



Trampas Topics

July, 2015

SIR Branch 116

Next Meeting: 11:30 am,
Monday, July 20, 2015
Elks Lodge – 1475 Creekside
Dr, Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Men Enjoying Active Retirement

Sayings of 2015 Big Sir Bob Donohue

Well my SIR friends, it's July already and we're heading into the last half of 2015. The health of Branch 116 is very good and we continue to add new members on a regular basis, thanks to all of our efforts to bring in guests and visitors. Please



continue to ask your friends and acquaintances to join you at one of our monthly meetings and don't forget that's probably how you became familiar with SIR in the first place.

The two Dine-O-SIR evenings at the Brass Door Restaurant last month were another huge success, thanks to the efforts of Ben Smith and his committee. The event was so popular, that it had to be scheduled for two nights. Dine-O-SIR is one of our most attended functions and if you haven't been to one yet, I strongly suggest that you try to get to the next one.

July will be full of activities and celebrations throughout Contra Costa, the State and the rest of the country. If you're heading out to participate in one of these, or possibly going on vacation, please be careful and watch out for "the other guy". I want to see everyone get home safely. The 4th of July is very special for all of us and we should all be very thankful for living where and how we do today.

Please remember to sign up for the Carson City outing in September. Golf is certainly the main theme for this event, but Tim Hubbard and his committee promise that even if you're a non golfer that you'll have a wonderful time with the other activities that are planned. I hear that "Mexican Train" was popular last year. Your friends are welcome, too, and it might be a great time to introduce them to Branch 116.

Thank you for welcoming our Area Governor, SIR Ed Benson, so warmly to our June meeting. In July, we have scheduled another visitor, SIR Dick DeVoe, our Regional Director. Dick oversees the nineteen branches in Region 7 and I'm sure that he'll have a few things of interest to share with us.

Have a safe, fun and wonderful month and I look forward to seeing you at our meeting on the 20th.

Bob Donohue

Big SIR



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***PLEASE CALL 806-8874
by the Thursday prior to
the meeting to
cancel your standing res-
ervation or
to bring a guest.***

2015 SIR 116 Officers & Directors



Big SIR
Bob Donohue
513-5141



Little SIR
Jim Barstow
938-2744



Secretary
Fred Schafer
648-4199



Assist.Secretary
Joel White
964-0994



Treasurer
Carl Langhorst
672-2541



Asst.Treasurer 1
Bob Shader
939-8421



Asst.Treasurer 2
Al Satake
254-9589



Member.Secr.
Andy Benz
937-5706



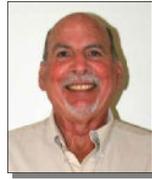
Director
Norm Alberts
837-4074



Director
Wayne Cook
933-8337



Director
Phil Goff
831-3692



Director
Paul Romacciotti
229-2564



Director
John Story
932-8826



Director
Bob Testa
254-8457

2015 SIR 116 Committee Chairmen

Activities Coord.	J. Christopherson	939-3973	Historian (Br. 116)	Mat Arena	946-0404
Attendance	Jim Nachtweih	838-7417	Host	Frank Crua	932-0975
Audit	Ron Armijo	945-0637	Interviewer	Max Foust	827-9323
Book Club	Rich Black	283-8376	Membership Roster	Dick Thomson	785-7600
Book Exchange	John Fraser	837-7439	Music Man	Robbie Robinson	798-4276
" "	Dick Kauffman	838-2334	Newsletter Editor	Neil Schmidt	948-8702
Bridge	Jon Dickson	837-1178	" Asst. Editor	Phil Goff	831-3692
Candy Sales	Art Vogl	288-0488	Nominating	Phil Goff	831-3692
Chaplain	(rotating *)	-	Parties	J. Christopherson	393-9373
Computer & Tech.	Neil Schmidt	948-8702	Photographers	John Peterson	946-0335
Dine-O-Sir	Ben Smith	820-5403	"	Neil Schmidt	948-8702
Duplicate Bridge	Art Donaldson	934-8392	"	Phil Goff	831-3692
E-mail Contact	Phil Goff	831-3692	Poker Group 1	Bill Harrington	935-1625
Fishing	Harry Sherinian	846-7067	Storytellers	(various)	-
Guitar	Paul King	938-3035	Sunshine	Matt Arena	946-0404
Golf – 18 Hole	Al Zavatero	933-0465	Travel	Tom Eller	939-5897
" "	Carlos Xavier	947-6756	Visitors	Bernie Wroblewski	820-3274
Golf – 9 Hole	Dick Chaffee	932-5087	Volunteers	Bob Kinser	837-8886
Golf – Carson City	Tim Hubbard	944-0742	Webmaster	Phil Goff	831-3692
Golf – Carmel	Jim Barstow	938-2744	Welcoming	Jerry Kaplan	938-1037
Guitar	Paul King	938-3035	Wine Appreciation	Jack Bevis	254-7256
Greeters	Pat Bermingham	930-9477			
Hiking & Walking	Joel White	964-0994			

