

Trampas Topics

March, 2011

SIR Branch 116

Next Meeting: 11:30 am, Monday, March 21, 2011 Elks Lodge—1475 Creekside Dr, Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

Sayings of 2011 Big Sir Ron Armijo

Thanks to Phil Goff for his presentation on our Branch 116 Website



(http://sir-web.org/116-web) Phil has done an excellent job and devoted numerous hours of his time in revitalizing our website to show who we are and what we do. I encourage all of you to sign on and see for yourself how user friendly the website is and what is available. Also, when you approach a prospective new member make sure you refer him to the site.

Speaking of new members, someone gave me a suggestion on where we can meet new prospects. Many of you belong to company retiree groups that meet periodically during the year. This is a terrific breeding ground for new members. As you meet these new retirees mention SIR and invite them to one of our lunches or just pass on our website and then follow up shortly after with an invitation. You may be pleasantly surprised at the response. We are now at 16% of meeting our goal of 10% growth this year so let's keep the momentum going.

One of the featured activities at our monthly luncheon is to have a speaker talk on a subject of interest to our membership. It is time off from their daily activities to spend with us so they deserve our respect and attention. There are times when you may have a scheduling conflict and you must leave before the meeting ends, which may be during the speaker's presentation. As a courtesy to our speaker I would like to ask that if you must leave early for whatever reason please do so before the speaker is introduced; otherwise, please stay until the speaker finishes his talk. Thank you.

Our February lunch went fairly well until the caterer ran out of carrots and pot roast for 10 – 15 members. The caterer was surprised and humbled after planning for 201 plus lunches and still running out. While an attempt was made to provide a substitute entree it was too little too late. Our lunch facilitator met with the caterer after the lunch and expressed disappointment and suggested better planning. This will be monitored so it doesn't repeat in the future.

Welcome to our newly inducted SIR's; Ivan Hendrick, Jon Rasmussen and Owen Thomeson



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PLEASE CALL 806-8874 by the Thursday prior to the meeting to cancel your standing reservation or to bring a guest.

Ron armijo- Big SIR

2011 SIR 116 Officers & Directors



Big SIR Ron Armijo 945-0637



Little SIR Neil Schmidt 939-5342



SecretaryDick Chaffee
932-5087



Assist. SecretaryJoel White
964-0994



TreasurerJohn Peterson
946-0335



Asst. Treasurer Bob Shader 939-8421



Jed Daniel 551-7734



Bob Donohue 837-6913

Dan Green

Matt Arena

Frank Crua



Phil Goff 831-3692



Alex Lutkus 827-2828



Bernie Wroblewski 820-3274



Bob Wolf 935-5439

2011 SIR 116 Committee Chairmen

Activities Coordinator Attendance	Jim Nachtweih	938-1037 838-7417	Interviewer Membership	Max Foust Andy Benz	827-9323 937-5706
Audit	Dick Thomson	785-7600	Membership Roster	Dick Thomson	785-7600
Book Club	Rich Black	283-8376	Music Man	Robbie Robinson	798-4276
			Newsletter Editor	Neil Schmidt	939-5342
Bowling	Ron Gagliardi	682-4012	Newsletter Edtr. Asst.	Phil Goff	831-3692
Bridge	Milt Greenstein	376-5589	Nominating	Jed Daniel	551-7734
Candy Sales	Dirk Meyer	820-6878	Photographers	John Peterson	946-0335
Chaplain	Rotating	#1 See Below	0 1	Ken Miller	256-9343
Christmas Party	Jerry Hicks	945-7465	Poker Group #1	Bill Harrington	935-1625
Computer & Tech	Phil Goff	831-3692	Poker Group #2	Al Reynolds	254-1576
Computer Support	Dick Thomson	785-7600	Spring Party	Jerry Hicks	945-7465
Dine-O-Sirs	Ben Smith	820-5403	Storytellers	Rotating	#2 See Below
Duplicate Bridge	Mike Corker	872-7525	Sums In Retirement	Ben Smith	820-5403
E-mail Contact	Neil Schmidt	939-5342	Sunshine	Matt Arena	946-0404
Fishing	Harry Sherinain	846-7067	Travel	Tom Eller	939-5897
Guitar	Paul King	938-3035	Volunteers	Bob Kinser	837-8886
Golf	Al Zavattero	933-0465	Webmaster	Phil Goff	831-3692
	Carlos Xavier	947-6756	Welcoming	Jerry Kaplan	938-1037
Greeters	Pat Bermingham	930-9477	Wine Appreciation	Al Reynolds	254-1576
Hiking and Walking	Joel White	964-0994	#1 Doug Aalders Mat	t Arona Marty Patt	orroo

^{#1.} Doug Aalders, Matt Arena, Marty Ratterree, Lou Sandor

2011 SIR Area 2 (Inter-branch) Committee Chairmen

376-7087

946-0404

932-0975

Bowling	Lloyd West (Br.19)	228-9037	Rubber Bridge	Fred Bolton (Br.146)	932-1580
Computer &Tech	Co-Derek Southern (Br.8)	253-1646	Table Pool	Bill Weinberg (Br.146)	682-0962
Fishing	Karl Droese (Br.171)	376-0468	Travel	Bob Spellman (A.2)	934-8428
Golf	Jim Willey (Br.19)	689-3199	Speakers Bureau	John Roebuck (Br.19)	685-8764
Publicity	Walt Schick (Br.8)	934-0656	\$ums Retirement	Allen Espenmiller (A.2)	376-3977

