



# Trampas Topics

October, 2011

SIR Branch 116

Next Meeting: 11:30 am,  
Monday, October 17, 2011

Elks Lodge—1475 Creekside Dr,  
Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence

## Sayings of 2011 Big Sir Ron Armijo

Congratulations to SIR Joe Verdoia who in September achieved the Milestone Of Life as a Senior SIR receiving the President's Award presented by our Area Governor SIR Ron Smith.



Thanks go to SIR's Bob Donohue and Bernie Wroblewski, our Recruitment Committee Chairmen, who represented our branch on the Walnut Creek Festival SIR Booth Committee. Also, thanks to all branch members who volunteered their time to staff the booth on Saturday and Sunday. There was good interest by those men who stopped by to inquire about SIR and who signed up to receive more information and in many cases indicated interest in attending one of our lunches. Each had a spin of the game wheel and all won a prize. We are encouraged by the turnout.

During our September Luncheon a question was raised concerning my reference to our Voluntary Contributions Appeal and whether it was truly voluntary. I explained that participation is voluntary but also serves as our only source of revenue to sustain branch activity. To gain further insights into this necessary appeal please refer to the SIR Branch Manual, which you will find on the SIR state website, where you will find the SIR Rule describing the reasoning for the rule.

At our recent luncheon I introduced the concept of, "Legacy of One ... or more", which encourages all members to engage and take ownership of recruiting new members by inviting a friend, neighbor, or a new contact to our luncheon or other branch event with the eventual goal of your guest becoming a new member. At the end of September we had not reached the 50% mark of our goal of 25 new members in 2011. Our membership at the beginning of the year was 251 and we are currently at 248. **OUR BRANCH NEEDS YOUR HELP.**

Here are some reminders:

- Christmas Dinner/Dance is scheduled for Wednesday December 7th
- Anyone interested in "Romeo" let our Activities Chairman Jerry Kaplan know
- Columbus Day will be observed on September 17
- Mother-In-Law Day is October 23

I'll see you at our Luncheon on October 17.

*Ron Armijo*- Big SIR



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***PLEASE CALL 806-8874***  
*by the Thursday prior to the meeting to cancel your standing reservation or to bring a guest.*

## 2011 SIR 116 Officers & Directors



**Big SIR**  
Ron Armijo  
945-0637



**Little SIR**  
Neil Schmidt  
939-5342



**Secretary**  
Dick Chaffee  
932-5087



**Assist. Secretary**  
Joel White  
964-0994



**Treasurer**  
John Peterson  
946-0335



**Asst. Treasurer**  
Bob Shader  
939-8421

### DIRECTORS



Jed Daniel  
551-7734



Bob Donohue  
837-6913



Phil Goff  
831-3692



Alex Lutkus  
827-2828



Bernie Wroblewski  
820-3274



Bob Wolf  
935-5439

## 2011 SIR 116 Committee Chairmen

Activities Coordinator	Jerry Kaplan	938-1037	Interviewer	Max Foust	827-9323
Attendance	Jim Nachtweih	838-7417	Membership	Andy Benz	937-5706
Audit	Dick Thomson	785-7600	Membership Roster	Dick Thomson	785-7600
			Music Man	Robbie Robinson	798-4276
Book Club	Rich Black	283-8376	Newsletter Editor	Neil Schmidt	939-5342
Bowling	Ron Gagliardi	682-4012	Newsletter Edtr. Asst.	Phil Goff	831-3692
Bridge	Milt Greenstein	376-5589	Nominating	Jed Daniel	551-7734
Candy Sales	Dirk Meyer	820-6878	Photographers	John Peterson	946-0335
Chaplain	Rotating	#1 See Below		Ken Miller	256-9343
Christmas Party	Jerry Hicks	945-7465	Poker Group #1	Bill Harrington	935-1625
Computer & Tech..	Phil Goff	831-3692	Poker Group #2	Al Reynolds	254-1576
Computer Support	Dick Thomson	785-7600	Spring Party	Jerry Hicks	945-7465
Dine-O-Sirs	Ben Smith	820-5403	Storytellers	Rotating	#2 See Below
Duplicate Bridge	Mike Corker	872-7525	Sums In Retirement	Ben Smith	820-5403
E-mail Contact	Neil Schmidt	939-5342	Sunshine	Matt Arena	946-0404
Fishing	Harry Sherinian	846-7067	Travel	Tom Eller	939-5897
Guitar	Paul King	938-3035	Volunteers	Bob Kinser	837-8886
Golf	Al Zavattero	933-0465	Webmaster	Phil Goff	831-3692
	Carlos Xavier	947-6756	Welcoming	Jerry Kaplan	938-1037
Greeters	Pat Bermingham	930-9477	Wine Appreciation	Al Reynolds	254-1576
Hiking and Walking	Joel White	964-0994			
	Dan Green	376-7087	#1. Doug Aalders, Matt Arena, Marty Ratterree, Lou Sandor		
Historian	Matt Arena	946-0404	#2. Pat Bermingham, Art Donaldson, Milt Greenstein, Marty Ratterree		
Host	Frank Crua	932-0975			