* Doug Aalders, Matt Arena, Art Donaldson, Lou Sandor

Other SIR Area 2 (Inter-branch) Activities

Apple User Grp.	Dick Macy (Br.171)	376-1180	Dominos	Danny Rinaldi (Br.8)	825-0519
Astronomy	Bill Hunter (Br.8)	947-6947	Pocket Pool	Jerry White (Br.8)	944-9068
Bocce	Bob Barnes (Br.8)	686-0106	\$ums Investment	Gary Moore (A.2)	934-8428
Bocce	John Fernando (Br.19)	798-9978	Table Pool	Bill Weinberg (Area 2)	682-0962
Bowling	Dan Weller (Br. 8)	935-5510	Tennis	Ralph Thornicraft (Br.174)	376-8140
Darts & Pub Games	Bill Cooke (Br.8)	691-9325	Travel	Bob Spellman (A.2)	934-8428
Digital Photography	Bill Phelon (Br.8)	254-8338			

SIR Branch 116 Activity Calendar

July 2015

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
			<p>1</p> <p>9-Hole Golf (10:00@ Buchanan Fields GC)</p>	<p>2</p>	<p>3</p> 	<p>4</p>
5	<p>6</p> <p>18-Hole Golf (9:30@ Boundary Oak GC)</p>	<p>7</p> <p>Duplicate Bridge (9:00 Diablo Vly. Bridge Ctr)</p>	<p>8</p> <p>9-Hole Golf (10:00@ Diablo Hills GC)</p>	<p>9</p>	<p>10</p> <p>Hiking & Walking (8:15@ Inspiration Point, Tilden Park)</p>	<p>11</p>
12	<p>13</p>	<p>14</p> <p>Luncheon Bridge (11:30@ Round Hill CC)</p>	<p>15</p> <p>9-Hole Golf (10:00@ Diablo Hills GC) 18-Hole Golf (9:30@ Boundary Oak)</p>	<p>16</p> <p>Computer & Tech (9:30@ Elks Club)</p>	<p>17</p>	<p>18</p>
19	<p>20</p> <p>SIR Br. 116 Mtg. (11:30@ WC Elks Lodge)</p>	<p>21</p> <p>18-Hole Golf (9:30@ Metropolitan GC)</p>	<p>22</p> <p>9-Hole Golf (9:30@ Brentwood CC) \$ums Investment (8:00@ Diablo Creek GC)</p>	<p>23</p> <p>Fishing Group (8:30@ Legends-Diablo Crk)</p>	<p>24</p> <p>Hiking & Walking (8:15@ Panera Bread, Countrywood Mall, Walnut Creek)</p>	<p>25</p>
26	<p>27</p> <p>18-Hole Golf (10:00@ Tilden GC) Book Group (10:15@ Orinda Books)</p>	<p>28</p> <p>Luncheon Bridge (11:30@ Diablo CC)</p>	<p>29</p> <p>9-Hole Golf (10:00@ Buchanan Fields GC)</p>	<p>30</p> <p>Wine Appreciation (4:00@ TBD)</p>	<p>31</p>	



Membership

Andy Benz

(anbenz@aol.com)

SIR 116 Membership Status

Total Current Members:	242
This Month's Inductees:	2
Those in Interview Stage:	0
Total in Process:	2
On Inactive Status:	37
Left the Branch:	1
Waiting to be Installed:	0



Br. 116 Treasurer's Report

Carl Langhorst, Treasurer

(cslangho@mindspring.com)

	June 2015	2015 YTD
Contributions	\$ 3,325.00	\$ 37,808.76
Disbursements	\$ (3,885.35)	\$ (31,844.90)
Net (gain/(loss))	\$ (560.35)	\$ 5,963.86
June 26th Cash Balance		\$ 12,405.25

**Want a Free Lunch ?
Sponsor a New Member !**

July Birthdays

**When you see these members, wish them a
Happy Birthday!**

1. Jim Amland	12. Bob Nichols
2. David Bernard	13. Hal Redsun
3. Gary Boswell	14. Allen Reynolds
4. Stephen Cherepy	15. Ken Sandy
5. Bill Clark	16. John Takacs
6. Garrett Girvan	17. Tim Tinnes
7. Al Hutchko	18. Chuck Vanoncini
8. Paul King	19. Bob Vetro
9. Dick Krieger	20. Jim Videle
10. Brad Lee	21. Bernie Wroblewski
11. Don Miller	



Lunch Attendance

Jim Nachtweih

(majnacht@sbcglobal.net)

Attendance at the June 15th Meeting

Total:	182
Members:	177
Visitors:	1
Speakers:	1
Guests:	3
Excused:	47
Un-Excused:	20

The un-excused members will be asked to pay for their missed lunch.

