



Trampas Topics

May, 2015

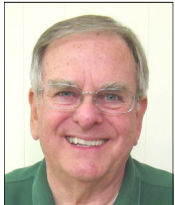
SIR Branch 116

Next Meeting: 11:30 am,
Monday, June 15, 2015
Elks Lodge—1475 Creekside
Dr, Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Men Enjoying Active Retirement

Sayings of 2015 Big Sir Bob Donohue

Well, we're starting into May and there are certainly a lot of very important days this month for the guys in Branch 116. Mother's day is on the 10th and Memorial Day is on the 25th...both very noteworthy days. We'll also be participating in two delightful events, the first being our annual Spring Fling on the 14th, at the Contra Costa Country Club, and the second being our second annual golf outing to Carmel on the 19th and 20th.



As most of you know, the Spring Fling is one of our major events for the year and Jerry Christopherson and his committee have

been working hard to make this a most enjoyable day for all of us, including the women in our lives. This day is really for the ladies, so please try to make this event if you can. You and your wife, girlfriend or significant other will be glad that you did. Jerry needs for you to be sure to sign up by May 4th.

We're hoping that the second annual Carmel golf event will be even more successful than the one last year. Everyone that made the trip in 2014 had a wonderful time and I believe that this years trip will be even better. Jim Barstow and his committee have everything arranged for us, from golf to dinner and it's not too late to sign up, just give Jim a call and he'll tell you everything you'll need to know about hotel reservations and signing up for the two rounds of golf at Rancho Canada.

As you know, we won't be having a meeting at the Elks Lodge in May, because of all of the other things going on. Please remember all of the mothers in your lives on Mother's Day, as well as all of the men & women that have given everything for the freedom that we have today, on Memorial Day. I know that I will be.

Bob Donohue - Big SIR

Spring Fling - May 14!

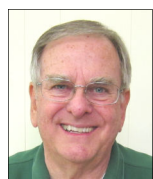


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PLEASE CALL 806-8874
by the Thursday prior to
the meeting to
cancel your standing res-
ervation or
to bring a guest.

2015 SIR 116 Officers & Directors



Big SIR
Bob Donohue
513-5141



Little SIR
Jim Barstow
938-2744



Secretary
Fred Schafer
648-4199



Assist.Secretary
Joel White
964-0994



Treasurer
Carl Langhorst
672-2541



Asst.Treasurer 1
Bob Shader
939-8421



Asst.Treasurer 2
Al Satake
254-9589



Member.Secr.
Andy Benz
937-5706



Director
Norm Alberts
837-4074



Director
Wayne Cook
933-8337



Director
Phil Goff
831-3692



Director
Paul Romacciotti
229-2564



Director
John Story
932-8826



Director
Bob Testa
254-8457

2015 SIR 116 Committee Chairmen

Activities Coord.	J. Christopherson	939-3973	Historian (Br. 116)	Mat Arena	946-0404
Attendance	Jim Nachtweih	838-7417	Host	Frank Crua	932-0975
Audit	Ron Armijo	945-0637	Interviewer	Max Foust	827-9323
Book Club	Rich Black	283-8376	Membership Roster	Dick Thomson	785-7600
Book Exchange	John Fraser	837-7439	Music Man	Robbie Robinson	798-4276
" "	Dick Kauffman	838-2334	Newsletter Editor	Neil Schmidt	948-8702
Bridge	Jon Dickson	837-1178	" Asst. Editor	Phil Goff	831-3692
Candy Sales	Art Vogl	288-0488	Nominating	Phil Goff	831-3692
Chaplain	(rotating *)	-	Parties	J. Christopherson	393-9373
Computer & Tech.	Neil Schmidt	948-8702	Photographers	John Peterson	946-0335
Dine-O-Sir	Ben Smith	820-5403	"	Neil Schmidt	948-8702
Duplicate Bridge	Art Donaldson	934-8392	"	Phil Goff	831-3692
E-mail Contact	Phil Goff	831-3692	Poker Group 1	Bill Harrington	935-1625
Fishing	Harry Sherinian	846-7067	Storytellers	(various)	-
Guitar	Paul King	938-3035	Sunshine	Matt Arena	946-0404
Golf – 18 Hole	Al Zavatero	933-0465	Travel	Tom Eller	939-5897
" "	Carlos Xavier	947-6756	Visitors	Bernie Wroblewski	820-3274
Golf – 9 Hole	Dick Chaffee	932-5087	Volunteers	Bob Kinser	837-8886
Golf – Carson City	Tim Hubbard	944-0742	Webmaster	Phil Goff	831-3692
Golf – Carmel	Jim Barstow	938-2744	Welcoming	Jerry Kaplan	938-1037
Guitar	Paul King	938-3035	Wine Appreciation	Jack Bevis	254-7256
Greeters	Pat Bermingham	930-9477			
Hiking & Walking	Joel White	964-0994			

