



Trampas Topics

March, 2014

SIR Branch 116

Next Meeting: 11:30 am,
Monday, March 17, 2014
Elks Lodge—1475 Creekside
Dr, Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Enjoying Active Retirement

Sayings of 2014 Big Sir Phil Goff



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March is the month of the vernal equinox and the beginning of the spring season. Although we didn't get a normal amount of snow in the mountains, it's fun to look forward to the flowers blooming and the warm weather coming. Outdoor activities are always more fun in warm weather so sign up for our golf, walking, fishing or other SIR activity to celebrate the arrival of spring.



Speaking of spring, Jerry Christopherson and his team have landed on a date and location for the "Ladies Day Spring Luncheon." They are planning to hold it at the San Ramon Golf Club on May 20. So save the date and plan to attend. Jerry and his team always put on a great event.

The Book Exchange at our lunch meetings is gaining momentum. Please remember to bring a book to add to the "library" of free books being offered and take a really good book home. It's a great way to find books that were interesting to other members and likely be interesting to you.

I want to encourage everyone to help us in our ongoing efforts to retain current members and attract new ones. Please think about inviting any friends and acquaintances who might be interested in membership in SIR to join us at one of our monthly meetings. I'm sure they will enjoy the fellowship and listening to one of our interesting speakers. You will be doing them a favor and helping us to keep our Branch healthy. If your guest decides to join, we will give you a free lunch voucher.

Dick Thomson has been sitting at the lunch payment table these last two months to collect member's voluntary contribution of \$45. Currently about 77% of our members have paid so if you are one of those who have yet to pay, please remember to bring your contribution to the March luncheon. Dick is very accommodating and will accept cash or check.

Our next lunch meeting will be on St Patrick's Day, March 17, so don't forget to wear some green.

Phil Goff Big SIR

PLEASE CALL 806-8874
by the Thursday prior to
the meeting to
cancel your standing reser-
vation or
to bring a guest.

2014 SIR 116 Officers & Directors



Big SIR
Phil Goff
831-3692



Little SIR
Bob Donohue
513-5141



Secretary
Dick Chaffee
932-5087



Asst. Secretary
Joel White
964-0994



Treasurer
Carl Langhorst
672-2541



Asst. Treasurer
Bob Shader
939-8421



Membership Sec.
Andy Benz
937-5706

DIRECTORS



Wayne Cook
933-8337



Jim Johnson
825-7437



Jerry Kaplan
938-1037



Bob Testa
254-8457



Paul Romacciotti
229-2564



Art Vogl
288-0488

2014 SIR 116 Committee Chairmen

Activities Coord.	J. Christopherson	939-3973	Membership Roster	Dick Thomson	785-7600
Attendance	Jim Nachtweih	838-7417	Music Man	Robbie Robinson	798-4276
Audit	Ron Armijo	945-0637	Newsletter Editor	Neil Schmidt	831-3692
Book Club	Rich Black	283-8376	Asst. Editor	Phil Goff	939-5342
Book Exchange	John Fraser	837-7439	Nominating	Art Vogl	393-9373
"	Dick Kauffman	838-2334	Parties	J. Christopherson	946-0335
Bridge	Milt Greenstein	376-5589	Photographers	John Peterson	831-3692
Candy Sales	Don Seaton	932-4115	"	Neil Schmidt	939-5342
"	Dirk Meyer	820-6878	"	Phil Goff	831-3692
Chaplain	Rotating	*1 Below	Poker Group—1	Bill Harrington	935-1625
Computer & Tech.	Neil Schmidt	939-5342	Poker Group—2	Al Reynolds	254-1576
Dine-O-Sir	Ben Smith	820-5403	Storytellers	Various	Various
Duplicate Bridge	Mike Corker	672-7525	Sums In Retirement	Ben Smith	820-5403
E-mail Contact	Phil Goff	831-3692	Sunshine	Matt Arena	946-0404
Fishing	Harry Sherinian	846-7067	Travel	Tom Eller	939-5897
Guitar	Paul King	938-3035	Volunteers	Bob Kinser	837-8886
Golf	Al Zavattero	933-0465	Webmaster	Phil Goff	831-3692
"	Carlos Xavier	947-6756	Welcoming	Jerry Kaplan	938-1037
Greeters	Pat Bermingham	930-9477	Wine Appreciation	Jack Bevis	254-7256
Hiking and Walking	Joel White	964-0994			
Historian	Matt Arena	946-0404			
Host	Frank Crua	932-0975			
Interviewer	Max Foust	827-9323			

*1. Doug Aalders, Matt Arena, Art Donaldson,
Lou Sandor

2014 SIR Area 2 (Inter-branch) Committee Chairmen

Bowling	Lloyd West (Br.19)	228-9037	Rubber Bridge	Fred Bolton (Br.146)	932-1580
Computer Tech	Derek Southern (Br.8)	937-2035	Table Pool	Bill Weinberg(Br.146)	682-0962
Fishing	Pete Gates (Br. 146)	689-3199	Travel	Bob Spellman (A.2)	934-8428
Golf	Jim Willey (Br.19)	934-0656	Speakers Bureau	John Roebuck (Br.19)	685-8764
Publicity	Walt Schick (Br.8)				

