



Trampas Topics

September, 2010

SIR Branch 116

Next Meeting: 11:30 am,
Monday, September 20, 2010

Elks Lodge—1475 Creekside Dr,
Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

Sayings of 2010 Big Sir Jed Daniel

Please welcome our newest member, Fred Giusti, who was inducted at our August Executive Committee meeting and then introduced to the membership at our luncheon meeting by his sponsor, Tom King. Please encourage Fred to participate in whatever activities are of interest to him.



Congratulations to all the newly elected Branch Officers and Directors for 2011. These members will be installed at our November luncheon meeting. The Nominating Committee composed of Frank Crua, Robby Robinson, Jack Bevis, and Lonnie Randall has done an excellent job of coming up with an outstanding group to lead the Branch in 2011. Branch 116 will be in very good hands.

Congratulations to our newest Super Senior SIR, Mario Beria, and to our two newest Senior SIR, Bob Singleton and Warren Westrup. Our Branch now has two members in the Super Senior SIR club and six members in the Senior SIR club with an additional three members who be joining that club during this year.

A very sincere thank you to the 91% of our members who have made the annual \$30 voluntary contribution. The 24 members who have not yet made that contribution may mail their checks to our Treasurer, Chuck Gilliam. Thank you in advance for your cooperation.

I attended the annual State SIR meeting at the Vallejo Elks Club on August 2nd where I had the chance to interact with other Big SIR as well as Area Governors, Regional Directors, and the State Officers. The State SIR organization is in excellent financial shape but the total State SIR membership at mid-year was 19,453 which is 180 lower than it was at the start of the year. Our Branch's membership is now 252 which is 7 lower than it was at the start of the year. The key to a successful Branch is continued new member recruitment and having a good variety of activities in which all members have an opportunity to participate.

It is not too early to make sure to set aside the date of December 15th for our annual Christmas dinner/dance. Jerry Hicks and his committee will put out some detailed information on this event in the near future.

If you are traveling on the Labor Day weekend, please drive carefully.

Jed Daniel- Big SIR



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PLEASE CALL 806-8874 by the Thursday prior to the meeting to cancel your standing reservation or to bring a guest.

2009 SIR 116 Officers & Directors



Big SIR
Jed Daniel
551-7734



Little SIR
Ron Armijo
945-0637



Secretary
Conrad Robertson
376-6355



Assist. Secretary
Joel White
964-0994



Treasurer
Chuck Gilliam
682-3782



Assist. Treasurer
Bob Shader
939-8421

DIRECTORS



Phil Goff
831-3692



Bob Wolf
935-5439



Frank Crua
932-0975



Ben Smith
820-5403



Bill McCord
376-5280



Bob Donohue
837-6913

2010 SIR 116 Committee Chairmen

Activities Coordinator	Dick Socolich	376-3090	Membership Roster	Dick Thompson	785-7600
Attendance	Jim Nachtweih	838-7417	Music Man	Robbie Robinson	798-7276
Audit	Dick Thomson	785-7600	Newsletter Editor	Neil Schmidt	939-5342
Book Club	Chuck Gilliam	682-3782	Asst. Editor (Interim)	Phil Goff	831-3692
Bridge	Rich Black	283-8376	Nominating	Frank Crua	932-0975
Candy Sales	Milt Greenstein	376-5589	Photographers	Ken Miller	256-9343
Chaplain	Dirk Meyer	820-6878	Poker Group #1	John Peterson	946-0335
Christmas Party	Rotating	#1 See Below	Poker Group #2	Bill Harrington	935-1625
Computer & Tech..	Jerry Hicks	945-7465	Spring Party	Al Reynolds	254-1576
Computer Support	Phil Goff	831-3692	Storytellers	Jerry Hicks	945-7465
Dine-O-Sirs	Dick Thomson	785-7600	Sums In Retirement	Rotating	#2 See Below
Duplicate Bridge	Ben Smith	820-5403	Sunshine	Ben Smith	820-5403
Fishing	Bob Daily	837-7080	Travel	Matt Arena	946-0404
Guitar	Harry Sherinain	846-7067	Volunteers	Tom Eller	939-5897
Golf	Paul King	938-3035	Webmaster	Bob Kinser	837-8886
Greeters	Ron Domer	838-8320	Welcoming	Floyd Skelton	838-2515
E-mail Contact	Carlos Xavier	947-6756	Wine Appreciation	Dick Socolich	376-3090
Hiking and Walking	Pat Bermingham	930-9477		Al Reynolds	254-1576
Historian	Conrad Robertson	376-6355			
Host	Joel White	964-0994			
Interviewer	Matt Arena	946-0404			
Membership	Frank Crua	932-0975			
	Max Foust	827-9323			
	Lytton DeSilva	254-5289			

