



Trampas Topics

September, 2014

SIR Branch 116

Next Meeting: 11:30 am,
Monday, September 15, 2014
Elks Lodge—1475 Creekside
Dr, Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Retired Men Enjoying Active Retirement

Sayings of 2014 Big Sir Phil Goff

At the August luncheon we elected our Branch Officers and Directors for the year 2015. Thanks to the good work by the Nominating Committee we have an outstanding group to lead our Branch next year. Congratulations to all.



Last weekend SIR Bernie Wroblewski organized a walking tour of the Mission Bay development led by a docent from City Guides. The weather was especially nice and we were amazed at the new city being created in a former wasteland area. If you haven't been south of AT&T Park within the past 5 years, you won't believe the transformation.

I announced at the August luncheon that we've had a change in leadership. Our current Area Governor resigned due to his wife's health problems, and the seven Branches in Area 2 elected Robbie Robinson as the new Area Governor. Congratulations to Robbie, I'm sure he will be an excellent Area Governor.

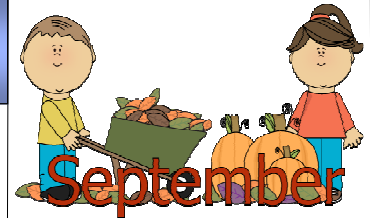
In just a few days, the golfers in our Branch will be off to their annual tournament in Carson City organized by SIR Tim Hubbard, Jerry Hunter and David Harris. I'm sure the event will be a great success and we can look forward to some fun "golf stories" on their return.

SIR Wayne Cook has been advertising our Branch luncheons in a number of community service publications in the Walnut Creek area. As a result, we've had several retirees express interest in visiting and possibly joining our organization. Thanks to Wayne for his efforts and please say hello to new visitors to make them feel welcome.

SIR Phil Trapp from Branch 8 is coming to our September luncheon to invite members to his SIR fitness training program for seniors. You can read more about it in this Newsletter and have your questions ready at the luncheon.

We have lots of fun activities ahead of us in this fall season. Don't forget to sign up for the Dine-O-SIR events and mark Dec 16 on your calendar for our annual Christmas party. There is no reason to stay home; get out and join some of the many SIR activities offered by our Branch.

Phil Goff Big SIR



Topics Index

2015 Officers & Directors ----	12
Activities Calendar-----	3
Activities Chairman-----	5
Area 2 Chairmen-----	2
Birthdays-----	4
Book Club -----	8
Book Exchange -----	7
Branch Officers-----	2
Bridge-----	7
Carson City Getaway ----	11,12
Committee Chairman-----	2
Computer & Tech. -----	9
Dine-O-Sir Dinner -----	7
Fishing-----	6
Golf-----	12-15
Hiking and Walking -----	9
Lunch Attendance (Aug) ----	4
Luncheon Menu (Sept) -----	4
Luncheon Speaker (Sept) ----	11
Membership-----	4
New Branch Member -----	6
Poker Group #2 -----	8
SF Waterfront Tour-----	8
SIR Fitness Activity -----	11
SIR Happenings-----	4
SIR Web Addresses -----	9
\$ums Investment-----	5
Sunshine Report -----	5
T. Topics Submissions -----	9
Treasurer's Report-----	4
Travel-----	10
Wine Appreciation -----	6

***PLEASE CALL 806-8874
by the Thursday prior to
the meeting to
cancel your standing reser-
vation or
to bring a guest.***

