945-0637



**Secretary**  
Conrad Robertson  
376-6355



**Assist. Secretary**  
Joel White  
964-0994



**Treasurer**  
Chuck Gilliam  
682-3782



**Assist. Treasurer**  
Bob Shader  
939-8421

### DIRECTORS



Phil Goff  
831-3692



Bob Wolf  
935-5439



Frank Crua  
932-0975



Ben Smith  
820-5403



Bill McCord  
376-5280



Bob Donohue  
837-6913

## 2010 SIR 116 Committee Chairmen

Activities Coordinator	Dick Socolich	376-3090	Music Man	Robbie Robinson	798-7276
Attendance	Jim Nachtweih	838-7417	Newsletter Editor	Neil Schmidt	939-5342
Audit	Dick Thomson	785-7600	Asst. Editor (Interim)	Phil Goff	831-3692
	Chuck Gilliam	682-3782	Nominating	Frank Crua	932-0975
Book Club	Rich Black	283-8376	Photographers	Ken Miller	256-9343
Bridge	Milt Greenstein	376-5589		John Peterson	946-0335
Candy Sales	Dirk Meyer	820-6878	Piano	Miles Maynard	933-8549
Chaplain	Rotating	#1 See Below	Poker Group #1	Bill Harrington	935-1625
Christmas Party	Jerry Hicks	945-7465	Poker Group #2	Al Reynolds	254-1576
Computer & Tech..	Phil Goff	831-3692	Spring Party	Jerry Hicks	945-7465
Computer Support	Dick Thomson	785-7600	Storytellers	Rotating	#2 See Below
Dine-O-Sirs	Ben Smith	820-5403	Sums In Retirement	Ben Smith	820-5403
Duplicate Bridge	Bob Daily	837-7080	Sunshine	Matt Arena	946-0404
Fishing	Harry Sherinain	846-7067	Travel	Tom Eller	939-5897
Golf	Ron Domer	838-8320	Volunteers	Bob Kinser	837-8886
	Carlos Xavier	947-6756	Webmaster	Floyd Skelton	838-2515
Greeters	Pat Bermingham	930-9477	Welcoming	Dick Socolich	376-3090
E-mail Contact	Conrad Robertson	376-6355	Wine Appreciation	Al Reynolds	254-1576
Hiking and Walking	Joel White	964-0994			
Historian	Matt Arena	946-0404	#1. Matt Arena, Doug Aalders, Ron Domer, Marty Ratterree, Lou Sandor		
Host	Frank Crua	932-0975	#2. Ron Domer, Art Donaldson, Milt Greenstein, Marty Ratterree		
Interviewer	Max Foust	827-9323			
Membership	Lytton DeSilva	254-5289			
Membership Roster	Dick Thompson	785-7600			

## 2010 SIR Area 2 (Inter-branch) Committee Chairmen

Bowling	Lloyd West (Br.19)	228-9037	Publicity	Walt Schick (Br.8)	934-0656
Computer & Technology	Co-Derek Southern (Br.8)	253-1646	Table Pool	Bill Weinberg (Br.146)	682-0962
	Co-Phil Goff (Br.116)	831-3692	Rubber Bridge	Fred Bolton (Br.146)	932-1580
Fishing	Karl Derose (Br.8)	376-0468	Speakers Bureau	John Roebuck (Br.19)	685-8764
Golf	Jim Willey (Br.19)	689-3199	Sums Retirement	Allen Espenmiller (A.2)	376-3977

# SIR Branch 116 Activity Calendar

## April 2010

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
				1	2	3
					<b>Good Friday</b>	
4	5	6	7	8	9	10
<b>EASTER</b>	18-Hole Golf (9:00@ Silverado North)	Duplicate Bridge (9:30@ P.Hill Bridge Ctr)	9-Hole Golf (10:00@ Buchanan Fields)		Hiking & Walking (8:15@ Briones Park Trailhd)	
11	12	13	14	15	16	17
	18-Hole Golf (9:30@ Boundary Oak)	Luncheon Bridge (11:30@ Round Hill CC)	9-Hole Golf (10:00@ Pine Meadow)	Computer & Tech (9:00@ Elks Club)		
18	19	20	21	22	23	24
	<b>SIR Br 116 Mtg.</b> (11:30@ Elks Club)	18-Hole Golf (10:00@ Blue Rock East) <b>Ladies Day Bridge</b> (11:15@ Diablo CC)	9-Hole Golf (10:00@ Buchanan Fields)		Hiking & Walking (8:15@ Laf. Reservoir)	
25	26	27	28	29	30	
	18-Hole Golf (9:30@ Callippe) <b>Pre-Book Grp. Walk</b> (8:15@ Laf. Reservoir) <b>Book Group Mtg.</b> (10:15@ Orinda Books)	Luncheon Bridge (11:30@ Diablo CC)	<b>Sums in Retirement</b> (8:00@ Diablo Creek GC) 9-Hole Golf (10:15@ Diablo Hills)			