SIR Branch 116 Activity Calendar

March 2014

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
						1
2	3 18-Hole Golf (9:30@ Boundary Oak GC)	4 Duplicate Bridge (10:00@ Diablo Valley Bridge Ctr)	5 9-Hole Golf (10:00@ Buchanan Fields GC)	6	7	8
9	10 18-Hole Golf (9:30@ Sequoyah CC)	11 Luncheon Bridge (11:30@ Round Hill CC)	12 9-Hole Golf (10:00@ Pine Meadow GC)	13	14 Hiking & Walking (8:15@ To Be Announced)	15
16	17  SIR Br 116 Mtg. (11:30@ Elks Lodge)	18 18-Hole Golf (9:32@ Dublin Ranch GC) Ladies Day Lunch & Bridge (11:30@ Diablo CC) Poker Group 2 (1:00@ Diablo CC)	19 9-Hole Golf (10:00@ Buchanan Fields GC)	20 Computer & Tech (9:30@ Elks Lodge) Dine-O-SIR (6:00@ Back Forty BBQ)	21	22
23	24 18-Hole Golf (9:30@ San Ramon GC) Book Group Mtg. (10:15@ Orinda Books)	25 Luncheon Bridge (11:30@ Diablo CC)	26 9-Hole Golf (10:00@ Diablo Hills GC) \$ums Investment (8:00@ Diablo Creek GC)	27 Dine-O-SIR (6:00@ Diablo CC) Wine Appreciation (4:00@ TBD) Fishing Group (8:30@ Legends-Diablo Crk)	28 Hiking & Walking (8:15@ To Be Announced)	29
30	31 18-Hole Golf (9:30@ Oakhurst CC)					



Membership

Andy Benz
(anbenz@aol.com)

SIR 116 Membership Status

Total Current Members:	245
Last Month's Inductees:	0
Those in Interview Stage:	0
Total in Process:	0
On Inactive Status:	62
Left the Branch:	1
Waiting to be Installed:	0



Lunch Attendance

Jim Nachtweih
(majnacht@sbcglobal.net)

Attendance at the February 20th meeting:

Total:	180
Members:	178
Visitors:	0
Speakers:	1
Guests:	1
Excused:	44
Un-Excused:	25

The un-excused members will be asked to pay for their missed lunch.



Br. 116 Treasurer's Report

Carl Langhorst, Treasurer
(cslangho@mindspring.com)

	<u>Feb., 2014</u>	<u>2014 YTD</u>
Contributions	\$ 9,848.75	\$ 17,611.75
Disbursements	\$ (7,207.90)	\$ (11,199.85)
Net (gain/(loss))	\$ 2,640.85	\$ 6,411.90
February Cash Balance		\$ 11,798.53

👉 REMINDER 👈

To cancel your standing Luncheon reservation, please call Luncheon Hotline (925-806-8874) no later than Thursday AM in the previous week.

March Luncheon Menu

Parmesan Chicken
Creamy Pesto Pasta
Italian Saute Zucchini, Salad Bar
French Rolls -Butter
Dessert , Coffee-Ice Tea

March Birthdays

When you see these members, wish them a
Happy Birthday!

- | | |
|---------------------|-------------------------|
| 1. Douglas Allen | 12. Lloyd Plank |
| 2. Gary Bonfiglio | 13. Ron Radakovich |
| 3. Bill Harrington | 14. Paul Ramacciotti |
| 4. Robert Johnston | 15. Norman Schoenfeld |
| 5. Richard Kauffman | 16. David Sherman |
| 6. Ron Leschot | 17. John Story |
| 7. Frank Lockwood | 18. J. Patrick Tinguely |
| 8. Bill McCord | 19. Don Welsh |
| 9. Chuck O'Conner | 20. Dave Williams |
| 10. John Peterson | 21. Bob Zurich |
| 11. Allen Pirkle | |

Want a Free Lunch ?
Sponsor a New Member !

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com



Sunshine Report

Matt Arena

(marena@astound.net)

SIR **Norm Schoenfeld** has been dealing with a rotator cuff problem on his left shoulder but now he is also dealing with injury to the right shoulder. There has been some nerve damage following a dislocation of this shoulder. Here is hoping he makes a speedy recovery. Imagine if you had both shoulders out of commission.

SIR **Bob Costa** is receiving dialysis treatment 3 times a week. This schedule limits his ability to attend our luncheons but he is feeling fine with the exception of these treatments.

SIR Tom Williams has had surgery for bladder stones. He is recovering nicely and before too long he will rejoin us for lunch.

SIR **Carl Cline** has been getting out which has been good for his overall recovery from his stroke. Carl is a fighter and he works daily at making a full recovery.