2014 SIR 116 Officers & Directors



Big SIR
Phil Goff
831-3692



Little SIR
Bob Donohue
513-5141



Secretary
Dick Chaffee
932-5087



Asst. Secretary
Joel White
964-0994



Treasurer
Carl Langhorst
672-2541



Asst. Treasurer
Bob Shader
939-8421



Membership Sec.
Andy Benz
937-5706

DIRECTORS



Wayne Cook
933-8337



Jim Johnson
825-7437



Jerry Kaplan
938-1037



Bob Testa
254-8457



Paul Romacciotti
229-2564



Art Vogl
288-0488

2014 SIR 116 Committee Chairmen

Activities Coord.	J. Christopherson	939-3973	Membership Roster	Dick Thomson	785-7600
Attendance	Jim Nachtweih	838-7417	Music Man	Robbie Robinson	798-4276
Audit	Ron Armijo	945-0637	Newsletter Editor	Neil Schmidt	831-3692
Book Club	Rich Black	283-8376	Asst. Editor	Phil Goff	939-5342
Book Exchange	John Fraser	837-7439	Nominating	Art Vogl	393-9373
"	Dick Kauffman	838-2334	Parties	J. Christopherson	946-0335
Bridge	Milt Greenstein	376-5589	Photographers	John Peterson	831-3692
Candy Sales	Don Seaton	932-4115	"	Neil Schmidt	939-5342
Chaplain	Rotating	*1 Below	"	Phil Goff	831-3692
Computer & Tech.	Neil Schmidt	939-5342	Poker Group—1	Bill Harrington	935-1625
Dine-O-Sir	Ben Smith	820-5403	Poker Group—2	Al Reynolds	254-1576
Duplicate Bridge	Mike Corker	672-7525	Storytellers	Various	Various
E-mail Contact	Phil Goff	831-3692	Sunshine	Matt Arena	946-0404
Fishing	Harry Sherinian	846-7067	Travel	Tom Eller	939-5897
Guitar	Paul King	938-3035	Volunteers	Bob Kinser	837-8886
Golf	Al Zavattero	933-0465	Webmaster	Phil Goff	831-3692
"	Carlos Xavier	947-6756	Welcoming	Jerry Kaplan	938-1037
Greeters	Pat Bermingham	930-9477	Wine Appreciation	Jack Bevis	254-7256
Hiking and Walking	Joel White	964-0994			
Historian	Matt Arena	946-0404			
Host	Frank Crua	932-0975			
Interviewer	Max Foust	827-9323			

*1. Doug Aalders, Matt Arena, Art Donaldson, Lou Sandor

2014 SIR Area 2 (Inter-branch) Committee Chairmen

Bowling	Lloyd West (Br.19)	228-9037	Rubber Bridge	Fred Bolton (Br.146)	932-1580
Computer Tech	Derek Southern (Br.8)	937-2035	Table Pool	Bill Weinberg(Br.146)	682-0962
Fishing	Dick Thomson	785-7600	Travel	Bob Spellman (A.2)	934-8428
Golf	Jim Willey (Br.19)	934-0656	\$ums Investment	Gary Moore (Br.174)	254-8742
Publicity	Walt Schick (Br.8)		Speakers Bureau	John Roebuck (Br.19)	685-8764

SIR Branch 116 Activity Calendar

September 2014

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	1 LABOR DAY	2 Duplicate Bridge (10:00@ Diablo Valley Bridge Ctr)	3 9-Hole Golf (10:00@ Buchanan Fields GC) 18-Hole Golf (9:30@ Boundary Oak GC)	4 Carson City Golf Getaway	5 Carson City Golf Getaway	6
7	8 18-Hole Golf (9:30@ Boundary Oak GC)	9 Lunch & Bridge (11:30@ Round Hill CC)	10 9-Hole Golf (10:00@ Pine Meadow GC)	11	12 Hiking & Walking (8:15@ Railway Museum, Danville)	13
14	15 SIR Br 116 Mtg. (11:30@ Elks Club)	16 18-Hole Golf (9:04@ Paradise Valley GC) Poker Group 2 (1:00@ Diablo CC)	17 9-Hole Golf (10:00@ Buchanan Fields GC)	18 Computer & Tech (9:30@ Elks Club)	19	20
21	22 18-Hole Golf (9:30@ Lone Tree GC) Book Group Mtg. (10:15@ Orinda Books)	23 Lunch & Bridge (11:30@ Diablo CC)	24 9-Hole Golf (10:00@ Diablo Hills GC) Sums Investment 8:00@ Diablo Creek GC)	25 Fishing Group (8:30@ Legends-Diablo Crk) Wine Appreciation (4:00@TBD)	26 Hiking & Walking (8:15@ El Nido Ranch Rd. & Upper Happy Valley Rd., Lafayette)	27
28	29 18-Hole Golf (9:00@ Rancho Solano GC)	30	LABOR DAY 			



Membership

Andy Benz
(anbenz@aol.com)

SIR 116 Membership Status

Total Current Members:	242
This Month's Inductees:	1
Those in Interview Stage:	1
Total in Process:	2
On Inactive Status:	46
Left the Branch:	0
Waiting to be Installed:	0



Br. 116 Treasurer's Report

Carl Langhorst, Treasurer
(cslangho@mindspring.com)

	<u>August 2014</u>	<u>2014 YTD</u>
Contributions	\$ 2,827.00	\$ 45,895.17
Disbursements	\$ (3,400.00)	\$ (42,541.73)
Net (gain/(loss))	\$ (573.30)	\$ 3,353.44
Aug. Cash Balance (as of Aug. 27th)	\$	8,740.17

September Birthdays

When you see these members, wish them a
Happy Birthday!

- | | |
|----------------------|---------------------|
| 1. Richard Black | 10. Allen Leschot |
| 2. Dave Butner | 11. Terry Miller |
| 3. Rob Campbell | 12. Jim Nachtweih |
| 4. Michael Carpenter | 13. Will Schnieder |
| 5. Mike Corker | 14. Dennis Snarr |
| 6. Don DeGraf | 15. David Tittle |
| 7. Alan Fitzgerald | 16. Melvin Williams |
| 8. Ivan Hendrick | 17. Carlos Xavier |
| 9. Arnie Jacobson | |

Want a Free Lunch ?
Sponsor a New Member !