July Luncheon Menu

Teriyaki Baby Back Ribs
Baked Beans, Corn on Cob
Watermelon Wedges
Rolls/Butter
Dessert-Coffee-Ice tea

State 'SIR Happenings'

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

sirinc.org/sirhappenings

SIR Website Addresses

SIR 116 Web Site
branch116.org

Branch 116 Golf (Old Site)
branch116.org/116-golf/

Branch 116 Golf (New Beta Site)
branch116golf.org

Trampas Topics
branch116.org/trampas/

Computer and Technology
a2cat.sirinc2.org/

SIR Happenings State Newsletter
sirinc.org/sirhappenings

State SIR Web Site
sirinc.org/



Sunshine Report

Matt Arena

(marena@astound.net)

Sir **Otto Rinkert** experienced shortness of breathe which took him to the hospital. He received a pacemaker which has cleared up the problem. His wife Sally tells me that he may have had a small stroke which is affecting his speech.

Sir **Kent Cremolini** was hospitalized with pneumonia .He looked very cheerful when I visited him and he was expecting to be discharged very shortly.

Sir **Larry Johnson** was planning to attend our last luncheon but his mother passed away a couple of days before at the age of 100 in Paso Robles. We extend our condolences to Larry and his family and hope to see him next month.

Sir **Tom Hickey** had hand surgery for his small finger which had curled up. He is now doing physical therapy to get complete use of his hand. Tom said that the surgery was successful.

NO MATTER HOW YOU FEEL
GET UP
DRESS UP.....
SHOW UP.....



Br. 116 Book Club

Rich Black

(blackrw41@comcast.net)

“Being Mortal: Medicine and What Matters in the End” by Atul Gawande

Boston surgeon Gawande through personal and professional experience found that too often doctors never talked honestly about end of life choices and so he wrote “Being Mortal” to understand what had happened and how he elderly and their loved ones could address the problem. Richard Rossland recommended this book and on June 1 Richard Black led the discussion with Jerry Christopherson, John Riordan, Jack Butler, Cord Hull, Jim Flessner, John Kopchik, Al Reynolds, Lytton De-Silva, Tim Tinnes, Jim Scott, Mac McLoughlin, Art Donaldson, Alan Chasnoff, Joel White, Nick Bowles and Garrett Girvin. The group awarded the book an astonishing 4.5 out of 5 stars.

The Book group, which did not meet in May, also met on June 29 to discuss “An Uncommon Friendship” by Bernat Rosner and Frederic C. Tubach. A report on that discussion will be in the August Trampas Topics.

On **July 27** the group will discuss “Astoria: Astor and Jefferson’s Lost Pacific Empire” by Peter Stark at 10:15 in Orinda Books.

New Branch 116 Members



New Member Bob Huck, Sponsor Gary Boswell, and New Member Ben Bryce



“Dine-O-Sir” Dinner Group

Ben Smith

(bjsssmith@aol.com)

The last Dine-O-Sir event was a fantastic “2 dayer” and took place on June 23 & June 30 at the Brass Door Restaurant in San Ramon.

The next Dine-O-SIR event will probably be in August. Stay tuned for an announcement of the next event. If you are not already on the Dine-O-SIR contact list and but want to get early event announcements, send a request to Ben Smith at bjsssmith@aol.com.



SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, July 23rd, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am. Come early and have breakfast with us.

Salmon fishing remains poor. On a few occasions boats out the Golden Gate have caught some, but there has been no consistency. However, our bass man, Tom Kostik has switched from striped bass to black bass in the delta, and hosted Tom Boltz, Harry Sherinian, Terry Miller, and Mike Corker on successful outings. Mike hosted Mario Moratorio, and Joe Karg on other delta forays. Mario caught a big one! Paul Dubow, Karl Droese, Paul King and Chuck Vanoncini worked Lake Berryessa with a guide for one trout and one kokanee. Paul made his annual return to Wisconsin with friends there for bass and walleyes. Tom Boltz and Pete gates fly fished the Feather River with no luck, and Chuck Vanoncini joined Tom at Lake Davis in a wind storm with poor results. Joe Karg caught a jack smelt fishing for sturgeon from shore. Don Mittelsteadt was busy catching baby tarpon in Mexico, black bass on a fly at Cameron Park, and trout in Indian Creek reservoir. Joe Miscione and son caught some stripers from Montezuma Slough. Carl Moyer and Rich Fiscina caught a good mix of rockfish and ling cod on the ocean. The endless and strong wind has been a big hindrance to us this late spring, and many of our outings to local lakes for trout, and lower delta for sturgeon had to be cancelled. We hope to find calmer days ahead.

We will be very busy this summer with: delta fishing for bass, catfish, striped bass, crappie, bluegill, and sturgeon; trout and catfish in mountain and local lakes, salmon and rockfish on the ocean. We live in a fishermen's paradise.

Our next meeting will be **Thursday, July 23rd** at

Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am.

For further information, please contact Dick Thomson, Big Fish (925-944-1760) Harry Sherinian, Branch 116 Coordinator, (925-846-7067).