* Doug Aalders, Matt Arena, Art Donaldson, Lou Sandor

Other SIR Area 2 (Inter-branch) Activities

Apple User Grp.	Dick Macy (Br.171)	376-1180	Dominos	Danny Rinaldi (Br.8)	825-0519
Astronomy	Bill Hunter (Br.8)	947-6947	Pocket Pool	Jerry White (Br.8)	944-9068
Bocce	Bob Barnes (Br.8)	686-0106	\$ums Investment	Gary Moore (A.2)	934-8428
Bocce	John Fernando (Br.19)	798-9978	Table Pool	Bill Weinberg (Area 2)	682-0962
Bowling	Dan Weller (Br. 8)	935-5510	Tennis	Ralph Thornicraft (Br.174)	376-8140
Darts & Pub Games	Bill Cooke (Br.8)	691-9325	Travel	Bob Spellman (A.2)	934-8428
Digital Photography	Bill Phelon (Br.8)	254-8338			

SIR Branch 116 Activity Calendar

May 2015

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	
					1	2	
3	4 18-Hole Golf (9:30@ Boundary Oak GC)	5 Duplicate Bridge (9:00 Diablo Vly. Bridge Ctr)	6 9-Hole Golf (10:00@ Buchanan Fields)	7	8 Hiking & Walking (8:15@ Moraga Commons Parking Lot)	9	
10	11 18-Hole Golf (9:30@ Boundary Oak GC)	12 Luncheon Bridge (11:30@ Round Hill CC)	13 9-Hole Golf (10:00@ Diablo Hills GC)	14  Spring Fling (11:30@ Contra Costa Country Club)	15	16	
Mothers Day	17	18 18-Hole Golf (9:30@ Hiddenbrooke GC)	19  Carmel Golf Outing Luncheon Bridge (11:30@ Diablo CC)	20 9-Hole Golf (10:00@ Buchanan Fields)	21 Computer & Tech (9:30@ Elks Club)	22 Hiking & Walking (10:30@ Hyatt Regency Embarcadero BART, SF)	23
24	25  Memorial Day	26 18-Hole Golf (9:04@ Paradise Valley GC)	27 9-Hole Golf (10:00@ Diablo Hills GC) \$ums Investment (8:00@ Diablow Creek GC)	28 Fishing Group (8:30@ Legends-Diablo Crk) Wine Appreciation (4:00@ TBD)	29	30	
31							



Membership

Andy Benz

(anbenz@aol.com)

SIR 116 Membership Status

Total Current Members:	246
This Month's Inductees:	2
Those in Interview Stage:	0
Total in Process:	2
On Inactive Status:	38
Left the Branch:	8
Waiting to be Installed:	0



Lunch Attendance

Jim Nachtweih

(majnacht@sbcglobal.net)

Attendance at the March 16th Meeting

Total:	187
Members:	179
Visitors:	0
Speakers:	2
Guests:	6
Excused:	52
Un-Excused:	13

The un-excused members will be asked to pay for their missed lunch.



Br. 116 Treasurer's Report

Carl Langhorst, Treasurer

(cslangho@mindspring.com)

	April 2015	2015 YTD
Contributions	\$ 7,625.00	\$ 29,002.74
Disbursements	\$ (7,819.68)	\$ (23,277.28)
Net (gain/(loss))	\$ (194.68)	\$ 5,725.46
April 24th Cash Balance		\$ 12,166.85

State 'SIR Happenings'

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

www.sirinc.org/sirhappenings

**Want a Free Lunch ?
Sponsor a New Member !**

May Birthdays

When you see these members, wish them a Happy Birthday!