## 2011 SIR Area 2 (Inter-branch) Committee Chairmen

Bowling	Lloyd West (Br.19)	228-9037	Rubber Bridge	Fred Bolton (Br.146)	932-1580
Computer & Tech	Co-Derek Southern (Br.8)	253-1646	Table Pool	Bill Weinberg (Br.146)	682-0962
Fishing	Karl Droese (Br.171)	376-0468	Travel	Bob Spellman (A.2)	934-8428
Golf	Jim Willey (Br.19)	689-3199	Speakers Bureau	John Roebuck (Br.19)	685-8764
Publicity	Walt Schick (Br.8)	934-0656	Sums Retirement	Allen Espenmiller (A.2)	376-3977

# SIR Branch 116 Activity Calendar

## October 2011

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
						1
2	3 <b>18-Hole Golf</b> (9:30@ Metropolitan GC)	4 <b>Duplicate Bridge</b> (9:00@ Diablo Valley Bridge Ctr)	5 <b>9-Hole Golf</b> (10:00@ Buchanan Fields GC) <b>Bowling</b> (10:00@Mounument Bowl)	6	7	8
9	10 <b>18-Hole Golf</b> (9:30@ San Ramon GC)	11 <b>Luncheon Bridge</b> (11:30@ Round Hill CC)	12 <b>9-Hole Golf</b> (10:00@ Pine Meadow GC) <b>Bowling</b> (10:00@Mounument Bowl)	13	14 <b>Hiking &amp; Walking</b> (8:15@ Geppetto's Coffee Shop)	15
16	17 <b>SIR Br 116 Mtg.</b> (11:30@ Elks Club)	18 <b>18-Hole Golf</b> (9:30@ Paradise Valley GC) <b>Poker Group 2</b> (1:00@ Diablo CC) <b>Ladies Day Lunch &amp; Bridge</b> (11:00@ Diablo C.C.)	19 <b>9-Hole Golf</b> (10:00@ Buchanan Fields GC) <b>Bowling</b> (10:00@Mounument Bowl) <b>\$ums in Retirement</b> (8:00@ Diablo Creek GC) <b>Dine-O-Sirs</b> (6:00@ LeCheval, WC)	20 <b>Computer &amp; Tech</b> (9:00@ Elks Club)	21	22
23	24 <b>18-Hole Golf</b> (9:30@ Willow Park GC) <b>Book Group Mtg.</b> (10:15@ Orinda Books)	25 <b>Luncheon Bridge</b> (11:30@ Diablo CC) <b>18-Hole Golf</b> (9:30@ Delta View)	26 <b>9-Hole Golf</b> (10:00@ Diablo Hills GC) <b>Bowling</b> (10:00@Mounument Bowl)	27 <b>Ladies Day Lunch/Bridge</b> (11:15@ Diablo CC) <b>Fishing Group</b> (8:30@ Legends-Diablo Crk)	28 <b>Hiking &amp; Walking</b> (8:15@ Hacienda de las Flores, Moraga)	29
30	31 <b>Halloween</b> <b>18-Hole Golf</b> (9:30@ Boundary Oak GC)	 				



## Membership

Andy Benz

### SIR 116 Membership Status

Total Current Members:	248
Last Month's Inductees:	4
Those in Interview Stage:	0
Total in Process:	4
On Inactive Status:	43
Left the Branch:	2
Waiting to be Installed:	0



## Lunch Attendance

Jim Nachtweih

Attendance at the September 19, 2011 meeting:

Total:	188
Members:	184
Visitors:	2
Speakers:	1
Guests:	0
Excused:	51
Un-Excused:	13

The un-excused members will be asked to pay for their missed lunch.