SIR **Larry Johnson** has learned he has a 60% blockage in his carotid artery .Surgery is planned for removing this blockage very shortly. He is waiting to be scheduled for this procedure.

SIR **Wayne Smith** had a bad accident which resulted in a broken nose, rib fractures, and bruised kidney. I hope I have this right. We are hoping that he has a speedy recovery.

SIR **Jack Vollmer** has missed a luncheon or two but he is just fine. Jack has been helping his wonderful wife Alice with her health problems. Many doctor appointments have kept Jack from our meetings.

SIR **Roy Hedtke** long on inactive for health reasons passed away on JANUARY 28, 2014.Roy was a long time member of our BRANCH.



Br. 116 Book Club

Rich Black

(blackrw41@comcast.net)

How the Irish Save Civilization

The Dark Ages, a period of chaos, was illuminated by this book. Ireland sits on the outskirts of Europe and was spared the destruction of Roman civilization by the barbarian hordes. In this interlude, the Irish founded the monastic movement, copying the books being destroyed elsewhere by Germanic invaders, eventually bringing them back to the places from which the books had come. The book is full of vignettes which enliven this history. Participating in the discussion were Al Reynolds, Art Donaldson, Bob Mathews, Bob Wolf, Cord Hull, Dick Kaufman, Garrett Gavin., Jerry Christopher-son, Joel White, John Frazier, John Riordan, Ken Sandy, Lytton De Silva, Paul Freitas, Tim Tennes. The group awarded the book a 3.1.

The next meeting will be on Monday, March 24 at 10:15 am at Orinda Books to discuss "*The Round House*" by Louise Erdrich.

Hiking & Walking

Joel White

(zp2mrz@yahoo.com)

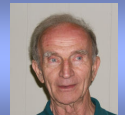


The two walks scheduled for March will be at 8:15 AM on the 14th and 18th . The locations have not yet been arranged and will to be announced via e-mail. For more information, contact Joel White.

Poker Group #2

Al Reynolds

(reynolds4596@sbcglobal.net)



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members is the primary purpose.

If you would like to join, call Al Reynolds at 254-1576 or send an email.



Bridge
Milt Greenstein
 (margmilt@comcast.net)

On February 4th, the duplicate group met at the Diablo Valley Bridge Center with 24 men attending. The team of Ernie Sherne/Ron Wolberg were the top team with 80.50 points out of a possible 135, for 59.22%, and earning 1.20 master points. In 2nd place were Jim Regan/Dan Greenberg with 58.52%, followed by Jack Butler/Mike Corker at 57.78%, Dimitris Argyriou/Fred Cochran at 54.07%. The lunch/bridge group met on February 11th with 20 men attending. Our high scorer was Charley Schmidt with 8,200 points, followed by Bob Wolf with 5,950, Alvin Buchignani at 4,930, Jai Yee at 4,690 and Jerry Christopherson with 4,450. We had three small slams made today, two by Charley Schmidt with Jon Dickson and Dimitris Argyriou and the third by Bill Sullivan and Ron Wolberg. Overall, today was a good scoring day, with the average score for a round of 629 points, more like our normal average lately of over 600.

A small group of 21 men gathered at Diablo C.C. on February 25th for lunch and bridge. Art Donaldson was our big winner with 6,340 points, but no slams, while Bob Wolf was 2nd with 5,410 points and 2 small slams, one with Lytton DeSilva and one with Charley Schmidt. Milt Greenstein was 3rd with 4,540 points, Jai Yee was 4th with 4,420 and Dimitris Argyriou was 5th with 4,340 points.

Last Notice: SIR Branch 116 "Ladies Day Lunch and Bridge" spring session will take place on **March 18, 2014**, at 11:00 am at Diablo Country Club. Cost will be \$50 per team, including lunch and prize money. Entree choices will be salmon, chicken picatta or a vegetarian pasta. This is a wonderful way to spend a day with your significant other in the company of your friends. Polish up your bridge skills and **SAVE THE DATE - March 18**, (the day after St. Patrick's Day).



\$ums Investment Group
Allen Espenmiller
 (aespenmiller@pacbell.net)

The Area 2 \$ums Investment Group will meet on **Wednesday March 26, 2014 8:00 AM** at the Diablo Creek Golf Course, 4050 Port Chicago Highway in Concord. Our guest speaker will be David Chee, CPA and Vice President of Reverse Mortgage Solutions, Inc. David will go over the concepts of reverse mortgages and discuss whether or not reverse mortgages fit into your financial planning future. Reverse mortgages are controlled by the Federal Housing Authority and there have been some recent changes to the financial assessment of this program. David will delve into the details of what to consider in order to receive the most amount of money from a reverse mortgage with the least amount of fees and lowest interest rate.

Be sure to plan to attend and learn about this aspect of Financial Planning. The Legends restaurant opens at 7:00 AM so plan to have a leisurely breakfast prior to the meeting with your fellow SIRs. Bring along a prospective SIR and introduce him/her to the Investment Group activity.