#1. Matt Arena, Doug Aalders, Ron Domer, Marty Ratterree, Lou Sandor

#2. Ron Domer, Art Donaldson, Milt Greenstein, Marty Ratterree

2010 SIR Area 2 (Inter-branch) Committee Chairmen

Bowling	Lloyd West (Br.19)	228-9037	Rubber Bridge	Fred Bolton (Br.146)	932-1580
Computer &Tech	Co-Derek Southern (Br.8)	253-1646	Table Pool	Bill Weinberg (Br.146)	682-0962
Fishing	Karl Droese (Br.171)	376-0468	Travel	Bob Spellman (A.2)	934-8428
Golf	Jim Willey (Br.19)	689-3199	Speakers Bureau	John Roebuck (Br.19)	685-8764
Publicity	Walt Schick (Br.8)	934-0656	Sums Retirement	Allen Espenmiller (A.2)	376-3977

SIR Branch 116 Activity Calendar

September 2010

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
			1 9-Hole Golf (10:00@ Buchanan Fields)	2	3	4
5	6 Labor Day Holiday	7 Duplicate Bridge (9:30@ P.Hill Bridge Ctr)	8 9-Hole Golf (10:00@ Pine Meadow) 18-Hole Golf (9:30@ Boundary Oak)	9	10	11
12	13 18-Hole Golf (9:30@ Boundary Oak)	14 Luncheon Bridge (11:30@ Round Hill CC)	15 9-Hole Golf (10:00@ Buchanan Fields)	16 Computer & Tech (9:00@ Elks Club)	17	18
19	20 SIR Br 116 Mtg. (11:30@ Elks Club)	21 18-Hole Golf (9:15@ Lone Tree)	22 \$ums in Retirement (8:00@ Diablo Creek GC) 9-Hole Golf (10:00@ Diablo Hills)	23 Fishing (8:30@ Legend Sports Bar) Wine Appreciation (Call Al Reynolds)	24 Hiking & Walking (8:15@ Laf. Christian Church)	25
26	27 18-Hole Golf (9:30@ Lake Chabot) Pre-Book Grp. Walk (8:15@ Laf. Reservoir) Book Group Mtg. (10:15@ Orinda Books)	28 Luncheon Bridge (11:30@ Diablo CC)	29 9-Hole Golf (10:00@ Pine Meadows)	30		

Membership

Lytton DeSilva



SIR 116 Membership Status

Total Current Members — 250
 Last Month's Inductees — 0
 Those in Interview Stage — 3
 Total in Process — 5
 On Inactive Status — 45
 Left the Branch — 0
 Waiting to be Installed — 0



Br. 116 Treasurer's Report

Chuck Gilliam, Treasurer

	August 2010	2010 YTD
Contributions	\$ 6,455.00	\$ 41,553.07
Disbursements	\$ (6,716.74)	\$40,375.52
Net (gain/(loss))	\$ (261.74)	\$ 81,928.59
August Cash Balance		\$ 8,829.43

September Birthdays

When you see these members, wish them a Happy Birthday!

Black, Richard W.	Miller, Terry L.
Campbell, Robert A.	Nachtweih, James
Carpenter, Michael S.	Schnieder, Will
Corker, Michael T.	Tittle, David S.
DeGraf, Donnell	Verdoia, Joseph P.
Groeper, Alvin H.	Walker, Edwin
Kay, Norm	Williams, Melvin D.
Leschot, Allen	Xavier, Carlos E.

September Luncheon Menu

Spaghetti & Meatballs
 Vegetable Medley, Caesar Salad
 Garlic French Bread
 Ice Cream w/Berry Sauce
 Coffee/Ice Tea



Lunch Attendance

Jim Nachtweih

Attendance at the August 16, 2010, meeting:

Total: 187
 Members: 178
 Visitors: 1
 Speakers: 2
 Guests: 6
 Excused: 48
 Un-Excused: 25

The un-excused members will be asked to pay for their missed lunch.

Elected 2011 Officers

SIR Branch 116 elected the following officers for 2011 at the August meeting:

Big Sir - Ron Armijo
 Little Sir - Neil Schmidt
 Secretary - Richard Chaffee
 Asst. Secretary - Joel White
 Treasurer - John Peterson
 Asst. Treasurer - Bob Shader
 Directors: Jed Daniel
 Bob Donahue
 Phil Goff
 Bob Wolf
 Alex Lutkus
 Bernie Wroblewski

Franck Crua, Nominee Chairman

State 'SIR Happenings'

August Edition of SIR Happenings is now available.

Enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website:

www.sirinc.org/sirhappenings



Sunshine Report

Matt Arena

Otto Rinkert has been at Kaiser Hospital for almost a month. His wife Sally tells me that he is being moved to StoneBrook in Concord. Otto has had multiple issues and among these was pneumonia. Hopefully the rehab at Stone Brook will ready him for a return home.