Lunch Attendance

Jim Nachtweih
(majnacht@sbcglobal.net)

Attendance at the August 18th meeting:

Total:	175
Members:	171
Visitors:	1
Speakers:	0
Guests:	3
Excused:	62
Un-Excused:	11

The un-excused members will be asked to pay for their missed lunch.

REMINDER

To cancel your standing Luncheon reservation, please call Luncheon Hotline (925-806-8874) no later than Thursday AM in the previous week.

September Luncheon Menu

Roasted Rosemary Chicken Quarters
Mashed Potatoes and Creamy Chicken Gravy
Corn Niblets, Spinach Salad
Rolls/Butter
Dessert/Coffee/Iced Tea

State 'SIR Happenings'

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

www.sirinc.org/sirhappenings



Sunshine Report

Matt Arena
(marena@astound.net)

Sir **Merle With** has passed during the last month. He really enjoyed his time in the Branch and he will be missed by his many friends.

Sir **Len Komor** was the oldest active member in Branch 116 at 96 years old. Len was a commercial pilot and had a distinguished career during World War II. Len will be missed.

Sir **Larry Johnson** has had a knee operation which was very successful. During his period in Rehab he came down with an infection and returned to John Muir Medical Center. Larry is now at home and expects to with us at our next luncheon.

Sir **Harry Honstein** received a call from Sir Ben Smith who reports that Harry was in good spirits. Calls to our members who are housebound are a breath of fresh air for these men. Think about giving it a try.

IT'S OK TO LET YOUR CHILDREN SEE YOU CRY.....

In Memoriam
Merle Edward With

January 5, 1935 — August 2, 2014

In Memoriam
Leonard A. Komar

December 25, 1927 — August 2014



\$ums Investment Group

Gary Moore (Branch 174)
(mooregh1@gmail.com)

The Area 2 \$ums Investment Group will meet on **Wednesday September 24, 2014 at 8:00 a.m.** at the Legends restaurant at the Diablo Creek Golf Course, 4050 Port Chicago Highway in Concord.

Our guest speaker this month will be John Hutchinson, First Vice President/Investments at Stifel in Walnut Creek. John will discuss strategies for fixed income investments as part of a well-diversified portfolio.

The Legends restaurant opens at 7:00 a.m., so come early and have a leisurely breakfast with your colleagues prior to the meeting. Plan to attend this meeting and bring a prospective SIR.

Co-Chairmen: Gary Moore (Br-174) 925-254-8742



Activity Chairman

Jerry Christopherson
(jchris161k@aol.com)

Mark your calendar!



Tuesday, December 16th is the date for this years spectacular Christmas Dinner Dance at Round Hill Country Club. Next month's Trampas Topics will have reservation forms to submit for the event. If you have to...change plans. Don't go to Europe, visit family, have that operation, etc. Instead, join your fellow members for great evening!



SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, September 25th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am.

Karl Droese, Chuck Vanoncini, Barry Rauchle, Bill Baltezare, Paul Dubow and Al Brunner caught a salmon each up the Sacramento River, Al landed a hefty 32 pounder. Gordon Linebaugh, Carl Moyer, and Chuck Vanoncinni got a salmon each mooching in front of the Golden Gate. Joe Karg caught 5 leopard sharks from the pier, on an overnight stay at the inn at East Brothers Island in the bay. Terry Miller, Dick Thomson, Harry Sherinian and Carl Moyer boated rock and ling cod from the ocean. Mike Corker and Tom Kostik played with over 50 black bass in the delta. Gene Schulting and his wife brought home 3 big catfish from San Pablo reservoir. Rich Fiscina caught 2 wahoo fishing in Hawaii. Tom Boltz, Steve Loftin, and Pete Gates were happy with lots of salmon and halibut from Alaska, and new recruit, Joe D'Angelo, also did very well there. Joe Peterson played with stripers from Rio Vista. Steve Paulick had good luck with the trout at Caples Lake. Gordon Linebaugh had a great time catching and eating bluegill from a small mountain pond. Ron Macick landed 2 late summer trout from the shore at San Pablo Reservoir.

One of the really fun events of the year for our group is the Back Yard Bar-B-Que. This year we all gathered in Joe Miscione's beautiful back yard with our wives and friends and partook in good food, drink and conversation. A special thanks to Joe and Dick Thomson for putting on this really fun event. All who attended had a great time.

We will be very busy this fall with: delta fishing for bass, catfish, bluegill, crappie, and sturgeon; trout in mountain and local lakes; salmon from the ocean and rivers; and rockfish and crab from the ocean. We live in a fishermen's paradise.

Our next meeting will be Thursday, September

25th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Dick Thomson, Big Fish (925-944-1760) Harry Sherinian, Branch 116 Coordinator (925-846-7067).

New Branch 116 Member



New Member John Chappell with Sponsor Robbie Robinson



Wine Appreciation Group

Jack Bevis

(jackb435@comcast.net)

Wine Tasting events are held every other month on the last Thursday of the month from 4:00 to 6:30 pm. The next one will be on Sept. 25th.