1. Doug Aalders	12. Jerry Hicks
2. Charlie Casassa	13. Greg Hughes
3. Larry Cannon	14. Bob Kinser
4. Tom Conroy	15. George Kohut
5. Joe Diehl	16. Bob Matthews
6. Jim Flessner	17. Darrell McClaughry
7. Rudy Gebert	18. John Riordan
8. Charles Gilliam	19. Robbie Robinson
9. Walter Grant	20. Anthony Rohrs
10. Plato Grivas	21. Al Serafino
11. Doug Hatton	22. Al Zavatton

SIR Website Addresses

SIR 116 Web Site
www.branch116.org

Branch 116 Golf
www.branch116.org/116-golf/

Trampas Topics
www.branch116.org/trampas/

Computer and Technology
www.a2cat.sirinc2.org/

SIR Happenings State Newsletter
www.sirinc.org/sirhappenings

State SIR Web Site
www.sirinc.org/



Sunshine Report

Matt Arena

(marena@astound.net)

SIR **Bill Harrington** is recovering from heart valve surgery at Manor Care near Rossmorr. Bill's surgeon was very pleased with the results. After rehab Bill is looking forward to returning to golf.

SIR **Charlie Casassa** has recovered from his hip surgery and is enjoying himself on a trip to the Mediterranean. How nice it is.

SIR **Roger Colton** has been receiving physical therapy at John Muir to help him with balance and strength. He is not quite up to returning for lunch but hope he will be strong enough to join us again.

SIR **Carl Cline** continues to work on the aftermath of his stroke. He sounded very strong when I last spoke to him. It has been a long time that he has been to lunch but here is hoping he will get the strength to join us again soon.

SIR **Harry Honstein** had a nice chat on his health , etc. He sounds wonderful but is bothered by painful knees from arthritis. Harry just celebrated his 89th birthday and who knows he may surprise us and show up for lunch one of these days.

WHAT OTHERS THINK OF YOU IS NONE OF YOUR BUSINESS.....



Activity Chairman

Jerry Christopherson

(jchris161k@aol.com)

ARE YOU TOO LATE?

No, but just a few days left. Time is running out for you to make a reservation for this year's.....**SPRING FLING!!**

It's on Thursday, May 14th at the Contra Costa Country Club.

Join us for an afternoon of socializing, a good meal, entertainment and door prizes.

Reservation forms are available on page 10 of this issue of the Trampas Topics.

Fill one out and mail it with your check. Don't miss out.

See you on May 14th!

Spring Fling it Now!



Everyone enjoying themselves at last year's Spring Fling



SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be **Thursday, May 28th**, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am.

It is all about the trout. San Pablo Reservoir is the place. Dick Grube caught 2 of the tasty rainbows over ten pounds and a 5 pound black bass, all trolling. Terry Miller, Gordon Linebaugh, Barry Rauchle, Rich Fiscina, Paul Dubow, Ernie Wong, Harry Sherinian, and Carl Moyer all caught some of the delicious San Pablo trout. Pete Gates, Steve Loftin, Bruce Persons, and Ken Konzak all got limits of trout from Los Vaqueros Reservoir in rental boats. Carl Moyer got skunked at Shadow Cliffs from the shore, and also on the opening day of salmon season on the ocean fishing from Moss Landing. Catching small stripers and a few keepers from the delta were Rich Fiscina, Terry Miller, Harry Sherinian, Tom Boltz, Mike Corker, and Tom Kostik. Harry Sherinian and Carl Moyer got one small shaker halibut from the Berkeley Flats in San Pablo Bay. Paul Dubow went to Florida for some sheepshead and mangrove snappers. And Ernie Wong fly fished from his ladder at Pyramid Lake in Nevada for the large cutthroat trout found there. The ocean rockfish season starts early this year, April 15th. Go get em!!!

We will be very busy this spring with: delta fishing for bass, catfish, striped bass, and sturgeon; trout in mountain and local lakes, salmon and rockfish on the ocean. We live in a fishermen's paradise.

Our next meeting will be **Thursday, May 28th** at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Dick Thomson, Big Fish (925-944-1760) or Harry Sherinian, Branch 116 Coordinator, (925-846-7067).

Do you know the names of your golf clubs?