## October Luncheon Menu

Smoked Bratwurst  
 Warm Caraway Sauerkraut  
 Zucchini & Squash Medley  
 German Potato Salad  
 Rolls & Butter, Coffee & Ice Tea  
 Dessert Assortment



## Br. 116 Treasurer's Report

John Peterson, Treasurer

	Sept. 2011	2011 YTD
Contributions	\$ 400.00	\$ 43,442.50
Disbursements	\$ (128.35)	\$ (44,548.63)
Net (gain/(loss))	\$ 271.65	\$ (1,106.13)

September Cash Balance	\$ 6,476.36
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## October Birthdays

When you see these members, wish them a Happy Birthday!

Cook, Wayne	Thomson, Richard J.
Langhorst, Carl W.	Cuny, F.B.
Shurr, James	Daniel, John E.
West, John N.	Miller, Kenneth G.
Rasmussen, Jon M.	Fraser, John A.
Christopherson, Gerald	Wolf, Robert
Heck, David K.	Bevis, John H.
Stralovich, Joe A.	Jacobs, John C.
Daily, Robert F.	Perry, Dennis
Christen, Urs	Adair, Bruce R.



Area 2 Governor Ron Smith presenting Joseph Verdoia with Senior Award



## Sunshine Report

Matt Arena

Past Big Sir **Courtney Borrecco** is working very hard at moving up his date without a walker. He will start a new water immersion treatment to speed up his recovery. As previously reported the second surgery went well but the rehabilitation is not fast enough for our good pal.

Sir **Harry Honstein** is fighting the good fight. He is getting out of the house with the encouragement of his daughter Mary Lou. He just wished he had more energy. We all know Harry is doing his very best and hope for his continued improvement.

Sir **Joe Lennon** continues to be bothered by bouts of dizziness. If he would be able to get this problem under control he would be off to the races. We miss seeing Joe at our luncheons and hope to see him back soon.

**Regina Brett**, 90 year old writer for the Cleveland Plain Dealer, offers some words of wisdom:

Life is too short to wasting time hating anyone

You don't have to win every argument. Agree to disagree

Cry with someone. It's more healing than crying alone

It's OK to get angry with God. He can take it

Don't compare your life to others. You have no idea what their journey is all about

What other people think of you is none of your business

Life isn't tied with a bow, but it is still a gift

## Bocce Ball

Jerry Kaplan

Several SIRS members have expressed interest in starting a bocce ball group. If you are interested, please contact Jerry Kaplan at 925-938-1037 or [mgkplan@astound.net](mailto:mgkplan@astound.net).

## Poker Group #2

Al Reynolds



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members is the primary purpose.

If you would like to join, call Al Reynolds at 254-1576 or send an email to:

[reynolds4596@sbcglobal.net](mailto:reynolds4596@sbcglobal.net).



Luncheon Speaker Ann White talking about Road Scholar

## Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor  
[trampastopics@gmail.com](mailto:trampastopics@gmail.com)



**Working Hard at the Walnut Festival SIR Booth**

(Area 2 Governor Ron Smith with SIR volunteers Riland Persson and our Big SIR Ron Armijo)

**Want a Free Lunch ?  
Sponsor a New Member !**

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and, get another free lunch. No limit on this deal!



Smiling SIRS Sense a Super Round on the First Tee at Tilden Park (l. to r.: Dave Harris, Al Zavatiero, Frank Crua)



**\$ums Investment Group**

**Allen Espenmiller**

The Area 2 \$ums Investment Group will meet on October 19, 2011, 8:00 AM at the Diablo Creek Golf Course, 4050 Port Chicago Highway in Concord. (Note the date change from the 4th Wednesday to the 3rd Wednesday this month due to a scheduling issue with the course in October) Our speaker will be member David Munson who will give us one of his excellent economic presentations titled " Can the Individual Investor Read the Economic Statistics Better than the Experts." David will show us some of the key economic reports published monthly that are important for investors to be aware of. These reports [Badge No. 148] are watched closely by stock and bond markets and affect market movements. In his August 2010 presentation to the \$ums Investment Group, David discussed why we should be interested in these reports and arrive at our own conclusions. He will re-emphasize which reports are important and how the contents can help guide us with investment decisions.

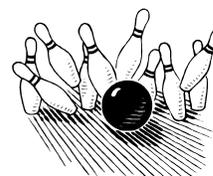
The restaurant at the course opens at 7:00 AM for those who would like to enjoy breakfast



**Bowling**

**Ron Gagliardi**

Well since football is coming to a close, maybe some of you would like to do something besides reside on your backsides. I know bowling is half over, but we are looking to fill some spots on teams that are missing members. It's a lot of fun, so if you're interested in getting a little exercise, please join us at Monument Bowling Lanes on each Wed at 10:00 am. Please drop by and we can sign you up. You can also call me at 925/682-4012 or e-mail me at [rongag@att.net](mailto:rongag@att.net).