These informal gatherings are held at member's homes on a rotating basis, with the host selecting the wines and finger foods. Usually, four or five different wines are tasted and discussed.

The cost is nominal, normally around \$10 or \$15 per person. Both SIR members and their wives are invited to attend. Contact Jack Bevis - 925-254-7256.





Book Exchange

John Fraser & Dick Kauffman
(wokeagle@aol.com & rkkauffman@gmail.com)



Many, Many Books!

At the August SIRS Luncheon, The Book Exchange started with 90+ books and ended with slightly less. But, during the session over 40+ books were exchanged. In fact, some people were exchanging books in the parking lot before getting them to the tables. The quality of the books is quite good, so do check out what is available. Remember the book exchange is free, no paperwork and no hassle. Try it out!

Happy Reading



**Art Donaldson and Joel White manning
Book Exchange tables**



"Dine-O-Sir" Dinner Group

Ben Smith
(bjsssmith@aol.com)

Dine-O-SIR group meets every other month and the next meeting of this voracious group will be in October. Look for an announcement in next month's newsletter.



Bridge

Milt Greenstein
(margmilt@comcast.net)

On August 5th, the duplicate group met at the Diablo Valley Bridge Center with 22 men attending. The team of Conrad Robertson / Barry Rauchle were the top team with 62.50 points out of a possible 104, for 67.50 %, and earning 1.10 master points. In 2nd place were Jack Butler / Jon Dickson with 56.25 %, followed by Bob Wolf / Irwin Javinsky at 55.73 %. Art Donaldson / Fred Cochran and Milt Greenstein / Dan Greenberg tied for 4th place with 53.65 %.

The lunch/bridge group met on August 5th with 24 players in attendance. Despite 2 small slams by Marv Dehues / Tony Rohrs and Milt Greenstein / Jim Nachtweih, this was a low scoring day ! Our high scorer was Bob Wolf with 6,510 points, (exactly the same as in our last session), followed by Norm Schoenfeld with 5,020, Tony Rohrs at 4,210, Alvin Buchignani with 4,170 and Jon Dickson with 4,110. The average score for a round was 499 points (for 4 hands), compared to our normal average of a little over 600. This was a pretty dismal scoring day.

A group of 23 men gathered at Diablo C.C. on August 26th for lunch and bridge. Jim Amland, a relatively new member of our group, was the high scorer with a nice 5,780 points. Norm Schoenfeld with 5,080 points was second, third was Milt Greenstein with 4,850 points, 4,170 points by Jon Dickson was fourth and Art Donaldson with 4,120 points was fifth. Jim Amland / Milt Greenstein made the only small slam of the day.

REMINDER ! October 21st is our Ladies Day event at Diablo Country Club. More info coming,



Br. 116 Book Club

Rich Black

(blackrw41@comcast.net)

“Bloodlands: Europe between Hitler and Stalin” by Timothy Snyder.

Poland, Belarus and the Ukraine areas are in contention between Hitler and Stalin in the 1930-1946 period. The policies of these two men and their governments killed at least 20 million person, each with a name, each with a claim on all humanity. Jack Butler, Joel White and Al Reynolds recommended the book while Richard Black led the discussion on August 25, 28 at Orinda Books. Contributing their views were Jerry Christopherson, John Riordan, Jim Scott, Dick Kauffman, Tim Tinnis, Paul Freitas, Brad Whit, Ken Sandy and Lytton DeSilva. Scoring the book was a challenge. On the one hand it was a long, detailed and depressing read. On the other hand the various messages presented in “Bloodlands” stimulated intense discussion of critical issues in those times and in ours. In the end those present awarded the book 3.6 stars.

The group will next meet on at 10:15 on Monday, September 22 at Orinda Books to discuss *“Agent ZigZag”* by Ben Macintyre.

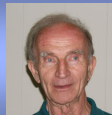
The October book is *“House of Rain: Tracking a Vanished Civilization Across the American Southwest”* by Craig Childs.



Poker Group #2

Al Reynolds

(reynolds4596@sbcglobal.net)



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It’s a small stakes game, and socializing with fellow SIR members is the primary purpose.

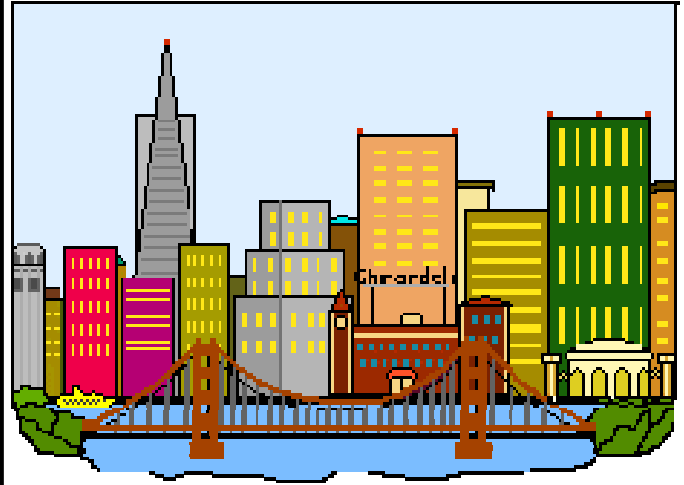
If you would like to join, call Al Reynolds at 254-1576 or send an email.