## Membership

Lytton DeSilva



### SIR 116 Membership Status

Total Current Members — 257  
 Last Month's Inductees — 0  
 Those in Interview Stage — 5  
     Total in Process — 7  
 On Inactive Status — 40  
 Left the Branch — 1  
 Waiting to be Installed — 0



### Br. 116 Treasurer's Report

Chuck Gilliam, Treasurer

	March 2010	2010 YTD
Contributions	\$ 3,179.00	\$ 12,410.42
Disbursements	\$ (3,748.69)	\$(15,892.76)
Net (gain/(loss))	\$ (569.69)	\$ (3,482.34)
March Cash Balance		\$ 4,170.54



### Lunch Attendance

Jim Nachtweih

Attendance at the March 15, 2010, meeting:

Total: 193  
 Members: 187  
 Visitors: 0  
 Speakers: 3  
 Guests: 3  
 Excused: 62  
 Un-Excused: 9

The un-excused members will be asked to pay for their missed lunch.

#### IMPORTANT NOTE:

Please remember, if you are bringing a guest to our meeting, be sure to call the hot line and leave your name and number as well as your guests name, spelling out their name so we get the name tag right. This is important for head count as well as scheduling his initial interview. Thank you for your help...

## March Luncheon Menu

Chicken Dore' w/Bernaise Sauce  
 Buttered Penne Pasta  
 Sweet Maple Carrots  
 Caesar Salad  
 Roll & Butter  
 Coffee/Ice Tea  
 Dessert



## SIR Website Addresses

#### SIR 116 Web Site

<http://www.sir-web.org/116-web/>

#### Branch 116 Golf

<http://www.sir-web.org/116-golf/>

#### Trampas Topics

<http://www.sir-web.org/trampas/>

#### Computer and Technology

<http://www.sir-web.org/computer/>

#### SIR Happenings State Newsletter

[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)

#### State SIR Web Site

<http://www.sirinc.org/>

## April Birthdays

When you see these members, wish them a Happy Birthday!

Bryant, Frank	McDowell, Ralph L.
Canane, John	Peters, Pat
Chaffee, Richard	Schneider, William R.
Clizbe, Robert	Shader, Robert J.
Dulac, Leon E.	Smith, Ben J.
Hemmelsbach, William	Stashyn, Marshall G.
Honstein, Harry C.	Wheeler, David G.
Kapus, George	Yeraka, Benjamin M.
Madden, Richard A.	Yniguez, Anthony J.



## Sunshine Report

Matt Arena

**Tim Hubbard** is doing well following his hip surgery at John Muir .He was planning to go to a rehab center after his hospitalization for physical therapy. As mentioned at the luncheon Tim has had every major joint in his skeleton repaired along with a bypass last year. Hopefully this is the end of his financial support of the hospitals in the area.

**Don DeGraf** is recovering nicely at Manor Care Rossmoor following orthopedic surgery on his knee. He is happy to have his computer so he feels normal while he mends. Don’s wife Janet said he appreciated a visit by fellow SIR Frank Lockwood.

**Doug Aalders** was advised he would have a simple prostate procedure on an outpatient basis but he was disappointed to find that he had to return to the hospital with some complications. Fortunately he is home recovering and looking forward to a planned trip to Hawaii with his wife Ursula.

**Gary Schoen** found himself back in John Muir Med Center with intense pain from an injection. This series of injections precedes his planned trip to UCSF for stem cells replacement sometime next month. Gary is an unbelievable courageous SIR. Here is hoping he will have smooth sailing from this time forward.

**Past Big SIR Art Miller** reports that the power wheel chair has arrived and he is riding all over the neighborhood. He loves the freedom it gives him. Because of the chair’s size and weight it does not fit in a car but he uses the County Connection bus service to get him to dialysis every Monday, Wednesday, and Friday.

