



# SIR Branch 116 Newsletter June 2023

Enhancing the lives of our members through fun activities, luncheons and events while making Friends for Life

## Message from Roger



No meeting in May did not dissuade the various activities from business as usual. I have taken two whacks at Bocce ball. I don't know why something that looks so easy is so hard to score at. The vets (men & women) have their own style and I need to find out which one works for me.

Fresh off a disappointing response to our Spring Fling I have been doing some preliminary research for the Holiday party. If you are interested in heading or participating on that committee please let me know. I hope to have the committee firmed up shortly after our June meeting .

Phil Goff reports two new members in May. Not sure how they were generated but do know our membership committees did not take the month off.

My wife and I are looking forward to some good ol' barbecue in June at Hazy's in Danville . Details are in the newsletter. Hope to see you there.

We were very encouraged with increased luncheon attendance in April and hope it continues into June and beyond.

*Roger Craig, Big SIR*

P.S- My golf instructor told me I was standing too close to the ball ...after I hit it ! 😞



**Next Meeting**  
June 19 @ Boundary Oak, 11:30 AM

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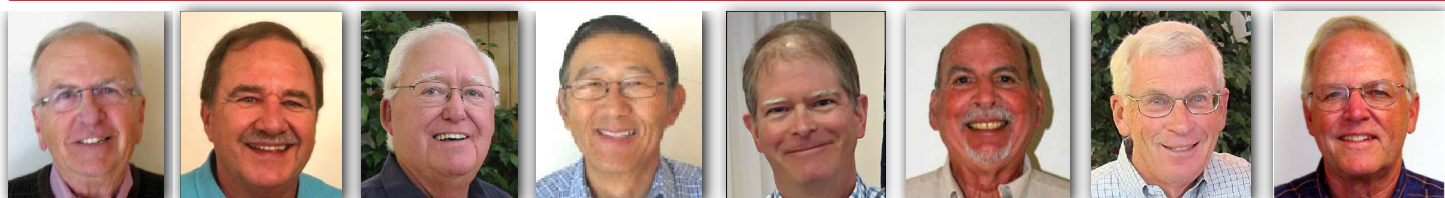
Trampas Topics

## Some Important Upcoming Branch 116 Activities

|                                      |           |
|--------------------------------------|-----------|
| Branch Luncheon at Boundary Oak      | June 19   |
| Hazy BBQ Dine-O-SIR                  | June 21   |
| Margaret Lesher Theatre Walking Tour | June 17   |
| Reno Golf                            | Sept. 5-8 |

Call 925-322-1318  
or email to  
[luncheon116@gmail.com](mailto:luncheon116@gmail.com)  
by the Monday  
prior to the meeting  
to cancel your  
standing  
reservation.

## 2023 SIR Branch Officers



|                                  |                                   |                                     |                                     |   |   |                                     |                                    |
|----------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|---|---|-------------------------------------|------------------------------------|
| <b>Big SIR</b><br>Roger<br>Craig | <b>Little SIR</b><br>Alan<br>Pope | <b>Treasurer</b><br>Jeff<br>Johnson | <b>Asst. Treas.</b><br>Al<br>Satake | <b>Asst. Treas.</b><br>Charlie<br>Guthrie | <b>Secretary</b><br>Paul<br>Ramacciotti | <b>Asst. Sec.</b><br>Greg<br>Hughes | <b>Member.Sec.</b><br>Phil<br>Goff |
|----------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|---|---|-------------------------------------|------------------------------------|

## 2023 SIR Branch Directors



|                |                   |                  |                       |                   |                     |
|----------------|-------------------|------------------|-----------------------|-------------------|---------------------|
| Don<br>Benioff | Gary<br>Bonfiglio | Kevin<br>Donahue | Darrell<br>McCloughry | Fred<br>Wachowicz | Dave P.<br>Williams |
|----------------|-------------------|------------------|-----------------------|-------------------|---------------------|

### 2023 Support Chairmen

#### **RAMP Department Heads**

- |                    |                    |
|--------------------|--------------------|
| • Recruitment      | Don Schroeder      |
| • Activities       | Mike Ward          |
| • Member Relations | Michael Barrington |
| • Publicity        | Paul Russell       |

#### **Branch Support Chairmen**

- |                          |                        |
|--------------------------|------------------------|
| • Audit Committee        | Ron Armijo             |
| • Nominating Committee   | Fred Wachowicz         |
| • Sunshine Committee     | Matt Arena             |
| • Computer Support       | Neil Schmidt/Phil Goff |
| • Webmaster              | Neil Schmidt/Phil Goff |
| • Newsletter Editor      | Neil Schmidt           |
| • New Member Orientation | Dave Williams          |
| • Membership Roster Prep | Phil Goff              |