These were the names of the old hickory shafted clubs and irons:

Irons

- 1 Driving Iron
- 2 Mid Iron
- 3 Mid Mashie
- 4 Mashie Iron
- 5 Mashie
- 6 Mashie Niblick
- 7 Pitcher
- 8 Pitcher Niblick
- 9 Niblick

Woods

- 1 Driver
- 2 Brassie
- 3 Spoon
- 4 Baffy



**April Speaker Jane Kreidler
talking about Scamming of Seniors**



New Branch 116 Members



**New Member John Sandler
with Sponsor Jerry Kaplan**



**Sponsor Richard Madden
with New Member Ed O'Rourke**

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com

A Perfect Marriage?

A man and woman had been married for more than 60 years. They had shared everything. They had talked about everything. They had kept no secrets from each other, except that the little old woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask her about.



For all of these years, he had never thought about the box, but one day, the little old woman got very sick and the doctor said she would not recover.

In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside.

She agreed that it was time that he should know what was in the box. When he opened it, he found two crocheted dolls and a stack of money totaling \$95,000.

He asked her about the contents. "When we were to be married," she said, "my grandmother told me the secret of a happy marriage was to never argue. She told me that if I ever got angry with you, I should just keep quiet and crochet a doll."

The little old man was so moved; he had to fight back tears. Only two precious dolls were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with happiness.

"Honey," he said, "that explains the dolls, but what about all of this money? Where did it come from?"

"Oh," she said. "That's the money I made from selling the dolls."

REMINDER

To cancel your standing Luncheon reservation, please call Luncheon Hotline (925-806-8874) no later than Thursday AM in the previous week.

\$ums Investment Group

Gary Moore (Branch 174)

(mooregh1@gmail.com)

The Area 2 \$ums Investment Group will meet on **Wednesday May 27, 2015 at 8:00 a.m.** at the Legends restaurant at the Diablo Creek Golf Course, 4050 Port Chicago Highway, Concord.

Our guest speaker in May will be **Jim and Sue Breedlove**, of **Breedlove Insurance** in Orinda. Sue and Jim will discuss “**Insurance For Seniors: Medicare and More**”. They will explore the types of Medicare coverage, the rules for when you can get and change your coverage, and why you might want to. The goal is to minimize your medical insurance costs. If there's time, they also explore why a senior might want to have life insurance as well.

Jim was born and raised in Tyler, Texas and worked his way West over the years. He received a bachelor's degree in physics from MIT and a PhD from Rice. He also has an MBA from the University of New Mexico. Jim held numerous technical positions before forming Breedlove Insurance. He specializes in Medicare and life insurance.

Sue is a native of Appleton, Wisconsin and graduated from Arizona State University. After a long career in corporate sales, Sue specializes in health and long term care insurance.

The Legends restaurant opens at 7:00 a.m., so come early and have a leisurely breakfast with your colleagues prior to the meeting. Plan to attend this meeting and bring a prospective SIR.

Co-Chairmen: Gary Moore (Br-174) 925-254-8742

David Sutton (Br-8) 925-686-0158

Leary Wong (Br-8) 925-457-0807



Computer & Technology

Derek Southern & Neil Schmidt

(np.schmidt2@gmail.com)



The Area 2 Computer and Technology Group advises all Sirs and their guests that our next meeting will be at the Walnut Creek Elks Lodge on Thursday, **May 21st at 9:30 am.**

Neil Schmidt will talk about **TV Streaming**. He will cover the different options and methods for connecting your TV to the Internet and explain some of the free, as well as paid, things you can do with a connected TV besides streaming Netflix movies. The available devices and services are rapidly changing. Come to the meeting and find out what is currently available and where this technology is heading. A preview of Neil's talk can be found at <http://a2cat.sirinc2.org>

As always, coffee and cookies are available before and during the meeting. And, in addition, there's Barry's nifty freebies raffle. Odds of winning are better than one in ten.

There will be no meeting in June, we will reconvene on Thursday July 16th.

Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:30 to 11:30 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone. Some months we ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies, other months are free.





Hiking & Walking

Joel White

(zpz2mrz@yahoo.com)

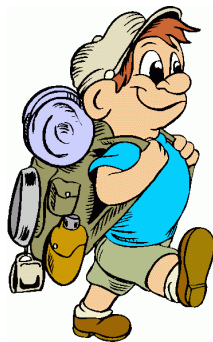
The walk on Friday, April 10, led by Alan Chasnoff, set a new record with eighteen people and one dog on the walk: Dan and Andrea Green, John and Gail Riordan, Paul and Anna Freitas, Art and Mary Alice Donaldson, Dave and Colleen Geary, Norm and Bobbi Schoenfeld, Rich Black and Donna Argenbright, Lytton DaSilva, Allan and Lynda Chasnoff, Howard Chasnoff and Tzeitel.