Computer & Technology

Derek Southern & Neil Schmidt

(np.schmidt2@gmail.com)



The Area 2 Computer and Technology Group announces that our next meeting will be at the Walnut Creek Elks Lodge on **Thursday July 16th** at 9:30 am. Sirs and their guests are welcome and invited to attend.

Trying something completely different, we have invited Ms Sharon Beck from a group called 'Help with Apple Devices' to tell us about Apple products. She says she likes to have a lot of questions from the audience so all you PC folks, as well as our Apple users, please think up some questions that will lead to a fruitful discussion. If time permits we plan to have an informal discussion about some of the great features available on Smartphones, (Android, iOS, and others).

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:30 to 11:30 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone. Some months we ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies, other months are free.

REMINDER

To cancel your standing Luncheon reservation, please call Luncheon Hotline (925-806-8874) no later than Thursday AM in the previous week.



Hiking & Walking

Joel White

(zpz2mrz@yahoo.com)

The Friday, Jun 12 walk was lead Rich Black Starting at the Lafayette Community Center and walking toward downtown. He and his wife Donna were accompanied by Art and Mary Alice Donaldson, Dan and Andrea Green, John and Gail Riordan, Susan and Joel White. I apologize to anyone omitted from this list as I lost my written one. I know I am missing at least 2 since a large group of 12 or more enjoyed this beautiful morning that was followed by coffee and conversation at La Boulange.

The Friday, June 26, 2015 walk led by Lytton DeSilva in Orinda had a much smaller turnout consisting of Lytton, Paul and Anna Freitas, John Riordan, and Susan and Joel White. Our walk was partially shaded and was completed at Geppeto's Café just as the heat of the day began to turn up.

Joel White will lead the **Friday, July 10** walk. Meet at **8:15 AM** at Inspiration point in Tilden Park.

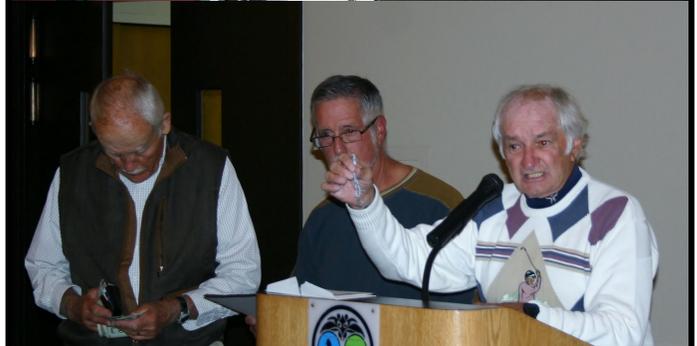
Please RSVP to Joel: zpz2mrz@yahoo.com. In case you are delayed by traffic you can call Joel's cell 925-788-2272.

Driving Directions: Exit Right (exit 9) from 24 East onto San Pablo Dam Road keeping right on the ramp to Orinda Village. Merge left and continue about 2.2 miles. Turn left on Wildcat Canyon Road (about .3 miles past Monte Vista Rd). Final destination is 1000 Wildcat Canyon Rd.

The **Friday, July 24th** walk will be led by Art Donaldson. It will meet in front of Panera Bread in Countrywood mall at the corner of Treat and Bancroft in Walnut Creek, at **8:15am**. **Please RSVP** for this walk to Art: dnldsn@sbcglobal.net.

This Group is open to all members and spouses. Walks are on an "out and back" basis for 30 minutes in each direction, with groups walking at various paces and designed so all can return to the start at roughly the same time. We then join together for coffee and conversation at a local breakfast type establishment. Wives are invited to participate without their husbands if they so wish.

Having Fun at Rancho Canada BBQ Dinner (Carmel Golf Outing)



\$ums Investment Group

Gary Moore (Branch 174)

(mooregh1@gmail.com)

The Area 2 \$ums Investment Group will meet on **Wednesday July 22, 2015** at 8:00 a.m. at the Legends restaurant at the Diablo Creek Golf Course, 4050 Port Chicago Highway, Concord.

Our guest speakers in July will be **Jim King** and **Scott Horton** of **J.P. King Advisors, Inc.** in Walnut Creek. Jim and Scott will provide us with a “**Mid-Year Update and Outlook**” and will discuss:

- The Current State of the Financial Markets
- Preparing your Portfolio for the Road Ahead
- Patience and Investing; How long is Long Term?

Jim and Scott were among our most popular speakers last year, and we are sure you will enjoy this timely and informative talk.

The Legends restaurant opens at 7:00 a.m., so come early and have a leisurely break-fast with your colleagues prior to the meeting. Plan to attend this meeting and bring a prospective SIR.

Co-Chairmen: Gary Moore (Br-174) 925-254-8742

David Sutton (Br-8) 925-686-0158

Leary Wong (Br-8) 925-457-0807

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com

Having Fun at the Spring Fling—2015





Walking Tours

Bernie Wroblewski

(bbwroblewski@comcast.net)

We Want Your Walking Tour Ideas!

