



# SIR Branch 116 Trampas Topics Newsletter

July 2020

**Next Meeting:** Zoom Speaker  
Meeting on July 20th at 12:00 PM

A Nonprofit Public Benefit Organization for Men Enjoying Active Retirement

## Message from Michael



We are halfway though the year, just doesn't seem possible! But here we are going into July and the summer months. The first half pf 2020 has certainly had its ups and downs as well as its particular challenges and we are fortunate that we have a strong and committed BEC that continues to work diligently within tremendous restrictions to try and keep us 'active.'

As an organization that 'specializes' in activities we have been particularly hard hit. However please read Trampas Topics carefully and you will note that things are beginning to slowly open up. Many golf courses will not allow tournaments of any kind yet, but in July we WILL be playing together at Lake Chabot, so please sign up. Some other groups are successfully meeting via ZOOM, our two Book Groups as well as a modified Walking Group, even our proclaimed 'Winos' are meeting virtually and the effects I am told are the same!

We had a very successful Branch Meeting with an excellent speaker on June 15th and another is planned for July 20th, so please do two things, mark it down on your calendar and do join us via ZOOM. We only have about 50% of the membership on-line and that is a pity because the rest of you are missing out. If you are afraid of Zoom, the internet or simply getting addicted to SIRs, then please contact either myself or Neil Schmidt, we will be only too happy to help you resolve any difficulties and will help you get connected.

Our latest discussions with Boundary Oak were not encouraging. At this point in time it is highly unlikely that we will be back to having a physical meeting any time soon, maybe it will be late in the year.

Blessings to you all and stay safe.

*Michael*



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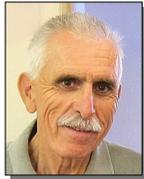
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Please email or call any BEC member if you have any questions/news regarding branch activities or members

## 2020 SIR Branch 116 Officers



**Big SIR**  
Michael  
Barrington



**Little SIR**  
Sam  
Beret



**Treasurer**  
Alan  
Fitzgerald



**Asst.Treas.**  
Al  
Satake



**Secretary**  
Fred  
Schafer



**Assist.Sec.**  
Paul  
Ramacciotti



**Member.Sec.**  
Phil  
Goff

## 2020 SIR Branch 116 Directors



Gary  
Boswell



Roger  
Craig



Al  
Farbman



David  
Harris



Fred Wa-  
chowicz



Jerry  
Hicks

## 2020 Activity Chairmen

Activity	Chairman	Asst. Chairman
• Amiable Amblers	John Riordan	Joel White
• Bocce	Jim Seven	
• Book Group 1	Rich Black	Steve Bort
• Book Group 2	Alan Pope	
• Book Exchange	John Fraser	Dick Kauffman
• Bridge	Jon Dickson	Bob Wolf
• Computer & Tech.	Neil Schmidt	Phil Goff
• Dine-O-SIR	Alex Lutkus	Team Members
• Duplicate Bridge	Conrad Robertson	Tom Henry
• Fishing	Harry Sherinian	Terry Miller
• Golf-18 Hole	Bernie Wroblewski	Jim Johnson
• Golf-9 Hole	Dick Chaffee	D. McLaughry
• Golf - Carmel	Jim Barstow	JJ, Harris, Eller
• Golf - Carson City	Tim Hubbard	Oberle, Harris
• Mexican Train	Richard Madden	Alex Lutkus
• Parties	Marty Katz	
• Pickleball	Ed Solomon	
• Poker	Lou Sandor	
• Saturday Tours	Greg Hughes	
• \$ums in Retirement	Ben Smith	
• Travel	TBD	
• Wine-O-SIR	Lou Meylan	

## 2020 Support Chairmen

### RAMP Department Heads:

- Recruitment Don Schroeder
- Activities Fred Wachowicz
- Member Relations Tom O'Brien
- Publicity Jim McCormick

### Support Chairmen:

- Audit Committee Ron Armijo
- Nominating Committee Jerry Hicks
- Sunshine Committee Matt Arena

### Luncheon Support:

- Attendance Mike Schneider
- Audio Visual Neil Schmidt
- Chaplain Committee Terry Sherman
- Greeters Committee Terry Grummitt
- Raffle Committee Ben Bryce
- Speakers Committee Sam Beret/ Al Farbman
- Storytellers Committee Mac Mcloughlin
- Cash Collection Ron Banducci