SIR Website Addresses

SIR 116 Web Site

www.branch116.org

Branch 116 Golf

www.branch116.org/116-golf/

Trampas Topics

www.branch116.org/trampas/

Computer and Technology

www.a2cat.sirinc2.org/

SIR Happenings State Newsletter

www.sirinc.org/sirhappenings

State SIR Web Site

www.sirinc.org/



SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. The only thing that you need to join us is a fishing license. We have lots of members with boats that we can pair you up with. Next meeting will be Thursday, March 27th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am.

The March meeting will include our annual fishing gear silent auction! SO MANY GOODIES!!!! Meanwhile, the sturgeon bite is very good, lots of fish, a few keepers, and a lot of near keepers. Imagine catching a 35 pound fish too small to keep. What fun! Pete Gates did get a legal size keeper. Carl Moyer, Paul Dubow, Rich Fiscina, Tom Boltz, Dick Thomson, and Bruce Persons all caught spunky shakers. Tom Kostik hosted Barry Rauchle and Joe Miscione striper fishing in the delta with great success. Over 20 fish caught each time, almost all released, but Barry came home with two very respectable line sides. Karl Droese and Paul King boated some very delicious yellow fin tuna fishing from Kona, HAWAII. Raleigh and Helen Davis caught bonita, and skip jack tuna, and jack crevalle from Puerto Vallarta, MEXICO. Much closer to home, the trout fishing can best be described as dismal. Carl Moyer did catch a 5 pounder and a 2 pounder from Shadow Cliffs Reservoir, but that was his total catch for 7 trips. Many others have fished Shadow Cliffs and Lafayette Reservoir catching 2 fewer fish. We have hope for the recent opening of San Pablo Reservoir, but it is poor after a rain, and we are finally getting just enough rain to muddy it. The lack of rain is going to make this a very challenging year for fishing. Many of the reservoirs are at record low levels and launching boats will be difficult if not impossible. Even our local haunt, Shadow Cliffs in Pleasanton is so low that some of our fisherman cannot launch their boats.

We will be very busy this spring with: delta fishing for bass, catfish, and sturgeon; trout in mountain and local lakes.

Our next meeting will be **Thursday, March 27th**, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Dick Thomson, Big Fish (925-944-1760) Harry Sherinian, Branch 116 Coordinator, (925-846-7067)



Activity Chairman

Jerry Christopherson

(jchris161k@aol.com)

IT'S THAT TIME AGAIN! Our Spring Fling is back to honor our ladies. This years event will be on **Tuesday, May 20th** at the San Ramon Golf Club. A great menu, exciting entertainment, and door prizes will make this a day not to miss. This a reservation form on page 8 of this newsletter, so start your making plans now. On another subject.....The new book exchange activity is getting off to a good start, even better than we anticipated. This means more books are needed. If you have books that you feel others would like, bring them to the next monthly meeting.



Wine Appreciation Group

Jack Bevis

(jackb435@comcast.net)

Wine Event January 20, 2014

Claire and Jack Bevis hosted this first gathering of 2014. There were 15 members of the group in attendance. From a personal perspective and from what I (Jack) could gather from the lively conversation all had an enjoyable afternoon. The theme for the wine selection was "Tasting around South America". We tried one of each of the main red varieties grown in the area. There was Malbec, Carmenere, Cabernet Sauvignon, Sarah and Pinot Noir. The favorite was the Malbec. The rest were "interesting". A Torrontes was the only white and it was very popular. It is the white wine of Argentina and is said to combine the best characteristics of Chardonnay and Sauvignon Blanc.

The next Wine Event will be March 27th. If you are interested in having more information call Jack Bevis at 925-254-7256.

2014 Spring Fling

For SIR Branch 116

A Special Luncheon for our Ladies (Replacing our Regular May Lunch Meeting)

SAN RAMON GOLF CLUB

9430 Firecrest Lane, San Ramon, CA Phone: 925-828-6258

TUESDAY, MAY 20, 2014

11:00 No Host Social Hour, 12:00 Sit-down Luncheon Served

Fun! Entertainment! Special drink prices! Door prizes! Fun!

\$43 per person (includes tax & tip)

Menu: Choices: Petite Filet Mignon, Chicken Cordon Bleu, Salmon, or Three Cheese Lasagna



Spring Fling—San Ramon Golf Club
Must be received no later than May 9, 2014

Name: _____ Beef _____ Salmon _____ Chicken _____ Veggie _____

Name: _____ Beef _____ Salmon _____ Chicken _____ Veggie _____

Make Check to: SIR Branch 116 Number x \$43.00 = \$ _____

Mail Check to: Lou Sandor, 849 Stonehaven Drive, Walnut Creek, CA 94598

Note: I would like to reserve a table with the following people: (tables of eight only)



Golf at Rancho Canada in Carmel, CA

May 12 and 13, 2014

Branch 116 is planning a New Golf Event

Spouses and Significant others are invited and Non-golfers are welcome

Here are the Details



We will stay at the Carmel Mission Inn (Tel 1-800-348-9090). You must make your own reservations for and pay separately. Mention you are with the SIR 116 event and the room rate will be \$119/night.