#### **Diversity Support Team**

- |                |                    |
|----------------|--------------------|
| • Team Leader  | Fred Wachowicz     |
| • Team Member  | Sam Beret          |
| • Team Member  | Terry Sherman      |
| • Team Member  | Al Satake          |
| • Team Member  | Jerry Hicks        |
| • Team Member  | Michael Barrington |
| • Team Advisor | Lee Moy            |

#### **Luncheon Support Team**

- |                          |                           |
|--------------------------|---------------------------|
| • Attendance             | Mike Scheneider           |
| • Audio Visual           | Neil Schmidt              |
| • Chaplain Committee     | Terry Sherman             |
| • Greeters Committee     | Ramacciotti, Datzman      |
| • Raffle Committee       | Ben Bryce                 |
| • Storytellers Committee | Mac McLoughlin/F. Schafer |

#### **Speakers Committee**

- |               |               |
|---------------|---------------|
| • Team Member | James Dawe    |
| • Team Member | Allan Farbman |
| • Team Member | Paul Freitas  |
| • Team Member | Alan Pope     |

### 2023 Activity Chairmen

| <u>Activity</u>     | <u>Chairman</u>   | <u>Asst. Chairman</u> |
|---------------------|-------------------|-----------------------|
| Amiable Amblers     | John Riordan      | Joel White            |
| Bocce               | Paul Russell      |                       |
| Book Group 1        | Rich Black        | Steve Bort            |
| Book Group 2        | Scott Clark       | Alan Pope             |
| Book Exchange       | Dick Kauffman     |                       |
| Bridge              | Jon Dickson       | Art Donaldson         |
| Community Service   | Open              | TBA                   |
| Dine-O-SIR          | Jerry Hicks       |                       |
| Fishing             | Harry Sherinian   | Terry Miller          |
| Golf—18 Hole        | Bernie Wroblewski | Jim Johnson           |
| Golf—9 Hole         | Dick Chaffee      | D. Mclaughry          |
| Golf—Treasurer      | Alan Pope         |                       |
| Golf—Carmel         | Jim Barstow       | Goff, JJ, Harris      |
| Golf—Clinic         | Chris Doan        |                       |
| Golf—Reno           | Open              | TBA                   |
| Mexican Train       | Richard Madden    | Alex Lutkus           |
| Parties             | Open              | TBA                   |
| Pickleball          | Ed Solomon        | Gary Bonfiglio        |
| Poker               | Lou Sandor        |                       |
| \$ums in Retirement | Dave Sutton, Br.8 |                       |
| Travel              | Open              | TBA                   |
| Walking Tours       | Greg Hughes       | Marty Katz            |
| Wine-O-SIR          | Dave Havlik       |                       |

### **Some Other SIR Area 16 Activities**

|                  |                         |          |
|------------------|-------------------------|----------|
| Apple User Group | Dick Macy (Br.171)      | 376-1180 |
| Astronomy        | Bill Hunter (Br.8)      | 947-6947 |
| Bowling          | Dan Weller (Br. 8)      | 935-5510 |
| Digital Photo.   | Bill Phelon (Br.8)      | 254-8338 |
| Pocket Pool      | Jerry White (Br.8)      | 944-9068 |
| Tennis           | Ralph Thornicraft (174) | 376-8140 |

# Monthly Activities Calendar

## June 2023

| Sun                      | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Sat                       |
|--------------------------|---|---|--|---|--|---------------------------|
|                          |   |   |  | 1   | 2<br><b>Amiable Amblers</b><br>(8:30@ Moraga Commons)<br><b>Pickleball</b><br>(8:00@ WC Tennis, Heather Farms)         | 3                         |
| 4                        | 5<br><b>18-Hole Golf</b><br>(9:40@ Boundary Oak)  | 6<br><b>Luncheon Bridge</b><br>(10:30@ The Brass Door, San Ramon)   | 7<br><b>9-Hole Golf</b><br>(10:00@ Pleasanton GC)<br><b>Mexican Train</b><br>(10:00@ Church of Christ, WC) | 8<br><b>Bocce</b><br>(10:00@ Clayton Courts)  | 9<br><b>Amiable Amblers</b><br>(8:30@ San Miguel Park)<br><b>Pickleball</b><br>(8:00@ WC Tennis, Heather Farms)        | 10<br><b>Golf Clinic</b>  |
| 11                       | 12<br><b>18-Hole Golf</b><br>(9:40@ Boundary Oak)   | 13  | 14<br><b>9-Hole Golf</b><br>(10:00@ Diablo Hills GC)   | 15<br><b>Book Group</b><br>(11:00@ Ygnacio Valley Library)                                    | 16<br><b>Amiable Amblers</b><br>(8:30@ Martinez Bocce Courts)<br><b>Pickleball</b><br>(8:00@ WC Tennis, Heather Farms) | 17<br><b>Walking Tour</b> |
| 18<br><b>Fathers Day</b> | 19<br><b>SIR Br. 116 Luncheon</b><br>(11:30@ Boundary Oak)  | 20<br><b>18-Hole Golf</b><br>(10:30@ Poppy Ridge)<br><b>Luncheon Bridge</b><br>(10:30@ The Brass Door, San Ramon) | 21<br><b>9-Hole Golf</b><br>(10:00@ Buchanan Fields GC)<br><b>Dine-O-SIR</b><br>(5:30@ Hazy BBQ)           | 22<br><b>Bocce</b><br>(10:00@ Clayton Courts)<br><b>Fishing Group</b><br>(8:30@ Diablo Creek) | 23<br><b>Amiable Amblers</b><br>(8:30@ Osage Park)<br><b>Pickleball</b><br>(8:00@ WC Tennis, Heather Farms)            | 24                        |
| 25                       | 26<br><b>18-Hole Golf</b><br>(10:00@ Los Positas)<br><b>Book Group 1</b><br>(10:15@ Orinda Books) | 27  | 28<br><b>9-Hole Golf</b><br>(10:00@ Dublin Ranch GC)<br><b>\$ums Investment</b><br>(1:30 via Zoom)         | 29  | 30   |                           |