### Recruitment Committee

- Recruiting Don Schroeder
- Guest Packet Don Schroeder
- Guest Follow-up Don Schroeder
- Guest Statistics Phil Goff
- Sponsor Program Don Schroeder
- New Member Orientation Dave Williams
- New Member Packet Phil Goff

### Membership

- Member Relations Tom O'Brien
- Membership Secretary Phil Goff
- Membership Roster George Pryhuber
- Awards/Recognition Michael Barrington

### Publicity

- Publicity Jim McCormick
- Newsletter Editor Neil Schmidt
- Internal Communications Michael Barrington

**A Thank You to all Br. 116 SIR Who  
Volunteer to be Leaders**

## Some Other SIR Area 16 Activities

Apple User Group	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

## Monthly Activities Calendar

# July 2020

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
			1	2	3  <b>Pickleball</b> (7:30@ WC Tennis, Heather Farms)	4  <b>Fourth of July</b>
5	6  <b>18-Hole Golf</b> (9:30@ Lake Chabot GC )	7	8  <b>9-Hole Golf</b> (10:00@ Buchanan Fields GC)	9	10  <b>Hiking &amp; Walking</b> (8:15@ TBD) <b>Pickleball</b> (7:30@ WC Tennis, Heather Farms)	11
12	13  <b>18-Hole Golf</b> (9:32@ TBD)	14	15  <b>9-Hole Golf</b> (10:00@ Diablo Hills GC)	16  <b>Computer &amp; Tech</b> (9:30 AM via Zoom) <b>Book Group 2</b> (11:00 AM via Zoom)	17  <b>Pickleball</b> (7:30@ WC Tennis, Heather Farms)	18
19	20  <b>SIR Br. 116 Speaker Meeting</b> (12:00 PM via Zoom)	21  <b>18-Hole Golf</b> (9:30@ Blue Rock East GC)	22  <b>9-Hole Golf</b> (10:00@ Brentwood GC)	23  <b>Fishing Group</b> (8:30 AM via Zoom) <b>Wine Appreciation</b> (4:00@ Jon Dickson home)	24  <b>Hiking &amp; Walking</b> (8:15@ TBD) <b>Pickleball</b> (7:30@ WC Tennis, Heather Farms)	25  <b>Walking Tour</b>
26	27  <b>18-Hole Golf</b> (9:30@ Lone Tree GC ) <b>Book Group 1</b> (10:15 AM via Zoom)	28	29  <b>9-Hole Golf</b> (10:00@ TBD)	30	31  <b>Walking Tour</b> (9:00@ Downtown)	





### Br. 116 Treasurer's Report

Alan Fitzgerald, Treasurer  
(galan.fitzgerald@gmail.com)

	June 2020	2020 YTD
Contributions		\$16,598.85
Disbursements		-\$14,963.92
Net (gain(loss))		\$1,634.93
June Cash Balance		\$11,480.75
Outstanding Checks		\$750.00



### Membership

Phil Goff  
(philgoff@yahoo.com)

#### SIR 116 July Membership Status

Total Current Membership is 205

## Nominating Committee

The Branch 116 Committee for the Board BEC 2021 have excellent and enthusiasm. All of the 7 Officers and 6 Directors agreed to serve for your membership beginning January 1, 2021. The slate will approve by our BEC in July and the important membership for election of the slate for August 17. The slate will announce the August Trampas Topics newsletter recommended for you.

Jerry Hicks, Chair



Pickleball players warming up (for the camera) while still maintaining Social Distancing

## July Birthdays

When you see these members, wish them a Happy Birthday!

- |                       |                       |
|-----------------------|-----------------------|
| 1. Michael Barrington | 11. Brad Lee          |
| 2. Don Benioff        | 12. Vito Magliano     |
| 3. Meade Bernard      | 13. Don Miller        |
| 4. Gary Boswell       | 14. Tom O'Brien       |
| 5. Steve Cherepy      | 15. Hal Redsun        |
| 6. Bill Clark         | 16. Tim Tinnes        |
| 7. Neil Fruman        | 17. Chuck Vanoncini   |
| 8. Garrett Girvan     | 18. Bob Vetro         |
| 9. Al Hutchko         | 19. Jim Videle        |
| 10. Paul King         | 20. Bernie Wroblewski |



### Sunshine Report

Matt Arena  
(marena@astound.net)

Past Big Sir **Jerry Hicks** played golf at Poppy Ridge and scored a birdie on the first hole. He is an incredible athlete when you consider what he went through with his stroke. He is not driving but may pull a cart at his next outing at Boundary Oak. Pickel ball is his next challenge .