Historian

Host

^{#2.} Pat Bermingham,Art Donaldson, Milt Greenstein, Marty Ratterree

SIR Branch 116 Activity Calendar

March 2011

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
		Duplicate Bridge (9:00@ P.Hill Bridge Ctr)	9-Hole Golf (10:00@ Buchanan Fields) Bowling (10:00@Mounument Bowl)	3	4	5
6	7 18-Hole Golf (9:30@ Boundary Oak)	Luncheon Bridge (11:30@ Round Hill CC)	9 9-Hole Golf (10:00@ Pine Meadow) 18-Hole Golf (9:00@Silverado South) Bowling (10:00@Mounument Bowl)	10	Hiking & Walking (8:15@ TBD)	12
13	18-Hole Golf (9:30@ Boundary Oak)	Poker Group 2 (1:00@ Diablo CC)	9-Hole Golf (10:00@ Buchanan Fields) Bowling (10:00@Mounument Bowl)	Computer & Tech (9:00@ Elks Club)	18	19
20	21 SIR Br 116 Mtg. (11:30@ Elks Club)	Luncheon Bridge (11:30@ Diablo CC) 18-Hole Golf (9:00@ Delta View)	\$\frac{\$\\$ums in Retirement}{\$(8:00@ Diablo Creek GC)}\$ \textit{9-Hole Golf}{\$(10:15@ Diablo Hills)}\$ \textit{Bow ling}{\$(10:00@Mounument Bowl)}\$	Fishing Group (8:30@ Legends-Diablo Crk)	Hiking & Walking (8:15@ TBD)	26
27	18-Hole Golf (9:06@Lone Tree) Pre-Book Grp. Walk (8:15@ Laf. Reservoir) Book Group Mtg. (10:15@ Orinda Books)	29	9-Hole Golf (10:00@ Pine Meadow) Bowling (10:00@Mounument Bowl)	31		

Membership

Andy Benz

SIR II6 Membership Status

Total Current Members: 252
Last Month's Inductees: 3
Those in Interview Stage: 0
Total in Process: 3
On Inactive Status: 41
Left the Branch: 0
Waiting to be Installed: 0

March Birthdays

When you see these members, wish them a Happy Birthday!

McCord, William Allen, Douglas G Babcock Jr., William J. O'Connor, Charles S. Belden, Peter Peterson, John Bonfiglio, Gary A. Plank, Lloyd G. Costa, Robert J. Radakovich, Ronald Feay, Darrell C. Ramacciotti, Paul A. Harrington, William Schoenfeld, Norman Johnston, Robert R. Sherman, David T. Kauffman, Richard Story, John L. Lennon, Joe A. Tinguely, J. Patrick Leschot, Ronald Welsh, Don Zurich, Bob A. Lockwood, Frank N. Loder, Robert

March Luncheon Menu

Corn Beef and Cabbage
Boiled Potatoes & Steamed Carrots
Green Salad & Rolls and Butter
Assorted Desserts
Coffee and Tea

Want a Free Lunch?

That's right! Sponsor a new Branch 116 member in 2010 and get a free lunch. Sponsor another and, get another free lunch. No limit on this deal!



Lunch Attendance

Jim Nachtweih

Attendance at the February 21, 2011, meeting:

Total: 201
Members: 191
Visitors: 0
Speakers: 1
Guests: 9
Excused: 52
Un-Excused: 9

The un-excused members will be asked to pay for their missed lunch.



Br. 116 Treasurer's ReportJohn Peterson, Treasurer

	Febr	uary 2011	2011 YTD					
Contributions	\$	6,320.00	\$	9,245.00				
Disbursements	\$	(6,116.05)	\$	(10,335.59)				
Net (gain/(loss))	\$	203.95	\$	(1,090.59)				
February Cash Balance				\$6,491.90				

Spring Ladies Day Luncheon

May 11, 2011, 11:30 AM

Last year's Spring Ladies Luncheon was a rousing success. You won't want to miss this year's "Spring Fling" to be held at the beautiful Crow Canyon Country Club, the site of a most successful Dine-O-Sir dinner this past year. The food is very good and I sampled the Sunburst Chicken Salad and it was large, delicious, and a complete meal. The great news is that we are able to keep the price the same as last year – just \$30.00 per person or \$60.00 per couple. We'll have the menu and further details at the March luncheon. Bring your checkbook and be ready to make reservations for this wonderful luncheon which honors our Ladies.

Jerry Hicks, Party Chairman

See's Candies 2011 Easter Discount Sale

This sale provides group discount prices to SIR Branch 116 members. IT IS NOT A FUND RAISER.