# Branch Administration



## Branch Membership

Phil Goff, Membership Chairman

|                                |  |
|--------------------------------|--|
| <b>Total Membership is 186</b> |  |
| Todd Berman                    | New Member<br>Sponsor is Don Schroeder |
| Alan Polanger                  | New Member<br>Sponsor is Don Schroeder |
| Paul Bailey-Gates              | Resigned<br>Lives too far away         |



## Treasury Report

Jeff Johnson, Treasurer

|                    |          |                |
|--------------------|----------|----------------|
| May 28, 2023       |          |                |
| Beg Bal 2023       |          | \$ 10,996.81   |
| Contributions      | \$ 33.00 | \$ 36,259.31   |
| Disbursements      | \$ -     | \$ (33,923.98) |
| Net (gain/loss)    | \$ 33.00 | \$ 2,335.33    |
|                    |          |                |
| April Cash Balance |          | \$ 13,332.14   |

## June Birthdays

*When you see these members, wish them a Happy Birthday!*

|                     |                     |
|---------------------|---------------------|
| 1. Andy Benz        | 11. Dirk Meyer      |
| 2. Sam Beret        | 12. Lou Meylan      |
| 3. Dave Carlson     | 13. Sam Patti       |
| 4. Roger Craig      | 14. Alan Polanger   |
| 5. Kevin Donahue    | 15. Don Schroeder   |
| 6. Phil Goff        | 16. Harry Sherinian |
| 7. Jerry Kaplan     | 17. Fred Wachowicz  |
| 8. Alex Lutkus      | 18. Mike Ward       |
| 9. Bill McCallum    | 19. Jai Yee         |
| 10. Charlie McInnis |                     |

## SIR Web Addresses

|   |
|---|
| <p><b>SIR 116 Web Site</b><br/> <a href="http://branch116.org">branch116.org</a><br/> <b>Branch 116 Golf</b><br/> <a href="http://branch116golf.org">branch116golf.org</a><br/> <b>Branch 116 Shopping Cart</b><br/> <a href="http://sons-in-retirement-las-trampas-br-116.square.site">sons-in-retirement-las-trampas-br-116.square.site</a><br/> <b>SIR Happenings State Newsletter</b><br/> <a href="http://sirinc.org/newsletters/">sirinc.org/newsletters/</a></p> |
|---|

## REMINDER

All members have a standing reservation for each luncheon. Call 925-322-1318 or email to [luncheon116@gmail.com](mailto:luncheon116@gmail.com) by the Monday prior to the meeting to cancel your standing reservation.

## SIR HAPPENINGS

Checkout the new and improved State SIR Happenings Newsletter. With a new editor the newsletter February 2021 has been radically expanded with lots of information about fun things that are going on in our branches.

You can find it at: <https://sirinc.org/newsletters>

In Memoriam  
**Thomas (Robbie) Robinson**  
 May 24, 1940 - May 5, 2023

## Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor

[trampastopics@gmail.com](mailto:trampastopics@gmail.com)



# SIR Luncheon

## Speaker for June Meeting

John Doolittle: *"Moving to Tehran, Iran in June 1978"*



### Little SIR Report

Allan Pope

The April luncheon had another good turnout. Thanks again to Mike Schneider for his work on luncheon attendance and his efforts in working with the Boundary Oak staff. There was no luncheon meeting in May and the Spring Fling was cancelled due to low participation. I hope this is a one-off year for the Spring Fling and look forward to getting together next May with members and their spouses or partners.

Branch 116 has worked with the State SIR golf chairman to sponsor a Reno golf tournament in September. Look for the flyer in this June newsletter.