Sir **Jim Nachtweih** is making progress following his hip surgery. He now uses a cane to ambulate however his daughter is after him to do more exercise. Jim is in good spirits and sends his regards.

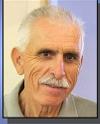
If you know of any our members who find themselves at home with or without health issues and need a call please let me know.

## 2020 Carson City Golf Outing Cancelled

The 2020 Carson City Golf outing for 2020 has been cancelled.

The golf is possible, but the buffet banquets could not be held during the COVID-19 era.

For more information contact Tim Hubbard or David Harris.



## Meeting Speaker

**Little SIR Sam Beret**  
(snb49@Outlook.com)

I hope all of our members and their families are doing well.

On **Monday July 20, 2020**, we will have a “virtual lunch” meeting via Zoom. Dr. Nick Lavingia will be our luncheon speaker. The topic of his presentation is: “Challenges Executing Global Mega Energy Projects (What it takes to Deliver Energy to the World)”.

Nick holds a BS & MS in Chemical & Petroleum Refining Engineering and Ph.D. in Mineral Economics from the Colorado School of Mines. He is a retired Chevron Senior Project Manager, Consultant, Advisor and Trainer. Nick will be speaking on the subject of what it takes to deliver energy to the world (including a gallon of gas to the gas pump).

Nick has over 40 years of Global Project Engineering, Management, and Consulting experience in the Energy Industry, Until his retirement from Chevron in April of 2013, he supported capital projects worth well over \$100 billion globally.

Throughout his career he has published and presented several papers at industry conferences, including “Managing Risk for Global Energy Projects”. He is also the recipient of numerous awards for his outstanding contribution to the advancement of Project Management Technology and Value Engineering.

This will be a presentation via Zoom video platform and Zoom meeting details will be announced later.



**Activity Chair**  
**Fred Wachowicz & Mike Ward**  
(fredwach@pacbell.net)



Summer is here and SIR activities are beginning to get under way.

So far, Pickle, Golf, Fishing, Book Clubs 1 and 2, Amiable Amblers, and Saturday Walking Tours are back in operation. Others will be restarting as circumstances allow.

Caveat to all, please continue to observe all of our County and State Covid requirements to keep us healthy during these times.

We have also asked our members to refrain from car pooling as we open up our various activities.

On another front Book Club 2 had connected with the former Director of the International Churchill Society after reading “The Splendid and the Vile” about Churchill in the war years. As a result we were able to have Michael Bishop provide our membership with a Zoom Meeting presentation on “Why Churchill Matters”. We had in the range of 70 members tune in for the meeting.

Lastly, we are continuing to work on an updated travel venue to include 1 day excursions, weekend travel on the West Coast, US National and Canadian Travel, and International Travel. Travel had the overall highest response in our annual online survey

One more note: We are also working with Branch 146 and Branch 8 to share activities when it makes sense to do so. This will open up a wider range of activities that may be of interest to our members.



**Bridge**  
**Jon Dickson**  
(still26@sbcglobal.net)

Diablo Country Club was contacted last week and they are still closed to all. They have promised to contact us as soon as they are opening and we can start again to play bridge, have lunch there, on 2nd and 4th Fridays of the month. I am sure they are as anxious to have us there as we are to resume playing bridge.

As soon as they give us a positive word, you will receive an announcement.

### Duplicate Bridge

With the unknown about the availability of the bridge site and the continued use of face masks, the duplicate group has decided to wait until at least the first week of August before reconvening. We will reassess the situation at that time and make a determination as to when to restart



**Amiable Amblers**  
**John Riordan & Joel White**  
 (gcriordan@com,

Activity resumed on June 26 with a walk from the Moraga Commons toward St Mary's College. Walkers included Richard and Donna Black, Art and Mary Alice Donaldson, Al Farbman, Dick Frankel, Paula and Anna Freitas, David Geary, Fred and Diane McBreen, John and Gail Riordan, and Joel and Susan White.