Walking Tours

Bernie Wroblewski

(bbwroblewski@comcast.net)



The Next San Francisco Walking Tour

Our next San Francisco walking tour, to be conducted by a docent from the San Francisco Public Library, is scheduled for Saturday, **October 25, 2014**. The tour is titled **“Making Waves on the Waterfront”**. It will explore how historical changes along the San Francisco waterfront brought about by Gold Rush pioneers, labor organizers, inventors, architects, etc. have led to the modern San Francisco.

The tour will commence near Mission and Stuart Streets (close to the Embarcadero BART station) and will take place over flat walking ground. There will be a sign-up sheet at the September luncheon meeting with more details. Cost is \$10 per person.



Hiking & Walking

Joel White

(zpz2mrz@yahoo.com)



August 8, David Geary led a Walnut Creek Canal Trail walk starting in Arbolado Park and heading back toward John Muir. Participants were David and Colleen Geary, Art and Mary Alice Donaldson, Richard Black and Donna Argenbright, John and Gail Riordan, Lytton DeSilva, Joel and Susan White, and a first timer, Gary Bonfiglio. Following the walk we had a great breakfast at Denica's, a relatively new restaurant near Oak Grove and Ygnatio Valley Road.

On a glorious morning, the Friday, August 22 walk was led by Richard Black. A very pleasant and well attended walk on the Lafayette-Moraga trail commenced at the Olympic trail head. A new format was pioneered by Rich, in which different routes were deployed for those of various walking speeds. All seemed to agree that the new format worked well, and may be used again in the future where suitable geography allows. Participants were Rich Black, Dan Green, Richard White, John Riordan, Art and Mary Alice Donaldson, Paul and Anna Freitas, Lynda and Alan Chasnoff (and their visiting daughter Sandy Lilienstein) and Susan and Joel White (and Susan's visiting cousin, Julie Levine).

The **Friday, September 12** walk will be led by Joel White. Meet at 8:15 AM in the parking lot behind the Railway Museum in Danville, 205 Railroad Avenue. Please RSVP to Joel, zpz2mrz@yahoo.com. In case you get stuck in traffic or get lost, you can call Joel's cell 925-788-2272.

The **Friday, September 26** walk will be led by Lytton DeSilva. Meet at 8:15 AM Directions: From Highway 24 take the Acalanes exit to the north side of the freeway ending on El Nido Ranch Rd. Parking: Turn right (east) and park on either side of the block leading to Upper Happy Valley Rd. Walk: We'll meet on the corner of El Nido Ranch Road and Upper Happy Valley Rd. and walk north and back on Upper Happy Valley Rd. RSVP to Lytton (925) 254-5289: LyttonAudrey@comcast.net.)

Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or zpz2mrz@yahoo.com.

Computer & Technology

Derek Southern & Neil Schmidt



The Area 2 Computer and Technology Group advises all SIR and their guests that our next meeting will be at the Walnut Creek Elks Lodge on Thursday, September 18th at 9:30 am.

Dean Steichen continues the theme of upgrading your computer from XP (or buying a new one) by considering the software you need to install. He will quickly review alternatives to MS Office and will discuss a number of other free programs that users need but don't come with Win 8.1.

Following the presentation there will be our Q&A with the gurus, and possibly an informal "Sharing Tips & Tricks" segment where individuals will be asked to share some of their computer, smart-phone, tablet, etc. tips with the group.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:30 to 11:30 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone. Some months we ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies, other months are free.

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor

trampastopics@gmail.com

SIR Travel

By Tom Eller, Travel Chairman
(tomeller2000@yahoo.com)



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated:



SIR Travel Opportunities

Sep 5-12, 2014: Nantucket, Martha's Vineyard & Cape Code in the Fall. Three nights at the Crown Plaza, Warwick, four nights at the Holiday Inn, Hyannis, Tour the mansions of the Vanderbilts and other rich and famous; the storybook island of Martha's Vineyard; Hyannisport and view Korean and Kennedy War Memorials: enjoy stunning Nantucket and much more. Lee Suess, Jackson, Br 96, 209-296-2235.

Oct 12-Nov 8, 2014: Cruise the Islands of Spain & Portugal. 25 day cruise on Emerald Princess to Madeira, Canary Islands, Santiago, Le Havre, Lisbon, Azores Islands and finally a Trans Atlantic crossing to Bermuda ending in Ft Lauderdale. Cost range from \$5395 to \$6995 and includes meals, entertainment, luggage handling, transfers, air, taxes, fees and porter gratuities. Brian Serpa, Br 141, San Jose, 408-227-7658, or Rollo Parsons, 408-268-5245.