Applications must be placed by July 1.

Our guest speaker for the June 19 luncheon meeting will be John Doolittle. John will discuss what happened when he moved his family to Tehran, Iran in June 1978. John took a job as a senior engineer for American Bell International Inc (ABII). What was supposed to be just a foreign assignment turned into being a witness to a revolution and the last ruling days of the Shah of Iran. John and his family lived an ordinary daily life interspersed with demonstrations and riots until his departure in January 1979.



## The Clubhouse at Boundary Oak Luncheon Menu

Monday, June 19<sup>th</sup>

### Salad

#### **Pear Salad**

Baby Field Greens, Julienned Pears, Blue Cheese, Candied Nuts Champagne Vinaigrette

### Entrees

#### **BBQ Beef Brisket**

Slow Braised Beef, Garlic Mashed Potatoes, Sautéed Vegetable Medley BBQ Jus

Or

#### **Sesame Crusted Pacific Dory**

Confetti Rice Pilaf, Sautéed Vegetable Medley  
Lemon Chive Butter Sauce

#### **Vegetarian Chef's Choice**

### Dessert

**Bailey's Irish Cream Cake**  
Whipped Cream

# Branch Activities



## Walking Tours Greg Hughes

On **June 17** the Walking Tours Activity will do a backstage tour of the Lesher Center for the Arts. The docent-led tour will begin at 10:00, and it includes the main Hofmann Theatre, and the two smaller Margaret Lesher Theatre and the Vukasin Theatre. The tour runs for roughly 90 minutes. The cost is \$10 per person.

Parking is available at the Lesher Center complex.

Lunch is at Lettuce Restaurant & Catering which is directly across the street from Lesher Center.

If you plan to participate please respond to Marty Katz, (925) 351-3905, mctkatz@pacbell.net.



## Wine-O-SIR David Havlik

The WINE-O-SIRS enjoyed a wine tasting event on May 25th at Jon Dickson's home. Jon treated us to samples of all four of the wines Chateau Montana

makes, and shared some personal history he has with this historic winery. We had a robust turnout of wine connoisseurs and appreciators.



Dick and Donna Slaton



Dave Williams and our host, Jon Dickson



Bill McCallum and Larry Heaton



# Branch Activities



## Fishing

Harry Sherinian

SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Big Fish, Bob Lively 925-383-5193 and Branch 116 Fishing Coordinator, Harry Sherinian 925-845-7067. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on **Thursday, June 22nd** at 8:30am. Come early.

No salmon this year! But deep water rockfish started May 15th, and we may get into that. Rock fishing closer to home is closed till July 15th. Halibut fishing

in the bay is diminishing because it is the only game in town. Too many of us to list have enjoyed party boat and private boat fishing for the tasty flatfish, and stripers in the bay. Mike Corker, Harry Sherinian and Tom Kostik caught a few black bass in the delta. Carl Moyer caught some trout shore fishing at San Pablo Reservoir. It has been a bad year weatherwise for fishing, but we shall overcome! This last month was also the time for our Fishing Pot Luck at Carl Moyers house. A good turnout enjoyed Fish and other goodies in Carl's back yard. This outing usually happens twice a year.



Terry Miller with a nice Halibut

## \$ums Investment

Dave Sutton (Br. 8)

We will again join Branch 128's (San Ramon) Investment Group Zoom meeting on Wed June 28 at 1:30 PM. The topic will be International and

Emerging Markets.

Email Dave Sutton to be included.(mailto:davesutn@comcast.net).



## Bocce

Paul Russell

We have had 4 matches of two teams each and things are going very well so far. The SIR Br.116 Bocce Activity is in full swing right now and we love for you and your spouse / significant other to come out and join us for the fun.

We play three matches every other Thursday with the last one being May 25th. The matches are played

at the Clayton Bocce courts at the corner of Oak St. and Main St. in the city of Clayton. The times are between 10:00am and Noon on the appropriate Thursday..

Our next match play will be held on **June 8th**.

Just reach out to me via email at peruz@att.net or you can call me at 925.207.0784.



# Branch Activities



## Book Group 1 Rich Black

Book Group #1 will discuss the following books at Orinda Books at 10.15 on the following dates

- Monday, June 26... "Sapiens" by Yuval Harari
- Monday, July 24... "Elephant Company" by Vicki Croke
- Monday, August 28... "Horse" by Geraldine Brooks
- Monday, September 25... "The Rose of Tibet" by Lionel Davidson

Book Group #1 met on Monday, May 22 at Orinda Books to discuss "The Extraordinary Life of Sam Hell" by Robert Dugoni. The novel tracks the boyhood and life into middle age of an individual with Ocular Albinism, a condition that made the pupils of his eyes appear red. Although subject to taunts and abuse from classmates and a bully, he is buoyed by the faith of his parents and a few friends,

to eventually accept himself and triumph over sundry adversities.