We will play golf at Rancho Canada on Monday and Tuesday, May 12 & 13. First tee time on Monday is 11:00 AM so you may drive down that morning if you wish. Golf fees for the two days are \$142 (\$108 for walkers). This price includes \$20 for prize money and a BBQ dinner on Monday night.

Non-golfers will pay \$28 for the BBQ on Monday night.

Space is limited so send your checks in right away (no later than April 1).

Rancho Canada Golf Event, May 12 and 13, 2014

Name _____ Name _____

No. of Golfers x \$142 (\$108 for walking) _____

Non-Golfers x \$28 _____

Total Amount _____

Send your checks to SIR Branch 116 Golf, PO Box 683, Lafayette, CA 94549-0683

Questions? E-mail Jim Barstow (jbarstow@aol.com)



Computer & Technology

Derek Southern & Neil Schmidt



The Area 2 Computer and Technology Group advises all Sirs and their guests that our next meeting will be at the Walnut Creek Elks Lodge on **Thursday, March 20th at 9:30 am.**



Our presentation will be Part 2 of our "Finance Management and the Internet" series. The first presentation, by Dennis Lowe, will address "Personal Finance Software & Apps". His presentation will explore various personal finance options, advantages/disadvantages as well as security issues. The second presentation, by Phil Goff, will be on "Internet Money (Bitcoin)". Phil will talk about how this new type of money, which bypasses the typical bank controlled process, works. Bitcoin is a market value controlled money so individuals may invest in it as well as use it buy things. There are articles in the news almost every day about Bitcoin and Phil will take the mystery out this new "fangled" money.

Following these two presentations, time permitting, there will be an informal "Sharing Tips & Tricks" segment where individuals will be asked to share some of their computer, smartphone, tablet, etc. tips with the group.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:30 to 11:30 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone. Some months we ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies, other months are free.

"Dine-O-Sir" Dinner Group

Ben Smith

(bjsssmith@aol.com)



The next Dine-O-Sir event will take place at the "Back Forty Texas BBQ" on Thursday,



March 20, 2014. The Back Forty is located at 100 Coggins Dr., Pleasant Hill, CA 94523.

The Menu will consist of an all you can eat Buffet; featuring fresh Caesar salad with grated Parmesan cheese, award-winning pork Ribs (St. Louis Style), slow smoked succulent Brisket of Beef, Texas style BBQ Beans, Rolls and Dessert. Fresh Brewed Coffee, Tea, and Soda drinks are included with in dinner cost of \$35 PP, tax and tip included. A No-Host bar will be available with special SIR prices for Wine, Beer and House drinks. We will have our own Bar area with lots of room to mosey around and greet other members of the Dine-O Herd.

This should prove to be a fun evening with great food and plenty of time for Social Re-adjustment. Be sure and make your reservations ASAP as you will not want to miss this good time in a casual Western setting. To make reservations contact Ben Smith, Tel: 925-820-5403 or e-mail bjsssmith@aol.com (Check e-mail flyer for complete details.)

Free Valet parking will be available at the front door of the Restaurant (Just tip the Car Wrangler).

The Dine-O-Sir Herd will be out to pasture in April but will hopefully meet up at the annual Ladies Day "Spring Fling" in May. Our next Dine-O-Sir event will take in June-----

Stay tuned!!!!

SIR Travel

By Tom Eller, Travel Chairman
(tomeller2000@yahoo.com)



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated:



SIR Area 2 Travel Opportunities

May 13, 2014: Hidden Gems of the Dalmatian Coast & Greece. 16 day cruise aboard a small ship with maximum of 50 passengers. Ports of Call include Zagreb, Split, Hvar, Korcula, Dubrovnik, Montenegro, Albania, Corfu, Delphi, and Athens. Cost is \$4595 to \$6170 including accommodations, 37 meals, airfare and 12 exclusive tours. Ken Richter, Walnut Creek, Br.146, 925-689-6217.

May 23, 2014: Eastern Europe to the Black Sea. (13 day River Cruise/Tour starting in Budapest with stops in Hungary, Croatia, Serbia, Bulgaria, and Romania.) Includes 32 meals, 6 exclusive tours, personal headsets, Program Director and Airfare. Cost is \$4345 pp. Bruce Saltzman, San Ramon, Br.128, 925-735-2366.

Jun 6-13, 2014: American Queen Cruise. (Travel on the Mississippi River from New Orleans to Memphis with shore tours at Natchez, Vicksburg and Helena. The cost of \$2980 to \$4640 includes airfare, transfers, meals and complimentary wine or beer with dinner. Philip Manriquez, Br 1, San Mateo, 650-871-5009.