The next Branch 116 walking tour will take place in August. Possibilities for this tour include San Francisco, south of Market Street; the Mountain View cemetery in Oakland; Lawrence Livermore Laboratory; or another of the tours offered by the East Bay Regional Parks.

Preferences or alternate suggestions are welcome.

Please e-mail me at bbwroblewski@comcast.net.

Details of the August walking tour will appear in the August Trampas Topics.



Walking Tour Group listening to tour guide inside a mine shaft at the Blank Diamond Mines Regional Preserve on June 13th

**Blue Rock-East golfers -Left to Right below:
Greg Hughes, Robbie Robinson, Terry Grummitt, Randy Welker, Phil Jenkins, Conrad Robertson & Frank Crua.**



CARSON CITY GOLF GETAWAY – 2015

This 3 day event is one you don't want to miss. It has something for everyone who likes to golf, eat out, attend cocktail parties, play bridge, sightsee, shop or gamble. The cost is all inclusive for:

- two rounds of golf, with cart, a sleeve of balls and a tee gift
- three nights lodging at a choice of motels, one with continental breakfast
- three banquets - includes wine on the table and preceded by an open bar
- ladies bridge, either 1 day (& play golf the other) or bridge both days
- free raffle prizes with a total value over \$1,200
- coupon books for cocktails, food and gaming at the Nugget Casino

This year's Getaway will be September 9-10-11

Friends, relatives and all SIRs are welcome. Ladies, especially, have a wonderful time even if they don't golf. There are beautiful shopping centers close by and lots of things to do and see in the Carson City, Virginia City, Reno and Tahoe areas.

The "Entry form" is included in this issue of the Trampas Topics and is also available on the Branch Golf Web Site. **Early sign-ups would be greatly appreciated, particularly if you would like to stay at the City Center Motel as rooms there are limited and we have to advise the Nugget the number of rooms we will need by mid July.** If you sign up early we will not hold your check as we deposit them frequently.

If you have questions or would like more information please contact Tim Hubbard at 944-0742 or e-mail at tthubbs@astound.net. We look forward to seeing you in Carson City in September where a "fun time" is guaranteed!

SIR BRANCH 116

2015 CARSON CITY GOLF GETAWAY

SEPTEMBER 9-10-11, 2015



Sept. 10 at Silver Oak 8:30 Shotgun
 Sept. 11 at Eagle Valley West (Men) 8:00 Shotgun
 Sept. 11 at Eagle Valley East (Ladies) 8:00 Tees

36 holes of golf, including cart



Staying at Hardman House

Includes continental breakfast

Golfer\$375.00 Double Occupancy
 Non-Golfer.....\$270.00 Dbl Occupancy
 Single\$474.00

Staying at City Center Motel

Golfer\$342.00 Double Occupancy
 Non-Golfer.....\$237.00 Dbl Occupancy
 Single\$387.00

ALSO INCLUDES:

Open bar and buffet dinner all 3 nights
 Golf balls, tee prize and raffle prizes
 Food, gaming and bar coupons

Prize money of \$15.00 collected upon arrival

Entry deadline is August 26



Mail to: **Tim Hubbard**
1744 Carriage Drive
Walnut Creek, CA 94598



Non-Golfers!!
Ladies Bridge & Games Event is being planned
Please indicate your interest below**

Please complete the form and circle your selections

Hardman House or City Center Motel

1. Name: _____ Golfer Non-Golfer **

2. Name: _____ Golfer Non-Golfer **

Golfer's NCGA GHIN # 1. _____ 2. _____

Enclosed is my check for \$ _____ to cover my reservation

Please make checks payable to *SIR Branch 116 Golf*

Your e-mail address: _____

** I'm Interested in Playing Bridge & Other Games – One Day or Both Days (circle choice)

For Questions: e-mail Tim at tthubbs@astound.net
 or call (925) 944-0742



SIR Travel

By Tom Eller, Travel Chairman
(tomeller2000@yahoo.com)

Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are



still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging

the event unless otherwise stated:

Area 2 SIR Travel Opportunities

Aug 21-Sep 12, 2015: Treasures of France a River Journey from Normandy to Provence. A 22 day river cruise aboard a deluxe river boat. The highlights include visits to D-Day Beaches of Normandy, Beaujolais, Burgundy Regions, Lyon, and other river towns. Prices range from \$6499 to \$8299 which include airfare, 22 nights accommodations, 59 meals, 17 sightseeing tours with audio headsets, all transfers, luggage handling, and beer or wine at dinner. Pre and Post trips are available. Contact **Ken Richter** Br. 149, 698-6217.

Aug 21- Sep 1, 2015: Paris & Highlights of Normandy a Seine River Cruise. 12 day cruise aboard deluxe river boat with visits to Paris, D-Day Beaches of Normandy, Vernon, Honfleur, and Rouen. Prices range from \$3699 to \$6199 including 10 night accommodations, 29 meals, 9 sightseeing tours with audio headsets and beer or wine at dinner. Two for one airfare is available plus Pre or Post trips. Contact **Ken Richter** Br.146, 689-6217.