- Mail candy orders by Wednesday March 16 to:

Dirk Meyer, 112 Castleford Circle,

Danville, CA 94526 (phone 820-6878)

- or **Order** at the **Monday, March 21** SIR 116 Luncheon.
- Make checks payable to "Sir Branch 116 Candy".
- Orders and checks must be from SIR members, but you may include family and friends in your order.
- Pick up candies in Elks Club parking lot on

Friday March 25, 9:00 to 10:30 am.

Your Name_____ Telephone____

Size	ltem	Retail	How Many	Discount	Total \$
6.2 oz	Large Novelty Egg	\$ 10.30	,	\$ 9.30	
11 oz	Easter Assortment	\$ 12.35		\$ 11.25	
13.5 oz	Choc Butter Egg w Pecans	\$ 15.75		\$ 14.40	
9.5 oz	Rocky Road Egg	\$ 11.05		\$ 10.05	
6 oz	Dark Choc Butter Egg	\$ 7.00		\$ 6.40	
4.8 oz	Marshmallow Eggs 6 pack	\$ 5.35		\$ 4.85	
5.4 oz	Scotchmallow Eggs 6 pack	\$ 5.60		\$ 5.10	
4.5 oz	Choc Butter Eggs 6 pack	\$ 5.60		\$ 5.10	
12.5 oz	Easter Treat Basket	\$ 15.75		\$ 14.45	
8 oz	Milk Choc Foil Eggs	\$ 6.00		\$ 5.50	
8 oz	Dark Choc Foil Eggs	\$ 6.00		\$ 5.50	
10 oz	Large Milk Choc Rabbit	\$ 9.40		\$ 8.50	
12 oz	Jelly Beans	\$ 3.80		\$ 3.45	
7.5 oz	Basket of Bunnies Box	\$ 6.20		\$ 5.60	
8 oz	Truffles	\$ 9.45		\$ 8.15	
1 lb	Truffles	\$ 18.90		\$ 16.30	
1 lb	Gold Fancy	\$ 21.60		\$ 18.70	
2 lb	Gold Fancy	\$ 39.80		\$ 35.60	
4 lb	Gift of Elegance	\$ 79.60		\$ 70.60	

trial	ltem	Retail	How Many	Discount	Total \$
1 lb		\$ 16.50	•	\$ 12.70	
2 lb	Assorted Chocolates	\$ 33.00		\$ 25.40	
3 lb		\$ 49.50		\$ 38.10	
5 lb		\$ 82.50		\$ 63.50	
1 lb		\$ 16.50		\$ 12.70	
2 lb	Milk Chocolates	\$ 33.00		\$ 25.40	
3 lb		\$ 49.50		\$ 38.10	
1 lb	Dark Chocolates	\$ 16.50		\$ 12.70	
2 lb		\$ 33.00		\$ 25.40	
1 lb	Soft Centers	\$ 16.50		\$ 12.70	
2 lb		\$ 33.00		\$ 25.40	
1 lb		\$ 16.50		\$ 12.70	
2 lb	Nuts & Chews	\$ 33.00		\$ 25.40	
3 lb		\$ 49.50		\$ 38.10	
1 lb	Bridge Mix	\$ 16.50		\$ 12.70	
1 lb	Toffee-ettes (can)	\$ 16.50		\$ 12.70	
1 lb	Almond Royal (can)	\$ 16.50		\$ 12.70	
12 oz	Salted Nuts (can)	\$ 8.75		\$ 8.00	
1 lb 8 oz	Peanut Brittle	\$ 15.90		\$ 13.60	
8 oz	Awesome Peanut Brittle Bar (8 pack)	\$ 9.15		\$ 6.75	
12 oz	Awesome Nut & Chew Bar (8 pack)	\$ 9.15		\$ 6.75	
12 oz	Awesome Walnut Square Bar (8 pack)	\$ 9.15		\$ 6.75	
8 oz	Molasses Chips	\$ 8.25		\$ 6.35	
8 oz	Assorted Peppermints	\$ 8.25		\$ 6.35	
4 oz	Little Pops, Assorted	\$ 4.00		\$ 2.75	
4 oz	Little Pops, Café Latte	\$ 4.00		\$ 2.75	
1 lb 5 oz	Lollypops, Assorted	\$ 15.80		\$ 12.50	
1 lb 5 oz	Lollypops, Chocolate	\$ 15.80		\$ 12.50	
1 lb 5 oz	Lollypops, Butterscotch	\$ 15.80		\$ 12.50	
1 lb 5 oz	Lollypops, Café Latte	\$ 15.80		\$ 12.50	
1 lb 5 oz	Lollypops, Vanilla	\$ 15.80		\$ 12.50	
1 lb	Gift Certificate 48states	\$ 16.50		\$ 13.70	
Mailing Ca	artons (except items in ital	ics) List ite	ems here:	\$ 1.00 for each carton	
	TOTAL ORDER - B	oth Colum	nns -		

"Dine-O-Sirs" Dinner Group Ben Smith



The Dine-O-Sir Herd is headed for another great evening of good dining and social intrigue . We will be gathering on Tuesday evening, March 22, 2011 at "Salvatore's Ristorante" located at 1627 N. Broadway Walnut Creek.