Although Mac McLaughlin recommended the book, Art Donaldson stood in for him in his absence. Richard Black led the discussion with Richard White, Paul Freitas, Larry Setren, Richard Rosslund, Todd Berman, John Riordan, Tim Tinnes, Ken Robinson and Joel White.

The group awarded the book it 3.5 stars.

Given the scope and density of the June read, "Sapiens", the group will focus on the first three parts. Readers are always welcome to comment on the entire work.

New members are welcome. It's a discussion, not a class. If possible, contact Rich Black at Blackrw41@comcast.net ahead of time.



## Book Group 2 Scott Clark

Book Club 2's May meeting was cancelled due to members last minute unavailability. At our June meeting, we will have a brief discussion of the May book, The Last Green Valley.

The June book selection is The Fall of the Roman

Empire by Peter Heather. We meet on **June 15, 11:00 AM**, Arbolado Park Walnut Creek. Look for the picnic tables in front of the basketball courts. All are welcome to attend. For more information, contact Scott Clark, 925-998-4553.



## Bridge Jon Dickson

Bridge & lunch every 2nd and 4th Tuesdays of the month, starting at 10:30 AM at Brass Door Restaurant in San Ramon.

After a very poor scoring May 5th, with Lou Sandor winning with 3,900, Bud Grisanti second with 3,770 (Average score "only" 2,657) we somewhat recovered on May 23rd with Lou Sandor winning two in a row with 5,370 and Ben Bryce second with

5,140, plus our average score was much higher at 3,607. But we had second game in a row with no slams, bid or made. Do we blame the dealer or the person who cuts the cards? The "Gods or the cards" are not being nice to us.

Do join us for a fun day of lunch and bridge.

# Branch Activities



## Book Exchange Dick Kauffman

Although there was no opportunity to exchange books in May, we still have all of the books for you in June. In addition, now that you have had an extra month to read your books, bring them all in for exchange. You all know the game: Bring a book,

take a book or take a book and bring a book to the next luncheon. Our purpose is to make books available, for free, to our SIRS members.

Happy Reading



## Pickleball Ed Solomon

Pickleball, the fastest growing team sport in the U.S. for all ages. We meet every Friday from 8 am to 9:30 am, at The Tennis Center in Heather Farm, Walnut Creek. Here's a brief Introduction to Pickleball...

<https://www.youtube.com/watchv=xEYsymCtIDY>

Required equipment- Paddle, balls, and tennis

sneakers. (We have extra paddles and balls)

Beginners all welcome....it's the best way to see what all the excitement is about.

Come on down!!!!

Ed Solomon. Co-Chair —415-215-2684 m  
Gary Bonfiglio. Co-Chair —925-330-2697 m



## Golf Clinic Chris Doan

We have designed the 2023 schedule incorporating input and ideas from the SIR Golfing community. Starting in June, the new rotation and schedule will begin with...

- Putting & Sand Shots June 17
- then Chipping July 8
- then 50-70 Yards Short Game July 29
- followed by Fairway Shots Aug 26
- and finally, Tee Shots Sep 23
- These five topics will be supplemented with an opportunity to Play-With-The-Pro (dates TBD)
- as well as a classroom session on Course Management (date TBD).

Other details about the Clinic offerings ...

**Clinic Location:** Diablo Creek Golf Course, 4050 Port Chicago Highway, Concord

**Clinic Pro:** Pete Asselin, dedicated to the SIRs Clinic and also available for private lessons at a discounted rate of \$60/hr.

**Times offered** for Saturday Clinics: 9:15, 10:30, 11:45 and 1:00 Skill Level: All from low handicappers to beginners

**Clinic Fees:** \$30 for one hour Clinics

**How to register and participate:**

- Start by getting on the Clinic email list. Send request to cdoan99@gmail.com to be added.
- Each Clinic details will be communicated by e-mail ... reservations are made by responding to the e-mail.
- That's all there is to it ... hope you will join us in 2023 to tune up your game.

FORE!

# Branch Activities



**Travel**  
**Jeff Johnson**

See flyer below for a Spain & Portugal trip.

In addition:

- Branch 32 has Colorado Rockies / Western National Parks tour (much of it by train) Sept. 8- 18, 2023.

- Branch 152 has a fall color tour – Boston to Boston October 12 – 22, 2023.

Contact Jeff Johnson (jeffjohnson9000@att.net) if you want more information.