The walk on April 24th, led by Paul Freitas was also a very enjoyable amiable group. Paul and Ana Freitas, Steve Bort, Colleen and David Geary, Dan Green, John and Gail Riordan, Aase and Richard White, and Susan and Joel White enjoyed a beautiful walk south on the Iron horse trail from the Rudgear Park and Ride, followed by breakfast at the relatively new Noah's Bagel on Mt Diablo Blvd in Walnut Creek. Another boringly beautiful day in paradise.

The **Friday, May 8** walk will be led by Dan Green. Meet at 8:15 am at the Moraga Commons parking lot corner of Moraga Road and St Mary's Rd. Please RSVP for this walk to Dan: asdgreen@comcast.net .

The **Friday, May 22nd**, 2015 walk will be led by Joel White. We will meet at 10:30 am (note time change) at the Hyatt Regency Embarcadero BART exit. We will then walk the Embarcadero toward Giant's Stadium. Please RSVP to Joel by Wednesday, May 21st so a reservation can be made, restaurant yet to be decided: zpz2mrz@yahoo.com.

Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or zpz2mrz@yahoo.com.



Wine Appreciation Group

Jack Bevis

(jackb435@comcast.net)

The Wine Appreciation group held its most recent event on March 26th. Twenty four of us attended at the home of Dave and Carol Williams. They started us off with a surprise: a Jeroboam size bottle of Toasted Head Chardonnay, a very impressive sight to behold and a nice wine. Dave likes Zinfandels. We had four to compare from different parts of the state: Estancia-Paso Robles, Simi Dry Creek Valley-Sonoma, Clos du Bois North Coast- Geyserville and a Robert Mondavi Private Selection central Coast-Acampo. The weather was beautiful so the wine was enjoyed outdoors as well as inside. Dave and Carol's bountiful hors d'oeuvres extravaganza was enjoyed throughout the event both indoors and outdoors.

We meet every other month on the last Thursday of the month at a member's home from 4:00 to 6:30. The member supplies the wine and food and is reimbursed for it by the group.

A standard wine event normally costs \$10 to \$15 per person while a Premium event will run around \$20. If interested contact Jack Bevis at 925-254-7256.

The next event is scheduled for **May 28th**.



The "Amiable Amblers" Hiking Group enjoying breakfast at Denical's in Walnut Creek following their April 10th stroll.



SIR Travel

By Tom Eller, Travel Chairman
(tomeller2000@yahoo.com)

Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are



still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging

the event unless otherwise stated:

Area 2 SIR Travel Opportunities

July 22-28, 2015: Baseball Hall of Fame Induction Ceremony. Trip will include baseball games in New York and Boston. The Highlight will be the Baseball Hall of Fame and induction ceremonies at Cooperstown. Travelers will enjoy home pick-up, airport transfers, professional tour host, RT airfare, 6 night accommodations, all taxes and gratuities. Cost \$2,975.00. Contact **Ken Richter**, Br. 146, 698-6217.

Aug 21-Sep 12, 2015: Treasures of France a River Journey from Normandy to Provence. A 22 day river cruise aboard a deluxe river boat. The highlights include visits to D-Day Beaches of Normandy, Beaujolais, Burgundy Regions, Lyon, and other river towns. Prices range from \$6499 to \$8299 which include airfare, 22 nights accommodations, 59 meals, 17 sightseeing tours with audio headsets, all transfers, luggage handling, and beer or wine at dinner. Pre and Post trips are available. Contact **Ken Richter** Br. 149, 698-6217.

Aug 21- Sep 1, 2015: Paris & Highlights of Normandy a Seine River Cruise. 12 day cruise aboard deluxe river boat with visits to Paris, D-Day Beaches of Normandy, Vernon, Honfleur, and Rouen. Prices range from \$3699 to \$6199 including 10 night accommodations, 29 meals, 9 sightseeing tours with audio headsets and beer or wine at dinner. Two for one airfare is available plus Pre or Post trips. Contact **Ken Richter** Br.146, 689-6217.