The menu will consist of classic Italian specialities, such as, Pane Al'Agio and Cesare Insalada to start, Lasagna, Cannelloni or Pesce Rustico to follow with Lemon Chiffon cake or Tiramisu for dessert. Cost is \$30 per person, all inclusive. Selected Wines will be available for \$20 per bottle, glasses of wine and well drinks will be \$5.

Sir-Jerry Hicks will be the Host for this event and he has made all the arrangements for a great evening.

This Restaurant has a seating limitation of 86 people and we are now near a sell-out for this event. Request for any reservations should be sent to Sir-Ben Smith at bjsssmith@aol.com. Any excess reservations will be placed on the wait list and included if possible.

The social gathering will start at 6 PM and dinner will be served at 6:45 PM. Parking will be available across the street at the new Walnut Creek Library parking lot, City hall and First Republic Bank Lot.

Due to our annual "Ladies Day Spring Lunch" Scheduled for May 11, 2011, we will not have a Dine-O-Sir event in April or May. The next event will be set for the month of June. Stay tuned for all the details. We are working on several good restaurants. If you have any suggestions for future event locations, let anyone on the Dine-O-Sir committee know your thoughts.

Tom Eller Jerry Hicks Phil Goff Ben Smith



Luncheon Speaker By Little Sir Neil Schmidt

Beer - The World's Most Special Beverage Dr. Charlie Bamforth

Dr. Charlie Bamforth, a professor at UC Davis will discuss why beer is justly the world's most special alcoholic beverage.

Dr. Bamforth is Anheuser-Busch Endowed Professor of Malting & Brewing Sciences at UCD. He has been part of the brewing industry for over thirty two years. He is formerly Deputy Director-General of Brewing Research International and Research Manager and Quality Assurance Manager of Bass Brewers.

He is a Special Professor in the School of Biosciences at the University of Nottingham, England and was previously Visiting Professor of Brewing at Heriot-Watt University in Scotland. Charlie is a Fellow of the Institute of Brewing & Distilling, Fellow of the Society of Biology and Fellow of the International Academy of Food Science and Technology.

Dr. Bamforth is Editor in Chief of the Journal of the American Society of Brewing Chemists, is on the editorial boards of several other journals and has published innumerable papers, articles and books on beer and brewing - and also written prolifically on soccer. His latest contributions have been The Brewmaster's Art (A 7-CD recording in The Modern Scholar series) and Beer is Proof God Loves Us: Reaching for the Soul of Beer and Brewing (FT Press).

In October 2010 he was on The Honor Roll as one of the 20 professors who are changing the classroom in the US (Playboy magazine).

Everyone is encouraged to buy a beer at the Elks Club Bar and bring it to their dining table.



SIR Fishing Group Harry Sherinain

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, March 24th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. We usually have a guest speaker or a film of interest to fisherman. A lot of the members come a little early and have breakfast together. Meeting starts at 8:30am.

Late in January a group of hardy fisherman took off to Sacramento to the Sportsman's Expo. It was a great day of talking to a lot of fishing pros and an opportunity to see all the latest gadgets and equipment for the fishing enthusiast. Most of us made our contribution to the California economy by buying some sort of new pole, reel or other sure fire method of catching fish. On the way home we stopped off at a restaurant and had a nice dinner. A real, "boys day out".

Sturgeon and striper fishing is off to an incredible start this year. Joe Miscione, Joe Karg, George Schulze, Terry Miller, Joe Peterson, and Harry Sherinian all fished with Carl Moyer on separate forays in front of the PG&E plant in Pittsburg. Terry and Carl had the best day with 20 sturgeon caught including a 5-foot legal fish killed and eaten. Terry also caught a nice striper on that trip. Joe Peterson caught a small striper, and Carl caught and ate 2 stripers both 23 inches long. Joe Karg caught a small sturgeon despite using sturgeon repellant on his line. George Schulze caught a 43-inch sturgeon, too small to keep, but big enough to give him a good tussle. Harry Sherinian helped Carl bring the monster of the year to the boat. A 7-foot, 185 pound Bubba, Carl calls all monster sturgeon Bubbas. Paul Dubow was the only one to strike out on the only trip to Montezuma Slough where both he and Carl completely failed to even get a bite. And on a solo trip to the usually reliable Shadow Cliffs Reservoir Carl experienced his only skunk ever there, but Joe

Miscione and his son were to also come back empty on a later trip. Once the water warms up, this spot should be spectacular. Cal Lutz and his son traveled all the way to Belize for some Bonefish and Tarpon fishing on flies. They had a rough go, but did catch a few small bonefish, and tarpon to 8 lbs. Jerry Smith took a guided fly-fishing trip on the lower Sacramento River, but the wind ended their day early, and only one 16-inch rainbow trout was caught. Howard Berkman and Joe Miscione fished Lake Berryessa for one black bass.

We will be very busy this winter with: delta fishing for bass, catfish, and sturgeon, trout fishing in local lakes, and party boat trips for sturgeon. These outings will include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure, come join us.

Our next meeting will be Thursday, March 24th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact: Karl Droese, Big Fish, (925-376-0468;) Harry Sherinian, Branch 116 Coordinator, (925-846-7067) or Dick Thomson, Treasurer/Secretary, (925-944-1760.)