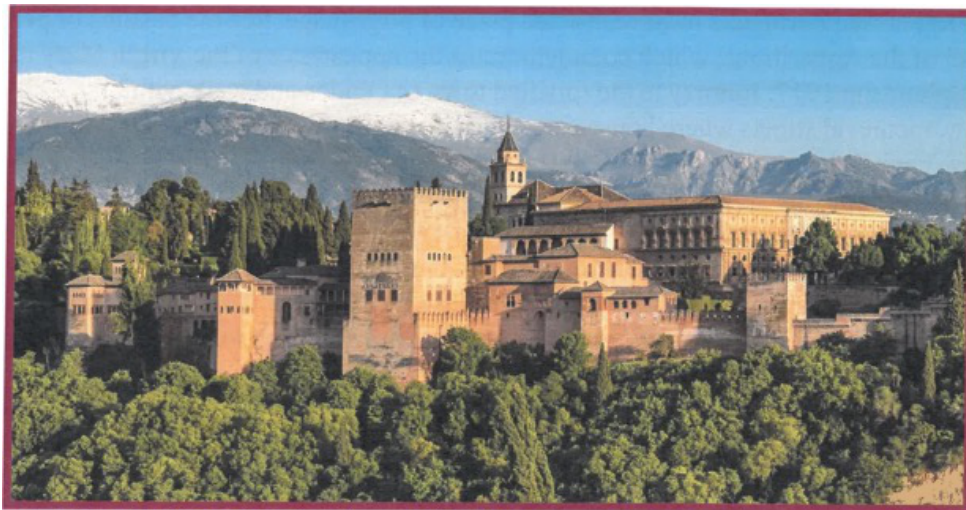
**ARRANGED BY ALAMO WORLD TRAVEL  
FOR SIRS BRANCH 146 & 8**

## **THE BEST OF SPAIN AND PORTUGAL**

**APRIL 27-MAY 12, 2024**

Grand Castles, Incredible Art & Iconic Sights A 15-Day Guided Tour of Spain and Portugal

See the masterpieces of Spain and Portugal on this 15-day guided tour. In Madrid, an art historian will walk you through the Prado Museum, where Spain's most impressive paintings hang. Navigate Segovia's medieval streets alongside a Local Expert. Journeying to Granada, visit the region's oldest olive grove, before dining in the home of a local family, sampling local produce and wine. At the Alhambra, explore the palace's lace-like stone walls and wander its manicured gardens. In Seville, stomp to the sounds of an acoustic guitar during a private flamenco dance lesson. In Porto, sip port during a wine tasting, and in Lisbon, see an architectural masterpiece — the Gothic-style Jerónimos **Monastery**.



**PRESENTED BY GLENN BRESLIN and LARRY YARBERRY  
INQUIRIES CALL ALAMO WORLD TRAVEL  
(925) 837-8742**



# Branch Activities



## Dine-O-SIR Jerry Hicks

### Midsummer Eve Summer Solstice

Estival and Festival brings summer merry feast at **Hazy Barbeque** of Danville. **Wednesday, June 21** Dine-SIR celebrates for Summer Solstice, the longest day of the year with 16 hours of sunlight. Our evening will begin at 5:30 for social hour, with music by Tony and Maura de Grassi. Bring your voices to join them in songs. Look at the attached flyer for information and menu for **\$41 per/person inclusive**. Send your reservation and payment ASAP, preferably by check. Hazy BBQ is available for 70 diners on the patio: get your reservation and payment in early!

### All's Well That Ends Well

Your Committee: Jerry Hicks, Bob Donohue, Tom Eller, Larry Heaton, Mike Yale.



## An Example of Artificial Intelligence

ChatGPT, an artificial intelligence (AI) chatbot, has been in the news a lot lately. The following is an example of what AI can automatically create when asked: "Tell me a short story about senior men who belong to a men's organization called SIR who enjoy lots of different activities". ChatGPT created the following interesting story about SIR:

*Once upon a time, in a quaint little town, there existed a vibrant group of senior men who belonged to an organization called SIR (Sons in Retirement). These gentlemen, with a zest for life and a passion for camaraderie, formed a tight-knit community dedicated to embracing their golden years with enthusiasm.*

*Under the shade of towering oak trees, the SIR members would gather every week at their cherished meeting spot, the Willow Creek Community Center. Clad in their signature navy-blue blazers adorned with golden crests, they would exchange warm greetings and hearty laughs.*

*The SIR group thrived on variety and adventure, and their calendar was always filled to the brim with exciting activities. From playing golf on lush greens, where their friendly competitions sparked lively banter, to embarking on invigorating hikes through picturesque trails, these men reveled in the great outdoors.*

*Every month, the SIR would organize cultural outings,*

*taking trips to museums, art galleries, and theaters. They immersed themselves in the vibrant arts scene, soaking up the creative energy that flowed around them. Through their discussions and shared experiences, they discovered new perspectives and developed a deeper appreciation for the beauty of human expression.*

*But the SIR group wasn't just about fun and leisure. They believed in giving back to their community. Every holiday season, they organized charity drives, collecting warm clothing, food, and toys for those in need. Their hearts swelled with joy as they witnessed the impact of their generosity on the lives of others.*