Aug 31-Sep 12, 2015: French Waterways: Highlights of Burgundy, Beaujolais & Provence. 12 day

river cruise on deluxe river boat with visits to Lyon, Avignon, Vivier . and Beaujolais-Burgundy regions. The prices range from \$3999 to \$6649. Trip includes 10 nights accommodations, 29 meals, 8 sightseeing tours with audio headsets, and beer or wine with dinner. Two for one airfare is available plus Pre & Post trips. Contact **Ken Richter** Br 146, 689-6217

Oct 10, 2015: Fleet Week on the San Francisco Belle. The Belle is a San Francisco Landmark That evokes the City's charm. There will be no better vantage point to see the Fleet Week Air Show than directly under the planes. Cost \$128.00 includes RT deluxe motorcoach transportation, cruise on board the SF Belle, reserved seats on board ship, hosted buffet luncheon, music entertainment, special viewing of the Blue Angels and gratuity. Contact **Ken Richter**, Br 146, 689-6217

Dec 7, 2015: The Holidays are Blooming in the Valley. Your first stop will be at Hilmar Cheese Factory, where your guide will step onto your motorcoach for a tour through their facility, followed by a delicious hosted buffet lunch. After lunch you will have time to shop in their large country store. Next stop will be Duarte Nursery to view their amazing Holiday Poinsettias. Their greenhouses hold one of the largest selections of Poinsettias available. You will tour the facility with time to shop before departing for home. Cost \$54.00 pp including RT motorcoach, hosted lunch, tours and driver gratuity. Contact **Ken Richter**, Br. 146, 689-6217.

Additional SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at: <http://www.sirinc.org/sirhappenings/> offers additional SIR travel options.



Br. 116 Book Club

Rich Black

(blackrw41@comcast.net)

“The Burglary: The Discovery of J. Edgar Hoover’s Secret FBI” by Betty Medsger

In 1971 the country was polarized over the Vietnam War and J. Edgar Hoover was still reigning unchallenged. Then a group of 8 anti-war activists broke into a small FBI office outside Philadelphia, stealing and distributing documents that disclosed COINTELPRO, a program for surveillance and harassment of so-called “subversives”. This lengthy book provides an important and detailed history of Hoover’s secret illegal operations, including many unsuccessful efforts to terminate them. Al Reynolds recommended the book and John Riordan led the lively discussion. Also contributing their views were Jim Scott, Joel White, Jack Butler, Lytton DeSilva, Garrett Girvin, Steve Bort, Paul Freitas, John Kopchik, Mac McLoughlin, Jim Flessner, Cord Hull, and Tim Tinnes. The group awarded the book 4.15 stars.

Since the 4th Monday in May is Memorial Day the group will next meet at 10:15 on **Monday, June 1** at Orinda Books to discuss “Being Mortal” by Atul Gawande.

The group will meet on **June 29** (the 5th Monday) to discuss “An Uncommon Friendship” by Bernat Rosner (the March luncheon speaker) and Frederic Tubach.

John Riordan, for vacationing Richard Black



Book Exchange

John Fraser & Dick Kauffman

(wokeagle@aol.com & rkkauffman@gmail.com)



We Have Free Books for You!

Check out the Book Exchange as you pay for lunch. This is a free service on an exchange basis, "bring a book, take a book or take a book and bring a book to the next luncheon".

Hardback, paperback, and audio books all welcome. Happy Reading....



Walking Tours

Bernie Wroblewski

(bbwroblewski@comcast.net)

WALKING TOUR

The next Branch 116 walking tour will take place in June. The venue will be the Black Diamond mine in eastern Contra Costa County. Details as to the day, date, and time are being finalized and will appear in the June Trampas Topics. In addition, past walking tour participants and those expressing interest in this outing will receive an e-mail announcement once the details become final.



Lake Chabot Walking Tour on April 18





SIR Branch 116 Golf
 By Al Zavattero, Golf Chairman
 (jandazav@juno.com)

We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in the Trampas Topics and on our web site at www.branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.
 Please indicate if you want a cart.

No More Pine Meadow Golf for 9-Holers!

The Pine Meadow golf course is now closed and various alternative locations are being considered for filling the now vacant 2nd Wednesday time slot on the 9-Hole schedule. In May, the 9-Hole group will be playing Diablo Hills on the 2nd Wednesday. In the future, Bentwood and Rossmoor are also being considered. Keep in touch with the latest changes by reviewing 9-Hole Schedule on our golf web site.