Jun 3-14, 2014: Alaska Cruise from San Francisco. (This 11 day cruise on the Star Princess starts and ends in San Francisco with stops in Ketchikan, Juneau, Skagway, and Victoria.) Cost \$2185 to \$3785 include 1 bottle of wine, one cocktail party, porter

tips for luggage, port taxes, Travel protection. Bill Rodman, Br.38, San Jose, 408-274-4521 or Hank Clark, 408-223-6466.

Aug 24-Sep 8, 2014: 12 Day British Isles. The British Isles beckon adventurous travelers with fascinating cultures, awe-inspiring and stunning landscapes. This 12 day cruise on the Ruby Princess includes London, Guernsey, Cork, Dublin, Belfast, Glasgow, Orkney, Edinburgh and Paris. Cost \$4693 to \$6295 includes airfare, transfers, gratuities.

Sep 19-Oct 3, 2014: Grand Norwegian Coastal Voyage. 14 night trip starting in Bergen, Norway with a stay at a Superior First Class Hotel before boarding your working Norwegian coastal vessel designed for comfortable cruising. You will visit 34 ports of call, with 12 orientation walking tours with Program Manager. Additionally cost of \$4649 includes accommodations, 36 meals, audio headsets, all transfers and baggage handlings. Post trip to Copenhagen, Denmark also available. Contact Bob Spellman Br 146, 934-8428 for more information.

Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options.

State 'SIR Happenings'

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

www.sirinc.org/sirhappenings

See's Candies 2014 Easter Discount Sale
 This sale provides group discount prices to SIR Branch 116 members.
 THIS IS NOT A FUND RAISER.

- **Mail Orders** to: Don Seaton
 1961 San Miguel Dr
 Walnut Creek, CA 94596-5322
- **or Telephone** orders to: Don Seaton 932-4115
- **or Order** at the **Monday, March 17 SIR Luncheon.**

ORDER DEADLINE IS **Thursday April 10**

- Make checks payable to "Sir Branch 116 - Candy".
- Orders and checks must be from SIR members, *but you may include family and friends in your order.*
- Pick up candies in Elks Club parking lot on **Thursday, April 17 - 9:00 to 10:30 am.**

Your Name _____ **Phone** _____

Size	Item	Retail	How Many	Discount	Total \$
13.5 oz	Choc Butter Egg w Pecans	\$ 17.30		\$ 15.80	
9.5 oz	Rocky Road Egg	\$ 12.15		\$ 11.10	
6 oz	Choc Butter Egg	\$ 7.75		\$ 7.10	
5.4 oz	Scotchmallow Eggs 6 pk	\$ 6.15		\$ 5.65	
4.8 oz	Marshmallow Eggs 6 pk	\$ 5.90		\$ 5.40	
4.5 oz	Choc Butter Eggs 6 pk	\$ 6.15		\$ 5.65	
7.5 oz	Happy Easter Box	\$ 6.80		\$ 6.15	
4 oz	Chick Box	\$ 6.00		\$ 5.25	
8 oz	Truffles	\$ 10.25		\$ 8.90	
1 lb	Truffles	\$ 20.50		\$ 17.80	

Size	Item	Retail	How Many	Discount	Total \$
1 lb	Assorted Chocolates	\$ 18.00		\$ 14.00	
2 lb		\$ 36.00		\$ 28.00	
3 lb		\$ 54.00		\$ 42.00	
1 lb	Milk Chocolates	\$ 18.00		\$ 14.00	
2 lb		\$ 36.00		\$ 28.00	
1 lb	Dark Chocolates	\$ 18.00		\$ 14.00	
2 lb		\$ 36.00		\$ 28.00	
1 lb	Nuts & Chews	\$ 18.00		\$ 14.00	
2 lb		\$ 36.00		\$ 28.00	
3 lb		\$ 54.00		\$ 42.00	
1 lb	Bridge Mix	\$ 18.00		\$ 14.00	
1 lb	Toffee-ettes (can)	\$ 18.00		\$ 14.00	
1 lb	Almond Royal (can)	\$ 18.00		\$ 14.00	
8 oz	Molasses Chips	\$ 9.00		\$ 7.00	
1 lb 8 oz	Peanut Brittle	\$ 17.70		\$ 14.00	
8 oz	Awesome Peanut Brittle Bar (8 pack)	\$ 10.00		\$ 7.40	
12 oz	Awesome Nut & Chew Bar (8 pack)	\$ 10.00		\$ 7.40	
12 oz	Awesome Walnut Square Bar (8 pack)	\$ 10.00		\$ 7.40	
1 lb 5 oz	Lollypops, Assorted	\$ 17.25		\$ 13.45	
1 lb 5 oz	Lollypops, Chocolate	\$ 17.25		\$ 13.45	
1 lb 5 oz	Lollypops, Butterscotch	\$ 17.25		\$ 13.45	
1 lb 5 oz	Lollypops, Café Latte	\$ 17.25		\$ 13.45	
1 lb 5 oz	Lollypops, Vanilla	\$ 17.25		\$ 13.45	
1 lb	Gift Certificate ^{48states}	\$ 18.00		\$ 15.20	
Mailing Cartons (except items in italics) List items here:				\$ 1.00 for each carton	
TOTAL ORDER - Both Columns -					



Book Exchange

John Fraser & Dick Kauffman
(wokeagle@aol.com & rkkauffman@gmail.com)



The Book Exchange is up and running!