**Troy Powell** is at UCSF undergoing treatment for his cancer. Other than losing his sense of taste and

his appetite for a short time he is now enjoying his gourmet meals. He is doing a series of chemo followed by stem cell replacement. The best news is that he is in good spirits and he could be returning home in 10 days.

**Dan Pope** remains at StoneBrook in Concord but he now has company. Tim Hubbard found his way over to the facility following his operation. I expect these two will enjoy some lively conversation on how to fix our economy.

**Past Big SIR Floyd Skeleton** has been missed the last few luncheons due his need for portable oxygen. Floyd tells me he plans to make the April luncheon and I know all off us hope he is able to come join his fellow SIR’.

**Harry Honstein** and **Ed Regalia** are both working on their recoveries. We look forward to their return.

Serendipity was at work last week while I was doing my hospital visits I met up with **Mac Miguel** who was member of our branch. He was recovering from a knee operation. I encouraged him to come join us again

May you and your enjoy your holiday !



March Luncheon Speakers Gayle Vassar, Richard D. DuBey, Jr. and Lt. Mark Covington talking about “Community Emergency Response Team”



## Bridge Milt Greenstein

### Duplicate Bridge

The Branch 116 Duplicate Bridge Group met on March 2nd at the Pleasant Hill Bridge Center. We had 5 tables ( but needed two wives to fill out teams ). Our top team for the day was Jack Butler / Norm Schoenfeld with 63.54%. In second place was Conrad Robertson / Marty Seaman with 60.53%, followed by Oscar Krikorian / Marilyn Krikorian ( 55.09% ) and Dan Green / Tony Pimintel ( 53.13% ).

### Luncheon Bridge

On March 9th, 30 men gathered at Round Hill C.C. for lunch and bridge. After an excellent lunch, we sat down to 3 hours of bridge, with our first grand slam of 2010 being played by Joel White and Lytton DeSilva. Small slams were made by Lytton and Bob Kahl, and by Tony Rohrs and Ron Wohlberg. But Lytton couldn't hang on to the lead, while Joel came in as high man with 6,430 points and Lytton was 2nd with 5,080. In third place was Bob Kahl ( 4,660 ), followed by Charley Schmidt ( 4,180 ), Jack Butler ( 4,030 ) and Tony Rohrs ( 3,950 ).

On March 23, 24 men had lunch and bridge at Diablo C.C. Our top scorer for this session was Ron Wohlberg with 6,940 points. Trailing him was Jack Butler ( 6,650 ) and Bud Grisanti ( 5,710 ). We had a tie for 4th, Bill Sullivan and Dimitris Argyriou ( 5,190 ), and sixth place went to Ali Aghaiepour ( 5,150 ). We had four small slams today, Oscar Krikorian / Monte Hall, Bill Sullivan / Jai Yee, and two by the team of Ron Wolberg / Bud Grisanti ( no wonder they were in the money today ), Notice the discrepancy in scoring between the 9th and the 23rd. Today's scoring was the highest day's average ( 3,898 ) and the highest average round ( 650 ) for the year to date.

### Ladies Day Bridge

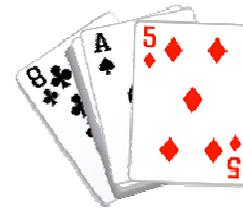
Our Ladies Day event is still on tap for April 20th at Diablo C.C. This makes a great day for your " significant other ". Lunch is \$41 per couple, and starts at 11:00 am. She will love for it !

5,300 points ,followed by Roy Hedtke ( 4,980 ), Monte Hall ( 4,460 ), Bill Sullivan ( 4240 ) and Norm Schoenfeld ( 4,220 ).We had two small slams made today by Bob Daily/Walt Kawecki and Roy Hedtke/ Dimitris Argyriou.

The Luncheon Bridge group met again on February 23rd at the Diablo C. C. with 28 men attending. Our top scorer today was Dennis Perry with 6,020 points, followed by Bob Wolf with 5,20 points. In third place was Ben Yeraka ( 4,880 ), Milt Greenstein ( 4,520 ), Ali Aghaiepour ( 4,10 ) and Gene Gould ( 3,970 ), over all a low scoring day. Only one small slam was made today by Milt Greenstein / Ali Aghaiepour.