Nine Hole Info
 Dick Chaffee, 9-Hole Chairman
 (rwchaffee@sbcglobal.net)

SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields-Concord, Diablo Hills-Walnut Creek, and other 9 hole courses in the area.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2015 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

May 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 06	10:00	Buchanan Fields	Dick Chaffee
Wed. 13	10:00	Diablo Hills	D.McCloughry
Wed. 20	10:00	Buchanan Fields	Dick Chaffee
Wed. 27	10:00	Diablo Hills	Mike Murphy

May 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 04	9:30	Boundary Oak	Harry Oberle
Mon. 11	9:30	Boundary Oak	Harry Oberle
Mon. 18	9:30	Hiddenbrooke	Harry Oberle
Tues. 26	9:04	Paradise Valley	Harry Oberle

18-Hole Results

Poppy Ridge -- Monday April 27, 2015

Official Scorer:
John Story and Hugh Duggan

Flight 1			Flight 2			Flight 3			Flight 4		
Tie 1st	Mel Williams	67 3	1st	Bob Testa	65 3	1st	Al Serafino	63 3	1st	Terry Sherman	62 3
Tie 1st	Al Zavattero	67 3	Tie 2nd	John Story	69 2	2nd	Troy Powell	68 2	2nd	Fred Schafer	69 2
Tie 3rd	David Harris	69 1	Tie 2nd	Hugh Duggan	69 2	3rd	Wayne Cook	69 1	3rd	Jerry Christopherson	72 1
Tie 3rd	Bill McCord	69 1									
Low Gross			Low Gross			Low Gross			Low Gross		
	Mel Williams	86		Bob Testa	92		Al Serafino	94		Fred Schafer	96

Special Event Results:

First Place: Dirk Meyer and Terry Sherman -- 132

Second Place: Mel Williams and Fred Schafer -- 136

Third Place: Al Zavattero and Jerry Christopherson -- 138

Lone Tree -- Tuesday April 21, 2015

Official Scorer:
Troy Powell

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Mel Williams	71 3	Tie 1st	Hugh Duggan	70 3	1st	Troy Powell	67 3	1st	Conrad Robertson	70 3
2nd	Frank Crua	73 2	Tie 1st	Bob Testa	70 3	2nd	Terry Grummitt	70 2	2nd	Matt Arena	73 2
3rd	Jim Barstow	74 1	3rd	Carlos Xavier	74 1	3rd	Don Schroeder	72 1	Tie 3rd	Sam Beret	75 1
									Tie 3rd	Jerry Christopherson	75 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Mel Williams	89		Hugh Duggan	93		Troy Powell	96		Conrad Robertson	104
							Don Schroeder	96			

Closest to: Hole: #5 - Jim Barstow -- Hole: #11- John Story, Kevin Donahue

Bay Club Stonetree -- Monday April 13, 2015

Official Scorer:
Jim Clizbe

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Frank Crua	60 3	1st	Frank Portillo	64 3	1st	Wayne Cook	70 3	1st	Bill Hemmelsbach	69 3
2nd	Al Zavattero	69 2	Tie 2nd	Hugh Duggan	67 2	2nd	Pete Coggiola	72 2	2nd	Carl Langhorst	76 2
3rd	Jim Barstow	70 1	Tie 2nd	Bob Testa	67 2	3rd	Terry Grummitt	75 1	3rd	Fred Schafer	77 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Frank Crua	82		Hugh Duggan	91		Pete Coggiola	100		Bill Hemmelsbach	104

Closest to: Hole: #3 - Hugh Duggan, Don Schroeder -- Hole: #17- Wayne Smith, Bill Hemmelsbach

Match Play: Fred Schafer beat Jerry Hicks 2 and 1

Boundary Oak -- Monday April 6, 2015

Official Scorer:
Pete Coggiola

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Frank Crua	61 3	Tie 1st	Hugh Duggan	64 3	1st	Bernie Wroblewski	66 3	1st	Jim Nickels	63 3
Tie 2nd	Jerry Hicks	65 2	Tie 1st	John Story	64 3	2nd	Pete Coggiola	71 2	2nd	Ron Armijo	68 2
Tie 2nd	Jim Johnson	65 2	Tie 3rd	David Carlson	69 1	3rd	Wayne Cook	72 1	Tie 3rd	Matt Arena	69 1
			Tie 3rd	Jim Clizbe	69 1				Tie 3rd	Jerry Christopherson	69 1
Low Gross			Low Gross			Low Gross			Low Gross		
	Jerry Hicks	76		Hugh Duggan	87		Bernie Wroblewski	90		Ron Armijo	98