Aug 31-Sep 12, 2015: French Waterways: Highlights of Burgundy, Beaujolais & Provence. 12 day river cruise on deluxe river boat with visits to Lyon, Avignon, Vivier. and Beaujolais-Burgundy regions. The prices range from \$3999 to \$6649. Trip includes 10 nights accommodations, 29 meals, 8 sightseeing tours with audio headsets, and beer or wine with dinner. Two for one airfare is available plus Pre & Post trips. Contact **Ken Richter** Br 146, 689-6217

Oct 10, 2015: Fleet Week on the San Francisco Belle. The Belle is a San Francisco Landmark That evokes the City's charm. There will be no better vantage point to see the Fleet Week Air Show than directly under the planes. Cost \$128.00 includes RT deluxe motorcoach transportation, cruise on board the SF Belle, reserved seats on board ship, hosted buffet luncheon, music entertainment, special viewing of the Blue Angels and gratuity. Contact **Ken Richter**, Br 146, 689-6217

Dec 7, 2015: The Holidays are Blooming in the Valley. Your first stop will be at Hilmar Cheese Factory, where your guide will step onto your motorcoach for a tour through their facility, followed by a delicious hosted buffet lunch. After lunch you will have time to shop in their large country store. Next stop will be Duarte Nursery to view their amazing Holiday Poinsettias. Their greenhouses hold one of the largest selections of Poinsettias available. You will tour the facility with time to shop before departing for home. Cost \$54.00 pp including RT motorcoach, hosted lunch, tours and driver gratuity. Contact **Ken Richter**, Br. 146, 689-6217.

Mar 25-Apr 10, 2016: big Band Voyage Across The Atlantic Ocean. 16 day all inclusive cruise on the Crystal Symphony. Relish the blissful luxury of days at sea, highlighted by visits to Bermuda, the Azores, Barcelona, Bandol and Monte Carlo. Cruise cost from \$3665. Join SIR 146 on May 14th, 2015 at 1:30 pm for a special cruise presentation and extra savings opportunities. Contact **Ken Richter**, Br 146, 925-689-6217.

Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: sirinc.org/sirhappenings/ offers additional SIR travel options.



Bridge

Jon Dickson

(still26@sbcglobal.net)

If you enjoy a relaxed half day of bridge playing, please join us for our 2nd and 4th Tuesday lunch & bridge at Round hill Country Club, starting at 11:30 AM. Play is Chicago style and all are welcome to join.

In our last three sessions we have had in the first and third sessions no slams and then 3 slams in our middle session. Feast of famine! On June 9th, Ron Wolberg & Bob Kahl; Bob Wolf & Lou Sandor; and Jim Amland & Jon Dickson had slams, with two of them coming on seccessive hands. Our winners on each of these days were Charlie Schmidt with 5,640 points on 5/26; Ron Wolberg with 6,190 points on 6/9 and Ron Wolberg once more with 6,190 on 6/23.

We welcome all bridge players to a pleasant day of bridge on **Tuesday, July 14** at Round Hill Country Club. Call Jon Dickson 837-1178 if you wish to play.



Poker Group #2

Jim Shurr

(shurrjim@astound.net)

Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. Low stakes ,good times and fun. To play, contact Jim Shurr (925-937-9142) or Jerry Kaplan (925-938-1037) at least 24 hrs before the game.



Book Exchange

John Fraser & Dick Kauffman

(wokeagle@aol.com & rkkauffman@gmail.com)



Free Books?

How many places can you go and pay \$15 for a lunch and also pick up some free books?

You can do just that at the SIRS Branch 116 monthly luncheon.

Remember, bring a book, take a book or take a book and bring a book to the next meeting.

Enjoy your reading!



Wine Appreciation Group

Jack Bevis

(jackb435@comcast.net)

The Wine Appreciation group meets every other month. The most recent wine event was held at the home of Lou and Zora Sandor on May 28th. Thirteen of us attended.

The first wine, and only white that Lou poured was a Clos Pegase 2012, Carneros, Napa chardonnay. After that came three very nice reds. First a 2013 Zinfandel from Seghesio Family Vineyard, Sonoma county, then two cabs; 2012 Silver Label from B.B.Cohn, Kenwood, and finally a 2012 Black Stallion Winery Estate Cab from Napa Valley Oak Knoll district. As usual it was difficult to pick a winner they were all enjoyable and went very well with Zora's delicious hors d'oeuvres.

We meet every other month on the last Thursday of the month at a member's home from 4:00 to 6:30. The member supplies the wine and food and is reimbursed for it by the group. If interested in more information contact Jack Bevis at 925-254-7256.

The next event is scheduled for **July 30th**.



Luncheon Speaker

By Little Sir Jim Barstow

(jbarstow@aol.com)

Our July speaker is **Justin Alumbaugh**, the current head football coach at De La Salle High School.