Larry Johnson plans to be with us at the September luncheon. He is doing his bike climbs up Mt Diablo and this is for fun not therapy.

Jack Jacobs will be another returnee at the September luncheon. It is so good to see our members fit and looking forward to joining us.

David Heck spent a couple of days in the hospital for a "racing" heart. He returned home and is working with his cardiologist to get his heart on a constant rhythm. David will join us at lunch in September.

Miracles of miracles who should surprise us at the August luncheon but none other than Past Big **Sir Art Miller**. Art was in his power chair and joined us at the head table. So many of you have mentioned how please you were to see Art again. Let us hope that Art will join us each month.

Past Big **Sir Floyd Skelton** has had several buddies from the Branch visit him and he has enjoyed their company. He has a complete daily routine worked out so he sees his favorite sports teams and keeps up to the minute on news and politics. His card playing skills stay sharp via computer competition. Even with this busy schedule he takes his regular siesta.

Jack Dodgson has a caregiver which helps him through the day .He is experiencing weakness and his voice is not as strong as it was ,however, he is in good spirits.

Will Cabral is now in the Willows Nursing Home since Rae needed care for him. He has enjoyed visits from his good friend Frank Bird. Will played golf with us even when he was having health

problems. Sometimes you can't give up the love of the game.

Bill Stoll was seen at the Buchanan Golf Course several weeks ago. After calling him he said that his vision is bad and he can't see the golf balls. I told him there are a few more golfers in our group having the same problem and not to worry.

Lowell Dygert is dealing with memory issues and is being cared for at home by his lovely wife Helen.

Bob Johnston's wife Doris tells me that Bob is improving .He has had some setbacks but he enjoys visits from his pal Lloyd Plank.

Harry Honestein has help in the home now so he can care for Virginia. He is still dealing with his last shoulder surgery and would love to get back some of old energy. We miss Harry as we do all of our members who courageously deal with their ailments.

With the passing of an unusually cool summer as we have experienced in a long time September is upon us. Here's hoping you and your family have had a good summer. Stay healthy and follow the doctor's orders.

In Memoriam

Robert B. Bentley

July 26, 1923-July 30, 2010



Wine Appreciation Group

Al Reynolds

The July Wine Tasting activity was hosted by Dick and Gail Breitweiser. On a beautiful afternoon, outside on the Breitweiser's deck, Dick presented an informative comparison of wines from South America and California--a very enjoyable afternoon. The next event will be held on September 30. For information on participation in the Wine Appreciation Group, call Al Reynolds - 254-1576.



\$ums Investment Group

Allen Espenmiller

The Area 2 \$ums Investment Group will meet on Wednesday September 22nd at 8:00 AM at the Diablo Creek golf course on Port Chicago highway in Concord. Our speakers will be Jonathan Chaet and Sandino Napolois representing Advanced Equities, Inc. AEI is part of the Advanced Equities Financial Corporation (AEFC) and is one of the industry's most progressive financial services firms. Focusing on retail, institutional securities and venture capital investment banking business. Jonathan and Sandino will present "Access to Opportunity", who wants to be with the next Goggle? How the individual investor can take part in pre-IPO selections. AEI's web site is www.advancedequities.com for you to review prior to the meeting.

The restaurant at the course opens at 7:00 AM for those who would like to enjoy breakfast with your colleagues.

Allen Espenmiller (Br-174) – George Schulze – Leary Wong Co-Chairmen Area 2 \$ums Investment Group 925-376-3977



"SIRS Study the Form of Their Playing Partner on the 15th Tee at Vintner's."
(r. to l.: Art Vogl, Dave Carlson, and Partner.)



"Dine-O-Sirs" Dinner Group

Ben Smith

The Dine-O-Sir group had a fabulous dinner and social evening at the Crow Canyon Country Club in Danville on Thursday, August 19, 2010. A Dine-O-Sir record 93 people attended this event and everyone seemed to have a nice time. One of the highlights of the evening was a champagne toast, while eating the Banana Foster desert, to Dick and Sally Socolich who were celebrating their 46th wedding anniversary.

The next Dine-O-Sir event will be in October and is still in the planning stage.

18 Holes

Here's a slice of golf history you might enjoy.

Why do full-length golf courses have 18 holes, and not 20, 10 or an even dozen?

During a discussion among the membership board at St. Andrews Golf Club in 1858, one of the members pointed out that it takes exactly 18 holes to polish off a fifth of Scotch.

By limiting himself to only one shot of Scotch per hole, the Scot figured a round of golf was finished when the Scotch ran out....

Hiking & Walking

Joel White



There will be no walk on Friday September 10.