Walks are scheduled for **July 10 and 24**. Details are not yet determined but will be emailed to those on the Amiable Amblers list.

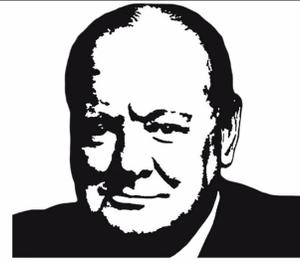
These walks are for individuals or couples, as spouses and significant others are encouraged to participate. The significant other/spouse is also invited to participate even when the member is unable to. Also, members and or spouses are invited to join the post-walk convocation even if they are unable to participate in a particular walk. SIR members, including those from other branches, wishing to join this mellow group or to be added to the email contact list should contact John Riordan at jriordan730@gmail.com or 925-284-3394.

**Zoom Meeting Tips**

When attending a Zoom meeting, such as your monthly Luncheon Speaker's Meeting, here are a few things to keep in mind:

- Be careful what you are doing if your video is on (Everybody is watching). (Another option is "Stop Video" during speakers presentation.)
- Mute your audio if you are not talking (Extraneous background sounds can be distracting)
- Recommendation: Use "Speaker View" when someone is making a presentation or sharing a document
- Make sure your displayed name is complete. To correct displayed name, select "Participants", highlight the top named item (you) and then "More" to Rename.

If you need assistance connecting to one of our Zoom meetings, contact Neil Schmidt.



**CHURCHILL**



**SIR Br. 116 Zoom Speaker Meeting on June 15th**  
**(105 individuals attended meeting)**

**Where were you?**

Approximately half our membership attended our June SIR Branch 116 Luncheon Speaker Meeting. That's a significant improvement over the May meeting attendance but there are still several folks missing.

Our Speakers Committee, lead by Sam Beret and Al Farbman are doing an excellent job of finding interesting speakers and it's probably going to be a long time before we are able to get together as a group for lunch. In the meantime, we are going to continue having Zoom Speaker Meetings.

Zoom meetings are easily available to anyone with a computer, mobile device or even a telephone. A Zoom meeting weblink is emailed to every member a few days before the meeting and all you have to do is select the weblink contained in the email at the designated date/time and your attending the meeting. You don't have to register for or load a Zoom application prior to attending. Another option is to call the phone number provided to connect via audio only. **It's very easy to attend our meetings.**

The next meeting will be on Monday, July 20th starting at Noon . Come early at 11:45 AM to chat with fellow members and then listen to a great speaker.



## Walking Tours

**Greg Hughes**

(greghughes505@gmail.com)

Our SIR Board approved the re-opening of the Saturday walking Tours activity, and we can now schedule and plan events.

### Re: Covid 19

Clearly, our activities must accommodate the new Covid 19 restrictions and I will endeavor to sort through and advise you of all such precautions. These concerns will directly impact how we conduct our tours. For example, all participants will always need to wear a mask. We will schedule "outdoor" versus "indoor" venues. We will need to observe "social distancing." Our next events will endeavor to accommodate these precautions.

### SIR SATURDAY WALKING TOURS

#### **1) July 25 - Historic Walking Tour of Downtown Martinez.**

Our tour will be lead by John Greitzer, President Contra Costa County Historical Society. As you may recall, John gave an excellent presentation on Early California History at our January Lunch. Here are the Walk details:

Location - Downtown Martinez, roughly ten city blocks.

Tour Start Address - 724 Escobar St., Martinez, CA 94553 (may change)

Start Time - 9:00 AM

Duration - 90 minutes. Please anticipate that you will be either standing or walking during this time.

Parking - Currently, the parking is free on Saturdays (this is subject to change)

Cost - \$10 per person. This is our contribution to the CCC Historical Society. Greg will give a check to John for the full amount. Participants should pay cash to Greg at the start of the event.

Capacity - To accommodate social distancing, we are limiting the group size to 8 slots, or a maximum of 16 people. Couples living in the same household would walk together, occupy one slot, and socially

distance from other participants. Single members will use one slot.