Mr. Alumbaugh, after 13 years on staff, was hand-picked as a replacement for the legendary De La Salle head football coach Bob Ladouceur, who had 399 wins (only 25 losses and three ties).

Alumbaugh himself played baseball and football at De La Salle and never lost a game as a three-year starter for Ladouceur. He was an inside linebacker and tight end as a senior in 1997 when he was a near-unanimous pick for team captain. That year the Spartans' winning streak hit 73 games, snapping the previous national record.



SIR Branch 116 Golf

By Al Zavattero, Golf Chairman
(jandazav@juno.com)

Latest SIR 116 Golf Info Available on Our Golf Web Sites

At the end of April we activated a new Beta golf website to operate in parallel with the golf website that has been in use for over a decade. Both will continue to operate in parallel for the time being. Each site has its own unique appearance & means of navigation. Information contained in the old site can also be obtained from the new (Beta) site. The Beta site has some new features, including the ability to sign up for Boundary Oak & Paid-in-Advance tournaments on the website itself. Their addresses are as follows:

- branch116.org/116-golf (historic site)
- branch116golf.org (Beta site)

David Harris serves as the Webmaster of the site that has been used historically & Bob Testa serves as the Webmaster of the new (Beta) site. Relevant information should be sent to both Webmasters for posting on both sites.

Please bookmark both sites in your "Favorites" list of websites to access information on the following:

- **The Annual Golf Schedule:** Includes dates, times & courses as well as detailed information on costs, payment information, deadlines, & special events information.
- **18-Hole Pairings:** Shows captains, teams, starting times & handicaps for the next tournament.
- **Leaders & Results:** Shows results from recent 9-Hole & 18-Hole tournaments & the leaders in each group.
- **Sign-ups:** Identifies advance sign-ups for Boundary Oak & Paid-in-Advance tournaments. Additionally, the new (Beta) site offers the opportunity to sign up for those events. Please note that Paid-in-Advance signups become official only after the Treasurer (David Carlson) receives your check.



Nine Hole Info

Dick Chaffee, 9-Hole Chairman
(rwchaffee@sbcglobal.net)

SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields-Concord, Diablo Hills-Walnut Creek, and other 9 hole courses in the area.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2015 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

July 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 01	10:00	Buchanan Fields	Dick Chaffee
Wed. 08	10:00	Diablo Hills	D.McClaughry
Wed. 15	10:00	Diablo Hills	D.McClaughry
Wed. 22	9:30	Brentwood	Skip Berkson
Wed. 29	10:00	Buchanan Fields	Dick Chaffee

July 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 06	9:30	Boundary Oak	Jim Clizbe
Wed. 15	9:30	Boundary Oak	Jim Clizbe
Tue. 21	9:30	Metropolitan	Al Hutchko
Mon. 27	10:00	Tilden Park	Al Hutchko

18-Hole Results

Roddy Ranch -- Monday June 22, 2015

Official Scorer:
Conrad Robertson

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Bill Clark	67 3	1st	Hugh Duggan	68 3	1st	Troy Powell	64 3	1st	Fred Schafer	64 3
2nd	Jim Barstow	68 2	2nd	Bob Testa	69 2	2nd	Jerry Hunter	66 2	2nd	Conrad Robertson	65 2
3rd	Bill McCord	69 1	3rd	Al Hutchko	72 1	3rd	Bernie Wroblewski	67 1	3rd	Robbie Robinson	69 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Jim Barstow	87		Hugh Duggan	93		Bernie Wroblewski	93		Conrad Robertson	100

Closest to: Hole: #3 - Frank Crua, Bernie Wroblewski -- Hole: #17 - Hugh Duggan, Bernie Wroblewski

Lake Chabot -- Tuesday June 16, 2015

Official Scorer:
Neil Schmidt

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Bill McCord	68 3	1st	John Story	66 3	1st	Richard Madden	62 3	1st	Robbie Robinson	65 3
Tie 2nd	Jim Barstow	69 2	2nd	Hugh Duggan	69 2	2nd	Bernie Wroblewski	66 2	2nd	Ron Armijo	66 2
Tie 2nd	Frank Crua	69 2	3rd	Bob Testa	74 1	3rd	Kevin Donahue	68 1	3rd	Conrad Robertson	72 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Jim Barstow	86		John Story	90		Richard Madden	88		Ron Armijo	96

Closest to: Hole: #9 - Mel Williams, Brent Chaney -- Hole: #12 - Jim Johnson

Boundary Oak -- Monday June 8, 2015

Official Scorer:
Bob Testa

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Bill Clark	68 3	Tie 1st	David Carlson	67 3	1st	Troy Powell	69 3	1st	Robbie Robinson	65 3
Tie 2nd	Jim Johnson	69 2	Tie 1st	Hugh Duggan	67 3	2nd	Richard Madden	71 2	2nd	Greg Hughes	67 2
Tie 2nd	Bill McCord	69 2	Tie 3rd	Jim Clizbe	73 1	3rd	Terry Grummitt	73 1	3rd	Ron Armijo	68 1
Tie 2nd	Al Zavattero	69 2	Tie 3rd	Carlos Xavier	73 1						
Low Gross			Low Gross			Low Gross			Low Gross		
	Jim Johnson	85		Hugh Duggan	91		Richard Madden	98		Ron Armijo	99
	Phil Goff	85									