Hiking & Walking **Joel White**



The Friday March 11th walk will start at 8:15am and be led by **myself** at Lafayette Reservoir. Please RSVP to Joel White, <u>zpz2mrz@yahoo.com</u>, 964-0994. Meet at the east end of the parking lot. The circuit usually takes us about 48 minutes for the 2.75 miles, so even if we slow the pace it shouldn't take much more than an hour.

The Friday March 25 walk will start at 8:15am and will be lead by **Dan Green** (376-7087; asdgreen@comcast.net). Meet at Moraga Commons, 1455 St Mary's Road @ corner of Moraga Road. Please RSVP to Dan at above phone or e-mail.

The Monday, pre-bookclub walk at Lafayette Reservoir will be at 8:15 am on the 21st and led by myself.

Please RSVP to the walk leaders if you plan to

Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or zpz2mrz@yahoo.com.

Anyone is welcome and if they wish to join this friendly group or to be added to the e-mail reminder list should contact Joel White 964-0994 or zpz2mrz@yahoo.com.

Poker Group #2 Al Reynolds



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members is the primary purpose.

If you would like to join, call Al Reynolds at 254-1576 or send an email to reynolds4596@sbcglobal.net.

Nominating Committee

The Nominating Committee will begin its work this month. The members of the Committee are Ben Smith, Bill McCord, John Maclay, and myself. Their contact information is listed below. A suggestion form for candidates for Officer and Director positions will be placed at each seat for the February luncheon. I would appreciate it if each and every member would take the time to go through the Roster Book prior to the February meeting and let us know what your recommendations are for the various positions. The Committee places a high value on the input from the membership in this process. If you are personally interested in becoming an Officer or a Director, please let any one of the Committee members know either by telephone or e-mail. Thank you in advance for helping us to pick the best available candidates for our Branch Executive Committee.

Jed Daniel (Chairman)

(925)551-7734 jed.daniel@comcast.net (925)820-5403 bjsssmith@aol.com Ben Smith Bill McCord (925)376-5280 jnmwam@comcast.net

State 'SIR Happenings'

SIR Happenings (our State Web Newsletter) is now in it's fifth year of publishing!

Enjoy reading SIR Happenings and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

www.sirinc.org/sirhappenings

Mark Your Calendars

Boulder Creek Golf Event May 18 - 20, 2011

Carson City Golf Getaway September 7-8, 2011



\$ums Investment GroupAllen Espenmiller

The Area 2 \$ums Investment Group will meet on March 23rd, 2011 at 8:00 AM at the Diablo Creek Golf course, 4050 Port Chicago Highway in Concord.

Our speaker will be John McNamara, Regional Vice President for Superfund USA, Inc. John will discuss what the Superfund group of companies offers in managed futures to qualified investors.

Superfunds managed futures funds, Superfund Green L.P. and Superfund Gold L.P. strive to provide solid returns while offering portfolio diversification using a proprietary trend-following strategy. These funds trade in more than 120 futures markets on exchanges around the world and have historically achieved a low correlation to other asset classes such as stocks and bonds.

Plan to attend and discuss with John the investment opportunities in these type of funds as a way to enhance portfolio diversification. To learn more, explore www.superfundusa.com.

The restaurant at the course opens at 7:00AM for those who would like to enjoy breakfast with your colleagues. Co- Chairmen: Allen Espenmiller (Br-174) 925-376-3977, George Schulze (Br-8) 925-429-1756, Leary Wong (Br-8) 925-457-0807, and Ken Nakashima (Br-171) 925-376-042



Dan Ashley, News Anchor for Channel 7 spoke at our February Luncheon



Sunshine Report Matt Arena

Harry Honestein's wife Virginia passed away after a long illness. He has been the principle caregiver for this courageous woman for quite some time. There will be a Memorial Service for Virginia on Friday, March 11 at 1:00 pm at the Walnut Creek Presbyterian Church.

Past Big Sir Courtney Borrecco is recovering at John Muir Medical Center following surgery to repair a previous hip replacement. He was in good spirits when we visited today and he is expected to be transferred to a rehab facility in order to make a full recovery.

Chuck Cuny is out of the hospital following 11 days of chemo. Chuck is doing much better after his surgery and he advises that we should be able to see him at our March Luncheon.

Past Big Sir Carlos Xavier gave me some wonderful news. After being treated with chemo the follow up PET SCANS showed that the mass has reduced in size. There is still more chemo planned during the next month.

Bill Sullivan is in Manor Care Rossmoor recovering from the knee operation. He is in a brace and is feeling much better.

Doug Allen had prostate surgery and is recovering nicely. Doug expects to be at our March Luncheon.

Ed Regalia who has been recovering from a stroke was out and about. I met him at a funeral and he was in a wheelchair looking wonderful. We talked for a bit and he is making a nice recovery. It was great to see both Gwen and Ed.

I want to take the liberty of acknowledging the passing of the Honorable Peg Kovar First Woman Mayor of Walnut Creek. Peg was married to Fred Kovar a member of BRANCH #146. Peg was a leader of this community throughout her life.

SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are



still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging

the event unless otherwise stated:

SIR State Travel Opportunities 2011

Mar 5-15, 2011: The Galapagos Islands. (Ecuador and the Galapagos Islands.) 11 day trip for \$6469 Ralph Hunt, Mountain View, Br 153 650-967-8467

Apr 16-30, 2011: Ancient Egypt & Nile River (Cairo, Aswan, Luxor plus 7 day River Cruise) 15 days for \$3100 to \$3400 with extensions to Israel and Jordan available. Bob Spellman, Walnut Creek, Br 146 925-934-8428.

Apr 23-May 4, 2011 The Legendary Danube (3 nights in Prague, plus 7 night cruise from Nuremburg to Budapest down the Danube River) for \$4395 to \$4995, Brian Serpa, San Jose Br 141, 408 -227-7658 or Rollo Parsons 408-268-5245

May 7-14, 2011 Hawaiian Cruise (Fly to Honolulu, cruise to four different Islands) 7 day cruise for \$1770 to \$2185, Lou Pagni San Lorenzo Br 6 510-276-5025.

May 10-18 2011: Tuscan Vacation (Florence, Pisa, Siena, Montecatini, Lucca and San Gimignano) 9 days for \$3695 to \$4080, Wil Reich, Sonora, Brs 77, 136, 172, 209-533-2626.

May 10-17, 2011: Rocky Mountaineer Western Explorer (Calgary, Banff, Lake Louise, Jasper, Kamloops and Vancouver) 8 days for \$2999, Mike Console, San Jose, Br 32, 408-246-1080.

May 16-31, 2011: Eastern Mediterranean Cruise (Rome, Athens, Patmos, Santorini, Kusadasi, Haifa, Nazareth, Ashod, Cairo and Capri) 12 day Cruise for \$4990 to \$5930, Rick Wayne, Livermore, Br 101, 925-371-3846.

May 27, 2011: Heritage of America. (New York, Philadelphia, Amish Country, Gettysburg, Shenandoah Valley, Monticello, Colonial Williamsburg, Mt Vernon and Washington) 10 day motor coach tour, \$ 2799, Rich Small, Br 34, 925-462-1204.

Jun 9-19, 2011: Alaska"s Inside Passage (Juneau, Glacier Bay, Haines, Ketchikan, Victoria) 10 day cruise for \$2578 to \$2655, Jim Lunn, San Ramon, Br 8, 925-551-3329.

Jun 13-20 2011: Trains across Colorado (Denver, Durango, Silverton, Cumbres, Toltec, Rio Grande and Pikes Peak) 8 day motor coach trip for \$2390, Werner Schlapfer, Livermore, Br 121, 925-443-8291.

Jun 11-23, 2011: Russian Waterways: (St Petersburg to Moscow on the newest, best equipped riverboat in Russia) 11 night cruise for \$5895 to \$7695, Jim Stoner, San Jose, Br 114, 408-528-0746 or Larry Martinson 408-238-8458.

Jul 11-23 2011: Denali Explorer Cruise Tour (Anchorage, Mt. McKinley, Denali, Glacier Bay, Skagway Juneau, Ketchikan, and Vancouver) 13 days for \$3792 to \$4695. Jim Hohenshelt Santa Clara, Br 62, 408-241-4421.

Aug 1-12, 2011: Grand Scotland and Ireland Tour (Dublin, Edinburgh, Belfast, Derry with many tours throughout the trip) 12 days for \$3995, Neil Jameson, Ben Lomond, Br 39, 408-972-1054 or Wayne Dawson 408-972-1054.

Sep 1-12, 2011: Danube River Cruise (From Vilshofen, Germany to Budapest, Hungary) 10 day trip, starting at \$ 3875, Rick Wayne, Livermore, Br 101, 925-337-3846.

Sep 11-21, 2011: The Enchantment of Lake Michigan, (Detroit, Mackinac, Green Bay, and Chicago) features: Greenfield Village, Ford Museum, House on the Rock, and Frank Lloyd Wrights Home School, Chicago Mercantile and Sears Tower. 10 day trip for \$ 2885. Bob Hagler, Walnut Creek, Br 8,925-934-7620.



Computer & Technology Derek Southern & Phil Goff



All About Internet TV - Neil Schmidt

Neil Schmidt will explain all about Internet TV at our next meeting at the Walnut Creek Elk's Lodge. This is an exciting new area of technology development. Many new home entertainment devices are now coming equipped with Internet connectivity and therefore access to an incredible amount of entertainment and web content that can be easily displayed on your television. Streaming movies and TV shows, app widgets, app stores similar to smartphone app stores, web browsing and a number of other applications will be discussed, compared and illustrated. Check in advance to see if any of your current entertainment devices (TV, DVR, Blu-ray, Home Theater, etc.) systems have Internet connectivity and come with own questions/answers.

Time permitting, there may be also be a Show & Tell featuring any gadgets attendees bring, and possibly a Q&A session with The Gurus of A2CAT where the advice is always 'priceless'.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone. When needed we ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies. All SIR members and their guests (spouses included!) are welcome to attend. See you there.

Thank you for supporting your Area 2 Computer and Technology Group.