### Ladies Day

Our next LADIES DAY event is coming up on April 20th, with lunch and bridge at Diablo C. C. starting at 11:15 am. Lunch is \$41 per couple, plus a separate \$5 for prize money. This event makes a very pleasant day, and the all the ladies seem to have a great time. So treat your significant other to a delightful day at the club.



New member Larry A. Heaton with sponsor Bob Conlon



## SIR Fishing Group

Harry Sherinain

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, April 22nd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30.

The winter has been kind to the fishing group. Bob Kahl caught some lovely Lahonton Cutthroat Trout at Pyramid Lake casting flies from a ladder. On a separate trip Don Mittlestaedt also did well on the day when the wind eased up. Both Bob and Don spent a few days watching the wind make whitecaps on the Lake, which is located in Nevada north of Reno. Craig Walton, Jim Andrews, Dick Thomson, and Carl Moyer all took a maiden voyage to the Trout Pond at Lake Commanche in their float tubes, fishing with flies. Romano Gnusti, George Schulze, and Al Brunner tagged along fishing from shore. There were 11 fish caught, with Romano accounting for 8. He let George reel in three, Al Brunner caught 2, and Carl got one from the shore. No fish were harmed by the float tubes. Carl Moyer fished Shadow Cliffs reservoir several times, with mixed results. On two occasions he limited out in 2 hours. On two other trips he was joined by Harry Sherinian, but only several trout were bagged. A few sturgeon attempts in Suisun Bay resulted in a few undersized sturgeon, but a try at the Ozol with Paul Dubow was a complete skunk. After the March meeting, Carl and the speaker, Guy Brown from Sacramento, snuck out to catch that Bubba sturgeon, only to be denied. Gene Schulting joined Carl for yet another fruitless sturgeon venture. They did get one that was 2 1/2 inched short, and did have a pleasant day. Sal Costanza caught a 17 lb striper at the mothball fleet. He also had a keeper sturgeon to the boat at the Ozol on a separate trip, where he did land 4 undersize sturgeon.

We will be very busy this spring with: delta fishing for striped bass and sturgeon, trout fishing in our

local lakes, and party boat trips for sturgeon, halibut, and stripers. These outings will include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure come join us.

Our next meeting will be Thursday, April 22nd at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Karl Droese, Big Fish, (925-376-0468;) Harry Sherinian Branch 116 Coordinator (925-846-7067;) or Dick Thomson, Treasurer/Secretary, (925-944-1760.)



**SIR Shadow Cliff Fishing Trip**  
(Why are they eating beans and not fish?)

## "Dine-O-Sirs" Dinner Group

Ben Smith



Our dining events continue to be very popular and always attract a full house. The last Dine-O-Sir event at Massimo's on March 23rd was a sellout. If you wish to be put on our mailing list, please call Ben Smith at 820-5403.

We are trying to seek out restaurants that will accommodate a large number of participants so that more people can join us. Please plan to join us at our next event in June.

## Hiking & Walking

Joel White



On Friday **March 12** Rich Black and Donna Argenbright, Art and Mary Alice Donaldson, Dan and Andrea Green, and Joel and Susan White enjoyed a saunter along the Contra Costa canal trail in Walnut Creek, starting at San Carlos Park. This was followed by delightful conversation and breakfast at the Sweet Affair.

On Friday **March 26** Rich Black and Donna Argenbright, David and Colleen Geary, Dan and Andrea Green, and Joel and Susan enjoyed a magnificent spring morning on the Iron Horse Trail in Alamo, followed by breakfast at Cherubini's.

Friday **April 9** will bring a **Special wildflower walk** at Briones Park led by Art Donaldson. <http://www.tommangan.net/twoheeldrive/index.php/2009/04/06/quicke-wildflower-walk-at-briones-regional-park/> is a link to a review of the walk from last year that includes driving directions. Please RSVP to Art dnldsn@sbcglobal.net.

Friday **April 23**, by popular demand, will see a return of couples to the beautiful Lafayette reservoir. This a circle walk of 2.75 miles that the regulars usually complete in about 50 minutes, so those who wish to complete the circle a little more slowly, or even just walk part way and return, will have ample time to do so. This walk will be led by Rich Black. Please RSVP to Rich argnblck@comcast.net.