The Book Exchange is a free exchange of books for SIRS 116 members. Bring a book and take a book or if you did not bring a book this luncheon take a book and bring a book to the next luncheon.

The key to the Book Exchange is to bring quality books that others would enjoy reading. Fiction, non-fiction, audio CDs, and "coffee table" books are all accepted. Textbooks, manuals and romance books are not welcomed.

The Book Exchange is located just before you pay for lunch.

Happy Reading



Bocce Ball

Jerry Kaplan
(mgkplan@astound.net)

Several SIR members have expressed interest in starting a bocce ball group. If you are interested, please contact Jerry Kaplan at 925-938-1037 or mgkplan@astound.net.



Area 2 Golf Tournaments

Bill Hemmelsbach
(wdhem@sbcglobal.net)

The Area 2 Team Qualifier will be held at Diablo Creek Thursday June 5th. The cost will be \$60 per person to include greens fees, a cart, range balls, a sleeve of 3 balls and lunch afterwards. It will be an 8:00am Scramble. Each team must have 1 player from each of the 4 flights. I will accept volunteers who will be given priority but would like to send at least 2 teams, last year we only had 1 team and some of the other branches with smaller rosters fielded 2 or 3 teams. The winners of this tournament will go on to play at the State Team Championship at Rancho Solano on August 11th. You can email me, call me or give me your name at our next luncheon.



Luncheon Speaker

By Little Sir Bob Donohue
(bobdonohue@sbcglobal.net)

Mr. Jim Carley is a Certified Senior Advisor and Reverse Mortgage Consultant. He is a former banker and investment advisor, and is a sponsoring member of the East Bay Financial Planners Association. With an unusual background of lending plus investment experience, Mr. Carley helps people with practical tips to increase cash flow and improve financial independence. "How to Make Retirement Funds Last a Lifetime" is based on extensive new retirement planning research, comparing retirement funds with and without a reverse mortgage. The conclusions, which challenge conventional wisdom, are causing planners to think retirement planning. The authors include Harold Even-sky, considered to be the Dean of Financial Planning and two prominent Harvard PhDs. The studies were recently published in the Journal of Financial Planning.



Swinging SIR Golfers Warming Up at Callippe
Participants include: Tom Eller, Mel Williams, Jerry Hunter, Jim Johnson, David Harris, Phil Goff, Neil Schmidt and Ron Armijo.

SIR Branch 116 Golf

By Al Zavattero, Golf Chairman

(jandazav@juno.com)



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in our annual golf book, the Trampas Topics and on our web site at www.branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

March 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 05	10:00	Buchanan Fields	Dick Chaffee
Wed. 12	10:00	Pine Meadow	D. McLaughry
Wed. 19	10:00	Buchanan Fields	Dick Chaffee
Wed. 26	10:00	Diablo Hills	Mike Murphy

March 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 03	9:30	Boundary Oak	Bob Testa
Mon. 10	9:30	Sequoyah CC	Bob Testa
Tue. 18	9:32	Dublin Ranch	Bob Testa
Mon. 24	9:30	San Ramon	Bob Testa
Mon. 31	9:30	Oakhurst CC	Bob Testa

Nine Hole Info

Dick Chaffee, 9-Hole Chairman

(rwchaffee@sbcglobal.net)



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2014 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

Br. 116 Golf in Carmel!

Play golf at Rancho Canada in Carmel on May 12th and 13th. Spouses and/or significant others are invited. BBQ dinner included. Check-out the flyer on Page 11 of this newsletter for more info.

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.

Please indicate if you want a cart.

18-Hole Results

Callippe Preserve -- Tuesday February 24, 2014

Official Scorer:
Phil Jenkins

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Al Zavattero	70 3	1st	Hugh Duggan	65 3	Tie 1st	Al Serafino	74 3	1st	Terry Grummitt	73 3
2nd	Dirk Meyer	71 2	2nd	Bernie Wroblewski	73 2	Tie 1st	Bob Testa	74 3	2nd	Al Satake	74 2
3rd	Bill McCord	73 1	3rd	Frank Crua	74 1	3rd	Carl Langhorst	75 1	Tie 3rd	Conrad Robertson	76 1
									Tie 3rd	Fred Schafer	76 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Al Zavattero	87		Hugh Duggan	87		Bob Testa	98		Terry Grummitt	102

Closest to: Hole #6 - Frank Crua, Carl Langhorst -- Hole #13 - David Harris, Terry Grummitt