Oct 18, 2014: Great Rivers of Europe. 15 day river cruise including Amsterdam, Cologne, Koblenz, Bamberg, Nuremberg, Passau and Vienna. Cost is \$4585 includes all meals, 11 exclusive tours, personal headsets and program director. Richard Beers, Br 175, Fresno, 559-431-3728.

Nov 4-17, 2014: Spain. 13 days to experience historic and culturally diverse Spain. You will travel to Madrid, Segovia, Toledo, Valencia, and Barcelona. The cost is \$3395 and includes airfare, accommodations, tours, taxes, gratuities, transfers and

many meals. Jim Hohenshelt, Br 62, San Jose, 408-394-7226 or Roy Jordan 408-735-8765.

Nov 24-Dec 9, 2014: Hawaiian Cruise from San Francisco. 14 day cruise to Hawaii including transportation to the Pier. Cost \$2600 to \$4000 pp. Emile Lassalle, Br 26 Castro Valley, 510-538-7463.

Jan 13-28 2015: Hawaiian Islands Cruise. 15 day Round trip cruise from San Francisco aboard the Star Princess. Ports include Hilo, Honolulu, Nawiliwili, Lahaina and Ensenada. Cost is \$2420 to \$3875 which includes driver & stevedore tips, 2 cocktail parties, port tax, gov't fees and Travel Guard Protection. Don House, Br 74, 408-268-1703 & Allen Daily 408-265-8140.

Feb 4-19, 2015: Panama Canal Cruise. (16 day cruise aboard the Island Princess starts in LA and ends in Ft Lauderdale.) It will highlight the 100 anniversary of the canal and completion of the canal's third lane. Ports include Cabo San Lucas, San Juan del Sur, Puntarenas, and Cartagena. Cost \$3270 to \$4080 pp depending on stateroom. Rollo Parsons, Br 141, San Jose, 408-268-5245 or Brian Serpa, 408-227-7658.

Mar 19-25, 2015: Azaleas, Plantations & Cajuns. (7 day in Cajun country includes home pick up, RT Air, 3 nights Drury Inn, Baton Rouge, 3 nights Royal Sonesta, New Orleans, 13 meals, 4 lunches, 3 dinners.) Tour includes New Orleans School of Cooking, Nat'l WWII Museum, Evangeline State Park, Antebellum Homes, Plantation & Garden Tour, City Tour, Cost \$2630. John Pletsch, Br 32 & 54, San Jose, 408-274-2992, & Mike Console, 408-246-1080.

Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options.



Luncheon Speaker

By Little Sir Bob Donohue
(bobdonohue@sbcglobal.net)

Somali Piracy-from Captain Phillips to Today

Our speaker in September will be Mr. Bill Andrew, the General Manager of Marine Transportation for Chevron Shipping Company. Mr. Andrew is responsible for operating Chevron's fleet of 30 vessels and also conducts chartering operations, which involve an average of 100 operated and chartered vessels on the water at any given time. Chevron Shipping has approximately 1,700 employees worldwide.

Mr. Andrew's presentation will be: "Somali Piracy-from Captain Phillips to today" His topics will include: the history of Somali piracy, pirate tactics, the maritime response including the layers of security, the military response and the piracy threats today.

This should be a very interesting subject for our Branch 116 members.

SIR Website Addresses

SIR 116 Web Site

www.branch116.org

Branch 116 Golf

www.branch116.org/116-golf/

Trampas Topics

www.branch116.org/trampas/

Computer and Technology

www.a2cat.sirinc2.org/

SIR Happenings State Newsletter

www.sirinc.org/sirhappenings

State SIR Web Site

www.sirinc.org/

SIR Fitness Circuit Activity

SIR Phil Trapp of Branch 8 has put together an exercise program called the SIR Fitness Circuit targeted at Seniors. It's a good opportunity to improve your fitness and have some fun at the same time. The program is not strenuous activity; it's focused on stretching, agility and balance training.



Couples are welcome as well as individual participants. Many of past participants have physical challenges such as knee, shoulder or flexibility issues requiring their physician's approval to participate. Almost without exception, the program improved their functional capabilities.

The SIR Fitness Circuit meets twice a week on Tuesdays and Thursdays from 2:00–3:00 pm in downtown Walnut Creek. The next 6-week class starts on Tuesday, September 16th and ends on Thursday October 23rd.

SIR Phil Trapp will be at the Branch 116 September luncheon to present details and answer questions.

Here's a link to the Activity Description on the web site: <http://www.sirbr8.com/fitness-circuit/>. If you wish to sign up, please email SIR Phil Trapp at prtrapp@sbcglobal.net or telephone him at Home: 925-648-4056 or Mobile: 925-963-1819.