Covid 19 - Masks will be worn at all times. Please do not shake hands or hug your friends. We are not doing a group lunch after the tour.

#### **2) September 26 - Walking Tour Downtown Walnut Creek**

This Walking Tour has not been approved by the Board. We are listing it so that you can reserve the date on your calendar.

That's it for now. As the year progresses we will monitor the Covid restrictions and try to schedule other events. Please feel free to call me if you would like to ask questions or to discuss the Walking Tours programs.

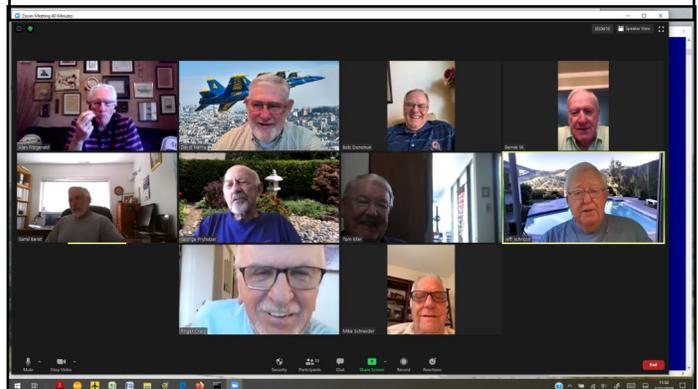
## Zoom Table Meetings

### **SIR "Mc Har Kin" Table ZOOM Meetings**

At a regular SIR Meeting, the "Mc Har Kin" group has three tables for our 42 members. The group was named for the three Senior SIR members, who were at least 90 years old.

When we stopped having face to face meetings, we started to have virtual ZOOM meetings. We meet at 11:30 Monday mornings on ZOOM just to keep in touch with each other. The average attendance has been around 10-15 friends. There are no set topics, just exchange of experiences. Every once in a while, a conversation start with, "Hey -- has anyone ..."

Everyone who participates enjoys seeing and hearing the other members.





## Br. 116 Book Group 1

**Rich Black**

(blackrw41@comcast.net)

Book Group #1 will meet next on **Monday, July 27** to discuss "Say Nothing" by Patrick Keefe. It is the custom of Book Group #1 to meet at 10:15 am at Orinda Books, 276 Village Square, in Orinda but in all probability this meeting will again be conducted on the Zoom on-line platform on that date at that time. The Convener will notify members ahead of time if an in-person meeting consistent with BEC guidelines can be conducted. Prospective new members should contact Richard Black at Blackrw41@comcast.net

Given the strictures of the Trampas Topics publication schedule, the report on the June 29 meeting will appear in the August Trampas Topics. That meeting discussed "The Splendid and the Vile" by Eric Larson.

The group did meet on June 1, 2020 to discuss "Funny, You Don't Look Autistic" by Michael McCreary. Paul Freitas recommended the book and Richard Black led the discussion with Jerry Christopherson, Garrett Girvan, Mac McLoughlin, Pail Freitas, Mike Schneider, Jim Flessner, Joel White, Richard White, Tim Tinnes, Nick Bowles, Art Donaldson, John Kopchik and Steve Bort.

The Book was a light read which touched on a number of issues related to persons with Autism and the discussion it engendered was among the most enlightening book group members could remember. The group awarded the book 3.6 stars.



## Computer & Technology

**Neil Schmidt**

(SIR.Area2.CAT@gmail.com)

The next meeting of the SIR Area 16 Computer and Technology Group will be via Zoom on **Thursday, July 16th starting at 9:30 am**. SIR from all branches and their guests, including spouses, are welcome and invited to attend. Plan to join a little early to chat with friends.

The July presenter will be Evan Corstorphine,

founder and President of Portable CIO, a local IT Design Implementation, management and support company. Evan has made presentations to our group in the past on topics such as Computer Security, Amazon Alexa products, Internet-based backups using iDrive, etc. His presentations have always been very interesting and enjoyed by our members. It has been a couple years since he has visited us so we have invited him back to give us the latest updates on a variety of computer related topics.