Monday **April 26** will be the regular pre-book club walk at Lafayette reservoir, but you need not plan on attending the book club to participate in the walk. This walk will be led by Joel White [zpz2mrz@yahoo.com](mailto:zpz2mrz@yahoo.com).

All walks commence at 8:15 am. Reminders will be sent to those on the e-mail list. Anyone wishing to be added to the e-mail reminder list should contact

Joel White 964-0994 or [zpz2mrz@yahoo.com](mailto:zpz2mrz@yahoo.com). Please RSVP to the walk leaders if you plan to attend.

## Computer & Technology

Derek Southern & Phil Goff



Phil Goff will start by walking us through Windows DVD Maker. It's a free Microsoft utility that allows people to make DVD slide-shows that they can show on their television. You can easily add music and titles. Phil says the program is available for Vista and Win 7, not XP. Win XP has Windows Movie Maker which is somewhat limited. You must download a copy for Vista or Win 7 along with some other useful utilities from the Microsoft website.

Then Phil will show how to print ink on a DVD for a label. No one should print sticky labels for DVD's; they are unreliable and cause the DVD player to stop working.

Finally, Dick Kaufmann will show his photo books that he makes on the computer. They are quite beautiful.

Following these presentations we'll look at any gadgets brought in for discussion and review. If there's time Dick Curry will lead an informative Computer Q&A session so bring your questions. For more information and copies of our prior presentations visit the Area 2 CAT web site at <http://www.sir-web.org/computer/>.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something of interest for everyone. We also offer coffee & pastries. Some months no dues are collected, so come and find out if April is one of those months! All SIR members and their guests are welcome.

## Luncheon Speaker

By Little Sir Ron Armijo



### CCCSD – HOUSEHOLD HAZARDOUS WASTE COLLECTION FACILITY

Have you ever wondered how all of that household hazardous waste is clarified and returned safely to the environment? This month Ms. Kit Ohlman will tell us all about the facility that performs this function.

Ms. Ohlman is the Public Information Assistant at the CCCSD, which is a part of the Communication Services Department. She has been with CCCSD for **almost** 3 years. Aside from conducting presentations to groups such as ours, she oversees the content of the CCCSD Website, manages the CCCSD Sewer Science Program in local high schools, conducts Plant tours, and does some writing and editing for their various publications.

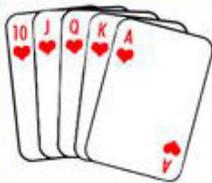
Ms. Ohlman was raised in Concord, graduated from Carondelet High School, and has a BA in Public Relations from San Jose State University.

## Poker Group #2

Al Reynolds



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members is the primary purpose.



If you would like to join, call Al Reynolds at 254-1576 or send an email to reynolds4596@sbcglobal.net.

## Wine Appreciation Group

Al Reynolds



The April Wine Appreciation event is tentatively scheduled at a Livermore winery. Time and date TBA. If interested, call Al Reynolds at 254-1576.



Paul King's 5 lb. Trout

## \$ums in Retirement

Allen Espenmiller

The Area 2 \$ums Investment Group will meet on April 28th at the Diablo Creek Golf Club in Concord off Port Chicago Highway at 8:00 AM. Those of you who would like to enjoy breakfast prior to the meeting the restaurant opens at 7:00AM. Our speaker will be Peggy Cabaniss, President of HC Financial Advisors, Inc. a fee only financial planning and investment advisory firm in Lafayette, CA. For six years, Mrs. Cabaniss was named as one of the top financial advisors in the country by Worth Magazine. Her topic "**Building an All Weather Investment Portfolio for Retirement**" Her website is [www.hcfinancial.com](http://www.hcfinancial.com).

Plan to attend and learn from one of the Bay Areas leading speakers and advisors.



Sponsor Pete Streich with new member Leon E. Dulac,

## SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated:



### *Sept 17-30 – Mediterranean Enchantment*

Cruise on Holland America's ms Noordam sailing round trip from Civitavecchia(Rome) plus a 2 night post stay in Rome. Stops in many ports including: Livorno, Italy; Monte Carlo, Moraco; Baecelona, Spain; Palma de Mallorca, Spain; Carthage, Tunis; Trapani, Italy; Naples, Italy. Sponsored by Jim Lunn SIR branch #8 (925) 551-3329

### *July 28-29 – Silver Sizzles Review*

See the show at the Grand Sierra Resort in Reno. Cost \$99 per person, double occupancy. This overnight trip includes deluxe motorcoach transportation.