Rich Black will lead the walk on Friday September 24 at 8:15 am. Meet at the parking lot of Lafayette Christian church, corner of Glenside Road and St. Mary's road (584 Glenside Drive.) RSVP to Rich 283-8376 (argnblck@comcast.net).

The Monday September 27th walk at Lafayette Reservoir will be led by Joel White 964-0994 (zpz2mrz@yahoo.com). Please RSVP to Joel for this walk.



SIR Fishing Group

Harry Sherinain

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, September 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am.

A rough ocean and high winds inland had all but stopped our fishing in late June and early July all the way to mid August. This is certainly the worst year for wind and blown out fishing any of us old guys can recall. Nonetheless, we persevered! On a rare good day, 10 of us boldly set out on a party boat from Half Moon Bay, and caught early limits of very taste rock cod. On board were: Paul Dubow, Stan Matsumoto, Mario Mauritorio, Joe Miscione (organizer,) Al Brunner's grandson, and Al, Joe Karg, Carl Moyer and his daughter Leah, and Roger Borgerson. Fishing at lovely Lake Tahoe, Al Brunner, Paul Dubow, Karl Droese, Howard Berkman, Pete Gates and Bob Olson caught 9 good sized Mackinaw Trout. Kent Cremolini returned to San Diego to board a 5 day cruise to Mexican waters for lots of albacore tuna, a few blue fin tuna, and even more yellowtail. This was Kent's second trip in 2 months. Joe Karg fished with his son at Bucks Lake catching 5 trout, but the bears ate 2 in the night. Pete Gates and Steve Lofton came home from Alaska with a fine cooler full of salmon. Carl Moyer caught a 23 pound salmon right outside the Golden Gate on a party boat with Joe Karg and his son Jason. Carl Moyer and Terry Miller tried to catch some catfish from Shadow Cliff's reservoir, but only caught 4 nice trout. Harry Sherinian fished with Carl Moyer from Pacifica twice for 2 limits of rock fish each day.. Four hardy SIRs spent 3 days at New Melones in search of the elusive Kokanee Salmon. Al Brunner, George Schulze, Harold Knudsen, and Mario Mauritorio did manage to catch a few from small to respectable. And Mike Corker took a ride to the Faralons from Emeryville on the New Huck

Fin and not only caught some big rockfish, but also a halibut.

Its not all fishing for the members of our club. On a Sunday in August a large group of us gathered at Bob and Daphne Olson's home for our annual Summer Bar-B-Que. Our hosts were very gracious with there lovely home and all who attended ate their weight in ribs and all the fix'ens. This is an annual event and looked forward to by many of our members.

We will be very busy this fall, if the wind ever dies down, with: delta fishing for bass, crappie, bluegill, catfish, and sturgeon, trout fishing in mountain lakes and rivers, and party boat trips for salmon, sturgeon, halibut, and stripers. These outings will include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure come join us.

Our next meeting will be Thursday, September 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Karl Droese, Big Fish, (925-376-0468); Harry Sherinian (Branch 116 Coordinator) (925-846-7067) or Dick Thomson, Treasurer/Secretary, (925-944-1760.)



"... And the fish was this big!"

(Carl Moyer With 24 lb. Salmon)



Bridge

Milt Greenstein

Duplicate Bridge

On August 3rd, 16 men gathered for the duplicate bridge game at the Pleasant Hill Bridge Center. The winning team today was Dick Chaffee / Marv Ellenberg with a score of 51 out of a possible 84 (60.71 %), and getting 0.64 black master points. In second place was the team of Bob Wolf / Mocha el Corker with 47.0 points. Third place at 45.0 points were three teams: Marv DeHues / Conrad Robertson, Bob Daily / Bob Kahl and Art Donaldson / Tony Pimintel. If anyone is interested in joining the duplicate group, contact Bob Daily.

Luncheon Bridge

On August 10th, 22 men had lunch and played bridge at the Round Hill C.C. In a very low scoring day , Bob Wolf came in first with 5,130 points, followed by Dimitris Argyriou (4,190), Tony Rohrs and Rick Engelbretson (tied at 3,910), and Oscar Krikortian (3,810). To compound the low scoring today, no slams were made today.

On August 24th, 28 men came together at Diablo C.C. for lunch and bridge. Our big winner today was Bud Grisanti with 6,820 points followed by Charlie Schmidt with 6,190. Warren Westrop took third place with 5,480, and Jack Butler was fourth with 5,380. Fifth place went to Ben Yeraka with 5,220, and Bill Sullivan and Ali Aghaiepour tied for sixth place at 4,340.

We had three small slams today, (about our average for a day) - Bob Wolf / Ron Wohlberg, Ben Yeraka / Milt Greenstein and Warren Westrup / Charlie Schmidt.