Brentwood -- Tuesday February 17, 2014

Official Scorer:
Bernie Wroblewski

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Phil Goff	64 3	1st	Hugh Duggan	68 3	1st	Al Hutchko	66 3	1st	Terry Grummitt	69 3
Tie 2nd	David Harris	72 2	2nd	Don Schroeder	69 2	2nd	Mark Jordan	67 2	2nd	Fred Schafer	70 2
Tie 2nd	Bill McCord	72 2	3rd	Bernie Wroblewski	71 1	3rd	Ron Armijo	70 1	3rd	Troy Powell	71 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Phil Goff	81		Hugh Duggan	89		Al Hutchko	91		Terry Grummitt	97

Closest to: Hole Hillside #6 - Don Schroeder, Bill Hemmelsbach -- Hole Creekside #8 - Jim Barstow, Troy Powell

Boundary Oak -- Monday February 10, 2014

Official Scorer:
Norm Alberts

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Al Zavattero	74 3	Tie 1st	Frank Crua	72 3	1st	Jerry Hunter	67 3	Tie 1st	Terry Grummitt	75 3
Tie 2nd	Phil Goff	75 2	Tie 1st	John Story	72 3	2nd	Al Hutchko	70 2	Tie 1st	Phil Jenkins	75 3
Tie 2nd	Jerry Hicks	75 2	3rd	Paul King	73 1	3rd	Carlos Xavier	72 1	Tie 3rd	Wayne Cook	79 1
									Tie 3rd	Conrad Robertson	79 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Jerry Hicks	86		Frank Crua	94		Jerry Hunter	91		Terry Grummitt	104
										Phil Jenkins	104

Closest to: Hole #2 - Phil Goff, Jerry Hunter -- Hole #12 - Conrad Robertson

Crow Canyon Country Club -- Monday February 3, 2014

Official Scorer:
Wayne Cook

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Dirk Meyer	69 3	1st	Don Schroeder	65 3	1st	Al Hutchko	72 3	Tie 1st	Conrad Robertson	67 3
2nd	Phil Goff	70 2	2nd	Hugh Duggan	68 2	Tie 2nd	Bill Clark	74 2	Tie 1st	Art Vogl	67 3
Tie 3rd	David Harris	71 1	Tie 3rd	Frank Crua	71 1	Tie 2nd	Peter Coggiola	74 2	3rd	Bill Hemmelsbach	72 1
Tie 3rd	Al Zavattero	71 1	Tie 3rd	John Story	71 1						
Low Gross			Low Gross			Low Gross			Low Gross		
	Jerry Hicks	84		Hugh Duggan	90		Bill Clark	91		Conrad Robertson	101

Closest to: Hole #8 - Chick Walsh -- Hole #12 - Al Zavattero, Jed Daniel



2014 18-Hole Leader Board

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Index 0.0 - 18.0		Index 18.1 - 20.9		Index 21.0 - 27.1		Index 27.2 - 36.4	
NAME	POINTS	NAME	POINTS	NAME	POINTS	NAME	POINTS
Al Zavattero	13	Frank Crua	14	Al Hutchko	16	Terry Grummitt	12
Jerry Hicks	8	Hugh Duggan	10	Jerry Hunter	9	Conrad Robertson	10
Phil Goff	7	Bernie Wroblewski	7	Al Serafino	8	Phil Jenkins	9
Bill McCord	6	John Story	6	Bob Testa	5	Fred Schafer	8
Dirk Meyer	5	Don Schroeder	5	Ron Armijo	3	Troy Powell	5
David Harris	4	Chuck Gilliam	4	Peter Coggiola	3	Matt Arena	3
Neil Schmidt	3	Norm Alberts	3	Mark Jordan	3	Art Vogl	3
Chick Walsh	3	Jim Clizbe	3	Bill Clark	2	Jon Rasmussen	2
Jim Barstow	2	David Carlson	2	Carl Langhorst	2	Al Satake	2
Jim Johnson	2	Paul King	1	Carlos Xavier	2	Wayne Cook	1
Harry Oberle	2					Bill Hemmelsbach	1
Steve Cherepy	1						
Dick Socolich	1						

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

www.branch116.org/116-golf

Please bookmark it in your "Favorites" list of websites to access information on the following:

2013 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- 18-Hole Leaders and Results: Weekly, usually within a day or two of the event.
- Paid-In-Advance Sign-Ups: Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.

18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
Monday, Mar. 10	Sequoyah CC	Mar-17	\$50
Tuesday, Mar. 18	Dublin Ranch	Mar-08	\$38
Monday, Mar. 24	San Ramon	Mar-17	\$29
Monday, Mar. 31	Oakhurst CC	Feb-17	\$50
Tuesday, April 22	Eagle Vines	Apr-12	\$45
Monday, April 28	Poppy Ridge	Apr-21	\$40
Monday, May 12	Carmel Valley	Apr-21	-

Send checks made out to SIR Branch 116 Golf, P.O. Box 683, Lafayette, CA 94549-0683



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA
94596-5805

**Sons In Retirement: A non profit Organization for Retired Men devoted to
the Promotion of Independence and Dignity of Retirement**

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.