Bridge Milt Greenstein

Duplicate Bridge:

March 1 Pleasant Hill Bridge Center 9:00 am Lunch & Bridge:

March 8 Round Hill C.C. 11:30 am March 22 Diablo CC. 11:30 am

The Duplicate Bridge Group met on February 1 at the Pleasant Hill Bridge Center with 24 men in attendance. (We have several men from other SIR Branches joining us.) Our top team with 90.50 points (67.04%) was Conrad Robertson / Dan Greenberg. In second place was Mike Corker / Bob Daily (80.50 points), followed by Joel White / Lytton DeSilva (78.50), Marv DeHeus / Bob Kahl (71.50), Dick Chaffee / Walt Kawecki (70.50) and Milt Greenstein / Marv Ellenberg (68.50); all of the teams earning black master points.

The Luncheon/Bridge Group met at Round Hill C.C. on February 8th with 22 men showing up. We had a low scoring day with no slams at all and a low average score of only 3,259 points. Our big winner was Dimitris Argyiou with 6,440 points, (respectable, but the rest of us couldn't keep up with him). In second place was Ali Aghaiepour (4,180), followed by Bob Daily (4,160), Tony Rohrs (4,010) and Milt Greenstein (3,970).

The Luncheon/Bridge Group met again on February 22 at Diablo C.C. Again we had 22 men enjoying lunch and a bridge game. We had another low scoring day with no slams and an average score of only 3,277 points. Our top scorer today was Oscar Krikorian with 4,480 points. Dimitris Argyiou was second with 4,450 points followed by Ron Wohlberg (4,360), Milt Greenstein (4,320) and Warren Westrup (4,180).

ALERT - Our semiannual Ladies Day event is coming up on Thursday, April 21, at Diablo C.C. This is a great way to take your "Significant Other" out for a most pleasant day of good food, great bridge, wonderful company, in beautiful surroundings for only \$ 46 total cost. She will love you for it! Call me - 925-376-5589 - Milt Greenstein, and sign up.



Wine Appreciation Group Al Reynolds

The Wine Tasting members met on January 27 and tasted syrahs, selected by Phillip Marks, from four different appellations. Everyone was impressed by the different and unique flavors of one wine varietal. The next Wine Tasting activity will be held on March 31. For more information about this activity call Al Reynolds, 254-1576

Bowling

Ron Gagliardi

Well since football is coming to a close, maybe some of you would like to do somehting besides reside on your backsides. I know bowling is half over, but we are looking to fill some spots on teams that are missing members. It's alot of fun, so if you're interested in getting a little excercise, please join us at Monument Bowling Lanes on each Wed at 10:00 am. Please drop by and we can sign you up. You can also call me at 925/682-4012 or e-mail me at rongag@att.net.

Free Lunch Winners

Due to time constraints at our January Luncheon, Free "At Large", December Birthday Boy and January Birthday Boy lunches were not awarded. The following individuals have won via a blind draw and should contact Little SIR Neil Schmidt for their free lunch coupon.

January "At Large" Winner: Wayne Cook

December Birthday Boy Winner: Leonard Komor

January Birthday Boy Winner: William Ginter

SIR Website Addresses

SIR 116 Web Site

http://www.sir-web.org/116-web/

Branch 116 Golf

http://www.sir-web.org/116-golf/

Trampas Topics

http://www.sir-web.org/trampas/

Computer and Technology

http://www.sir-web.org/computer/

SIR Happenings State Newsletter

www.sirinc.org/sirhappenings

State SIR Web Site

http://www.sirinc.org/



New Branch 116 Web Site

Checkout the new Branch 116 Web site designed by Phil Goff. The new web site has been significantly changed with not only a new layout but with more information about our branch activities. See it at: www.sir-web.org/116-web/

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor trampastopics@gmail.com

SIR Branch 116 Golf

By Al Zavattero, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

The 9-hole group also plays once a week and alternates play between local courses. Foursomes in both groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in our annual golf book, the Trampas Topics and on our web site at http://www.sir-web.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may signup via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.
Please indicate if you want a cart.

March 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 07	9:30	Boundary Oak	B. Wroblewski
Mon. 14	9:30	Boundary Oak	B. Wroblewski
Tues. 22	9:00	Delta View	B. Wroblewski
Mon. 28	9:06	Lone Tree	B. Wroblewski

Nine Hole Info Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest <u>net</u> total for <u>2</u> rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

$\Rightarrow \Rightarrow \Rightarrow \underline{\text{New Golf P.O. Box}} \Leftarrow \Leftarrow \Leftarrow$

Note that the Golf P.O. Box has changed from a Walnut Creek P.O. Box to a new Lafayette one. The new Golf P.O. Box address is: **SIR Branch 116 Golf, P.O. Box 683 Lafayette, CA 94549-0683**

March 9-Hole Schedule

Date	Time	Location	Organizer
Wed 02	10:00	Buchanan Fields	Dick Chaffee
Wed 09	10:00	Pine Meadow	D. McClaughry
Wed 16	10:00	Buchanan Fields	Dick Chaffee
Wed 23	10:15	Diablo Hills	Mike Murphy
Wed 30	10:00	Pine Meadows	D. McClaughry