## SIR Fishing Group

Harry Sherinian

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, October 27th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am. Our speaker in October will be Dick Poole, a legend in bay area trolling innovations.

Both the fishing and the temperature were hot in Mexico. Karl Droese, Romano Gnusti, Rich Bal, Ed Dijkman, Rick Fend, Bill Landers, and Gene Bell caught tuna, marlin, yahoo, and Romano won the jackpot with a big dorado. Paul Dubow was there later, and he caught tuna and an 80 pound sailfish, released. Meanwhile, Bill Landers continues his excellent black bass fishing in the delta, this time elating Joe Miscione, who said he caught and released more than 40 of the feisty bass. On a separate trip, Joe and his son caught some big redear and catfish. George Schulze, Rich Bennet, and Ron Yates fished Lake Berryessa with a guide for 16 beautiful kokanee 15 to 18 inches long. Mike Corker and Terry Miller tried Montezuma slough for sturgeon, and Terry hooked and lost a large one. Joe Miscione tried for stripers there and got only catfish. Joe Karg caught a keeper salmon on a party boat. Fishing with Carl Moyer on the ocean were Dick Thomson, Terry Miller, and Harry Sherinian. Limits of small rockfish were boated every time as well as 2 to 4 lingcod per trip, Harry caught an 18 lb halibut, and Carl caught an 8 lb salmon.

We will be very busy this fall with: delta fishing for bass, catfish, and sturgeon, party boat trips for kokanee, sturgeon, rock fish, and salmon.

Our next meeting will be Thursday, October 27th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact: Karl Droese, Big Fish, (925-376-0468;) Carl Moyer, Branch 8 Coordinator, (925-685-5243;) or Dick Thomson, Treasurer/Secretary, (925-944-1760.)



Harry Sherinian and his 18lb Halibut

## What New Activities Are You Interested In?

Are you interested in starting a new SIR Branch 116 activity group? Other SIR groups have a number of group activities that we currently don't have in Branch 116. Some examples include:

Antique Cars, Astronomy, Backgammon, Band, Barbeques, Barbershop Quartet, Beer tasting, Biking, Book swaps, Checkers, Chorus, Coins, Cooking, Cribbage, Dancing, Dominoes, Gardening, Genealogy, Gin rummy, Guys Dine Out, Harmonica, Horse races, Horseshoes, Model railroad, Photography, Pinochle, Pool-Billiards, RV-ing, Stamps, Tennis, Theatre, Woodworking, Writing, Veterans, etc.

If you are interested in any of these or other activities, please contact our Activity Coordinator Jerry Kaplan (925-938-1037).



## Bridge

Milt Greenstein

Our duplicate bridge group met on Sept. 6 at the Diablo Valley Bridge Center. Our top scoring team with 78.00 points was Marv DeHeus/Oscar Krikorian, followed by Jack Butler/Conrad Robertson with 76.00 points. In third place was Milt Greenstein/Barry Rauchle (72.50), Rudy Gebert/Dimitris Argyriou (70.00) and Dick Chaffee/Fred Cochran.

On Sept. 13, 24 men had lunch and then played bridge at the Round Hill C.C. Our top scorer today was Art Donaldson with 6,310 points, followed by Milt Greenstein (5,810), Bob Kahl (5,320), Jerry Christopherson (4,790) and a tie for 5th place between Charley Schmidt and Ali Aghaiepour. We had 3 small slams made today by Ali Aghaiepour/Dimitris Argyriou, Jack Butler/Walt Kawecki and Milt Greenstein/Bob Kahl.

On Sept. 27, 30 men got together for lunch and bridge at Diablo C.C. Our big winner today was Jack Butler with 6,310 points. In second place was Monte Hall with 6,060 points, followed by Jerry Christopherson ( 5,150 ), Bob Wolf ( 5,030 ), Art Donaldson ( 4,940 ) and Bill Sullivan ( 4,080 ), We had 3 small slams made today by Bob Wolf/Jim Regan, Oscar Krikorian/Monte Hall and Jim Regan/Ron Wohlberg.

**Reminder:** Our **Ladies Day Lunch and Bridge** event is October 18 at the Diablo C.C. We gather at the club at 11:00 am and are finished with bridge about 4:00 pm. This is an excellent event with a delicious lunch and great company at a beautiful venue. Lunch is \$41 per couple (choice of roast turkey, salmon or vegetarian), plus \$5 for prize money.