Docent talking to SIR Br. 116 during August 23rd SF Walking Tour—Mission Bay

2015 SIR Br. 116 Officers & Directors



Branch 116 Officers

(Little SIR: Jim Barstow, Secretary: Fred Shafer, Big SIR: Bob Donohue,
Asst. Treasurer #2: Al Satake, Asst. Secretary: Joel White,
Treasurer: Carl Langhorst, Membership Chair: Andy Benz, Asst. Treasurer #1: Bob Shader)



Branch 116 Directors

(Norm Alberts, John Story, Bob Testa, Phil Goff, Missing: Wayne Cook & Paul Ramacciotti)

2015

Where did Year 2014 go?

SIR Branch 116 Golf

By Al Zavattero, Golf Chairman

(jandazav@juno.com)



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in the Trampas Topics and on our web site at www.branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

Nine Hole Info

Dick Chaffee, 9-Hole Chairman

(rwchaffee@sbcglobal.net)



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2014 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

August 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 03	10:00	Buchanan Fields	Dick Chaffee
Wed. 10	10:00	Pine Meadow	D. McClaughry
Wed. 17	10:00	Buchanan Fields	Dick Chaffee
Wed. 24	10:00	Diablo Hills	Mike Murphy

September 18-Hole Schedule

Date	Time	Location	Organizer
Wed. 03	9:30	Boundary Oak	Dick Chaffee
Mon. 08	9:30	Boundary Oak	Terry Grummitt
Tue. 16	9:04	Paradise Valley	Terry Grummitt
Mon. 22	9:30	Lone Tree	Terry Grummitt
Mon. 29	9:00	Rancho Solano	Terry Grummitt

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.

Please indicate if you want a cart.



18-Hole Results

Blue Rock Springs / West -- Monday August 25, 2014

Official Scorer:
Brent Chaney

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Neil Schmidt	67 3	1st	Bob Testa	66 3	1st	Richard Madden	58 3	1st	Bill Hemmelsbach	63 3
2nd	Harry Oberle	69 2	2nd	Jim Clizbe	69 2	2nd	Don Schroeder	69 2	2nd	Art Vogl	64 2
Tie 3rd	Frank Crua	70 1	Tie 3rd	David Ferm	71 1	Tie 3rd	Terry Grummitt	70 1	3rd	Robbie Robinson	66 1
Tie 3rd	Bill McCord	70 1	Tie 3rd	Bernie Wroblewski	71 1	Tie 3rd	Jerry Hunter	70 1			
	Low Gross			Low Gross			Low Gross			Low Gross	
	Neil Schmidt	84		Jim Clizbe	89		Richard Madden	91		Bill Hemmelsbach	96

Closest to: Hole #7 - Jim Barstow, Robbie Robinson -- Hole 15 - Lonny Randall, Brent Chaney

Mare Island -- Tuesday August 19, 2014

Official Scorer:
Art Vogl

Missing scores that were posted have been recovered

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Al Zavattero	67 3	1st	Al Hutchko	72 3	1st	Jerry Hunter	59 3	1st	Troy Powell	64 3
2nd	Mel Williams	68 2	2nd	Hugh Duggan	73 2	2nd	John Story	68 2	2nd	Conrad Robertson	65 2
3rd	Harry Oberle	71 1	3rd	Bob Testa	74 1	3rd	Carl Langhorst	71 1	3rd	Bill Hemmelsbach	68 1
	Low Gross			Low Gross			Low Gross			Low Gross	
	Mel Williams	85		Al Hutchko	96		Jerry Hunter	85		Troy Powell	93
	Al Zavattero	85		Hugh Duggan	96						

Closest to: Hole #3 - Jim Barstow, Art Vogl -- Hole 17 - Phil Goff, Terry Grummitt

Boundary Oak -- Monday August 11, 2014

Official Scorer:
Harry Oberle

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Neil Schmidt	69 3	Tie 1st	Carlos Xavier	70 3	1st	Jerry Hunter	63 3	1st	Art Vogl	60 3
2nd	David Harris	72 2	Tie 1st	Norm Alberts	70 3	2nd	Terry Grummitt	68 2	2nd	Robbie Robinson	65 2
Tie 3rd	Jim Johnson	73 1	Tie 3rd	Al Hutchko	72 1	3rd	Don Schroeder	72 1	Tie 3rd	Troy Powell	69 1
Tie 3rd	Frank Crua	73 1	Tie 3rd	Wayne Smith	72 1				Tie 3rd	Al Satake	69 1
	Low Gross			Low Gross			Low Gross			Low Gross	
	Neil Schmidt	86		Norm Alberts	90		Jerry Hunter	91		Art Vogl	94

Closest to: Hole #2 - Jim Barstow, Phil Jenkins -- Hole #12 - David Harris, Greg Hughes