Ladies Day Event

Our SIR Branch 116 Ladies Day Event is coming up soon. On October 19th, our semi-annual event will take place at Diablo C.C. starting at 11:15 am for lunch, followed by bridge until approximately 3:30 pm. This is an excellent way to spend an enjoyable afternoon and get "brownie points " FROM YOUR SIGNIFICANT OTHER ! Not to mention a delicious lunch. Cost for this event is \$ 41 per couple for lunch plus \$ 5 for prize money.



Br. 116 Book Club

Rich Black

"Never Have So Many Owed So Much to So Few"

Churchell's words resonate throughout Michael Korda's book on the Battle of Britain, With Wings Like Eagles. Air Chief Marshall Sir Hugh Dowding was the architect of victory of this decisive battle, not just in how and when the combatants would engage, but in preparing the weapons and information systems used in the battle. This preparation included the planes themselves as well as radar and the centralized information system set up to defend Britain against incoming German bombers. These activities all occur within the context of the government and the politics of the time. Al Reynolds, Rich Black, Joel White, Monte Hall, Jim Scott, Jack Butler, and Lytton DeSilva engaged in a lively discussion of the book on Monday August 23, 2010. They awarded the book 4.5 stars out of a possible 5.

The group will next meet on Monday, September 27 to read Indian Summer by Alex Von Tunzelman at Orinda Books at 10:15 AM.



Terry Miller at Shadow Cliff Lake

Luncheon Speaker

By Little Sir Ron Armijo



SIR BOB MILANO and CAL BASEBALL

On January, 2010 former University of California baseball head coach Bob Milano ('78 - '99) was inducted into the American Baseball Coaches Association Hall of Fame. The winningest coach in Cal history, surpassing Clint Evans' ('30 - '54) record of 547 wins that held for 40 years, coach Milano went on to finish his career with 688 career victories. In addition to this achievement, he was involved with the Cal baseball program for 28 years 22 of which were as head coach. During this time as head coach he had three College World Series appearances and a gold medal as an assistant coach for the USA National Team at the 1988 Seoul Olympics. In 1997 he was the head coach of the United States National Team. Coach Milano was the recipient of many more achievement awards too numerous to include here.

This month SIR Milano will be speaking about his 28 years at Cal dealing with the college environment and how it affects the student/athlete and in particular baseball players and the game itself.

SIR Website Addresses

SIR 116 Web Site

<http://www.sir-web.org/116-web/>

Branch 116 Golf

<http://www.sir-web.org/116-golf/>

Trampas Topics

<http://www.sir-web.org/trampas/>

Computer and Technology

<http://www.sir-web.org/computer/>

SIR Happenings State Newsletter

www.sirinc.org/sirhappenings

State SIR Web Site

<http://www.sirinc.org/>

Computer & Technology

Derek Southern & Phil Goff



Area 2 Computer and Technology Group invite you to their next meeting on Thursday, September 16th at 9am

Sir Dean Steichen will give a presentation with the title "What's the problem bunky???"

... Is your computer running poorly? Don't know what's wrong? Has it got the "Blue Screen of Death"? Is it broken beyond repair? WELL what are you going to do about it?

Come to the September A2CAT meeting and find out what you can do to identify the problem and probably fix it yourself! Dean will describe a troubleshooting process and identify several free tools you should keep handy for those times when your computer acts up.

Time permitting, there may be also be a Show & Tell featuring any gadgets attendees bring, and possibly a Q&A session with The Gurus of A2CAT where the advice is always 'priceless'.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies (donations are not requested every meeting, this may be your lucky month!). All SIR members and their guests (spouses included!) are welcome to attend.

Want a Free Lunch ? Sponsor a New Member !

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and, get another free lunch. No limit on this deal!

SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated:



Oct. 8-14— Patriot's Pilgrimage

A 7 day tour featuring New York City, Philadelphia, Gettysburg, and Washington DC. Fly from Sacramento to NY and see all the famous sites in the "Big Apple." Then to Philadelphia and visit the many historical places in the "City of Brotherly Love," including Gettysburg and the Amish country. Next, on to the nation's capital and tour the numerous historical sites, including a performance at Ford's Theatre and finally, visit Mount Vernon before the flight home

Oct. 8-23 — The Scotts and the Irish

Take a 16 day tour of Scotland and Ireland. A professional tour director will guide the tour to such places as: Glasgow, Aviemore, Edinburgh, in Scotland and Belfast, Killarney, Dublin, in Ireland and more.

Oct. 19-Nov. 6 — Pure New Zealand

New Zealand is a thrilling microcosm of the natural world ...a land where wild rivers and glaciers flow through rain forests to the sea, pristine lakes and pastoral forests hug volcanic slopes, and snow-capped peaks pierce the sky. Along the way, you will experience the Kiwi spirit of adventure that springs from this mighty landscape.