Always checkout our CAT website at "a2cat.sirinc2.org" for information about our meetings and for info on past presentations. Note that you need to be on the Computer & Technology mailing list to receive the necessary Zoom weblink to attend the meeting. Send your request to join our mailing list to: sirarea16cat@gmail.com



## Br. 116 Book Group 2

**Alan Pope**

(pope451@gmail.com)

Book Group 2 met on Thursday, June 18, to discuss "Beethoven's Tenth" by Richard Kluger. The group had an excellent discussion. Though the book was a page turner, most of us were a bit worn out due to the changing circumstances of the investigation, especially in the last chapter of the book. It came in with a 3.0 overall rating out of 5, while providing a nice change of pace to our previous selections.

We decided to select books for the next two sessions to make it easier to get hold of books from the library before the last resort, Kindle. This may also help us to read larger volumes over a 2-month period. So, the next book is "Indianapolis" by Lynn Vincent and Sara Vladic followed by "Empires of the Sky" by Alexander Rose. The next Book Club 2 meeting will be on **Thursday, July 16, at 11 am** by videoconference using the Zoom app.



## SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Next meeting will not be in the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am, come early. Contacts are Ron Lew 925-550-4166 and Harry Sherinian, Branch 116 Fishing Activity Coordinator. **Next meeting will be through ZOOM on Thursday July 23th.**

Our fishing is gradually opening up, with COVID restrictions. We have been fishing on party boats with half loads and increased prices. Some fresh water lakes have opened with restrictions, and more launch ramps everywhere are available. Bob Stein, Brion Beetz, Raliegth Davis, Stan Wong, and Carl Moyer caught halibut just outside the golden gate, and Stan got a beautiful limit of salmon much further out. New member Duane Einhorn caught limits of both salmon and halibut. Brion Beetz and Carl Moyer caught rockfish, cabezon, and ling cod upon the ocean. Chuck Vanoncini made a trip to Lake Almanor where he and his friends caught big rainbow trout. Ernie Wong is having an awesome year for shad in the Yuba River, he caught and released 125 in one day. Tom Kostik and Harry Sherinian has been catching black and striped bass in the Delta, and Tom on a venture in the bay caught a halibut and rock fish. Gordon Linebaugh and grandchildren fished Round Valley Lake near Greenville and caught and devoured 15 Blue Gills. Joe Miscione and son caught stripers in Montezuma Slough. Mario Moritorio and Phil Scimonelli caught some at the Martinez pier.



## Fishing Re-Start Rules

We are restarting our group fishing outings as of June 21, 2020. There are some new restrictions due to the Corona Virus:

- Social distancing of 6 ft. is required as much as possible.
- No social gathering before or after the fishing event.
- Of course face masks should be worn
- Car pooling is not allowed.
- The Fish Master and the Captain of the vessel or outing is responsible to enforce these requirements.
- We are strongly suggesting that if a person is not feeling well or has any type of elevated temperature that he not attend the function.



Chuck Vanocine's Lake Almanor Trout



Harry's 24 inch Black Bass



## **Pickleball**

**Ed Solomon**  
(edsolomon@gmail.com)

Our Pickleball group is back to playing every Friday, now from 7:30 to 9 am, at Heather Farm Tennis Center.

The SIR Branch approval and guidelines for playing is attached.

Until further notice we are only allowed to play "skinny" singles which is less running around on the court.

Come by and join us, or watch and learn, but you need to bring your own chairs, since the court chairs are still off limits. For questions, call Ed at 415-215-2684c or Dennis at 925-788-7508c

Come play!!!!

### **Pickleball Restart Rules**

- All participants and spectators must stay at least six feet apart at all times to maintain social distancing
- A maximum of 2 players per court is allowed (singles play only)
- Use of shared equipment, including racquets, paddles and water bottles, is prohibited
- Each player may only touch their own "individually labeled" tennis or pickleball balls
- Players shall stay on one side of the court for duration of play
- No off court gatherings, or use of benches and picnic tables is allowed
- Face masks are recommended during play, and before and after entering courts
- Gates should be left open to minimize touch points
- Participants should bring and use their own hand sanitizer
- Individuals may not enter the facility if experiencing COVID-19 symptoms

### **18 Hole Golf Restart Rules**

The BEC has given approval for SIR Branch 116 golf to begin play on July 6th. Sign-ups are now available online. There are conditions for this approval by the BEC and the golf course.