18 Hole Results

By David Harris

Brentwood -	- Creekside /	'Hillside	Tuesda	ay Fel	bruary :	22, 2011
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Flight 1 Flight 2				Flight 3 Fli			Flight 4				
Jim Johnson	71	3	David Carlson	70	3	John Story	65	3	Pete Kallas	69	3
Bill McCord	72		Phil Goff		2	Max Foust	71	2	Robbie Robinson		_
Mel Williams	72	2	Dick Socolich	79	1	Bernie Wroblewski	73	1	Chuck Gilliam	75	1
									Conrad Robertson	75	1
Low Gross			Low Gross			Low Gross			Low Gross		
Jim Johnson	84		Phil Goff	91		John Story	88		Robbie Robinson	100	

Closest to: Hole Creekside #6 - Mel Williams, Conrad Robertson -- Hole Hillside #8 - Jim Johnson, Max Foust

Boundary Oak -- Monday February 14,2011

Boundary Oak canceled due to bad weather

			Silverado - S	outh ·	V	V	ednesday February 9,2	2011				
Flight 1			Flight 2				Flight 3			Flight 4		
Jim Clizbe	76	3	Paul Kim	76	3	#	Bernie Wroblewski	72	3	Ron Armijo	81	3
Wayne Smith	78	2	Lonny Randall	78	2		Al Hutchko	75	2	Conrad Robertson	81	3
Jim Johnson	79	1	Phil Goff	81	1		John Peterson	78	1	Bill Hemmelsback	82	1
Pat Tinguely	79	1										
Low Gross			Low Gross			Ī	Low Gross			Low Gross		
Jim Johnson	92		Paul Kim	96			Bernie Wroblewski			Conrad Robertson	111	

Closest to: Hole #3 - Pat Tinguely, John Story -- Hole #15 - Jim Johnson, Bernie Wroblewski

			Roddy Ra	nch -	- M	londay January 31, 201	.1				
Flight 1			Flight 2			Flight 3			Flight 4		
Al Zavattero	71	3	Lonny Randall	67	3	John Story	68	3	Bill Hemmelsback	73	3
Jim Johnson	72	2	David Carlson	68	2	Bernie Wroblewski	68	3	Ron Armijo	80	2
David Harris	79	1	Phil Goff	71	1	Bob Conlon	71	1	Conrad Robertson	80	2
Dirk Meyer	79	1				Max Foust	71	1			
Low Gross			Low Gross			Low Gross			Low Gross		
Jim Johnson	84		Lonny Randall	86		John Story	93		Bill Hemmelsback	109	

Closest to: Hole #3 - Lonny Randall, Bill Hemmelsbach -- Hole #17 - Al Zavattero, Bernie Wroblewski







2011 18 Hole Leaders **By David Harris FLIGHT 1 FLIGHT 2** FLIGHT 3 **FLIGHT 4** Index 0.0 - 16.7 Index 21.4 - 26.5 Index 26.6 - 36.4 Index 16.8 - 21.3 NAME POINTS **NAME** POINTS NAME POINTS NAME POINTS 9 Carlson, David 9 Wroblewski, Bernie 10 Armijo, Ron Harris, David 11 Zavattero, Al 8 Crua, Frank 9 Foust, Max 8 Robertson, Conrad 11 Johnson, Jim 7 Goff, Phil 9 Story, John 8 Gilliam, Chuck 7 Randall, Lonny Serafino, Al Robinson, Robbie Clizbe, Jim 5 8 5 6 Conlon, Bob McCord, Bill 4 Kim, Paul 4 4 Hemmelsbach, Bill 5 Eller, Tom 3 3 Mever, Dirk 4 Donohue, Bob 4 Kallas, Pete Williams, Mel 4 Socolich, Dick Vogl, Art 1 Hutchko, Al 3 3 Hicks, Jerry 3 Peterson, John 3 Cook, Wayne 2 3 Smith, Wayne Testa, Bob Tinguely, Pat 1 Chaffee, Dick 1

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

http://www.sir-web.org/116-golf

Please bookmark it in your "Favorites" list of websites to access information on the following: 2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

• <u>18-Hole Pairings:</u> Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- <u>18-Hole Leaders and Results:</u> Weekly, usually within a day or two of the event.
- <u>Paid-In-Advance Sign-Ups:</u> Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.

Event Date	Location	Deadline	Amount
Tuesday March 22	Delta View	Mar-11	\$30
Monday March 28	Lone Tree	Mar-18	\$35
Monday April 11	Silverado South *	Mar-5	\$50 / \$45
* Special Ev	ent guests pay \$45 and can no	ot win prizes	
Tuesday April 19	Blue Rock Springs East	Apr-8	\$35
Monday April 25	Rancho Solano	Apr-15	\$43
Send ch	ecks made out to SIR Branch 1	16. Golf	



RETURN TO: Lytton DeSilva 60 Muth Drive Orinda, CA 94563-2819

Sons In Retirement: A non profit Organization for Retired Men devoted to the Promotion of Independence and Dignity of Retirement

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

<u>Did not attend one-half (5) of the regular luncheon meetings</u> within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.