*As time went by, the SIR group became more than just an organization. They had become a brotherhood—a support system for one another through life's ups and downs. They celebrated each other's triumphs and provided solace during challenging times. Whether it was a game of chess in the park, a heartfelt conversation over a cup of coffee, or a simple gesture of friendship, their bond grew stronger with each passing day.*

*The men of SIR proved that age was just a number, and life could be as vibrant and fulfilling as ever. Their shared love for adventure, learning, and friendship ignited a spark within their hearts, illuminating their golden years with joy and purpose. As they journeyed through life together, the legacy of the SIR organization continued, inspiring future generations to embrace the beauty of aging with grace, laughter, and a spirit of togetherness.*

# Branch Activities

# DINE-O-SIR



**Branch 116 June 21, 2023, Buffet Outdoor Patio**

200 Hartz Avenue, Danville

**Cost \$41.00 per person inclusive**

**Thursday, June 21, 2023. Social Hour at 5:30, Dinner at 6:30 PM**

**Featured Performance with Tony de Grassi, Guitar and Singing**

Special price Red and White Wines, Beers, frozen cocktails, and Beverages; Corkage \$15

## Buffet Dinner Menu

### **Appetizers for Social Hour:**

Bruschetta and Brisket Meatballs

### **Dinner Buffet:**

Chicken, Brisket, and Salmon with sauces

Sides: Creamy Slaw, Potato Salad, Brisket Beans

### **Delicious Decadent Dessert:**

Fudge Brownie Bar, Brown Butter Mallow Bar

**Parking:** Few spaces in lot, City parking across the street, few street spaces

Detach\*\*\*\*\*

***Hazy Barbeque on the Patio, Wednesday, June 21, 2023***

**Must be received no later than June 13, 2023**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Number of Attendees \_\_\_\_ @ \$41.00 = \$ \_\_\_\_\_

\*\*Check to SIR Branch 116 Dining, c/o 74 Amberwood Lane, Walnut Creek, CA 94598, or  
Payment by: Branch 116 Shopping Cart - <https://sons-in-retirement-las-trampas-br-116.square.site/>

# Branch Activities



## Amiable Amblers John Riordan

May walkers included John & Carol Alonzo (new participants), Todd Berman, Richard Black & Donna Arganbright, Steve Bort, Art & Mary Alice Donaldson, Al & Nancy Farbman, Terry Fleming, Dick Frankel, Paul & Anna Freitas, David & Colleen Geary, Essie Naddaf, Dan Green, John & Gail Riordan, Joel & Susan White, and Tom & Mary Welte. On May 5 we walked around the Lafayette Reservoir, with a post-walk gathering at Tutu's. On May 12 we walked along the Iron Horse Trail from Civic Park, with a post-walk-gathering at Caffè La Scala. On May 19 we walked along the Iron Horse Trail in Alamo, with a post-walk gathering at Peet's Coffee. On May 26 we walked along the Contra Costa Canal Trail from Countrywood, with a post-walk gathering at the Black Bear Diner.

The June walks will begin earlier at 8:30AM. The **June 2** walk will gather at the Moraga Commons and walk north along the Lafayette-Moraga Trail; the post-walk gathering will be at the Moraga Town Bakery and Café. The **June 9** walk will gather at San

Miguel Park and walk east along the Ygnacio Canal Trail; the post-walk gathering will be at the Countrywood Panera Bread. The **June 16** walk will gather at the Martinez Bocce Courts and walk in the Martinez Regional Shoreline; the post-walk gathering will be at States Coffee and Bread. The **June 23** walk will gather at Osage Park and walk south along the Iron Horse Trail; the post-walk gathering will be at the Danville Black Bear Diner. The June 30 walk is TBD.

These walks are for individuals or couples, as spouses and significant others are encouraged to participate. The significant other/spouse is also invited to participate even when the member is unable to. SIR members, including those from other branches, wishing to join this mellow group or to be added to the email contact list should contact me at [jriordan730@gmail.com](mailto:jriordan730@gmail.com) or 925-284-3394. Also contact me if you wish to be removed from the list for future emails.



## Mexican Train Dominos Richard Madden

"Mexican Train" is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play. Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all your dominoes. When you draw your hand, you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play. This can

make the game very interesting and a lot of FUN!

We normally meet at 10:00 AM on the second Wednesday of each month at the Church of Christ located at 500 Minert Road, Walnut Creek.

If you are not on our email list and would like to keep up with the latest let me know.