### *Oct. 19-Nov. 8 – Pure New Zealand*

Immerse yourself in a land where wild rivers and glaciers flow through rain forests to the sea, pristine lakes and pastoral forest hug volcanic slopes, and snowcapped peaks pierce the sky. Visit Auckland, Rotorua, Arrowtown, Franz Josef Glacier, Greymouth, and Christchurch. Sponsored by Branch 146 & space is limited – Reserve before Feb. 21, 2010. Call 1-800-353-6262, Option #2. Be sure to mention Service Code: G022221.

### *Sept. 20-28 – A Capital Experience*

A nine-day tour to Washington, D.C., Williamsburg, & Charlottesville. Visit our nation's capital with friends and family. Call Golden Gate tours today! Space is still available for your group on this wonderful tour. (800) 874-4345.

## Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options. Travel opportunities include the following (see their web site for more details and cost):

### *May 11-21 – Shades of Ireland*

Round trip to Dublin. Tour Kilkenny, Blarney Castle, Jaunting Car ride, Ring of Kerry, Kilarney, Limerick, Cliffs of Moher, Galway, and castle stays.

### *May 21-Jun.1 – Italian Lakes & Greek Islands*

Immerse yourself in the beauty of the Italian Lakes and visit the most popular of the Greek Islands. Stay 3 days in Stresa on the shores of Lake Maggiore, cruise on the Costa Fortuna for 7 days and visit the ports of Bari, Katakolon, Dubrovnik, Venice, plus the Greek Islands of Santorini, Mykonos and Rhodes.

### *May 31-June 13 – Paris-Burgundy-Provence*

Five nights in Paris...TGV to Dijon...8-day river cruise through Burgundy and Provence. All outside staterooms on the luxurious Grand River Royale. 6 shore excursions with English speaking guides.

### *Jun. 2-9 – New York City*

We will be staying at the Belvedere Hotel in the theater district. Stops will include Ellis Island, the Statue of Liberty, Radio City Music Hall, the Empire State Building, several museums, and at least one Broadway Show. There will also be some free time for shopping or individual sightseeing

### *Sept. 9-19 – Cruise Alaska's Inside Passage*

Embark on a 10-night inside passage cruise aboard the Sea Princess, sailing round trip from San Francisco. Ports of call include: Ketchikan, Juneau, Haines, Tracy Arm Fjord, and Victoria BC.





SIRS on the Number 2 Tee at Lone Tree.  
(Wayne Smith, Dave Carlson, Carlos Xavier)

## 2010 SIR State Golf Trips

### Golfing in Coeur d'Alene

May 16,-21,2010

Enjoy 5-nights at the luxurious **COEUR d'Alene RESORT & SPA**

**PLUS**

Play 2 rounds of golf at

The **Coeur d'Alene Resort Golf Course** featuring the world's only floating, moveable golf green AND 1 round of golf at **Circling Raven Golf Club**.

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### Golfing at MESQUITE

November 7-12, 2010

Enjoy **FIVE** nights & six days (Sunday to Friday) in Nevada, featuring **three** rounds of golf in Mesquite—tee off against spectacular backdrops: rugged arroyos, natural wetlands, and inspiring vistas

See SIR State Golf web site at <http://www.sirstategolf.com/> for more information on these golf trips and other 2010 SIR State Golfing events.



## Br. 116 Book Club

Rich Black

Give a man a good data base and there's no telling what he can learn: why dope dealers live with their mothers; why a swimming pool is more likely to kill a child than a gun; and what parents do that does or does not lead to more successful children. Eight members of the Book Group, Lytton De Silva, Bob Daily, Jack Butler, Al Reynolds, John Frazier, Rich Black, Joel White and Art Donaldson met on Monday morning, March 22 to discuss *Freakonomics*, by Steven Levitt & Stephen Dubner.

The group will next meet at Orinda Books on April 26 at 10:15 am to discuss *Endurance, Shackleton's Incredible Voyage* by Alfred Lansing. The May book will be *White Tiger*, by Arvand Adiga.

## Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor  
[trampastopics@gmail.com](mailto:trampastopics@gmail.com)

## State 'SIR Happenings'

Sir Happenings (our State Web Newsletter) is now in its fifth year of publishing. Enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: [www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)



# SIRS 116



## Spring Fling

A Special Luncheon for our Ladies (Replacing Regular May Lunch Meeting)

### The Fabulous Wedgewood Banquet Room at San Ramon Golf Club

9430 Fircrest Lane, San Ramon, CA 94583

### Tuesday, May 18, 2010

11:30 No Host Social Hour

12:30 Sit-down Luncheon Served

(Full Tables of 10 may be reserved by request; List Names on Back)

\*\*\*\*\*

### Only \$30.00 Per Person (inclusive of tax and tip)

Happy Hour Pricing on Well Drinks

Select Wines Available at \$20 per bottle

Raffle for the Ladies \*\*\*\*\* Entertainment

\*\*\*\*

#### Menu:

Tossed Spring Green Salad with Wedgewood Dressing  
Fresh Baked Breads

Entrée – Choice of Chicken Madeira or Baked Salmon  
Fresh Vegetables

Chef's Special Dessert

Detach Here

**Spring Fling – San Ramon Golf Club**  
**Must be received no later than May 5, 2010**

Name: \_\_\_\_\_

Chicken Madeira \_\_\_\_\_ Salmon \_\_\_\_\_

Name: (Spouse) \_\_\_\_\_

Chicken Madeira \_\_\_\_\_ Salmon \_\_\_\_\_

Make Check to: SIR Branch 116

Number x \$30.00 = \$ \_\_\_\_\_

Reserve a Table for 10 \_\_\_\_\_

(Write names on back)

Mail Check to: Jerry Hicks, 74 Amberwood Lane, Walnut Creek, CA 94598  
Ph (925) 945-7465 email: jkhicks@astound.net

# SIR Branch 116 Golf

By Ron Domer, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

The 9-hole group also plays once a week and alternates play between local courses. Foursomes in both groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in our annual golf book, the Trampas Topics and on our web site at <http://www.sir-web.org/116-golf>. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

## Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2<sup>nd</sup> place 2 and 3<sup>rd</sup> place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

### Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.  
Please indicate if you want a cart.

### Want a Free Lunch ?

### Sponsor a New Member !

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and, get another free lunch. No limit on this deal!

### April 18-Hole Schedule

Date	Time	Location	Organizer
Mon 05	9:00	Silverado No.	B.Wroblewski
Mon 12	9:30	Boundary Oak	B.Wroblewski
Tue 20	10:00	Blue Rock East	B.Wroblewski
Mon 26	9:30	Callippe	B.Wroblewski

### April 9-Hole Schedule

Date	Time	Location	Organizer
Wed 07	10:00	Buchanan Fields	Dick Chaffee
Wed 14	10:00	Pine Meadow	D. McClaughy
Wed 21	10:00	Buchanan Fields	Dick Chaffee
Wed 28	10:00	Diablo Hills	Doug Alders



# 18 Hole Results

By David Harris

## Dublin Ranch -- March 29, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
Ron Domer	65	3	Jerry Hunter	64	3	Robbie Robinson	59	3	Chuck Gilliam	63	3
Bill McCord	65	3	David Carlson	65	2	Conrad Robertson	64	2	John Peterson	67	2
Wayne Smith	65	3	Phil Goff	65	2	Max Foust	67	1	Matt Arena	71	1
Al Zavattero	65	3				Bernie Wroblewski	67	1	Bill Hemmelsbach	71	1
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Wayne Smith	78		David Carlson	82		Robbie Robinson	84		John Peterson	92	

Closest to: Hole #7 - Jerry Hunter, Chuck Gilliam -- Hole #13 - Al Zavattero, Conrad Robertson

## Lone Tree -- March 22, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
JJ Johnson	72	3	Jerry Hunter	68	3	Conrad Robertson	69	3	Chuck Gilliam	73	3
Lonny Randall	72	3	Paul Kim	73	2	Dick Chaffee	74	2	John Peterson	74	2
Al Zavattero	72	3	David Carlson	75	1	Robbie Robinson	74	2	Al Serafino	74	2
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
JJ Johnson	84		Jerry Hunter	91		Conrad Robertson	96		John Peterson	102	
			Paul Kim	91							