Closest to: Hole: #2 - Jim Johnson, Terry Grummitt -- Hole: #12 - Jim Barstow, Bernie Wroblewski

Boundary Oak -- Monday June 1, 2015

Official Scorer:
David Harris

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Jim Barstow	64 3	1st	Harry Oberle	65 3	1st	Bernie Wroblewski	62 3	1st	Bill Hemmelsbach	67 3
2nd	Bill Clark	68 2	2nd	Bob Testa	66 2	Tie 2nd	Kirk McVean	69 2	Tie 2nd	Jim Nickels	70 2
3rd	Al Zavattero	70 1	3rd	Hugh Duggan	68 1	Tie 2nd	Troy Powell	69 2	Tie 2nd	Conrad Robertson	70 2
Low Gross			Low Gross			Low Gross			Low Gross		
	Jim Barstow	84		Harry Oberle	86		Bernie Wroblewski	86		Bill Hemmelsbach	102

Closest to: Hole: #2 - Bill Clark, Bernie Wroblewski -- Hole: #12 - Bob Testa, Bill Hemmelsbach

2015 18-Hole Leader Board

FLIGHT 1				FLIGHT 2				FLIGHT 3				FLIGHT 4			
Index 0.0 - 17.9				Index 18.0 - 23.7				Index 23.8 - 28.2				Index 28.3 - 36.4			
Pos	NAME	Pnts	l	Pos	NAME	Pnts	l	Pos	NAME	Pnts	l	Pos	NAME	Pnts	
1	Frank Crua	27		1	Hugh Duggan	45		1	Bernie Wroblewski	30		1	Conrad Robertson	20	
2	Jim Barstow	23		2	Bob Testa	28		2	Troy Powell	28		2	Matt Arena	19	
3	Al Zavattono	21		3	John Story	18		3	Don Schroeder	18		3	Robbie Robinson	16	
4	Jerry Hicks	14		4	Al Hutchko	12		4	Peter Coggiola	17		4	Ron Armijo	15	
5	Mel Williams	13			Dick Socolich	12		5	Wayne Cook	15		5	Bill Hemmelsbach	12	
6	Bill McCord	10		6	Harry Oberle	11		6	Terry Grummitt	14		6	Greg Hughes	11	
7	Dirk Meyer	9		7	David Carlson	8			Al Serafino	14			Carl Langhorst	11	
	Wayne Smith	9		8	Carlos Xavier	8		8	Jerry Hunter	9			Jim Nickels	11	
9	Bill Clark	8		9	Bob Price	7		9	Alex Lutkus	5		9	Sam Beret	10	
	David Harris	8		10	Bob Donohue	5			Richard Madden	5			Terry Sherman	10	
	Jim Johnson	8		11	Jim Clizbe	4		11	Kirk McVean	2		11	Fred Schafer	8	
12	Norm Alberts	7			Jim Videle	4		12	Dick Chaffee	1		12	Randy Welker	6	
13	Phil Goff	5		13	Frank Portillo	3			Kevin Donahue	1		13	Chuck Gilliam	4	
14	Neil Schmidt	2		14	Tom Eller	2			Mark Jordan	1		14	Jerry Christopherson	3	
15	Nick Fokas	1											Art Vogl	3	
												16	Phil Jenkins	2	

Using the Golf Hotline

The Golf Telephone Hotline may be reached at 925-906-5355.

You may leave a message to register for 9-Hole & 18-Hole tournaments, cancel a previous registration, make special requests for pairings & ask to be added to a waiting list after the deadline. The Hotline may also be used to access a recorded message to see if a tournament has been cancelled due to inclement weather or other reasons.

If you use the Hotline to sign up for Boundary Oak, please indicate whether you are walking or riding. Deadlines for Boundary Oak signups are the Thursday before. Deadlines for 9-Hole play are the Sunday before. Deadlines for upcoming Paid-in-Advance signups are as indicated below or as shown in the Annual Golf Schedule.

As is the case for signups on the new (Beta) website, Hotline signups for Paid-in-Advance tournaments become official only after the Treasurer (David Carlson) receives your check.

18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
Tuesday, July 21	Metropolitan	Jul-05	\$35
Monday, July 27	Tilden Park	Jul-15	\$37
Tuesday, August 18	Mare Island	Aug 07	NA
Monday, August 24	Blue Rock—West	Aug 08	\$37
Monday, August 31	Eagle Vines	Aug 23	\$45

Send checks made out to SIR Branch 116, Golf, PO Box 683, Lafayette, CA 94549-0683



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA
94596-5805

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.