Boundary Oak -- Monday August 4, 2014

Official Scorer:
Skip Berkson

Flight 1			Flight 2			Flight 3			Flight 4		
Tie 1st	Jim Barstow	71 3	1st	Bob Testa	68 3	1st	Jerry Hunter	65 3	1st	Jerry Christopherson	69 3
Tie 1st	Jerry Hicks	71 3	2nd	Hugh Duggan	71 2	2nd	Phil Jenkins	67 2	2nd	Robbie Robinson	70 2
Tie 1st	Harry Oberle	71 3	3rd	Al Hutchko	73 1	3rd	John Story	71 1	Tie 3rd	Troy Powell	71 1
									Tie 3rd	Al Satake	71 1
	Low Gross			Low Gross			Low Gross			Low Gross	
	Jerry Hicks	84		Bob Testa	92		Jerry Hunter	93		Troy Powell	101

Closest to: Hole #2 - Bill McCord, Jerry Christopherson -- Hole #12 - Jim Johnson, Jai Yee

Tilden Park -- Monday July 28, 2014

Official Scorer:
Troy Powell

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Mel Williams	66 3	1st	Gary Boswell	63 3	1st	Jerry Hunter	63 3	Tie 1st	Matt Arena	70 3
2nd	Jim Johnson	67 2	Tie 2nd	David Carlson	69 2	2nd	Terry Grummitt	64 2	Tie 1st	Robbie Robinson	70 3
3rd	Dick Socolich	69 1	Tie 2nd	Jim Clizbe	69 2	3rd	Alex Lutkus	69 1	3rd	Bill Hemmelsbach	71 1
	Low Gross			Low Gross			Low Gross			Low Gross	
	Jim Johnson	81		Gary Boswell	87		Terry Grummitt	91		Troy Powell	101
							Jerry Hunter	91			

Closest to: Hole #11 - David Harris

2014 18-Hole Leader Board

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Index 0.0 - 17.7		Index 17.8 - 23.0		Index 23.1 - 27.8		Index 27.9 - 36.4	
NAME	Pnts	NAME	Pnts	NAME	Pnts	NAME	Pnts
Neil Schmidt	9	Bob Testa	10	Jerry Hunter	13	Robbie Robinson	10
Mel Williams	8	Al Hutchko	7	Mark Jordan	6	Troy Powell	8
Harry Oberle	7	Norm Alberts	6	Carl Langhorst	6	Conrad Robertson	8
Jim Barstow	6	Jim Clizbe	6	Terry Grummitt	5	Art Vogl	8
Frank Crua	6	Bob Price	5	Richard Madden	5	Jerry Christopherson	6
Jim Johnson	6	Hugh Duggan	4	Phil Jenkins	3	Bill Hemmelsbach	5
Dick Socolich	4	Carlos Xavier	4	Kirk McVean	3	Matt Arena	3
Jerry Hicks	3	Gary Boswell	3	Don Schroeder	3	Ron Armijo	2
Al Zavattero	3	Wayne Smith	3	John Story	3	Al Satake	2
David Harris	2	David Carlson	2	Dick Chaffee	2		
Bill McCord	2	Bernie Wroblewski	2	Alex Lutkus	2		
		David Ferm	1				

18-Hole Leaders -- First Half 2014

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Index 0.0 - 18.0		Index 18.1 - 20.9		Index 21.0 - 27.1		Index 27.2 - 36.4	
NAME	Pnts	NAME	Pnts	NAME	Pnts	NAME	Pnts
David Harris	23	Frank Crua	32	Al Hutchko	39	Conrad Robertson	34
Phil Goff	19	Hugh Duggan	18	Mark Jordan	21	Fred Schafer	27
Al Zavattero	18	Bernie Wroblewski	17	Jerry Hunter	19	Troy Powell	24
Neil Schmidt	17	David Carlson	15	Bob Testa	19	Terry Grummitt	20
Harry Oberle	16	Jim Clizbe	14	Al Serafino	19	Phil Jenkins	19
Jim Johnson	15	Robbie Robinson	14	Alex Lutkus	10	Wayne Cook	12
Jim Barstow	15	Don Schroeder	11	Carl Langhorst	9	Matt Arena	8

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

www.branch116.org/116-golf

Please bookmark it in your "Favorites" list of websites to access information on the following:

- 2013 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- 18-Hole Pairings: Shows captains, teams, starting times & handicaps for next event.

- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.
- Boundary Oak Sign-Ups: Shows who has signed-up for the next two Boundary Oak sessions.

18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Tuesday, September 16	Paradise Valley	Sept-08	\$43
Monday, September 22	Lone Tree	Sept-16	\$38
Monday, September 29	Rancho Solano	Sept-21	\$42

Send checks made out to **SIR Branch 116 Golf**, P.O. Box 683, Lafayette, CA 94549-0683



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA
94596-5805

**Sons In Retirement: A non profit Organization for Retired Men devoted to
the Promotion of Independence and Dignity of Retirement**

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.