## Hiking & Walking

Joel White



The Friday **October 14** walk will start at **8:15 am**, and be led by Lytton DeSilva, [lyttonaudrey@comcast.net](mailto:lyttonaudrey@comcast.net), 254-5289. We'll meet in front of Geppetto's coffee shop. Please RSVP to Lytton for this walk.

Directions: Exit 680 (Orinda Exit) onto Camino Pablo toward San Pablo. Geppetto's is located across the street from the Orinda Country Club at 87 Orinda Way in Orinda. There is parking on the street and in a lot behind the café.

The Friday **October 28** walk will also start at **8:15am** and be led by Dan Green. Meet at the Hacienda de las Flores in Moraga, 2100 Donald Drive. RSVP to Dan, [asdgreen@comcast.net](mailto:asdgreen@comcast.net), cell 925.408.2412

Directions from Lafayette via Moraga Road:

- Make a right turn onto Donald Drive (traffic light at Donald Drive and Moraga Road)
- Continue for about 1-2 tenths of a mile
- Left turn into the Hacienda property
- Continue to the parking area near the Town Offices

Directions from Orinda via Moraga Way:

- Turn left onto Moraga Road
- Turn left onto Donald Drive
- Continue for about 1-2 tenths of a mile
- Left turn into the Hacienda property
- Continue to the parking area near the Town Offices

## State 'SIR Happenings'

*SIR Happenings* (our State Web Newsletter) is now in it's fifth year of publishing!

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)



## Br. 116 Book Club

Rich Black

### In the Garden of Beasts

On Monday, September 26, the SIR Book Group discussed **"In The Garden of Beasts"** by Eric Larson. It's Berlin in 1933, early in the new Roosevelt Administration and a sixty four year old history professor becomes the ambassador of the United States to a Germany which has recently elected Adolf Hitler as its Chancellor. What is the Ambassador like? What is his family like? What does he hope to accomplish as Ambassador? What does he learn about Germany? These are all questions that Eric Larson answers from a number of primary sources while also presenting the entertaining exploits of his precocious daughter. All of the book group members felt they had learned a lot about the Nazi's and their hold on power during the 1933 to 1937 period. The group awarded it 3.7122 stars, not an outstanding rating but clearly well worth the read. Richard Black led the discussion with Lytton DeSilva, Al Reynolds, Art Donaldson, Bob Mathews, Bob Daily, Joel White, John Frazier, Jim Scott and Jerry Christopherson participating.

The group will next meet on October 24 at Orinda Books at 10:15 AM to discuss

**"The Immortal Henrietta Lacks"** by Rebecca Skloot, a "thorny and provocative book about cancer, racism, scientific ethics, and crippling poverty."



## Luncheon Speaker

By Little Sir Neil Schmidt

### Maintain Your Brain

Today more than 5 million Americans living with Alzheimer's disease and up to a half million of these individuals are under age 65 and have younger-onset Alzheimer's or a related dementia.

When people think about staying fit, they generally think from the neck down. But the health of your brain plays a critical role in almost everything you do: thinking, feeling, remembering, working, playing and even sleeping. The good news is that emerging evidence suggests there are steps you can take to help keep your brain healthier as you age. These steps might also reduce your risk of Alzheimer's disease or other dementias.

People are encouraged to maintain their brain health by staying physically and mentally active, eating a brain-healthy diet and remaining socially involved.

William Fisher, CEO of the Alzheimer's Association, will give an overview of what the Association does and talk about nutritional and lifestyle advice strategies for keeping your memory sharp.



**Dine-O-Sirs Enjoying a Meal at Round Hill Country Club**

# SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated:



## SIR State Travel Opportunities 2011-2012

### **Oct 1-11, 2011 Canada & New England Cruise.**

Experience the colors of Fall as you sail for 10 days aboard Silversea's Silver Whisper from Montreal to New York. You will also visit Quebec City, Charlottetown, Sydney, Halifax, Bar Harbor, Boston and Newport. While aboard the Silver Whisper you will find a most accommodating atmosphere providing impeccable service and world class cuisine. Everything is included in the price, tips, fine wines, all spirits, complimentary In Suite dining, meals airfare, bus to and from airport, port charge, government fees and taxes. You will be treated like royalty. Cost from \$5250 to \$6750 depending on State-room. Contact **Bob Spellman** @ 934-8428. This trip has been very popular and is currently sold out. We have started a Waiting List for those who may still like to go with no obligation.