Closest to: Hole: #2 - Al Zavattero, Bernie Wroblewski -- Hole: #6 - Stephen Cherepy, Terry Sherman

Rancho Solano -- Monday March 30, 2015

Official Scorer:
Terry Grummitt

Flight 1			Flight 2			Flight 3			Flight 4		
1st	Dirk Meyer	68 3	1st	Hugh Duggan	64 3	1st	Al Serafino	68 3	1st	Jim Nickels	68 3
Tie 2nd	Jim Barstow	70 2	Tie 2nd	Bob Donohue	66 2	2nd	Jerry Hunter	69 2	2nd	Ron Armijo	69 2
Tie 2nd	Jerry Hicks	70 2	Tie 2nd	Bob Testa	66 2	Tie 3rd	Terry Grummitt	70 1	3rd	Conrad Robertson	70 1
						Tie 3rd	Troy Powell	70 1			
Low Gross			Low Gross			Low Gross			Low Gross		
	Jerry Hicks	83		Hugh Duggan	88		Jerry Hunter	95		Ron Armijo	100

Closest to: Hole: #5 - Nick Fokas, Chuck Gilliam -- Hole: #15 - Al Zavattero, Jim Nickels

2015 18-Hole Leader Board

FLIGHT 1			FLIGHT 2			FLIGHT 3			FLIGHT 4		
Index 0.0 - 17.9			Index 18.0 - 23.7			Index 23.8 - 28.2			Index 28.3 - 36.4		
Pos	NAME	Pnts	Pos	NAME	Pnts	Pos	NAME	Pnts	Pos	NAME	Pnts
1	Frank Crua	19	1	Hugh Duggan	28	1	Bernie Wroblewski	23	1	Matt Arena	14
2	Al Zavattero	18	2	Bob Testa	20	2	Don Schroeder	16	2	Conrad Robertson	13
3	Jerry Hicks	14	3	John Story	14	3	Peter Coggiola	14	3	Ron Armijo	12
4	Mel Williams	13	4	Dick Socolich	12	4	Troy Powell	13	4	Sam Beret	10
5	Jim Barstow	9	5	Bob Price	7	5	Al Serafino	11	5	Greg Hughes	9
	Dirk Meyer	9	6	Al Hutchko	6	6	Terry Grummitt	10		Jim Nickels	9
	Wayne Smith	9	7	Bob Donohue	5	7	Wayne Cook	8	7	Carl Langhorst	8
8	David Harris	8		Harry Oberle	5	8	Jerry Hunter	6		Terry Sherman	8
9	Phil Goff	5		Carlos Xavier	5	9	Alex Lutkus	5	9	Robbie Robinson	6
10	Norm Alberts	3	10	David Carlson	3	10	Mark Jordan	1	10	Fred Schafer	5
	Bill McCord	3		Jim Clizbe	3				11	Chuck Gilliam	4
12	Jim Johnson	2		Frank Portillo	3					Bill Hemmelsbach	4
	Neil Schmidt	2	13	Tom Eller	2				13	Jerry Christopherson	3
14	Nick Fokas	1	14	Jim Videle	1					Art Vogl	3
										Randy Welker	3

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

www.branch116.org/116-golf

Please bookmark it in your "Favorites" list of websites to access information on the following:

- 2013 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- 18-Hole Pairings: Shows captains, teams, starting times & handicaps for next event.

- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.
- Boundary Oak Sign-Ups: Shows who has signed-up for the next two Boundary Oak sessions.

18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
Monday, May 18	Hiddenbrooke	May-08	\$45
Tuesday, May 26	Paradise Valley	May-16	\$43
Tuesday, June 16	Lake Chabot	June-04	\$30
Monday, June 22	Roddy Ranch	June-10	\$34
Monday, June 29	Blue Rock— East	June-13	\$37
Monday, July 06	Crow Canyon CC	June-24	\$45

Send checks made out to SIR Branch 116, Golf, PO Box 683, Lafayette, CA 94549-0683



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA
94596-5805

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.