Additional SIR Travel Opportunities

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options.

Oct 26-27— Glen Campbell

Golden Gate Tours is proud to present the legendary Glen Campbell as our exclusive show at the Grand Sierra Showroom in Reno, Nevada.

Nov. 8-13 or 9-14 — Johnny Mathis LIVE!

Experience the magic of the season with JOHNNY MATHUS Live! and the Branson Area Festival of Lights 2010 as all of Branson is aglow for the holidays. Two dates to choose from.

Nov. 10-15 — Branson Holiday

Start with the Truman Library in Independence, Mo. Then see the Johnny Mathis Show, The Omonds, Twelve Irish Tenors, Yakov Smirnoff, Andy Williams, Shoji Tabuchi, and the Festival of Lights, plus much more.

Nov. 30-Dec. 11—Dubai to Mumbai Cruise

9-day cruise aboard the Silver Wind with stops at Dubai, Fujairah (UAE), Bandar Abbas, Khasab (Iran), Muscat (Oman), Porbandar (Oman) and Mumbai.

Dec. 30-Jan. 3 — New Year's at the Empress Hotel in Victoria BC

Unpack only once! Enjoy the elegance of New Year's at the beautiful, ivy-covered, Empress Hotel. Experience High Tea, guided tour of Victoria, and train ride to Chemainus, with its exquisite murals and the beautiful grounds, and holiday lights at Butchard Gardens. Highlighting your visit will be an elegant New Year's Eve party!

Jan. 28-Feb 7, 2011— Caribbean Cruise

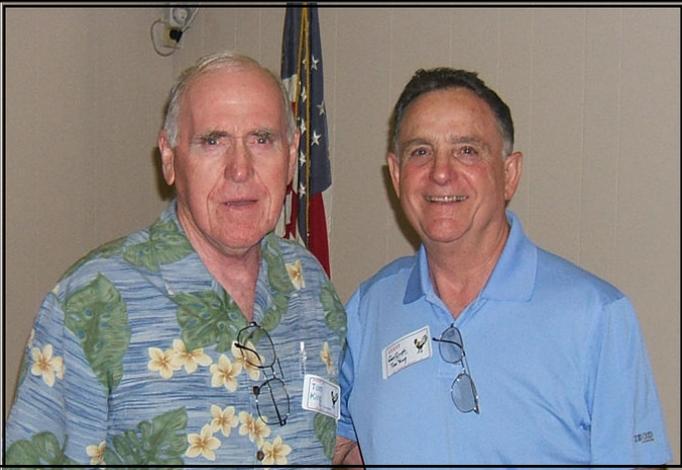
9-night cruise from Bridgetown to Ft. Lauderdale with stops at Bequia (Barbados), Roseau (Grenadines), Basseterre (Dominica), Gustavia (St Kitts) and Grand Turk (St. Martin).

2011—Alaska's Inside Passage

10-night cruise onboard the Sea Princess. Three dates to choose from:

- **May 10-20 or Sept. 7-17:** Juneau, Skagway, Glacier Bay NP, Ketchikan, Victoria BC
- **Aug. 28-Sept. 7:** Ketchikan, Juneau, Skagway, Tracy Arm Fjord, Victoria BC.

New Branch 116 Member



Sponsor Tom King with New Member Fred Guisti

SIR Awards



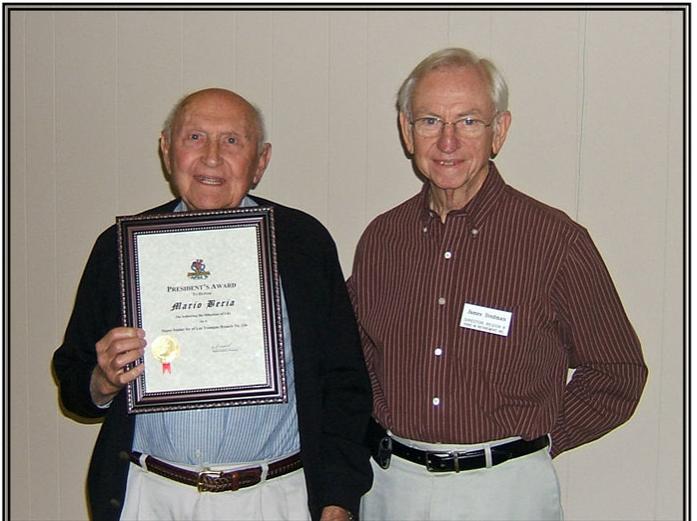
Warren Westrup & Robert Singleton Presented with **Senior SIR** President's Award by James Stedman

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com



Mario Beria Presented with **Super Senior SIR** President's Award by James Stedman

Leather

Do you know that...