### **Oct 8, 2011 Blue Angels & the San Francisco Belle.**

Enjoy the Best Aviation show in the U.S. as well as vintage planes performing the most amazing stunts you will ever see. We will board the San Francisco Belle at 1:30 and cruise around the Bay, stopping in a great spot to view the aviation show. While on board there will be live entertainment, reserved seating for a hot buffet lunch and no host bar. We will disembark at 4:30 for our motor coach ride back to Walnut Creek Cost is \$125 pp Contact **Bob Hagler** @925-934-7620 Branch 8 for more information.

**Dec 7, 2011 Christmas Show Extravaganza. Finocchio's Style.** You will be talking about this show for months. Finocchio's was a nightclub in San Francisco with men performing with all

the glitter, sophistication and glamour of women. It was a favorite tourist spot from the 1930's to 1990's. In 1999 Finocchio's closed its doors but many of the cast members are still performing and will showcase their talents at this show. Enjoy this fabulous show and a fun filled afternoon. Cost \$81.00 includes, delicious luncheon, motorcoach transportation, and class of wine. Contact **Ken Richter** @ 689-6217. Payment must be received by 10/25/11.

### **May 19-Jun 3, 2012 Romance of the Rhine & Mosel.**

Cruise aboard a private Grand Circle river ship starting in Basel, Switzerland ending in Antwerp, Belgium. The ship will make stops at Strasbourg, France, Speyer, Baden-Baden, Boppard, Koblenz, Cochem, Bernkastel, Trier, Bonn, Germany, Nijmegen, Kinderdijk and Antwerp. The price starts at \$3895 to \$5295 plus air. The trip includes, 12 exclusive guided sightseeing tours plus personal headsets, Captains welcome dinner, 42 meals with complimentary wine with dinner. Contact **Ken Richter**, 689-6217. Pre and post trips are also available to Lucerne, Switzerland and Bruges, Belgium. Rooms will be available on a first come first serve basis.

Contact Tom Eller for more details on these and other trips (tomeller2000@yahoo.com)

## Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options.





## Computer & Technology

Derek Southern & Phil Goff



The Area 2 Computer and Technology Group invites all Sirs and their guests to our next meeting on Thursday, October 20th at 9am.

Denise Alexander from PG&E will talk about their **SmartMeters** program. SmartMeters are rapidly being installed widely across the US. They collect and communicate electric and natural gas usage data from homes or businesses and provide many benefits to both the power company and the end-user. Denise will talk about the technology, the benefits as well as issues they have encountered with their roll-out of SmartMeters. She will also show how users can monitor and get usage alerts on your own gas and electric usage.



After this presentation Dick Curry will lead a Q&A to address current computer issues and questions. So please join us for a fun and informative session. As always there will be coffee and cookies available before and during the meeting.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies. See you there.

Thank you for supporting your Area 2 Computer and Technology Group.



## Wine Appreciation Group

Al Reynolds

Wine Tasting events are held every other month on the last Thursday of the month from 4 to 6:30 pm. We meet at members' homes on a rotating basis, with the host selecting the wines and finger foods. Usually, four to five different wines are tasted and discussed. The cost is normally between \$5 and \$10 per person. Both SIRS members and their wives are invited to attend these informal and convivial gatherings. Contact Al Reynolds, 925/254-1576, for more information. 1576.

### Golf Truths

- Golf balls are like eggs . they're white. They're sold by the dozen ... and a week later you have to buy more.
- A pro-shop gets its name from the fact that you have to have the income of a professional golfer to buy anything in there.
- It's amazing how a golfer who never helps out around the house will replace his divots, repair his ball marks, and rake his sand traps.
- When you stop to think about it, did you ever notice that it's a lot easier to get up at 6:00 a.m. to play golf than at 10:00 to mow the yard"

## SIR Website Addresses

### SIR 116 Web Site

<http://www.sir-web.org/116-web/>

### Branch 116 Golf

<http://www.sir-web.org/116-golf/>

### Trampas Topics

<http://www.sir-web.org/trampas/>

### Computer and Technology

<http://www.sir-web.org/computer/>

### SIR Happenings State Newsletter

[www.sirinc.org/sirhappenings](http://www.sirinc.org/sirhappenings)

### State SIR Web Site

<http://www.sirinc.org/>

## "Dine-O-Sirs" Dinner Group

Ben Smith



The Dine-O-Sirs group will have their next event at "LeCheval restaurant" in Walnut Creek on October 19, located at 2011. 1375 N. Broadway, Walnut Creek, CA . Event will start at 6:00 PM with Dinner at 6:45.