#### BEC:

- No carpooling to the course
- You must comply with the local county health department restrictions.
- Guidelines posted by the county of the golf course must be followed.
- If you are not feeling well the day of golf, you must cancel
- Only two official scorecards will be used. Results can be compared after the match. Cards are to be given to David Harris at the end or a picture taken of them and sent to him.
- The official SIR scorecards will have the dots imprinted on them for the new handicap system.
- Sing-ups will be on a first come, first served basis.

#### Lake Chabot:

- You must wear a mask when checking in and when inside the clubhouse.
- Single riders only on each cart.
- There are no ball washers on the course.
- There are no drinking fountains on the course.
- No touching or removing the flag sticks.
- There is a no touch option for the holes on the putting greens.
- No rakes in the sand traps. You get a free drop out of them but no closer to the hole.
- You must maintain social distancing on the course.
- No congregating before and after the match.

#### Scorecards:

We are trying to eliminate the touching of score cards. So the captain and one other person in the foursome (or threesome) will concur after the round on the scores. The captain will report the scores (either by phone or e-mail) to David Harris.



**SIR Branch 116 Golf**  
 By Bernie Wroblewski, Golf Chairman  
 (bbwroblewski@comcast.net)

**Boundary Oak Golf**

Beginning Monday, July 13, Boundary Oak will reopen for our Branch 116 tournaments. Our Branch 116 golf web page will soon resume Boundary Oak sign ups.

**Attention Ex Golfers**

If you quit because of physical reasons such as bad back but would still like to play if feasible, I would like to hear from you.

I discovered that using only a pitching wedge, putter, and riding, taking more limited swings in both number and swing path length I was able to complete a round without exacerbating my back pain. This was accomplished by taking my first swing from the fairway 20-40 yards from the green.

If you are interested in forming a flight to play using this format please let me know by email. Joel White: zpz2mrz@gmail.com



**Nine Hole Info**  
 Dick Chaffee, 9-Hole Chairman  
 (rwchaffee@sbcglobal.net)

The SIR Branch 116 Nine Hole Golf Club plays every Wednesday morning. First tee time is 10:00am. Golfers of all levels are welcome. All events are scored on a handicapped basis. An NCGA index is not required. You may use your NCGA index if you have one. If not, we will compute an index for you based on your SIR 9 hole scores. **To sign up for an event**, please call the SIR Branch 116 Golf Club Hot Line, 925-906-5355. State that you want to sign up for the 9 hole event on (give the date). Or, **if you receive our 9 hole golf e-mail announcements, reply to the e-mail.**

**Want a Free \$25 Lunch ?  
 Sponsor a New Member !**

**Latest SIR 116 Golf Info Available on Our Golf Web Site**

The Golf Website is: [branch116golf.org](http://branch116golf.org)

Please bookmark it in your "Favorites" list of websites to access information on the following:

- 2018 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

18-Hole Pairings: Shows captains, teams, starting times & handicaps for next event.

- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.

**July 9-Hole Schedule**

Date	Time	Location	Organizer
Wed. 08	10:00	Buchanan Fields	Dick Chaffee
Wed. 15	10:00	Diablo Hills	D.McClaughry
Wed. 22	10:00	Brentwood	D.McClaughry
Wed. 29	10:00	TBD	TBD

**July 18-Hole Schedule**

Date	Time	Location	Organizer
Mon. 06	9:30	Lake Chabot	Greg Hughes
Mon. 13	9:32	TBA	Greg Hughes
Tue. 21	9:30	Blue Rock East	Greg Hughes
Mon. 27	9:30	Lone Tree	Greg Hughes



**FIRST CLASS MAIL**

RETURN TO: Neil Schmidt  
2231 San Miguel Dr.  
Walnut Creek, CA 94596-5805

**Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement**

### **Rules of Attendance & Membership for SIR Branch 116**

**RULE 100.** A member shall be notified in writing and/or telephone by his Branch of the pending termination of his membership should he be responsible for any of the following:

- Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.
- Did not attend one-half of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.
- All legitimate alternatives to termination shall be explored. The member's response may suggest an alternative to termination such as inactive status.

**RULE 101.** Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. Individual Branches may limit the number of make-ups during a 12-month period.

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### **Non Responsibility Declaration**

**RULE 345:** All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

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### **Checks for Trips**

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.