You can contact Richard Madden, [maddenram@sbcglobal.net](mailto:maddenram@sbcglobal.net) or 925.788.4223



# Branch Activities

## 2023 Carmel/Monterey Golf Outing Photos

May 17-18, 2023

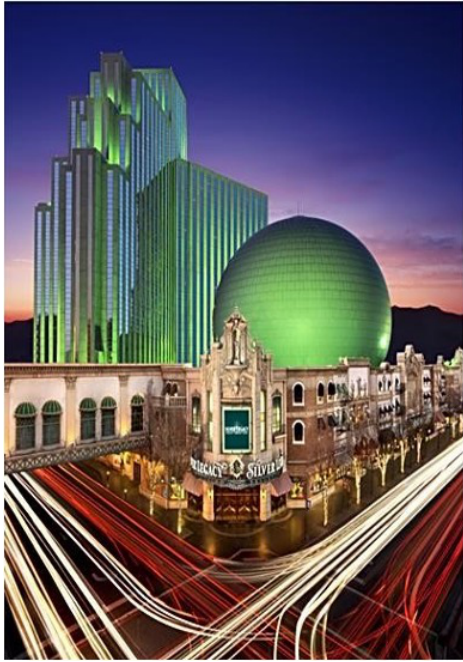
Golf + Ladies Activities + Great Food + Socializing = Lots of Fun!





# Branch Golf

**“BRANCH 116 AND SIR STATE GOLF INVITE YOU AND  
YOUR FRIENDS TO JOIN US THIS SUMMER IN RENO”  
TUESDAY 9/5/2023 THRU FRIDAY 9/8/2023**



### YOUR 2023 EVENT PACKAGE INCLUDES

- THREE NIGHT STAY AT THE SILVER LEGACY HOTEL DOWNTOWN RENO IN A PLAYER'S TOWER PREMIUM ROOM COMPLETE WITH FLAT SCREEN TV, FREE Wi-Fi, HAIR DRYER, IN ROOM SAFE, FREE GARAGE PARKING
- TUESDAY "WELCOME RECEPTION" COMPLETE WITH APPETIZERS, NO HOST BAR
- THURSDAY NIGHT "AWARDS DINNER" WITH NO HOST BAR
- TWO DAYS OF GOLF AT TOIYABE & WOLF RUN GOLF COURSES AND OVER \$1,000 IN PRIZE MONEY, LADY'S AND YOUR FRIENDS ARE ALSO WELCOME AND INVITED TO JOIN US FOR THESE TWO DAYS OF GOLFING FUN
- PRIZE DRAWINGS FOR NON -GOLFERS

### AVAILABLE PACKAGES

|                                 |                |
|---------------------------------|----------------|
| Two Golfers sharing room        | \$420 / person |
| Golfer, Non-Golfer sharing room | \$330 / person |
| Single Golfer own room          | \$575 / person |
| Two Non-Golfers sharing room    | \$240 / person |
| Non-Golfer, own room            | \$400 / person |
| Golf and Amenities, no room     | \$260 / person |

Complete the application below and send with check made payable to “SIR BR 116 to SIR BR 116 PO Box 683, Lafayette, CA 94549 (Not available via SIR Br.116 Shopping Cart). Do not make a reservation directly with the hotel. Any questions contact one of the following individuals, Alan Pope (925) 889-0563, apope4125@gmail.com, David Harris, (925) 672-5543, dcha65@gmail.com

## REGISTRATION FORM

\*\*\* Entry Deadline is July 1 \*\*\*

CHOOSE ONE OF THE FOLLOWING PACKAGES AND FILL IN AMOUNT :

|   | SELECTION | TOTAL      |
|---|-----------|------------|
| TWO GOLFERS SHARING A ROOM (\$ 420 PER PERSON)                  | _____     | = \$ _____ |
| ONE GOLFER, ONE NON-GOLFER SHARING A ROOM (\$ \$330 PER PERSON) | _____     | = \$ _____ |
| SINGLE GOLFER NOT SHARING A ROOM (\$ 575)                       | _____     | = \$ _____ |
| TWO NON-GOLFERS SHARING A ROOM (\$ 240 PER PERSON)              | _____     | = \$ _____ |
| NON-GOLFER NOT SHARING A ROOM (\$ 400)                          | _____     | = \$ _____ |
| GOLF AND AMENITIES ONLY, NO ROOM (\$ 260)                       | _____     | = \$ _____ |
|   | TOTAL \$  | _____      |

1. NAME \_\_\_\_\_ NCGA # \_\_\_\_\_ BRANCH \_\_\_\_ TEL \_\_\_\_\_  
 STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 MAIL ADDRESS \_\_\_\_\_ (for confirming receipt of entry)

2. NAME \_\_\_\_\_ NCGA # \_\_\_\_\_ BRANCH \_\_\_\_ TEL \_\_\_\_\_  
 STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL ADDRESS \_\_\_\_\_ (for confirming receipt of entry)

PROVIDE NAMES OF GOLFERS YOU WANT TO PLAY WITH, WE WILL ASSIGN YOUR PARTNERS IF NONE PROVIDED

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

ELIGIBILITY: All golfers must have a verifiable INDEX with any recognized golf club