Details will be forwarded to all Dine-out members in the next few days by e-mail. This should prove to be a wonderful outing with a new and exciting Menu that all should enjoy. The menu will consist of a great selection of Vietnamese/french selections served family style. Mark your calendars for this next event. Seating will be limited, so make reservations as soon as possible.

If you wish to attend and have not yet signed up, send an e-mail to Ben Smith at [bjsssmith@aol.com](mailto:bjsssmith@aol.com).

Jerry Hicks is putting this event together and he is preparing an outing that should prove to be outstanding. Good food, Good Drink, and wonderful company. You won't want to miss this one.



## SIR Christmas Dinner Dance

Our SIR Christmas Dinner Dance will be held at the Crow Canyon Country Club on **Wednesday, Dec 7**. Tell your spouses and **mark that on your calendar**.

I need two or three **volunteers** to help in promoting, planning, and putting on the party. It should not take a great deal of time and it is an enjoyable way of helping our SIR group.

If you would like to help, please contact me at [jkhicks@astound.net](mailto:jkhicks@astound.net) or (925) 945-7465.

We'll have more on the Christmas party next month and will start taking reservations in October.

Jerry Hicks, Party Chair



## Senior Citizen Joke

A 75-year-old man went to the doctor's office to get a sperm count.

The Doctor gave the man a jar and said, "Take this jar home and bring me back a sample tomorrow."

The next day, the 75-year-old man reappears at the doctor's office and gives him the jar, which is as clean and empty as the previous day.

The doctor asks what happened, and the man explains, "Well, Doc, it's like this. First I tried with my right hand, but nothing. Then I tried with my left hand, but nothing. Then I asked my wife for help. She tried with her right hand, but nothing. Then with her left, but nothing. She even tried with her mouth, first with her teeth in, then with her teeth out, and still nothing. Hell, we even called up the lady next door, and she tried with both hands and her mouth too, but nothing."

The doctor was shocked. "You asked your neighbor?"

The old man replied, "Yep, but no matter what we tried, we couldn't get that damn jar opened!"

# SIR Branch 116 Golf

By Al Zavattero, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

The 9-hole group also plays once a week and alternates play between local courses. Foursomes in both groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in our annual golf book, the Trampas Topics and on our web site at <http://www.sir-web.org/116-golf>. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

## Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.  
Please indicate if you want a cart.

## October 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 05	10:00	Buchanan Fields	Dick Chaffee
Wed. 12	10:00	Pine Meadow	D. McClaughry
Wed. 29	10:00	Buchanan Fields	Dick Chaffee
Wed. 26	10:00	Diablo Hills	Mike Murphy

## Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2<sup>nd</sup> place 2 and 3<sup>rd</sup> place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

## At The Water Cooler

Two men are talking at the water cooler at work one Monday morning.

"What did you do this weekend" asked Don.

"Dropped hooks into water." replied Dave.

"Fishing, eh", ... "No, golfing."

## October 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 03	9:30	Boundary Oak	Al Serafino
Mon. 10	9:30	San Ramon	Al Serafino
Tues. 18	9:30	Paradise Valley	Al Serafino
Mon. 24	9:30	Willow Park	Al Serafino
Mon. 31	9:30	Boundary Oak	Al Serafino



# 18 Hole Results

By David Harris

## Lake Chabot -- Monday September 26, 2011

Flight 1			Flight 2			Flight 3			Flight 4		
Bill McCord	64	3	Frank Crua	67	3	John Story	67	3	Frank Lockwood	70	3
Mel Williams	72	2	Dave Carlson	68	2	Dick Chaffee	76	2	Conrad Robertson	70	3
Jim Johnson	74	1	Phil Goff	71	1	Bob Testa	76	2	Art Vogl	71	1
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Bill McCord	80		Frank Crua	86		John Story	90		Conrad Robertson	97	

Closest to: Hole #9 - Frank Crua, Don Roberts -- Hole #12 - Bob Testa

## Lone Tree -- Tuesday September 20, 2011

Flight 1			Flight 2			Flight 3			Flight 4		
Bill McCord	69	3	Phil Goff	74	3	John Story	67	3	Robbie Robinson	69	3
Mel Williams	74	2	Frank Crua	75	2	Phil Jenkins	69	2	Frank Lockwood	71	2
David Harris	77	1	Paul Kim	76	1	Don Roberts	76	1	Terry Grummitt	77	1
						Al Serafino	76	1			
						Bob Testa	76	1			
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Bill McCord	86		Phil Goff	91		John Story	90		Robbie Robinson	100	