When a woman wears a leather dress, A man's heart beats quicker,

His throat gets dry and he goes weak in the knees. And he begins to think irrationally..

Ever wonder why?

It's because she smells like a a new golf bag

Are There Any Bowlers Out There?

If you are interested in bowling, Contact Ron Gagliardi (a branch 116 member) at ron-gag@att.net He has all the info.



Co-Speakers Jon Elfin & Ed Rusnak from Sage-mark Consulting Talking about Roth IRA Conversions at August Luncheon

Poker Group #2

Al Reynolds



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members is the primary purpose.



If you would like to join, call Al Reynolds at 254-1576 or send an email to reynolds4596@sbcglobal.net.

“Alive” Magazine Article on SIRs

Harry Hubinger has written a four part series for "Alive", an East Bay publication. The following is an extract of the first of this four part series.

—

California Sons in Retirement (SIRs)

July 12, 2010 by Harry Hubinger

Rob, our recently-retired fictional hero, is discovering the downsides of not devoting a full day, every day, to his boss and his long-time employer.

Our hero Rob was bored. Sure he loved his wife, but with the exception of their kids and their house, they had begun to lead somewhat separate lives. There had to be some answer to this, and it came in a most unexpected way.

One early Tuesday morning he tossed his golf clubs in the car and headed for the local course. He had breakfasted by himself because his wife and three of her friends were off on an “adventure” in San Francisco, and he was left alone. The yard projects looked too painful to work on for the third day in a row; and besides, he was bored – so off to the course he went.

His heart sank a bit when he saw the parking lot loaded with cars – and well it should have. The pro behind the desk listed the first opening a full two hours away from his arrival time. With nothing else to do he left his name on the list and headed for the putting green to while away the time.

Frankly, it was pretty full as well.

Rob’s curiosity peaked, and he asked the pro what was going on...

Part 1 is at:

<http://aliveeastbay.com/archives/california-sons-in-retirement-sirs/>



SIR Branch 116 Golf

By Ron Domer, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

The 9-hole group also plays once a week and alternates play between local courses. Foursomes in both groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in our annual golf book, the Trampas Topics and on our web site at <http://www.sir-web.org/116-golf>. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

Notice To 18 Hole Golfers

On Monday, October 4th, the 18 Hole Group will not be playing at Boundary Oaks as originally planned, but will instead be playing at Mare Island GC. The October 4th golfing date will therefore become a "pay in advance" event.

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.
Please indicate if you want a cart.

September 18-Hole Schedule

Date	Time	Location	Organizer
Wed 08	9:30	Boundary Oak	Bill Clark
Mon 13	9:30	Boundary Oak	Bill Clark
Tue 21	9:15 s/g	Lone Tree	Bill Clark
Mon 27	9:30	Lake Chabot	Bill Clark

September 9-Hole Schedule

Date	Time	Location	Organizer
Wed 01	10:00	Buchanan Fields	Dick Chaffee
Wed 08	10:00	Pine Meadow	D. McLaughry
Wed 15	10:00	Buchanan Fields	Dick Chaffee
Wed 22	10:00	Diablo Hills	Doug Alders
Wed 29	10:00	Pine Meadow	D. McLaughry



18 Hole Results

By David Harris

Callippe Preserve -- Monday August 30, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
Al Zavattero	67	3	Pat Tinguely	71	3	Wayne Cook	74	3	Al Serafino	72	3
Bill Clark	71	2	David Carlson	76	2	Bernie Wroblewski	75	2	Matt Arena	74	2
Bill McCord	72	1	Paul Kim	78	1	Bob Donohue	76	1	John Peterson	76	1
						Conrad Robertson	76	1			
Low Gross			Low Gross			Low Gross			Low Gross		
Al Zavattero	85		Pat Tinguely	89		Bernie Wroblewski	101		Al Serafino	103	

Closest to: Hole #6 - Bill McCord, Wayne Cook -- Hole #16 - Al Hutchko, John Peterson

Mare Island -- Monday August 23, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
David Harris	69	3	Tom Eller	74	3	Max Foust	77	3	Al Serafino	67	3
Jimmy Johnson	70	2	John Story	76	2	Conrad Robertson	77	3	Chuck Gilliam	73	2
Bill Clark	71	1	Pat Tinguely	77	1	Bernie Wroblewski	79	1	Matt Arena	73	2
Low Gross			Low Gross			Low Gross			Low Gross		
Jimmy Johnson	82		Tom Eller	94		Max Foust	102		Al Serafino	97	

Closest to: Hole #3 - David Harris, Al Serafino -- Hole #17 - Mel Williams, John Peterson