Closest to: Hole #5 - Tom Eller -- Hole #11 - Paul Kim, Al Serafino

## Delta View -- March 16, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
Dirk Meyer	68	3	Frank Crua	72	3	Max Foust	67	3	Carl Langhorst	76	3
Al Zavattero	69	2	Tom Eller	72	3	Conrad Robertson	71	2	John Peterson	76	3
Bill Clark	71	1	Paul Kim	74	1	Dick Chaffee	74	1	Frank Lockwood	79	1
						Phil Jenkins	74	1			
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Bill Clark	86		Tom Eller	91		Max Foust	94		John Peterson	105	

Closest to: Hole #3 - Ron Domer, Bob Donohue -- Hole #13 - Paul Kim, Conrad Robertson

## Boundary Oak -- March 8, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
Jim Clizbe	73	3	Tom Eller	72	3	Bob Donohue	71	3	Al Serafino	75	3
Neil Schmidt	73	3	David Carlson	73	2	Robbie Robinson	72	2	Art Vogl	75	3
Al Zavattero	73	3	Frank Crua	73	2	Max Foust	76	1	John Peterson	77	1
						Bernie Wroblewski	76	1			
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Steve Cherepy	88		Tom Eller	91		Bob Donohue	96		John Peterson	106	
Neil Schmidt	88										

Closest to: Hole #2 - David Carlson, Phil Jenkins -- Hole #12 - Steve Cherepy, Bob Donohue

## Boundary Oak -- March 1, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
Phillip Marks	72	3	Phil Goff	72	3	Conrad Robertson	76	3	John Peterson	75	3
Steve Cherepy	76	2	Frank Crua	75	2	Bob Donohue	77	2	Al Serafino	76	2
Bill Clark	76	2	Pat Tinguely	76	1	Bernie Wroblewski	79	1	Matt Arena	77	1
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Steve Cherepy	87		Phil Goff			Bob Donohue	102		John Peterson	104	

Closest to: Hole #2 - Carlos Xavier -- Hole #12 - Mel Williams, Max Foust

# 2010 18 Hole Leaders

By David Harris

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Index 0.0 - 16.9		Index 17.0 - 20.9		Index 21.0 - 25.9		Index 26.0 - 36.4	
NAME	POINTS	NAME	POINTS	NAME	POINTS	NAME	POINTS
Zavattero, Al	20	Crua, Frank	13	Robertson, Conrad	15	Peterson, John	15
Marks, Phillip	8	Hunter, Jerry	12	Robinson, Robbie	15	Serafino, Al	15
McCord, Bill	8	Carlson, David	10	Foust, Max	11	Gilliam, Chuck	14
Meyer, Dirk	8	Kim, Paul	8	Donohue, Bob	10	Vogl, Art	10
Randall, Lonny	6	Eller, Tom	7	Wroblewski, Bernie	8	Hemmelsbach, Bill	8
Cherepy, Steve	5	Goff, Phil	7	Daniel, Jed	5	Langhorst, Carl	5
Harris, David	5	Xavier, Carlos	4	Jenkins, Phil	4	Arena, Matt	2
Clizbe, Jim	4	Campbell, Rob	3	Chaffee, Dick	3	Kallas, Pete	2
Smith, Wayne	4	Socolich, Dick	3			Lockwood, Frank	1
Clark, Bill	3	Hutchko, Al	2				
Domer, Ron	3	King, Paul	2				
Johnson, JJ	3	Portillo, Frank	1				
Schmidt, Neil	3	Tinguely, Pat	1				
Williams, Mel	3						
Nichols, Bob	1						

## Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

<http://www.sir-web.org/116-golf>

Please bookmark it in your "Favorites" list of web-sites to access information on the following:

2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.
- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.

## 18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Tuesday, April 20	Blue Rock Springs— East	12-Apr	\$35
Monday, April 26	Callippe Preserve	12-Apr	\$46
Monday, May 17	Lone Tree	14-May	\$35
Monday, May 24	Mare Island	13-May	\$34

Send checks made out to SIR Branch 116, Golf  
to PO Box 3426, Walnut Creek, CA 94598-9991



RETURN TO: Lytton DeSilva  
60 Muth Drive  
Orinda, CA  
94563-2819

**Sons In Retirement: A non profit Organization for Retired Men devoted to  
the Promotion of Independence and Dignity of Retirement**

### **Rules of Attendance and Membership for SIR Branch 116**

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

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### **Non Responsibility Declaration**

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

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### **Checks for Trips**

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.