Closest to: Hole #5 - Bill McCord, Al Serafino -- Hole #11 - Dave Carlson, Don Roberts

## Tilden Park -- Monday September 12, 2011

Flight 1			Flight 2			Flight 3			Flight 4		
Pat Tinguely	67	3	David Carlson	68	3	Richard Madden	63	3	Conrad Robertson	68	
Al Zavattero	71	2	Phil Goff	71	2	Bob Testa	65	2	Chuck Gilliam	70	
David Harris	73	1	Lonny Randall	74	1	John Story	68	1	Matt Arena	72	
Mel Williams	73	1									
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Mel Williams	86		David Carlson	89		Richard Madden	87		Conrad Robertson	100	
			Phil Goff	89							

Closest to: Hole #6 - Phil Goff, John Peterson -- Hole #11 - Phil Goff, Bob Testa

## Boundary Oak -- Wednesday September 7, 2011

Flight 1			Flight 2			Flight 3			Flight 4		
Jim Clizbe	71	3	Paul Kim	77	3	Bob Testa	67	3	Chuck Gilliam	72	3
			Lonny Randall	84	2	John Story	68	2	Joe Ostler	73	2
						John Peterson	73	1	Frank Lockwood	77	1
<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>			<b>Low Gross</b>		
Jim Clizbe	89		Paul Kim	95		John Story	91		Chuck Gilliam	109	

Closest to: Hole #12 - Chuck Gilliam



# 2011 18 Hole Leaders

By David Harris

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Index 0.0 - 16.7		Index 16.8 - 21.3		Index 21.4 - 26.5		Index 26.6 - 36.4	
NAME	POINTS	NAME	POINTS	NAME	POINTS	NAME	POINTS
Williams, Mel	45	Carlson, David	55	Peterson, John	37	Robertson, Conrad	57
Johnson, Jim	37	Goff, Phil	41	Story, John	36	Hemmelsbach, Bill	37
Harris, David	36	Crua, Frank	40	Wroblewski, Bernie	28	Gilliam, Chuck	31
Zavattero, Al	28	Randall, Lonny	27	Foust, Max	27	Robinson, Robbie	28
McCord, Bill	25	Kim, Paul	26	Testa, Bob	26	Langhorst, Carl	17
Clizbe, Jim	18	Eller, Tom	13	Donohue, Bob	15	Cook, Wayne	15
Meyer, Dirk	14	Socolich, Dick	12	Jenkins, Phil	15	Arena, Matt	12
Clark, Bill	9	Hunter, Jerry	4	Chaffee, Dick	11	Armijo, Ron	11
Schmidt, Neil	9	Campbell, Rob	3	Serafino, Al	11	Vogl, Art	11
Tinguely, Pat	9	Cannon, Larry	3	Madden, Richard	8	Lockwood, Frank	6
Smith, Wayne	4	Nichols, Bob	3	Boswell, Gary	6	Kallas, Pete	3
Hicks, Jerry	3	McClaghry, Darrell	2	Hutchko, Al	5	Ostler, Joe	3
Smith, Ben	1	Birmingham, Pat	1	Conlon, Bob	4	Maclay, John	2
				Roberts, Don	3	McVean, Kirk	2
				Lutkus, Alex	2	Grummitt, Terry	1

## Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

<http://www.sir-web.org/116-golf>

Please bookmark it in your "Favorites" list of websites to access information on the following:

2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.
- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.

## 18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Monday October 3	Metropolitan	Sep-17	\$35
Monday October 10	San Ramon	Sep-24	\$29
Tuesday October 18	Paradise Valley	Oct-7	\$43
Monday October 24	Willow Park	Oct-14	\$37
Monday November 14	Roddy Ranch	Nov-4	\$40
Tuesday November 22	Blue Rock Springs -- West	Nov-11	\$35
Monday November 28	Shadow Lakes	Nov-18	\$30

Send checks made out to **SIR Branch 116 Golf, P.O. Box 683, Lafayette, CA 94549-0683**



RETURN TO: Neil Schmidt  
2231 San Miguel Dr.  
Walnut Creek, CA  
94596-5805

**Sons In Retirement: A non profit Organization for Retired Men devoted to  
the Promotion of Independence and Dignity of Retirement**

### **Rules of Attendance and Membership for SIR Branch 116**

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

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### **Non Responsibility Declaration**

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

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### **Checks for Trips**

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.