Vintner's -- Tuesday August 17, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
Bill McCord	62	3	Frank Crua	69	3	Dick Chaffee	60	3	Bill Hemmelsbac	61	3
David Harris	65	2	David Carlson	70	2	Bernie Wroblewski	63	2	Ron Gagliardi	66	2
Neil Schmidt	66	1	Dick Socolich	70	2	Conrad Robertson	65	1	John Peterson	68	1
Low Gross			Low Gross			Low Gross			Low Gross		
Bill McCord	76		David Carlson	88		Dick Chaffee	85		Bill Hemmelsbac	93	
			Frank Crua	88							
			Dick Socolich	88							

Closest to: Hole #2 - Bill McCord, Bob Vetro -- Hole #17 - Pat Tinguely, Art Vogl

Boundary Oak -- Monday August 9, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
Al Zavattero	72	3	David Carlson	70	3	Max Foust	69	3	Chuck Gilliam	76	3
David Harris	74	2	Carlos Xavier	73	2	Robbie Robinson	72	2	John Peterson	77	2
Bill McCord	76	1	Jerry Hunter	74	1	Jed Daniel	73	1	Al Serafino	78	1
Mel Williams	76	1									
Low Gross			Low Gross			Low Gross			Low Gross		
Al Zavattero	90		David Carlson			Max Foust	94		John Peterson	107	

Closest to: Hole #2 - Neil Schmidt -- Hole #12 - Phillip Marks, Robbie Robinson

Boundary Oak -- Monday August 2, 2010

Flight 1			Flight 2			Flight 3			Flight 4		
David Harris	67	3	John Story	63	3	Conrad Robertson	69	3	Al Serafino	65	3
Lonny Randall	70	2	Pat Bermingham	70	2	Bob Testa	71	2	Matt Arena	70	2
Steve Cherepy	71	1	Al Hutchko	70	2	Max Foust	76	1	Carl Langhorst	75	1
			Paul Kim	70	2	Bernie Wroblewski	76	1			
Low Gross			Low Gross			Low Gross			Low Gross		
Steve Cherepy	83		John Story	86		Conrad Robertson	97		Al Serafino	95	
						Bob Testa	97				

Closest to: Hole #2 - Phillip Marks -- Hole #12 - Paul Kim, Conrad Robertson

2010 18 Hole Leaders

By David Harris

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Index 0.0 - 16.9		Index 17.0 - 20.9		Index 21.0 - 25.9		Index 26.0 - 36.4	
NAME	POINTS	NAME	POINTS	NAME	POINTS	NAME	POINTS
Zavattero, Al	39	Carlson, David	35	Robertson, Conrad	44	Gilliam, Chuck	48
Harris, David	24	Crua, Frank	25	Foust, Max	38	Serafino, Al	40
McCord, Bill	24	Hunter, Jerry	25	Robinson, Robbie	28	Peterson, John	31
Johnson, Jim	22	Story, John	24	Wroblewski, Bernie	28	Hemmelsbach, Bill	28
Schmidt, Neil	17	Kim, Paul	18	Chaffee, Dick	18	Vogl, Art	15
Williams, Mel	16	Hutchko, Al	15	Donohue, Bob	15	Arena, Matt	14
Clizbe, Jim	13	Tinguely, Pat	15	Daniel, Jed	10	Langhorst, Carl	12
Meyer, Dirk	13	Eller, Tom	13	Jenkins, Phil	9	Kallas, Pete	5
Clark, Bill	10	Goff, Phil	10	Testa, Bob	5	Lockwood, Frank	3
Randall, Lonny	10	Socolich, Dick	9	Cook, Wayne	3	Brown, Doug	2
Cherepy, Steve	7	Xavier, Carlos	6	Conlon, Bob	1	Gagliardi, Ron	2
Domer, Ron	5	Campbell, Rob	3	Lutkus, Alex	1		
Smith, Wayne	4	Birmingham, Pat	2				
Nichols, Bob	1	Kawecki, Walt	2				
		King, Paul	2				
		McClaghry, Darrell	1				
		Portillo, Frank	1				

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

<http://www.sir-web.org/116-golf>

Please bookmark it in your "Favorites" list of web-sites to access information on the following:

2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.
- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.

18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Tuesday, Sept. 21	Lone Tree	13-Sep	\$35
Monday, Sept. 27	Lake Chabot	17-Sep	\$30
Monday, Oct. 04	Mare Island	23-Sep	\$34
Tuesday, Oct. 19	Eagle Vines	08-Sep	\$49
Monday, Oct. 25	Willow Park	15-Oct	\$38

Send checks made out to SIR Branch 116, Golf
to PO Box 3426, Walnut Creek, CA 94598-9991



RETURN TO: Lytton DeSilva
60 Muth Drive
Orinda, CA
94563-2819

**Sons In Retirement: A non profit Organization for Retired Men devoted to
the Promotion of Independence and Dignity of Retirement**

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.